

Pharmacology Notes II.

pp 201-223

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43-581

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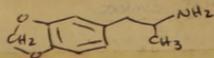
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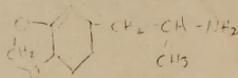
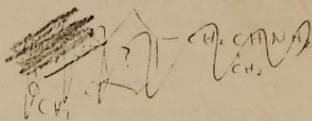
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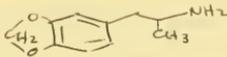
3,4-methylenedioxy amphetamine HCl Commercial, purified by recrystallization by Shulgin

Ivan's MDA.



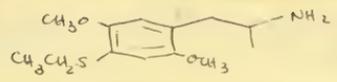
- 1 mg no effect
- 7 July 65 10 mg no effect or very mild arousal
- 8 July 65 26 mg taken at 11¹⁵ am, by 12¹⁵, noticeable enhancement of visual perception. Some pupil dilation, according to companion (Phil). Elevation of mood, similar to amphetamine, but tending to fallness. Obscurely lighter color more intense. Temperature up by 3⁰⁰ pm. This dose was 0.4 mg/kg, lower limit of effect noted by Maxine
- 14 Feb 67 55 mg Taken 11³⁰ pm. Noted beginning of effect by 5³⁰, peak 7⁰⁰ - 9⁰⁰ pm (color intensification; enhancement of visual acuity, perhaps describable as contrast enhancement, which, together with color intensification, produced a strong total visual effect without distortion (except for an almost-beginning of wavying). Lying down resting before dinner, had warm, comfortable feeling of body and warm effect. Relaxed, happy, warm with host wife. No eye cloud imaging; pupils considerably dilated. Deep inspiration & expiration in breathing, especially on exhalation. Went to sleep readily at 12³⁰ pm, with slight restlessness. A deep interaction but no perceptual distortion. Altered mydriasis. Increased awareness of energy, self, others. Light as text, anxious to call, drive, etc., no difficulty with coordination or judgement apparent. Tired for the following two three days.
- 17 March 67 100 mg
- [1:00] aware
[3:45] dropping off
- [1:00] aware
[2:30] } peaks
[4:30] }

continuation



continued 296

- ± 20
+ 40
++ 60 mg 11:25 AM [0:00] ATB Oct 26 1976 [0:50] 1st notice - pleasant window - [1:10] blend of both worlds (5 straight, 1 window) - I would rather the other way about - but I can at least make sense on the phone. [1:55 - 2:30] plateau lots of erotic fantasy, and fantasy about fantasy - a sensory physical window. [3:30] largely cleared - all in all a fine experience - I would not be offended at 2x effect - Lots go 60 → 50 MDMA is somewhat less potent. MDA asserts its sensual nature; MDMA lets you do the asserting. Both are delightful.
- ++ 80 mg 12:00 noon [0:00] ATB Oct 29 1976 [0:40] unscheduled - first hints [0:50] such a gentle and friendly brainstorm. MDA is a friend. [1:30 - 2:00] steady & holding. Blue Jay making his beak at the top of the dead tree near the lab filled the valley & noise! ~~Be~~ Erotic without being aroused! [3:40] tapering off. The whole experience was totally unrolltable, answer plausible, drive carable. [6:00 - 10:00] slight unrollability - a lingering effect. As if my glasses were slightly askew.
- +++ 100 mg 12:15 noon [0:00] ATB Nov 12 1976 [0:35] - first trace of window and gradual form [0:35] to [1:00] to get complete. Some visual cloudiness on periphery. Erotic again, but substantially unobscured! [2:30] repairing. [3:10] largely out. Throughout evening - no appetite at all (modest helping → stuffed feeling) and some leg pain as if I had hiked a few miles yesterday. a little residual tooth grit at [10:00] still. No difficulty sleeping. Still unobscured in AM however!
- +++ 120 mg 9:20 AM [0:00] ATB Jan 25 1977 [0:22] 1st window [0:30] coming on strong - slight nausea [0:32] more so - several compulsive sneezes. [0:40] dilation considerable - still nausea - SKLET when walking. [0:44] time slowing [0:55] behind lab, fire started in lab - went to add fuel, still it's just started. Jan +++ [0:55] march time slowing [1:10] this is a people-dry. [2:10] walk call - emerge OK and relay back in OK. [2:25] droppings? [3:00] completely unobscured. but cont. orgasm - excellent [3:40] droppings [4:30] all gone except for herpetal grinding.
- + 80 mg 9:20 AM [0:00] 5/27/77 [0:30] start [0:45] development well underway (1:00) window controlled - full + - at club - walk to PAM'S - bike - physical arousal nice - [2:00] clearing [2:30] out except for teeth clench - this persists until [2:00].
- +++ 120 mg 9:30 AM [0:00] 6/21/77 [0:23] 1st warning [0:25] start window [0:28 - 0:40] rapid development to hills! - redwood grove - drive change but OK some hints of nausea up to +++ by [0:50] [1:30] still +++ [2:00] +++ ++ [2:30] drop to ++, out [4:00] still +, able to yield & to resist [7:00] clear mental [10] clear
- +++ 160 mg 9:03 AM [0:00] 6/24/77 [0:10] not in eyes [0:15] start window [0:20 - 0:40] rapid development - quite eye crinkled. Dmny would be different here. At later full, OK! Compulsive sneezes. no nausea - no vegetable - [0:40] developed! time very slow [1:00] full +++ acidward! [1:30] still [1:45] start down? [2:00] + 40 mg - no more window, but acid intox [3:00] + 40 mg 2 240 more teeth clench [3:30] more development. [5:00] drop - still teeth clench [7:00] mentally OK thinking teeth & eye unobscured (1:00) mentally clear also teeth. Jan club & road discussion



8-2

+++ 5.0 mg 11/21/76 9:45 AM = [0:00] ATIS Sunday. [0:35] almost believable 1st effect [0:50] going into smooth threshold - it occurs to me that the concept of dASC/dt is more important in a drug's acceptance than the potency per se. [1:15] slight window effect [1:20] into something. [1:30] more window [1:45] stochastic of [1:50] effects still developing - beginnings of visual effects. [2:00] wood moving in fireplace - on the edge of visual hallucinations the note paper crumples as I write on it. T my lunch just to get it past me - no appetite - talk is is on intransigency of state borders. [2:45] things won't stay still - moving all the time [3:00] concept of communication (non-verbal) - this is it - too bad about the visual distractions - too bad about the long livedness - but that's the way it comes. [3:10] pure power [3:20] cat events - can force things to move - intellectual explosion. There is light all around me - visually everything is bathed in soft light - I can make things flow. However I wonder if I could stand others around me, as free as I? I would have to extract an oath, which could not be violated,

- that they would direct their energy into writing, or into word chopping type work on demand, and not try to challenge the authority of the demander.
- that they would make no demand upon me that I would not be allowed to refuse.
- and if an emergency should come up, I should take control.

With these requirements met, this could be an incredible tool to explore the intellectual unknown - no one will emerge unchanged. This, to another in my presence, would constitute psychosurgery. [4:20] some drop out in intensity [5:00] becoming quite lucid - residual streaks and muscular tremors. [7:00] still shakes - intellectually normal again, at [12:00] still with rubbing. sleep at [14:00] fretful but restful. AM no after effect.

++(+) 4.0 mg 2/24/77 9:45 AM. ATIS (+ 4.0 mg Dave + Edward Scherer) [0:30] slight long over into good light window. [1:50] Slight window - solipsism call to Joe at [3:00] of out for long walk - back at [6:00] - much talk on nonverbal communication - not too productive - I with lapses out of motor control, then on - has sensory stability test ~ ++ - more + at most. - I am still lucid at [12:00]. sleep well at ~ [14:00] and in AM problems. pave gives it a ++ in quantitative.

+++ 5.0 mg 1/7/79 11:00 AM = [0:00] CP + 5 suffice oral to ++ in [1:30] some nifty spot, began to ++ at [2:30 - 5:00] - gradual decline - unworldly day - CP is wonderful weariness. no peak effect of above 11/21/76 handled well. Some sleep problems. ++



N-Ethyl-MDA
"MDE"

- 20 mg 11/30/76 - ATS 9:15 AM 5 mg + 15 mg at 10:45 AM. - no effects whatsoever.
- 40 mg 12/11/76 - ATS 10:55 AM - foul taste. n.e.
- 60 mg 12/13/76 - ATS 2:45 PM - slightest hint at [0:50]? - no effects.
- + 80 mg 12/18/76 ATS 10:50 AM - [0:30] first window - interesting - but not MDMA. I feel as if I am looking at the world (popped eyes [1:25] still st. threshold (10:30) [2:10] completely clear - all was a slight but real threshold. at [8:00] a little stary - as if ^{had been} awake for 24 hrs - perhaps just the coughing from my cold.
- ++ 100 mg 12/23/76 ATS 9:55 AM - orange juice [0:23] 1st hint [0:25] rapid buildup [0:42] address to the MDMA problem & G. - warm light all around me. [0:50] ~ 50% into it. The drug does nothing but change the state - everything that occurs, we bring into it. As intense or as dull as we choose to make again - like the alcohol drink. (1:25) drooping off already - at [2:30] sniff latch, clear - car to Lab. no residue! This is about as active, or somewhat less active, than MDMA, and somewhat faster if shorter lived. V. similar
- + 100 mg 5/17/77 ATS 9:10 AM. [0:23] warning [0:25] start from [0:50 - ~~to~~ to 1:40] steady at + one. [2:00] drooping - eye-throw
- + 120 mg 6/12/77 AT 2:15 PM [0:50] some little thing [1:00] am at + but it was absolutely quiet get the there (250 mg Lofepiprone yesterday) (1:40) still + [2:00] what little I had is disappearing [3:00] clear except for a little jaw. + one at worst.
- + 140 mg 8/2/77 ATS 9:33 AM [0:00] alert at [0:24] start at [0:35] - develop to [1:00] which is +. some teeth chatter pulse 80 [1:12] clearing [2:00] clear.
- (±) 160 mg 8/4/77 ATS 4:00 PM only ± at 1-2 hrs - previous history: food-chocolate at [0:15]; paplopho great - effective 4-24-24 on 8/3, tolerance 140 mg on 8/2 - no conclusion from all this - also see p 244, 245.
- ++ 200 mg 8/7/77 ATS 10:45 AM [0:00] [0:24] alert - flat until [0:34] - then a smooth simple develop went to [0:50] at a ++. Some sh. shakes, eyes dilated, some seeing problems, [1:15] lunch - no appetite [2:00] rapidly drooping. [3:00] quite relaxed. at [3:35] 60 µg LSD g.v. ^{post} 234 24
- + 200 mg 8/13/77 ATS 10:45 AM [0:00] [0:34] alert - develop from [0:38 to 0:50] → + mtox only - by [2:00] clearing is rapid [2:15] a little physical left. at [3:00] 60 µg LSD of v. 247
- ++ 280 mg 2/7/78 ATS 10:15 AM [0:00] ~ 200 mg. [0:16] microscopic alert [0:30] begin to a very simple window ++ at [0:45] [1:00] some eye-throw - dilation [1:30] drooping? [1:45] yes. [2:00] + 80 mg [2:15] increased jaw clench, more eye problems [2:35] mental effects recovered but barely to a +. Physical problems are definitely increased. Writing is poor - quite drunk-like [3:15] out - see 256 for LSD experimentation.
- + 200 mg 5/11/78 4:25 PM [0:00] [0:20] alert at [0:40] start in eyes - to [1:00] a + - not the impact of MDMA, but ± 120 mg - at [1:40] almost clear - experimentation ~ LSD g.v. 267.

- 40 mg
- 60 mg
- + 80 mg
- + 100 mg
- + 100 mg



MDAIA - ~ "MDM"

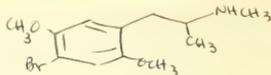
cont from p.186

- ++ 100 mg 11/24/76 - AT5 - 9:20 AM; 100 mg Dave & 100 mg Edward at same grow-time - first effects by all three at [0:30] - Dave comments on odd personal attachments to wool sweater. BZ too much. [0:35] at 60% - I am overly volatile. [0:45-0:50] stable at 60% - good effort & avg. (each of us interested, but each can be quite alone). at [3:05] I am at 10% and leave. Further comments. Dave: AM next - still 10% - things more & jumpy motion. Traffic coming towards him -> perspective novelty. Broke falling to floor had a series of disjointed positions en passant and he is most attentive to such movement. some amphetamine-like after effects in difficulty to sleep. Edward: AM still 50%. Overall extremely controlled yet rich. Post-vent to subsequent 300 mg mescaline - some emotional release (ears re connected to Pharmacy) and art relief (eye-drawing & parables). No CNS residue.
- ++ 110 mg 12/2/76 - AT5 - 12:00 noon. Outside experiment. Got Overall duration [0:35-3:00] but again a 60% max window. Touchstones - pelicans, cyclams, beach - no driving difficulties.
- + 100 mg 1/4/77 AT5 10:40 AM - new batch - at club [0:40] 1st awareness [1:00-2:00] was, but extremely subtle - I am apparently now able to completely assimilate the degree of window - Drove back from 5th to farm at [2:00] without concern 1+ out of 4+ at most.
- +++ 125 mg 3/8/77 AT5 9:50 AM [0:00] [0:23-0:30] slight window development [0:30-0:40] "noisily" developed up to full 100% window. Now what happens? [0:47] back of lab becomes a chapel - time moving very slowly - erotic seems completely out of place. Pulse 120, b.p. 110? [1:00] The world is complete in my chapel [1:20] how can one titrate recovery? Hand-rubbing or tuning very satisfying. Still 100% [1:32] still 100% pulse back to 108 - teeth grit. [1:38] first noticed drop - I can allow my eyes to unbalance. [2:20] dropping [2:40] down to 70% - I could have drawn or played piano (I did) at any time, quite well. [3:00] not yet quite clear. [4:00] out - use bit of residual tooth-etchers. On ASC scale, +++
- ++ 100 mg 3/25/77 AT5 - social setting - control hr. with "sweats" - in mutation of alcohol drink (no cal content) - snack ~ 1 lb - consumed in 10 sec or more water - others - water - milk water - about 20-30 min - last total another 1 1/2 hr good interaction - into final ++ (this was slow fun stream) quite successful
- ++ 120 mg 4/15/77 AT5 - 10:00 AM [0:00] 1st note [0:20] [0:30 to 1:00] appears to give levels of window [2:00-2:15] attempt ext. completely imbuient - forced stim -> eq. w/ least excitation or organ!! [3:45] returning quickly [5:30] - clear - patient again sl. debilitated ++

letter BOB 2/11/77 - MDM was manageable than MDA - and much different (≠ cocaine?) on misapplication. g.v.

- + 80 mg
 - +++ 80 mg
 - + 60 mg
- chronic - see page 232

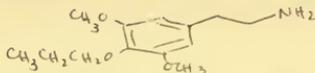
continued 235



4-Bromo-N-methyl DMA.

- 0.05mg 12/11/76 5:00 PM. ATS no effect.
- 0.1 mg 12/21/76 12:16 PM ATS no effects.
- 0.2 mg 12/24/76 11:10 AM ATS no effects.
- 0.4 mg 12/26/76 10:30 AM ATS no effects.
- 0.7 mg 12/30/76 2:20 PM ATS no effects.
- ± 1.2 mg 1/6/77 10:33 AM ATS possible threshold at (1:10) - from (2:30-3:30) slight metallic taste - hang-over feeling - out by (6:00) - probably no effect but up slow.
- 1.8 mg 1/18/77 10:15 AM ATS = (0:00), (9:00) light glow? (3:00) nothing.
- ± 3.0 mg 1/23/77 11:00 AM ATS = (0:00) - (2:00) trace at best - probably nothing.
- 5.0 mg 1/31/77 11:05 AM ATS = (0:00) (1:10) trace light head? (4:00-6:00) trace unreal? no effect.
- + (++) 8.0 mg 2/13/77 10:40 AM ATS = (0:00) (8:20) light head (2:10) real effects - a generally good-effect spacey - nothing tangible (5:20) still aware - some teeth rubbing - effects have been steady for last 3 hrs - so this is long-lasting - there are lots of physical effects which may be kidding me into providing some of the mental. (6:20) almost entirely physical - tight teeth - general physical tension - hyperreflexia - some mydriasis - these are lessened by (8:00) and do not interfere with sleep at (12:00). There is no desire to proceed any further, at least at the present time. Mental (+) physical.
- Next day - slight improvement of persistence of tox.

FLIP - 10 mg n.e. but + 2d hrs
 → severe response to 5 mg POOP -
 see report of (+) STP



4-propoxy-3,5-dimethoxyphenylethylamine
"Procaine"

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- ± 6mg 1/5/77 10:15 AM ATS - slight window aff:00 - stable and still believable at [2:00] and at [2:30] - absolutely nothing at [6:00]. sl. effect?
- + 15mg 1/7/77 9:05 AM ATS - no noticeable onset of anything. The middle of the day was relaxed, and lapsed with many trivial acts of bad judgement (eg., turning of the car engine to get out to open the gates, opening wrong drawer to get scissors, forgetting to buy the champagne for Owen's reunion dinner party, the purchase of leaving farm). In evening, judgement is fine - no sleep problems. Not a psychotomimetic but what is it. Try 25 c open eyes.
- 25mg 1/30/77 11:05 AM ATS at [1:00] ^{50c 400, 50c 600 on 1/24/77} microscopic light-head? [2:35] nothing whatsoever wasted day. [4:00] still nothing. Slight hang-over fully all day? no effect. to bed at (13:00) (windy) and couldn't sleep until 2:30 AM effect? no effect!
- ++ 40mg 2/12/77 10:35 AM ATS = [0:00] [0:30] possible light head - paracetamol. (1:00) 2 columns paracetamol [1:05] effects are real - no good news for it; if 2x effects (at higher dose) ok - if 10x - too much. (2:10) possibly flowing - I am reminded of x-c-DMS - but not mescaline [2:30] end of Salomé - intense - hard flow. [4:00] still real - under good control - but that is me, not the compound that is control. Hand anesthetic as is 4-Pr-3,5-DMA? - Clear by evening [10:00] - no difficulty sleeping. Between + & ++
- ++ 60mg 3/3/77 9:00 AM = [0:00] ATS [1:10] - some windows + something else [2:00] eyes open awareness - there is a glitter of all light against dark - I can (and will) relax into a real effect [2:15] nice - I can enter or withdraw as I wish [2:30] clear-headed work in the lab - but with shakes [5:00] still some shakes - but window gone - I was mentally clear all day - but went through an incredible arab - day dream. [7:00] at club - still a little wide-eyed and hyperreflexic - mentally sharp. [14:00] still noticeably truth-wisely. This is much more effective than mescaline at 100mg (±) or at 200mg (±). Assign 5 M.U. as of the moment. This is just 1/2 Gordon's amount

Gordon p147 - 11 mg ≈ 75-100 mg mescaline?
15 mg ≈ 200 mg mescaline?
Gordon later 1/4/77 25 mg "quite effective"
and quines at 10 AM, or more, 5 hrs

Gray later 5/16/77 - N-butyl (n-butyl)
mescaline - strange going on at 20 mg

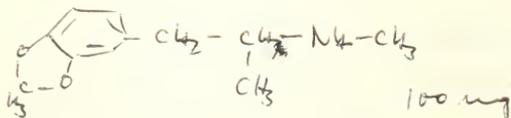
of feelings is easier.

The most important effect is however the balance, the feeling of to be between two worlds, the window effect, the feeling (after you has passed the window) that you can look to the world like from a airplane. And in the same time the possibility, to be really in the middle of a forest: the possibility to shift to different levels of perception, feeling, thoughts.

You can handle the drug and not the drug you.

(no appetite at all)

FOLDOUT BLANK

Denise
11/24/76

time course: after 20-30 min first effects
 : 40 min ~ 50%
 : 1h - 1.70 100% for 3h
 ~ 6h ~ 50%
 ~ 12-20h ~ 10% (hypnotic effect)

units : ++!

Enhancement of mostly tactile ^{and visual} perception. The perspective is the most change phenomenon: like a wide-angle-lens ($f \approx 35$) (perspective $f \approx 28$) you see deeper, more distant and during the same time the total ^{field} ex.

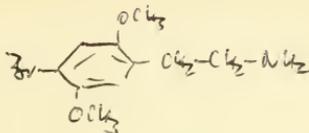
Shadow-light increasing with 30-70% color increase.

A very heavy resonance through the total body-apparatus = skeleton = skeleton? Every step has his resonance through the total body.

During half-time a musical input is too much. All noises are louder, the normal selective threshold is lowered.

The body is nearly without weight, there is no effort to stand up or walk around.

The blood circulation is increased, the result is a warm feeling. The erotic - not sexual - feeling is increased; personal contact, expression

Denise
12/27/76

Ting

time course: after 20 min first effects
 " 1h 100% for ~ 3-4h
 " 6h ~ 20-30%
 " 7h ~ 0
 units + 1 (1 1/2)

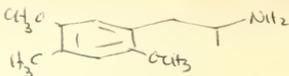
Enhancement of mostly tactile, less
 olfactory or visual perception.

visual: only light + shadow, no colors,
 however ~ 30% of breakdown effect
 in "lim-shape-movements".

tactile: the body is more divided in warm +
 cold zones; body sensations are enhanced;
 the resonance in the skeleton (skit) is the
 same like with all other substances.

A lot of inner trembling (uncertainty) by
 touching something.

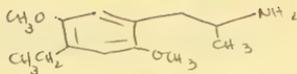
In comparison to ~~to~~ MDMA (a homogeneous drug)
 + 3,4-2C is less balanced, some properties are
 more enhanced, whereas other effects are
 missing. The window effect is not with both legs,
 Ten Hand (with one "visual" still before the window
 normal appetite + taste).



STP (continuing)

- 0.2mg -
- + 1.0mg + } from page 84, other subjects 2.3-4.1 g.v.
- ++ 1.4mg ++
- + 2.5mg + 1/8/77 10:22 AM ATS [1:30] aware - eat lunch [2:00] steady [3:20] mental flow of consciousness - faint in open (ground) - heavy letter - shift at [4:30] [6:00] out - late lunch - some residual physical. Trace eye movement? overall + of +.
- +++ 4.0mg +++ 1/11/77 10:30 AM ATS [0:50] trace light-headedness or maybe unwell - [1:20] very into it - almost a masculine-like unwellness. [3:15] still very deeply there - this is a chemical EST - am able to haul out personal profile and reorganize - resolve my designs on helping other people learn with drug - stop being selfish and "as if I were the only one who could run the show". [4:00] I am in complete control, even though I am very deeply into it. [6:00] begin reading in the 1/11 letter [6:15] deeply into it or completely out of it - how can I ever tell - a great deal of control in edge-effects pushing, object movement - all can flow or behave, as I wish. [7:30] in darkness - white light flickering in visual field - this may might make night-driving dangerous. [10:00] flickers gone [13:30] minor problems sleeping - then good restful sleep - in ATS - repeated - no residue. 3+.
- ++ 3.0mg ++ 2/5/77 in part to directly challenge the 4 mg DOCT (g.v.) as I vs ++. intense interaction, hypnotic games, Denise. Able to drive carefully but well at 4-5 hrs - residual effects evident through dinner [8] but last drive ACT show Geniehomme. Clear at [12]. A true, honest ++. Serious, intense, and truly psychological.
- ++ 3.0mg 2/22/77 interaction experiment 10:30 - [0:00] [1:30 - 4:30] in continuous conversation with sec-through - other's eyes success. Thought fusion - remarkable un-verb transfer by eyecontact [6:00] driving controlled but fine. Concept of "rim".
- +++ 5.0mg 2/1/80 12:07 - [0:00] AP E. [0:40] quiet start, walking to mail [1:00] between + & ++, climbing. [1:20] to ++, relatively quiet development [1:40] > ++ [2:20] about ++, cognitively clear, cloudiness in peripheral vision. Rest of notes lost. Check iCL notes.
- + .5 5.0mg 5/3/80 11:25 = [0:00] ATS, CL, CD 5mg MS. 4mg +1 @ [1:45]
- CM. 4mg PG. 3mg +1 @ [2:05] CN, CO 3.5mg S.D 2mg Dave quiet
- quiet - barely + @ [1:15] quiet to ++ or more ATS, CR by [2:00] - by [2:30 - 4:00] patterns established. AB, BB ecstatic; CO highly intoxicated (good) Kelly oscillates between ecstasy & agony (4:4!). CL & ATS - st + CR quite light. CN heavy body - largely unpleasant - good in retrospect. CD a incredible day - expresses hints of hidden anger. Warm farm day. Largely down by [9:00] (matzo ball soup) except Kelly. (still on through night - no sleep, from K's to low pine next A.M. early - re-visited, extraordinary) and CN (sleep problems, eye difficulty - could not drive @ [11:00]. Excellent day. See 357-9
- | | | | |
|------|------|------|------|
| more | 300 | 400 | 500 |
| Don | 3 | 4 | 5 |
| LSB | (20) | (10) | (10) |

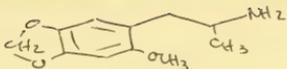
Successful monogram

DOET (continuing)
to 429

- 0.2mg
± 0.7mg
+ 1.0mg
++ 1.5mg
+ 2.5mg
- } From page 45 - other subjects 0.9, 2.0 & 1.0.
- 1/15/77 10:30 AM ATS = [0:00] At [1:15] first parasympathetic twinges (2:00) very light intoxication - less than DOM. [3:00] I can enjoy it or ignore it - this might normally be missed - but there are signs of "unmasking" but no windows. [4:30] still light effect - this has all been very little more than threshold. [9:30] still residual awareness [10:00] probably clear of symptoms
- ±(++) 4.0mg 2/4/77 10:30 AM ATS = [0:00] At [1:15] effects noted - and I was surprised as I had forgotten left. [1:50] slight but real [2:15] subtle - can be ignored - as window or as STP-psychotomimetic - only ± - BUT - as word, energizer - there was surely a ++ or better effect. Lakshmi is right! None of the psychotomimetic effects - but entering into function whatever one wants. Worked cleaning lab to 11 PM - slept very well. A good, going effect - but not by any means any LSD or STP seriousness.
- +++ ! 6.0mg 10/9/77 12:15 PM ATS = [0:00] effects at [1:15] - emotional intercession i Joe - unfair - arose at [2:15] intensely stirred [2:30] to +++ - the psychosis of the 2-carbon - completely - except that there is much sensory distortion. [3:30] into bed i radio - mental construction - eyes closed - open, walls fall in [5:15] to hide top - sensory interlustration is wild - but controllable. [5:45] eat i some success - mental is straightening up, but sensory is still wild. Lakshmi is wrong - this is an LSD - like psychotomimetic, + psychosis exists. [8:15] sanity OK - sensory still wild. Robate K.R. flake without touching it. Those on pater can be twitched at will, unthinkably [12:00] by bed - no sleep. next AM - strange - but perhaps due to no sleep. Next afternoon - pretty much OK. A wild and not to unpleasant +++ - at least the sensory provides some reward for the psychosis.
- +++ 6.0mg 12/17/78 (AB 6.0, BB 6.0) 10:50 [0:00] - [1:00] muscle onset [2:00] very faintly in to ++ AB a little less, BB a little more [2:30 - 5:00] BB up to state of limp - all delirious - facial muscles - extreme tremor. Beddy time of recovery. AB drops back to can feel and resist - I go back and forth - concerned by - out into normal. Peoples of dog - will avoid many shades. [5:00] generalized review - BB only occasionally back into body shell ++ or +++ [12:00] comfortable post - psychedelic review. BB tells AB can't let re-enter the ++ that he had seemed himself. [14:00] by bed - [14:15:00] / - lot of sleep, perhaps not, but vivid "moon" of space flight - computers - watch microwave DNA synthesis - Oregon parade - obsession. Complete recall. Restful sleep [15:20]

LSD - a recalibration (cont. 269)

- 200 μ g 1/22/77 9:50 AM. ATB. enunciate trace stary at 11:00-12:00 (10-2:00) - n
- + 40 μ g 1/24/77 10:20 AM ATB [0:00] [0:30] - (1st note [0:45]) more [1:00] real - nothing foreign - affects totally in mind, no outside world confirmation [1:10] I can start α -rhythm things moving - and I can turn off. [2:00] richness of controlled complexity. LSD is complex, MDMA is simple, as can be recalled thought & art ($\frac{1}{2}$ = $\frac{1}{2}$). [3:00] drifting [4:00] nearly repaired [6:00] set free - no after effects.
- ++ 60 μ g 2/3/77 9:15 AM. ATB [0:33] noticeable window - density f 10 \rightarrow 20% at [1:20] - at [2:00] pretend to run exec. committee. OK - but intellectually fuzzy. I would have to imitate the speech patterns of myself. Peter - by memory - and I had never paid that much attention to them. (2:30) - face detachment - 0-100%. [3:00] Deethoven Op 56 - appreciate art of balance this 123 vs. orchestra vs. (3:30) noticeable repair. (4:00) prepare for city - overall - almost no moving things - distortion not even noticeable - but intell. fuzzy real. Might appreciate a sitter \bar{c} too much larger auto.
- = 60 μ g 7/4/77 10:10 AM = [0:00] [0:40] alert [1:00] very light darting [2:30] \pm at best. cut set 4/1/77 p 233.
- +++ (+) 80 μ g 7/30/77 4:50 PM [0:00] [0:35] aware of start - from [0:35 to 1:00] development of complete LSD window - not rising ^(light) window of MDMA, but dark LSD window. amble at [1:00] - some darting (1:40-2:00) heavy - ++ - with start of open-ended "inanity" with free-mind running and intellectual chaos. Faces are hatched & exaggerated. Dinner talks on est was strange - but well carried off. [3:15] largely repaired [6:00] all out except for a trace bluntness - gone ++ for LSD window (dark window) and + for intellectual disorientation - this is a new parameter to bring into context.
- +++ 60 μ g (3:35 after 200 μ g MDE) 8/7/77 - see p. 247
- + 60 μ g (2:00 after 120 μ g MDMA) 8/10/77 see p. 247 several other experiments - see
- +++ 60 μ g (3:00 after 200 μ g MDE) 8/14/77 see p. 247 MDE, MDR, MDIP, MDobz, etc.
- + 40 μ g (2:00 after 160 μ g MDMA) 8/20/77 see p. 249
- ++ 80 μ g 9/13/77 (2 deep PN) 6:05 PM = [0:00] first [0:40] [1:10] comes on \bar{c} brittle edge [2:00] dinner finished - am +++ - all emphasis out in open 30e on piano, \bar{c} in dark - tears just streak down to window which is open to sky! light f. piano runs in a fire \bar{c} sparks and humming things! Again, a difference between dark & day! see "holozhen" - at [7:00] try sleep - or - active & easily remembered dreams, ++. I must try on sleep at night
- ++ 60 μ g 12/2/77 (8:45 AM = [0:00]) [0:30] alert (100) - descending quickly to ++ \rightarrow [2:00] full ++ of not sure - talk is illogical - thought processes are illogical. Change of body: crisis at med center - I cannot relate to using or even to the fact [3:00] things still unreal. I can get things to flow. [3:30] focus & focus over - lights of reality, \bar{c} \bar{c} (5:30) substantial, clear



MDMA-2

continuing

- 1 mg -
 - 8 mg -
 ± 10.4 mg ±
 ++ 16 mg ++
 + 16 mg +
 ± 24 mg ±
 ++ 30 mg ++

} from page 49, other subjects to 60mg, q.v.

very nice. (1:00) well into window - but the slow coming on makes it (1) easily assimilated and (2) difficult to quantify. I must be 50%. [1:15] exchange stopped - I am stable search for new inputs [2:00] steady. all awareness truly enhanced - it would be impossible for any person, at this level, on this drug, to have a bad trip. There is nothing disturbed, so there can be no misrepresentation as a result. No sensory distortion. [3:00] still full ASC, long talk - Gordon fun! [4:30] still full. This is a slow MOA - equivalent to 80mg fully as controllable - a marvelous drug. Would be good for introducing a person to slow-on, slow-off. No apparent impulsivity (unlike MDA). [6:00] drooping - window pretty much gone. Some MOA gritty remains. [7:00] clear except for some tooth-rub. [11:00] all clear.

+++ 40 mg. 2/27/77 9:00 AM = [0:00] [0:30] note a trace light head [0:45 - 1:00] window developing slowly - occasional nausea [1:00 - 1:20] very smooth development of an ASC - I can surely do anything I wish (fume, count stand, drive). Getting to this state (not the state itself) was so smooth I could be lulled. The state is unimpeachable however [1:30] stretched feeling at eyes, above ears - as if eyes were popping - kind of a temporal orgasm feel - yet eyes are normal. This is continuous and nice. [2:00] of intense - and after for a while. [3:00] still delightfully stoned [5:00] some drooping [6:00] 60% repaired - to SF (driving) but still some awareness of certain movement at recital [12:00] still residual tooth-rubbing. This is \approx 100 mg MDA but a longer time scale.

+++ 50 mg. 3/30/77 9:00 AM = [0:00] (to estimate long-acting margin) "f-actual" [0:30] 1st trace lt head [0:42 - 0:110] - complete development of ASC - slightly pop-eyed [1:35] fully stoned. x!! yet I can control any needed sensibility (in the French sense) [3:00 - 4:00] lunch - still stoned - fume OK, talk OK [6:00] sobering up - I could drive OK - but then I probably could have all day. The teeth-gritty remains. [9:00] sober - least bit - unpleasant temporal headache. [14:00] to sleep - no problems. Next day no residue, but rest anyway. Too long - too much gritty and jaw clench. Maybe the "R" isms! Maybe the N-N-walks!

+ 30 mg 6/31/77 9:00 AM = [0:00] [0:45] slow development (1:30) rest ± + off - (less. can be given - at [3:00] no more than + - + 16 mg - little additional effect - evening clear at 4 pm

[Feb 77] 3 mg SOM (STP) effect: # to 3 1/2

Dave
2/4/77

time. About 2 hrs is very hard to describe, because
 we were involved in such an important fall,
 roughly: 20-30 min after uptake the first
 noticeable stumbling, disorientation, after 60-70 min
 the first optical, perceptual and factual effects
 for me no specific pleasure (fall!), after 10 h
 nearly no effect (excitation) beside sleeping
 difficulties. Last in a sense consciousness: mind
 alienation: the possibility to separate different
 phenomena from their normal purpose-
 combination, i.e. the hooping of a police car
 can be separated from their car and connect
 with any thoughts for an other purpose.
 The effects: both the dosage level you are able to
 "observe" very sharp, all with LSD, but you are not
 fixed on one stage! You are able to change all
 levels between, but probably escalation you lose the
 possibility to focus on all different depths. The light
 is brilliant, clear. The transparency are more
 easy, not to cause a large waves. The color
 are brighter, but not disorienting; harmony:
 enlargement of sensations with the possibility to
 focus with this change, the attention is
 lost. It is not a new world
 it is an expanded, containing reality. In this
 state you get sometimes the feeling, the
 certainty that body, head and mind
 body & soul are one thing, one ball, one
 circle, not far away in your imagination &
 very close in front of you, in yourself. In this



217

1-ethoxy-3,5-dimethoxy
phenethylamine
"Escaline"

Gordon material has 80% of hydration?
150, 80 mg \approx 68 act.
60 mg \approx 51 act.

10mg 2/26/77 10:30 AM ATB. no effects.

10mg 2/28/77 10:00 AM ATB - no effects.

10mg 3/12/77 2:37 PM ATB - at [2:00-3:00] an extraordinary muscular hyperreflexia certainly real - clearly an honest 1+ as to proprioception - nothing sensory or mental. at [4:00] dinner (at Helen's apartment) went well but I had some problems putting thoughts to words smoothly. Played excellent chess, Joe, and my french reading went unusually. Beware, alpha-6, 70 ug, 4 in AM. Sleep OK.

60mg 3/23/77 10:00 AM = [0:00] [0:30-0:45] - development of a great ASC [100] very real - none of the methyleneoxy noise. Chos is noisy, Rest is quiet. [2:00-2:30] eyes closed, in bed, in darkness. excellent! Attention can be paid to external sounds (for safety, telephone, etc) while a parallel image can unfold and develop in the mind. A face forms - a set of eyes, and you watch as the mind embroiders it with colors, glitter, designs - you watch as it unfolds. Are you creating (am I creating) it in a flow process - creativity on demand, or call? or is this call tucked away somewhere - preformed - and just being out? Try improvising on piano. fine. [3:00] try outside world - drive to bank, photo shop, post office. all OK. All faces are with a visceral, messiness - no one is pretty - but every one is somehow human. Back at [4:30] - still soundly altered. [6:00] drooping. Good appetite. +++

Gordon 4/14/77 after 22 mg > than = dose of pros. calidol

10mg 8/14/77 9:05 AM = [0:00] [0:45] ok. Ct head (1:00) slight effects [2:00] mentally thin and real effect - OK at +. perhaps a functional tolerance from yesterday's MDE-LSI [5:15] what little fleshy effects are now long gone. + I must retreat after several days drug-effect-free. This is not self-consistent.

60mg ANHYDROUS BATCH. 4/14/80 5:05 = [0:00] AP =. Alerts ~ [1:30] by [1:15] at or above ++. This out 2c-B's 2c-B for activation. Erotic synthesis to music, fantasy - more complex (unreality edging) than 2c-B [5:30] eat a little - very much >+ almost ++. AP ++. driving impossible. St. Vartan Symposium, by Hovhanness, Unicorn #317 - do you participate in art, you become one with art, thus you are art. Fantasy can become unexcitable for lack of edges for pulling out (griffing). [7:30] try sleep - 2 or 3 intense darts. 2 glasses wine softens the v. string-up nervous system. Sleep to [14:00]. adequate ATB, not so AP. Good, intense ++ - with some physical price afterwards, but well worth it. +++

moments you loose your body weight.

In general, one of the most impressive qualities of this drug is, that it has beside sensation - power "thinking-power". It goes straight forward to your self.



You are not looking to a movie, to a picture show, you are looking to, in yourself, looking from an other point of view, the pattern of your own thinking is lifted. At least one result is, that you are relativating your old positions, that you beat problems resulting from facts earlier; "they get a smaller number", - for the first time I felt the need, to write down my experience in our "book". The first sentence which I wrote down was: "of course, I am still under the effect of this substance, but for that very reason I have the wish to write."

- Beside all this, it is an unbelievable experience to discover, to learn the power of this substance, together with the creator of this "powder".

+ still during the effects of the drug.

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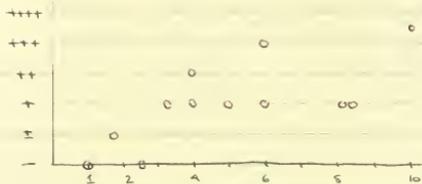
S-octyl-DIPT

continued f. p176, 191

to p 417

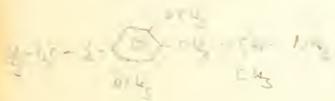
- 1.0 mg
 ± 1.8 mg
 - 2.5 mg
 + 3.2 mg
 ++ 4.0 mg
 + 4.0 mg
 + 5.0 mg
 +++ 6.0 mg

page 176, 191



- + 6.0 mg 3/1/77 9:30 AM ATS [0:00] - 1st head ct [0:27] [0:33-0:50] gradual window then wire quickly to ~[1:10]. [1:10-1:45] in box - but full control of acts and thoughts. [2:20] sober - completely clear afternoon. No more than +.
- + 8.0 mg 3/5/77 9:40 AM ATS [0:00] [0:40-1:00] very quiet window (unlike the "morning" one of MDMA [1:30] - I suffer from the lack of air of jetting test for this state - I have a broad sensory & flexible - and yet am sober - I feel richly aware [2:00] clearing or cleared? - [2:40] completely clear - yesterday was - went a few days before any further testing. At most ±+.
- +++ (+) 10 mg 3/17/77 9:00 AM ATS [0:00] 1st window ct [0:20] - rapid development [0:55] colors on edges of wiggles in eyes - on periphery of vision - a sort of Terry Allen sunny design & intense color contrasts [1:30] still full - & flexible - inebriated by good j mirth [2:00] still there. I would have greatest difficulty in driving a car - I would be limited by the logic of my responses - i.e. some LSD effects. [3:00] some drooping - mail - call - some time calls [3:30] 1/2 way down [6:00] quite clear - but later in evening - outside - body clean feeling - no stim of MDMA - more like P50P. between 3 & 4 ft.
- + 8 mg 5/3/77 7:55 PM - 1 hr post from [0:20] early warning alert. [0:40] light window opening. [0:55] at a ± + & quiet window [1:00] + is all - rapid recovery. at [2:00] out - again - yesterday 3 20 mg MDMA - cross tolerance?
- + 9 mg 5/6/77 9:35 PM - water shoe theory & DOB. [0:40] effect of window without any window actually occurring. [1:10] aware of sensory stimuli, twangs [1:20] I am getting changing of the nervous system and I jump in volleys - zep-zep. [2:00] still some clings - wait I sleep? to bed. [4:30] still awake. occasional reflex jerk to what appears to be a burst of sound (space?) or other stim. Then sleep. overall + - but not an enjoyable experiment. It was of the normal DOB ~~but~~ had no window and let through the neural stimuli. PEA os. inside?
- + 10 mg 5/10/77 3:25 PM ATS (see 26-6, AM) [0:30] tangle - alert. [0:55] I got there quickly - no window but awareness of all kinds of little sensory darts [1:00] - twangs - this at high level will be a nice distortion - P50P-like? [2:00-3:00] to fish growth - no problems driving. Inebriating less - quite sober but tend to emotional reaction. [3:00] drooping [4:00] out - residual good clean feeling. I am not at all sure now that I like this drug as much as I had thought. I must recount & ~~the~~ LSD - I may have lost my responsiveness to this - which might make the homology (no, if, & \int ; etc) difficult to assay. We shall see. I am done with this for now.

27 Feb 77 Wang



The time-effect - more after ~ 30 min the first effects, which are interesting for the next 30-40 min: a warm feeling in the total body, a light head-pressure, which is changing after a time in the feeling. Head gone head is one 'bottom' without any anatomic deformation.

The usual visual perception is not very much increased (more after a bit), the perspective is only little changed, but colors I did not notice at all. I did not see sharper as after DMT. I noticed more little waves of movement, very smooth, not so busy as with DMT.

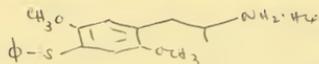
The tactile perception is enhanced, a feeling like with DMT (form) and DMT+ (form, rise) together.

The acoustical perception is slightly enhanced.

The taste is not so much decreased as with DMT, but the feeling of soft fluid food is increased.

- After 8-10h nearly no effect more; no taste, little sleep (as with DMT).

All together, the drug has all effect of sensory and perceptual changes is present but at least of such a strong level as disturbances, no overclaiming into perceptual features.



alcapth - 6

- 0.02 mg 11:00 AM 3/12/77 ATS. n.e.
- 0.04 mg 10:15 AM 3/13/77 ATS n.e.
- 0.1 mg 11:00 AM 3/20/77 ATS n.e.
- 0.25 mg 9:10 AM 4/6/77 ATS n.e.
- 0.5 mg 10:15 AM 4/14/77 ATS n.e.
- 1.0 mg 11:00 AM 4/26/77 ATS n.e.
- + 2.0 mg 9:30 AM 5/5/77 ATS a couple of parasthetic twinges 11:00 am n.w. n.e.? ±
- 3.0 mg 9:45 AM 5/10/77 ATS. n.e.
- 6.0 mg 9:15 AM 10/2/77 ATS n.e.
- 16.0 mg 9:07 AM 11/7/77 ATS - latter part of day, quite relaxed. n.e.
- + 20 mg 8:15 AM 1/19/78 ATS (2.45) something? (3.30) a +, but what? (6:00-7:15) am I clear, or am I still +? - in clouds - all voices are equal upon me (METR like) but not disturbing - I am not clear - [10:00] - surely clear! - average + if at all.
- + 30 mg 11:40 AM = [0:00] 12/10/78 (1:00) slight alert [2:00] same alert. maybe + - a gentle unworldliness - not clearly definable [2:00] - same ind. finally some odd unreactivity while driving - clearly long lasting. I cannot put down a +
- + 40 mg 12:12 [0:00] 3/19/79 [0:40] alert [1:15] a subtle but real +, not liberating c work - actually helping! I am primed, little more. [2:40] static. Use as primer to LSD (p 285)

chloroform and plan neurological report would be done if desired.

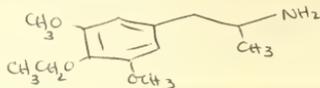
The main effect for me was (is) - perhaps ^{a-typically} increased again as with STP as a result of our talks - that this substance still more than STP "studies in my head"; that should express, that more the introspective - not to much the outer world - was the main feature.

Although the thinking process was sometimes not so straight forward as with STP; some-times it was more the pleasure and play of thoughts, than the necessity of thinking.

However the substance is very helpful for the experience of yourself and the world, your world; it lifts (as STP) hormonal, familiar thinking patterns and allows you to experience with more freedom. Because of the easier handling of the outer world (less sensory disturbance and easier controlling) and a less "amphetamine-effect" it seems to me, that this compound is a better possibility for a stable and experience during a "normal weekday". The danger of a separation from body and mind is not so large, because the body-felling is always present and very good. So, the dissociation (the old one) from mind and body seems to be non existant any more (for my feeling very important, if one's want to create more specific compounds)

This is mostly a personal comment; a more official

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4-methoxy TMA
4-methoxy-3,5-DMA
3C-E

- 5mg 3/21/77 11:25 AM ATS no effect
- 10mg 3/28/77 9:30 AM ATS - dusty smell at (2:00) - n.e.
- 15mg 4/1/77 10:30 AM ATS - sl. aggressive driving - that's all. n.e.
- ± 20mg 4/6/77 10:00 AM ATS - sl. v. nice spaced clay from (2:00) to maybe (5:00) ± ?
- + 30mg 4/9/77 9:00 AM ATS = (0:00) at (1:00) a light, nice unwarmed lines - of window - extremely quiet - I never saw it - no sense of body inadequacy - normal physics - sl. ASC (1:00) look a peaceful state - something of the intellectual stink of alpha-2 without the zoom (2:00) - a little teeth chime begins - but still excellent high - I would comfortably endure 20 dose (3:00) mental stench - physical more - (4:00) mental gone, largely - physical there for a while yet - (9:00) all physical gone - overall - (+).
- ± 40mg 7/21/77 9:30 AM = (0:00) (1:00-1:10) something (1:30) muscular shakes - slight mental but much heavier on physical - inconclusive.
- ++ 50mg 11/8/77 9:00 AM = (0:00) (0:45) warm entry - something real (1:00) dense fog - no noise (1:30) interesting stone - no brittleness at + or ++ - climbing (2:00) an LSD-like mix. ≈ 60mg - window & edges of reality loss (3:30) still at + or ++, the real mental work - the physical trivial (4:00) cool a ++ - probably not able to run 1/4 or drive car (5:00) largely clear (10:00) clear.
- ++ 40mg 8/10/78 9:00 AM = (0:00) (1:40) aware of some effect (1:00) a change (unpleasant) but pleasant + I hope it develops further. (1:30) smooth + (2:00) race +; very little window as most with (2:30) an unworldly +. very much in control, but with an undertone of uncertainty that is vaguely reminiscent of a quiet LSD. If there were a great deal more sensory input, I might not see it; and if I were in complete sensory quiet I would miss it too, but just where I am, I can see it. Ecic state of awareness. Almost bath-like. (2:45) an honest ++, even ++ of a fascinating, different state of c. Anti-erotic. (4:00) probably still at ++, normal appetite. vaguely unreal world around me. (5:00) noticeable slipping (6:00) substantially out (5:00) sober - no residue.
- ++ 60mg 6/6/80 3:30 PM = (0:00) CL ≡. (0:30) ATS aware, CL body affects (1:40) some visual, developing rapidly, nicely. CL bursts of color (1:55) CL very uncomfortable & body - well >> ++ - quite anxious - ATS to + or maybe a bit more. (1:15) CL ++, shakes, quite concerned; ATS slow. (2:45) kitchen for juice - extremely erotic (7:00) up for food - ATS at [2-3] drifted and relaxed into ++; never above. & easy fantasy - fair sleep at (9:00) me overall ++ CL at or above ++. 40mg probably proper dosage.

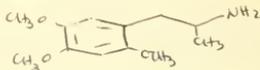


aloph - 7

223

to p 334

- 0.5mg 5/22/77 3:45 AM ATS n.e.
- 1.0mg 3/29/77 12:10 PM ATB @ (2:30) pulse 100 - n.e.
- ± 2.0mg 3/29/77 10:00 AM ATB The day was unusually warm - sat up CF work & Far evening in Doug, difficulty in sleeping (awake at 12 AM) - stimulator? gone ±
- + 3.0mg 4/22/77 9:40 AM ATB (6:00) at (2:00) a parathetic tinge or two (2:00) easy & relaxed (9:00) enough to say & eventually willing to part - but for now let this ride out. Some physical tension. Wired? Definitely no window. Afternoon = Frank (8:00) still very aware - gritty. (9:30) food gets this - ears still "popped". Sleep OK at (13:00). ~ +
- + 5.0mg 11/12/77 7:50 = (0:00) @ (1:00) alert (1:00) something to ± (1:30) to + into (4:00) still + - no fun - no window (6:00) drifting - a chem but not intense aloph. (9:00) out (16:00) unable to sleep - drags at (20:00) - next day no business. +
- +++ (CF) 7mg 6/12/78 9:30 = (0:00) (0:55) start? (1:10) develops to at least + (1:45) home from sleeping, developing more (2:00) intense vs (2:20) becoming body-depersonalized (2:30) at full +++ - call for help! go for mail (2:45) deeper and deeper - none of any familiar landmarks - no window - no LSD reality loss - no shivers and shimmers - but intense, profound +++ of something characterized only by the absence of extremes. Frightening because it is deepening and I don't know where - drive to Kantor's - incredible drive in lane markers flitting up and past my line of sight - but basically sound driving. Arrive at Gregg's at (4:15) for baby-sit & his observations (6:00) subtle transfer to a +++ of a good sort - recognizable as friendly - allowing assurance of reality. (7:00) first sign of suffering - to perhaps ++ but still intensely stressed (10:00) eat fruit salad - still at least + (14:00) home again still + first urination of the experiment - write this up. I will try to sleep but I don't expect much success - hot shower & try at (15:15) light drugging at best - awake and up at (22:00) with possibly some effects still. These passed quickly, and the rest of the day was OK. An hour's sleep at (31:00) relieved the slight tiredness. Overall - a strange experience - perhaps reflecting the depression that was my state before the experiment - but it was an extremely deep something that I had never experienced before and could give no name to. I will repeat in the near future, but with someone with me. Over ++. To give a name to the effect (which has recurred, see aloph-4 6/17/77) call it Bath.
- ++ (+) 6mg 7/8/78 in Ed/Dave Long each 2:00 PM = (0:00). (0:20 - 0:40) alert, etc. nothing more (1:30) slight tremor - 1st effects (2:00) G.B. into brief MDMA state. I sit + and deambulating (2:15) Ed into physical, I am developing (2:25) still + what is it? (3:30) end of etheric ventral - state is going to "nerveless" now (4:00) painting, Dave gyzton to K. Farrell - Dave emotional collapse. This to (5:15) (8:20) back from walk. wide-angle vision - temper in wine - still +. No bestness. All music is silly distortion except jazz concert. (10:00) try sleep. difficult. At 11:00 me and they reviewed - strangeness (asked for 2 days. The book +++ I at ++ Deliberate not next A



TMA-2 containing study.

- 4 mg } 54 page
 - 7.7 mg } 54 "
 ± 8 mg } 151 "
 ± 10 mg } 151 "
 ++ 13 mg } 151 "
 ± 16 mg } 151 "
 +++ 25 mg } 54 "
 ++ 20 mg } 54 "
- (10-60 mg others - pp 54-55)
- ++ 20 mg 4/2/77 10 AM = (0:00) ATS - part of 3-way comparison (0:50) noticed sl. lt. head - as I was looking for it (1:00) entering gently. (1:07) now a little more visibly. I enjoy the noise. (3:15) - odor almost normal - in lab, sensory richness - I would be interested to see re this effect. (4:00) I can move oranges in the lab. I must remember that a drug effect is always given and taken - It catalyzes, but the subject brings the Rx to be catalyzed. I could see where another person with nowhere to turn might be very panicky at this level - quite like LSD in its "through whose eyes am I seeing this?" (6:00) clearing - between + and ++.
- + 25 mg 10/6/77 6:00 AM (0:00) (1:00) aware (1:20) build up (2:20) easy maggy & eyes closed (3:15) still + or ++. writing in fairshape. - no - I am at + (4:00) coming down fast.
- +++ 40 mg 12/4/77 30 mg 10:00 AM = (0:00) (0:20) alert (1:00) developing (1:30) to ++ (2:00) + 10 mg. to 56 (4:00) ++ completely changed but sensible! order pictures at club (6:00) dominus - excellent (8:00) largely back! at +, whole day under control - bought painter - met Gary - read three incredible letters. I must equate to 60 mg MEM. excellent, but not for a naive person without proper instruction first. I will repeat with interest.
- +++ 40 mg. 8/26/80, with 5 µCi 4 C. AP Ξ . 2:15 PM = (0:00) alert at (0:30) @ (3:30) Genie call! (0:45) past +, to (8:15) over ++ (1:20) +++ that extends to (4-5) much erotic & easy fantasy. Spin back & forth between unreality & unreal stonedness. Nuisance to give spurious hourly. Try ASC Rhine things at (5:00). Not too good. (6:00) ATC to ++ CL still +++ . ATS awareness, CL not so. (8:00) eat eggs - no background yet at all. (9:00) sleep ok. AM (16:00) awake - no residue, CL sleeps, lethargic through day. Good; somewhat psychedelic; +++ . OK again.

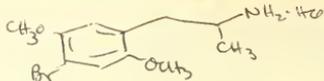


Harmaline

- 25mg 4/4/77 10:45 AM ATS - no effects -
- 50mg 4/19/77 9:30 AM ATS - n.e.
- 75mg 5/28/77 10:20 AM ATS - n.e.
- 100mg 3/1/77 9:20 AM ATS [2:00] ok. htc head? - otherwise nothing (-)
- ± 300mg 3/7/79 9:00 AM ATS [0:20] absent - nothing more [2:00] +100mg [3:00] another absent? bare threshold at most. Challenge @ L56 - see companion studies p288
- ++ 400mg 3/10/79 (+ 400 BK, 175 SD) 10:50 AM [0:00] by [1:30] ATS to ++, lightness, unsteady, AB
 ± continuous nausea, diarrhea, CA light. [2:30] AB unsteady, too tired by 1hr.,
 ATS struggle for my eyes-closed imagery. All extremely sedated. [4:00] 1st drop [4:30]
 rapid drop. soup. In general, no rewards for the body malaise. ++

Adam letter 2/11/78
 100mg nothing
 300mg 3 hrs on, 5 hr duration
 { 100mg DMT } 15 min burning, 20 min -
 { 100mg ibuprofen } to locate DMT like
 3/2 gms

in to Joyce - p. 326.



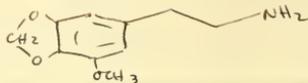
DOB - recalibration
for eventual "R" and "S" study.

- (-) 0.01 mg
- 0.03 mg
- 0.1 mg
± 0.2 mg
± 0.4 mg
- from page 152 0.02 - 1.5 mg with others.
- 4/10/77 9:15 AM = [0.00] @ [1:00 - 1:15] v. slight head effect [2:00] clear - [3:30] a little addle-headed - maybe staring through [9:00] [12:00] all OK. at most, ±
- + 0.6 mg 5/6/77 7:05 AM = [0.00] note quiet, subtle window [3:00 - 8:00] - drop at [10-11] clear at [12] - try water ^{stid} _{rem off} - 5.0 CH₃DIPI at [14:30] q.v. overall +, interest _{1.00}
- + 1.0 mg 5/15/77 6:30 AM = [6:00] [1:15] aware - a very light effect persisted all day. Probably gone by [12:00] but still intense hole - thought I would have trouble sleeping, but OK. Mute. +
- +++ 2.0 mg (7/21/79) AT5, CL = 7:45 PM = [0.00] [1:10] real effects - very quiet entry [2:00] to ++ - descending f. [3 to 9] to a +++ (dispassionately) (much tremor) and weirdly (Möbius strip of reality) some LSD-like aspects - extremely easy eyes-closed entry into problems (personae) of depth, yet easy exit. little eyes-open distortion. Music quite uninteresting (5-6 hrs) (++) Some fitful sleep [8-10 hrs]. 12 hrs still ++ - ₂ easy lapses of attention [20] still + finally out (?) [30 hrs]. Very rewarding. Interesting to check "R" mirror.
- +++ 2.8 mg 12/25/79 CL = 7:00 PM = [0:00] both clean, 24 p. abs. (1:00) ++ or sl. >+ [1:30] AT5 v++ CL >+ [3] CL severe cramp. Near fainting response to "pain" - but no pain. Near loss of consciousness → flash of depersonalization - out of body. [3:5 to 5] clear +++ some visual - but truly extreme MDA, NDA-like - this time no morbid unreality (6) AT5 from ring around wrist. severe "after images" ₂ point light (9:00) off of +++ - 1st sleep - v. deep (14:00) still + - nearly [24] before completely baseline. Not the dream of the 20 by - but very +++.



TMA = recalcitrant

- ± 20 mg } Amupp 89,13. 120-270 with others.
- ++(+) 225 mg }
- 20 mg 4/12/77 n.e. (10:15 AM)
- ± 40 mg 4/21/77 9:25 AM ATS at [1:00-1:30] sl. pleasant awareness. persists to ~[5:00] threshold ±
- ± 60 mg 4/30/77 11:30 AM slightest threshold (2:00-4:00) certainly clear at [7:00]. ± at most.
- ± 100 mg 5/20/77 11:00 AM. Threshold [1:00-1:30] - complicated c MDMA saturation - see 233 I
- ± 130 mg 6/27/77 9:00 AM. [0:00][0:30-1:00] intermittent nausea, & profound depression.
- o[1:00] sl effect [1:20] I am yielding mental control - to whom? [1:35] control back - almost fun!
- [2:00] clear ++ - but not here via window (which would have been fun) window is not where you are, but how you get there. Physical side effects are bothersome. [2:30] a ++ window state - but superficial physical twitching - some minor darts. [3:00] I had forgotten what psychotomimetic was. This is one. I prefer the psychedelic effects. This is not too pleasant. If I eat, it may subside (6:00) recovery. back down then me + - but not to base. [8:00] - mentally out. body lingers. see 239. overall ++



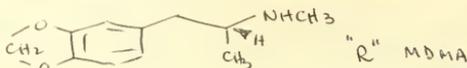
Lophophine
see earlier lines - p 127

- 60 mg 4/20/77 9:30 AM ATS - no effect
- 100 mg 4/24/77 11:15 AM ATS - no effect.
- 150 mg 5/1/77 11:05 AM ATS - no effects
- 200 mg 5/8/77 7:10 AM ATS - hint at [2:20] ? - no effects.
- ± 250 mg 6/11/77 10:30 AM ATS - [2:20-4:30] indicators of threshold effects - still unambiguous - [6:00] - certainly out, possible ±.



MEM
Continuing study

- 8 mg
+ 10 mg
± 11 mg
+ 12 mg
+ 16 mg
- } pages 80, 151 others 15-40 mg p 78.
- ++ 20 mg 4/23/77 9:50 AM = [0:00] [1:00-1:10] dusty smell & taste - quiet window - I could drive - but would "hurry to the club" [2:20] I like - not deep but pleasant - quiet window of ~50% [3:00] still - ≈ 80-100 mg MDA or better, a slow MDA or 2 MMDA-2 - much like 30 mg MMDA-2 - same speed - same potency - [5:00] some orange enhancement? - [5:00] - completely clear - no residues - no gritty. ++.
- ++ 25 mg 4/24/77 10:00 AM = [0:00] [0:45] slight awareness [1:00] dry nose - development of window but slowly. This is the 1/2 hr point of MDMA - [2:00] a completely functional level of intoxication. For a protracted intox, combine 50 mg MDA + 25 mg MEM, the MDMA covers 1/2 hr → 1 1/2 hr, and this 1 hr → 3 or 4 hr! [2:15] we buzz - nothing is crawling would it fit someone else? [3:30] still there. overall ++, and I am (or would be) fully willing to go to +++ . This is not TMA-2. No teeth gritty either. [4:00] it began to drop - window closing [5:30] mentally almost out - physically some residue - fingers of left hand numb - pleasure in shaking my body. still no teeth grit. [7:00] mental completely out - trace physical. Excellent sleep - no AM residues. Superior to MMDA-2
- ++ 30 mg 5/4/77 11:00 AM = [0:00] [0:45] early warning alert [1:00] - [1:05] window developing but slowly. 5%? [1:20] to 20% [1:30] challenge in public - drive to Donner - fine eat lunch - 2 hr conversation @ Gladys, Dany + Pitter - sensitive [3:30] back to 70 dB driving fine - can handle anything - Complete window? Hard to tell - might as well be. [4:00] still eminently stoned - pure clear window - strong temptation to add something to experiment (exploit the window, or blast it wider) resist - my motivation is fine - talk fine - handle any situation. motor excellent - pulse 80 - I am just stoned 100% window, 0% anything in addition. [5:00] still there [5:40] notice first drop [6:00] straightening out very quickly [8:00] sober in every way - physical never was much - mental is clear the [3:00] is a sure plateau which would allow a second drug challenge.
- ++ 30 mg 5/11/77 9:00 AM see saturation expt. p 233. MEM = ++.
- + 40 mg 5/21/77 9:15 AM see saturation expt. p 233 MEM = +
- +++ 60 mg - 4/19/77 3 deep DW 10:30 AM = [0:00] take 30 mg [0:35] alert [1:00] same development (1 3/4) before + and ++, take 30 more [2:00] [0:40] a super MMDA high - all entertainment - no BS - still coming on [3:00] [1:30] hell +++ but functional - phone talk ok - into self-destruction mode - note to Ed It was BK who stumbled - consult w/ (5:30 PM) - am to focus class. [7:00] belly much out - [12:00] only a residual clear - teeth rubbing, easy sleep. feel ++ - I will repeat soon.
- ++ 40 mg 11/18/77 9:00 AM = [0:00] 1 day after MMDA q.r. alert [0:50] [1:00] start [2:00] between + & + [3:00] a valid sparkling + [4:00] still + [6:00] still something [5:00] clear - fun - try again ++



- 40 mg 10:00 AM 5/9/77 [0:30] ? then nothing - n.e.
- 60 mg 8:25 AM 5/12/77 maybe some brightening - definitely no windows, n.e.
- ± 80 mg 10:05 AM 5/14/77 = [0:00] slight quiet window ? at [0:45] at [1:25] ± ? light effect - maybe real [2:25] clear - or the very slightest of windows (4:00) 15 mg (+) meth. see saturation p 234
- ± 100 mg 12:20 PM 5/16/77 = [0:00] drive 40 min - no thresholds - beach - at best ± in afternoon & early evening intense throb/tubing (i.e. dilation & "semi-blinders"? - no real indicators of anything.
- 100 mg 9:50 AM 6/2/77 - ~~80~~ or two paroxysmal twinges at [1:00] - nothing else - no dilation - no effects. -
- + 120 mg 10:09 AM 6/17/77 happy birthday! = [0:00] [0:35] something thin and nice [1:00] have to cough + - very light spacy. (1:30 - 3:30) steady trivial intoxic (5:00) still ± (7:00) probably out. ^{see 234}
- ± 160 mg 9:30 AM 6/23/77; [0:35] something starts [0:45] a bit more but that is all - either a very short + or a longer ± ([1:30] ± - (3:00) nothing - call ±.
- + 200 mg 9:22 AM 6/30/77 [0:25] alert? start? [0:31] development - to + [1:00] down already? [1:30] out and clear. Very short, modest +.

Amos "R" 70-80
"S" 40 → strain

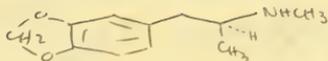
Amos "R" 80 mg → ~ 80 mg de
120 mg → "more"

Amos has reason to think that
"R" is partly racemic!

Amos now thinks (6/1/77) his
R is S - as it is dextrorotatory
? 80 I, 120 more - all ok for
S or de.

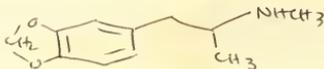
Ed - early July 1977 - had all
the racemate color effects (ex
90 and 100 mg) i.e. doing of "R"

- Amos Blind study -
- 140 mg de MDMA
 - 150 mg "S" MDMA
 - 150 mg "R" MDMA
 - 100 mg MDA de



"S" MDMA.

- ± 40 mg 11:40 AM [0:00] 5/30/77. [0:35] something? [1:00] possible thresholds (2:20) clear - (4:10) heavy-eyed - almost sleepy. (6:10) intense photophobia - chemicals in eyes from bar work or lamp contact? Iron-oxide extract day - Asperg ±.
- ++ 60 mg 5/31/77 8:30 AM [0:00] [0:20] early warning! - then nothing [0:50] window starts - excellent [0:55] pretty, clean - I hope it develops further [0:40] I am already between + and ++ - handwriting OK but writing faster than usual. [0:50] stable between + and ++ - could I drive? maybe not; maybe ++ [0:55] time going so slowly - ~~not~~ mentally so active. I am quite dilated [1:25] still pretty much there, but I could drive - if I fail one - [1:40] drooping but still fine! [2:00] out [2:30] relaxed - comfortable - all afternoon peaceful - relaxed - mentally completely clear & alert - no trace of physical residue whatsoever - no photophobia - a very successful ++.
- + 50 mg 6/14/77 1:30 PM (C) Dole 10000000000 [0:00] 0:30 - note 1st effect - gentle and not too win window to [1:30] - then drop - real but modest - evening very sleepy but up to 4 hrs previous wpt.
- ++ 100 mg 6/7/77 9:00 AM [0:00] [0:30] alert [0:40] nice development. slower than racemate? (2:45) [1:10] steady - to a + or ++ hard to tell. Could I drive? I am verbally and mentally clear - mechanically, I am excited - writing with large script - phrase excellent. [1:25] a good ++ stored - some dilation - pulse 106 [2:00] still delightful (2:15) drooping This does not have the "fire" of the racemate at fuel level, or the "rush" getting there. [3:00] largely out. To town for lecture (went well!).
- +++ 120 mg 6/16/77 9:10 AM [0:00] [0:23] early warning [0:30] start - rapid development [0:35] already to ++? [0:40] still developing - I am surely ++. dilation. [0:45] completely there. +++ - driving would be invisible. Typing difficult [0:50] phrase excellent - at plateau? [1:05] still +++ but can't write letters in fine control! [1:15] try lying down with eyes closed - loss of all effects! The visual process is needed for awareness of drug effect. [1:20] dilation yet more - v. opt more than left again. [1:30] - drooping a little - some tooth clench; still ++ [1:40] drooping more quickly (2:20) still + getting not ready for trip to town [4:00] still detectable effect - very pleasant and restful - negl. tooth rub - no eye throes. Evening - excellent sleep.
- ++ 100 mg 6/18/77 3:45 PM [0:00] 2 Alford 100 mg/day [0:25] start window [0:42] increasing [0:47] at ++ [1:30] 1st sign of drop. [2:00] down to 20% 2:30 out. Some residual for a couple of hrs. more. Fine sleep at 7:00
- + 60 mg 8/15/77 9:10 AM [0:00] [0:30] alert? [0:40] modest - to + only by [0:50] great - no more than +. all gone by [2:00]
- 60 mg 506 < 8/24/77 (~ 5/20/77) - 120 dl except no stagger - drunk water de-methyl - peak at 3 hrs - trace still at 6 hrs.
- ++ 100 mg ATS 11/6/77 8:45 AM. [0:30] alert in eyes [0:35] + & .55 smooth to + but + (1:05) quite a bit of teeth clench, at ++ (1:40) still terrible teeth clench Overall so sweet - I have other things to do. [2:45] almost down - still teeth clench - why bother - ++ end.

MDM - continued
from 207

+ { 80 mg }
+++ { 80 mg }
+ { 60 mg }

May 2 1977 - 10:05 AM = [0:00] a challenge to body memory and to the ability to still pickup fuzzy threshold. [80 mg]. [0:25] early warning alert. on schedule [0:30] slight effects. [0:45] 10-20% window [1:10] max. a simple (+) - no more than 1+. [1:35] clearing [2:00] clear - no physical movement. [3:00] + [80 mg] to challenge residue [0:35] aware of new window. [0:40] def. more than 1st time around at this level at this time. [0:45] extensive development - possibly ++? more extreme mydriasis now than 1st time [0:55] still ++ - quite a bit of teeth clench - more than before - probably could not drive [1:05] at least ++ - but physical definitely more than before. All in all, equate to 120 mg, with +++ - I must establish the 140 mg level for this experience as well as for the 70 mg "R" and "S" experiments. [1:20] - no eyes-closed - but some stop-motion on head movements [1:30] - mental receding - physical still there. [1:45] mental down more - physical persists. completely ineffect. [2:00] mentally almost out - physical down - mydriasis largely gone. [2:40] mentally clear - some physical still there. [3:00] + [60 mg] = [0:00] (0:15) clear both mental and pretty much physical. [0:35] something comes? [0:45] up to + already - muscles - clench teeth - eyes - also building up. P.V. could be ± and is being kicked by the physical - no - it is really a +. [1:00] real +, also muscular tightness returns - I am hyper-reflexive [2:00] mentally clear - physical residues. [3:15] something still lingers. [5:00] all traces gone - muscle and head.

Clearly there is no short-term tolerance buildup - on the contrary, the second dose obviously builds on the first, even when there are no detectable effects remaining of the first. Also, the third on the record. Also note - total daily load (220 mg) was symptom-free at 5 hr after last exposure. No sleep problems. A busy day.

+++ { 140 }
++ { 60 }

May, 7 1977 - + before for watershed expts & for R & S owners. [140 mg] at 9:45 AM = [0:00] [0:22] early warning. [0:24] unblat starts [0:26] rapid development. I am at 20% [0:30] pulse 100 bp. O.K. [0:40] flat - ∴ must be 100% [1:15] still nervous - still flat - quite dilated - some eye focus problem [1:35] drooping? [1:55] almost out - a little residual clench. [2:30] mentally out - some physical gut [3:00] eat lunch. [4:00] = [0:00] [60 mg] challenge. [0:24] new window. [0:53] ≈ 80 mg - full + [1:00] in window, but entry was quiet - I didn't see it coming. [1:15] slack to +? [1:25] "I feel that drive" - head effect rather than window. [1:45] clearing - eyes a little wobbly. [1:50] sober eyes a little crossed? Last eyes focusing O.K. [3:00]

SATURATION EXPERIMENT

233

Priming with
Drug #1 - then { + MDMA (at either point
or min off dose) }

++
↓
+++
30 mg MEM 5/11/77 AT 9:00AM = [0:00] [0:40] notice [0:55] shakely window [1:15] steady - full
ASC - about +- I could drive - maybe even be in court - but marginal - [1:35]
steady - full ++ - did drive to store room (unhill) - interaction = attendance part - I heard
wrong employee number - all went well [1:45:0:00] steady at ++, + 40 mg ± MDMA
[2:20:0:35] steady at ++ - no effect - failure. [2:0:37] something growing? [0:40] I am
getting further into something. I would like to talk seriously to someone. I could focus
on any detail! [2:0:45] There is no sense of window - because window is already
work - into +++ I am unquestionably richer [0:55] Memphis came on!! I rolled with
it very well. I am not deeper in intoxication - I am richer in content. ++. At
[2:1:15] I feel richness is over - drive to dinner - lunch table to 1:00PM (4:00:2:15) -
normal MEM +. let us see what they itself out now [5:00] still MEM [5:00] drifting
but a little physical residue [6:00] mentally almost clear - still some physical
[8:00] pretty much out in all aspects. good evening - easy sleep - no AM problems.

±
↓
±
100 mg TMA 5/20/77 g.v. 11:00AM = [0:00] - threshold at [1:00-1:30] - stable - at [2:45] add
to load with 40 mg ± MDMA - nothing - at [3:45] [1:00 of new] another 20 mg. -
still nothing, maybe a little slippier - still ±. Out in evening to Oliver's slide
show - no problem - no sleep problem - no augmentation I → ±

+
↓
++
40 mg MEM 5/21/77 g.v. 9:15AM = [0:00] [0:45] early warning [1:00-1:45] develop slowly
to a mental +, a physical ++ [2:00] stable + add 40 mg MDMA. [0:30] smother
shakely [0:40] more shakely - no noise - no more window - but I am where I
like to be, in a very familiar place. [1:00 new] - ++ I am quite sure - by [1:30]
probably back to + - by [2:00] [4:00 of original] definitely + only. (1:00)
clearing or cleared - at [9:00] completely clear and ate with extreme appetite -
but I didn't take much to fill me. Practically no physical residue.

++
-
1 mg alpha-d [0:00-12:00] + 50 mg MDMA (7/2/77) (f 219) [0:40] slight dazey? absolutely no
window (1:00) - nothing.

±
↓
±
120 mg M01P see 237 + 50 mg MDMA (6/25/77) prefer respite at [0:33]
160 mg M01P see 237 + 50 mg MDMA (7/8/77) at [2:00] → ± at most at [1:00] [2:00] + 40 → nothing
60 mg PMA see 141 + 140 mg MDMA (8/24/77) at [7:00] - full ++ respite by [0:55] - at [1:10]
much vigorous & tense in rt eye - hard to keep under control (2:30) writing
very bad (at club) and eye problems present. Evening driving at [8:00] highly focused yet
and difficult - no sleep problems. Unpleasant.

SATURATION EXPERIMENT

MDMA - then [reexperiment c']
[another drug]

± 80 mg "R" MDMA 5/14/77 at [0:00] - 1 sec
 ↓ page 230. at [4:00] [10 or 15 mg] D-methamphetamine
 - no effects whatsoever.

Amos "R" MDMA - 100 mg (0:00) - 80 mg onset
 Modest effect - climbs to max at 1 1/2 - 2 hrs
 start not until 1 hr. out at 3 1/2. at 4 hrs 15 mg
 d-meth (alone - trivial effect) - in 15 minutes ↑ 2
 MDMA admin. ^{max < 1 hr!} much more than 100 mg alone.
 Modest length. This case < 5/13/77. ^{see p 230}

TOLERANCE MDMA VS. MDMA.

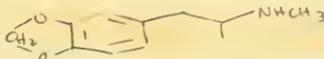
- + 120 #1 (11:58 AM 7/5/77) - see p 241 - + = normal climb
 ++ 160 #2 (9:00 AM 7/6/77) develop [0:45 - 1:10] to ++ some excessive eye 1:35 back to + - not
 terribly pleasant, but not unpleasant (2:00) a bit dopey. [2:45] out [4:40] aware? 6:15
 MDA (00) DMSO at [5:20] - n.e.? of MDMA at 7:20 n.e.!
- + (+) 160 #3 (9:32 AM 7/7/77) [0:20] alert [0:23] start - still some increase at [0:50] [1:10] stable
 [1:30] referring. recovered completely by [4:00]. between + and ++
- + 160 #4 (9:30 AM 7/8/77) [0:24] alert [0:26] start [0:45] level - + at most [1:15] dropping [2:00] out
- ± 160 #5 (10:30 AM 7/9/77) [0:25] alert [0:35] to ± - no more. clear very shortly thereafter
 still noticeable anhedonia
- ± (-) 160 #6 (9:45 AM 7/10/77) [1:10] slight awareness - ± quickly gone - possibly -

CROSS TOLERANCE MDMA VS. MDA.

- ++ 120 MDA (9:17 AM, 7/11/77) [0:35] alert - ± [1:03] real + and proper to ++ [1:30] steadily ++ - and
 shortly - starts drifting. [5:00] mentally clear - some physical awareness [5:00] still some
 teeth clench. [5:40] physically and mentally clear. This is close in chronology (onset,
 duration, to the 80 mg xpt of 6/24/76 (page 203) - so there is a slight decrement in
 effectiveness (partial cross-tolerance) but nothing approaching the complete
 tolerance generated by MDMA for MDMA. Set in a several day washout, with
 no MD anything exposure, to challenge loss of tolerance.

TOLERANCE LOSS

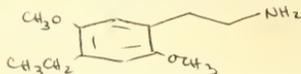
- + 120 MDMA (1:30 PM, 7/17/77) 6 day wash-out - alert (0:30) - modest development to a simple
 one +. substantially complete loss of tolerance. largely lost. ± 6 7/18/77 + at 120 mg.
- + 120 MDMA (2:20 PM, 7/24/77) 13 day post tolerance - alert (0:30) - exactly like 7/17/77 above -
 physical awareness for 6 hrs - 8% mental for 1 hr. +.
- ++ → +++ 200 MDE (at [-3:35] - post symptomatic). + 60 µg LSD - see p 247



MDMA - continued f. 207

continue to 241¹³²

- + 100 mg 5/19/77 ATS 9:30 [0:00] [0:20] early warning [0:30] start [0:45] to [1:15] steady at + clear by [2:00]. overall ± - this on 24 hrs following 8-methoxyamphetamine. ... in pain
- + 110 mg 5/21/77 ATS 9:55 [0:00] [0:35] start to [0:55] ± 1 good interaction CN, also 110 mg much tea - clear at [3:00] - he by [4:00] experiment will ^{revised}
- + 120 mg 5/29/77 ATS 3:35 [0:00] [0:25] start - build up to 1 hr ^{gradually} behind me - at [1:25]
- ± 60 drooping? [2:25] clear. at [5:15] + 60 mg - ~~me~~ [1:30] (new) ± can't see it again but I think it is there. As before - head off but rather than window - [3:00] in trunk sleeping
- 120 mg 6/4/77 CN 1:30 PM (with me, 50 mg "S")
- +++ 160 mg 6/10/77 after 72 hrs. clear 12:45 [0:00] - this to check against 80 mg, 100 mg "S".
- ↓ [0:35] start at eyes - develop slowly [0:45] still developing [1:00] quite dilated
- ++ pulse 100 - development of just a window - nothing else. [1:05] complete - some
- ↓ stop motion in eyes. [1:30] full ++ or ++ quite inebriated but intellectually
- alert [1:50] still there - good news [2:05] down a bit [2:15] down to + [2:30] drooping
- 60 quickly [3:00] + 60 mg = [0:00] border CN ineffective amount [0:30] eyes again
- [0:35] reentry to window - no rest, just development [0:50] pulse 96.
- back up to + or ++. [1:00] more eye throw - most effects in eye & jaw
- give it ++ [1:45] drooping - a little physical tension to ~[5:00].
- ++ 100 mg 6/13/77 new batch 2:25 10:45 AM [0:00] [0:30] aware [0:45] development nice [1:00]
- ↓ honest + or even ++ - definitely more than MDE of yesterday - [1:45] drooping but
- + still there [2:30] substantially out - still aware of something (4:45) completely clear.
- 100 [5:00] [0:00] 100 mg [0:40] aware - but no noise [1:20] still drunk - but is there any window?
- [2:00] some eye wbor - I am spaced - into x. but not windowy! [3:30] clear. +
- 80 mg 6/14/77 10:44 [0:00] - first effects at just [0:30]
- + 120 mg [0:30] [2:00] [0:40] slow but real window development - to + [0:55] stable at +? - the
- ↓ second 40 has not come through yet? [0:55] developing a bit more
- 120 mg [1:00] [1:15] deepening - 1st signs of muscular tremor [1:25] - just about to ++ - some
- ↓ eye problems - not as satisfactory as all at once.
- + 120 mg [1:30] [1:35] more muscular pulse OK, bp. OK. eyes dilated. I am at ++ but the
- ↓ window virtues are lost in the eyes - there is a general intoxication. I am complete
- in ASC conversion. Nothing more can happen - Mentally only +.
- ↓ 160 mg [2:00] [2:60 mg] [2:25] up again [2:30] more. back to ++ [2:40] completely inebriated.
- + [3:00] completely inebriated - but not too windowed ++ [3:30] eyes still throwing
- ↓ maybe + [4:00] rephasing [4:30] trace yet of spacial - not yet out [7:00] clear. no
- + residue - no problem sleeping at [12:00].
- + 120 mg 6/17/77 (see 230) - really 120 "B" → 120 del. proper chronology. +
- 100 mg 6/18/77 150 with me 100 mg "S". ++. iter atom: [0:30] [3:45] [0:00] start window - finger
- + triple - 1/2 methine [0:30] 3 warms [0:50] ++ [1:20] changes in perspective - sun in trees - some
- mesclimic vision. [2:00] quite dilated - hd rt lft = Millie - not + clear [5:00] window gone
- relaxed - [7:00] hypnagogic wims in bed. Am - good sleep - relaxed all day. Good tolerance
- see 242 243



2-carbon DOET

cont. p. 329

- 5 mg 11:15 PM 5/23/77 = [0:00] [2:15] something? - no - technical - n.e.
- ++ 10 mg 9:15 AM [0:00] 5/16/77 [1:15] starting - then head [2:00] quite real - a ++ but I am still developing [2:15] up to ++ I am pretty sure - no windows but strange stoned closer to LSD. [3:00] drive to Berk. like a drive in a cup - smooth - must force good judgement [4:00] CN returns - still ++ stoned - (5:00) to +? am I dropping [6:00] largely out. strange day. I will quit at a ++ but will be careful & layer cuts.
- +++ 15 mg 9:30 AM [0:00] 8/3/77 [0:35] first note - to 5% then flat - (0:55) things now start - inter-esting - not MOMA noise - but not LSD snickers, quite, after. [1:10] at ++ - driving skills might be questioned; \cong 120 MOMA, \cong 80 MDA, \cong 30 mg MEM. some erotic. [1:15] still developing [1:25] some darting, 2 LSD undertones [2:00] permit things to flow - they do [2:15] up to +++ - not the best of stoned, but by no means the worst [2:30] +++ drive to Gladys for lunch. panel etc. [4:00] to ++ [4:30] to + [7:00] out except for teeth clench and some eye focus. At no point was CN on the edge of control - loss.
- +++! 20 mg 11:30 AM [0:00] 4/25/77 Memphis. (0:45) first something - It is brittle & LSD-like. What is it? [1:00] fascinating stone - interaction might be interesting - but better be alone. [1:10] some abdominal cramp - writing bad - try reading [1:50] withdrew - selfish - call to lunch - must go - unable even to talk. Erin's face! Paul's backside! [2:45] do lunch over. cork peel, cheese - ^(3:15) completely out of control, \cong 250-300 μ g LSD. I have cracked up. I would devote myself to religion, if this were feasible. I must control. I am several slitters - I have made a fool of myself. Am I catalytically fixed? I am counting the minutes - entertainment very gone. I cannot ~~drive~~ go to sleep, as I could not ~~have~~ have vimal control of sanity.
- [3:45] a nihilist illusion, consummated by a nihilist organism - a void of nothingness which means that if I can envision such nonsense, I must be repairing, I hope. I am extremely scared, intellectually. Ed. help. This is not the alph game - this is the insanity game.
- [3:55] ok again? - not ok again. was the Monet scene out of the window real? Still life? what an intellectually shifty way to commit suicide. Why not with a gun like a mad?
- [4:00] possibility of repair? - No, I have lost it again.
- [4:10] more ok than out, but when out, really out. The window is a sense game. fine. The death is an intellect game. Fine. This is stark insanity. My Father speaking to me in human, ready to me, with his clear patient voice - I was not hostile, just arrogant. I have destroyed his with my arrogance - must I destroy myself.
- [4:45] yet it is this very arrogance that has made me what I am - that has permitted discovery - invention - I have experienced the birth of it and the death of it. At the moment I am recovering the central control of it.
- [5:00] recovering control. Not hungry. [5:10] rapid improvement - better now than when I went to lunch (at [2:00]). [6:40] I might almost try reaching into the kitchen.
- [6:10] Try to talk to Gieser OK. help make pic. Good appetite. Extraordinary day. was no. 1 + 5



MOIP

- 10 mg 12:15 PM 6/30/77 ATB n.e.
- 20 mg 3:15 PM 6/30/77 ATB n.e.
- 40 mg 11:33 AM 6/25/77 ATB - 16 headed at [1:30] ? no. n.e.
- 80 mg 10:00 AM 6/26/77 ATB n.e.
- ± 120 mg 9:30 AM 6/29/77 ATB = [0:00] - something (quiet) at [1:05] [1:15] slightest threshold at onset ± [2:15] nothing. at [5:30] challenge = 80mg MDMA - response proper - [0:33] start, to honest + at [6:30] second song [7:02] [0:32 new] eye-drunk - no window transition [0:40] drunk - [1:00] wtox at eye level up to ++ [1:50] almost clear. The two drops obviously do not see one another at 5 hrs.
- ± 160 mg 10:20 AM 7/3/77 ATB [0:35] something? [0:45] ± [1:00] nothing more - subtraction cMDMA g.v
- (+) 200 mg 3:00 PM 8/2/77 ATB [0:00] (5/2 hrs after 140 MDE) [0:15] twice alert? [0:30] shakes in hand [0:55] slight wtox - no noticeable window - wtox n pleasant (not LSD) this n + [1:10] receding? was there a MDE interaction? [1:38] out except for pop-eyes - [2:00] see out. This might be is-burg effects
- ± 250 mg 9:30 AM = [0:00] 8/17/77 - on third day of complete dry washout [0:35] slightest / wash head disorientation [0:45] slightly more? would have missed if there were any sensory inputs at all [1:00] sl. physical release - no mental window, no LSD window - at onset ± [1:30] completely (-) - see LSD challenge p 247.

SASHA'S TENNESSEE EXPERIENCE

2.45 Lunch over. Lynn's backside! Child's face!

3.15 Completely out of control. About equal to 300 mites of LSD. I have cracked up. I must control. Am scared shitless.... I must try not to go to sleep, as I don't dare lose the visual connection to sanity. I see myself dying.

(SAW SELF AS OLD MAN DYING)

3.45 A nadir of nothingness. I am extremely scared. God help. The is the insanity game.

3.50 OK again? Not OK again. Was the Vermeer scene out of the window real? Still life?

4.20 This is stark insanity. My father, clear immediate, speaking to me in Russian, reading to me, with his patient voice. I am very little, sitting on his knee.

5.00 Recovering control. Know where I'm going. Not hungry.

5.40 Might almost consider venturing into the kitchen.

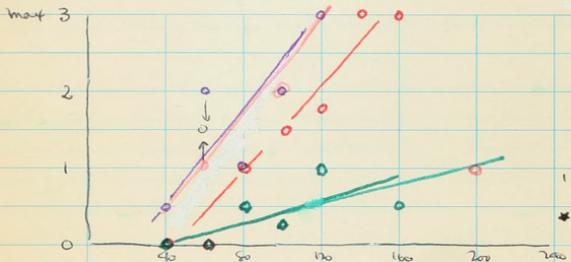
↑ realized that I never listened when he read

as of 6/23/77

as of 4/2/78

Raw Data
(round each to 10's place)

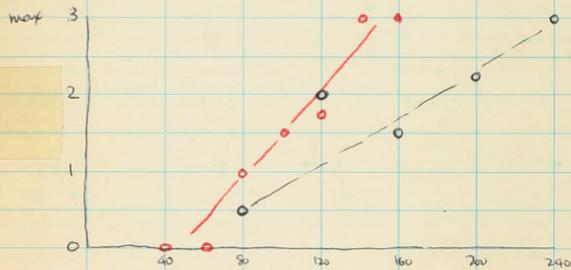
as of 7/12/74



MDMA

R WS RS WS S

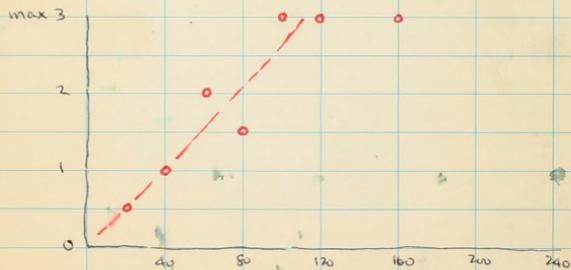
	R	RS	S	date
				20
	0	0	.5	40
	0	0	2.1	60
	.5	1.1	1	80
1223	.50	2.22	2.22	100
		12112		
*2	1	3.2113	3	120
2.2		3		140
2.3	.5	3		160
				180
				200
				220



MDMA

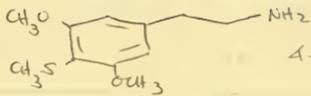
Sum of = isomers WS RS

3 2223 12123
221112 123
2212222
22223
21123
12122.5



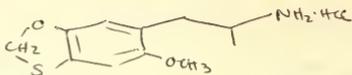
MDA

.5	20
1	40
2	60
2.1	80
3	100
3	120
	140
	160
	180



4-thiomexilene, to page 345

- 2 mg 6/27/77 ATS 5:00 PM - in wake of TMA - n.e.
- 3 mg <6/30/77 CT n.e.
- 6 mg 7/1/77 ATS [10:00 AM] 5(0.00) n.e.
- ± 10 mg <7/9/77 CT possible ±
- + 16 mg 7/25/77 ATS, possible threshold [1:00] (1:45) a real +; then + persistent on then noon hour into early afternoon (4:00?) - evening light frontal headache - for now, +
- ± 25 mg 8/21/77 ATS - [10:30 AM] = [0:00] - [2:00-2:30] slightly starchy - [3:00] ± ± or 7, (but) can't say what the action is [7:00] largely clear. yesterday MDMA-LSO +
- ++ 40 mg 9/17/77 ATS (0:55) = [0:30] dist (0:55) some physical - something starts. (2:00) to a ++ full. between ++ & ++ from [2:00 to 3:30] temp crawl but speech interaction & CT normal - heavy of lab work (5:00) slow sleep (6:15) still + or + [7:00] to dream (9:00) pretty much out - some physical residue. some about overall - & cramps f. LSD +
- + 16 mg 9/17/77 CT light effect, but +. felt all gone in evening (6:00) but the slightest stimulus would bring up a light headedness - regardless of w ± much wonder.
- ++ 30 mg 8/1/77 ATS 9:20 AM - [0:00] [0:30] triple [0:40] - (1:00) to a ++ smooth, almost LSD like edge-off universality (1:30) physical tremor - things that I had written make no sense - at 2x intensity I would need a baby-sitter. Overthinking alpha-like concept For the first time I recognize that I can be viewed as a non-neutral - a male - can allow myself to be so viewed, rather than as the member that I had been by choice as an agreement to Nina. Nina had been my "5:30" for 30 years, good, and with her death, I felt the need to self-unbind them. But there is an escalation in 5:30's. Have I never been looked at as a ♂ & some attractiveness? Have I never been aware of this? I had never allowed myself to be sexually exploratory - the commitment was complete, was respected, and is now met. Don't let DD be forced into playing A's role. It would be selfish to (1) demand a new 5th me. (2) require her to be it (3) destroy another's love in the process. No. Let DD be free. (2:00) full ++ - can I bring Joe for lunch? Sure. (5:00) coming out - good talk & Joe (7:00) mentally clear - but physical shakes, muscle memory. (9:00) all clear. +
- ++ 30 mg 4/8/78 9³⁰ AM (Dove & BV, Ed & 25) 10³⁰ to ++ some little window Ed. + severe vt. cramps - chem - garden (colapsus) try to eat (soup scene) - intense alpha interactions - development to mutual "schizophrenic" state - much reality loss - lab - hulk - kits in driveway - try to prepare for CN's dinner 5:30 (8:00) Brother house - still able to flip in easily - [14:00] to sleep (OK) next day repaired. Intense and not too nice (re fun) but really big. The ++
- +++ 40 mg 10/5/79 12:50 PM = [0:00] CL ±. Alerts [0:15] XE [0:25] P15 last development AP ++ ++ (1:00), AT [0:40] - (1:30) [1:40] CL ++ and more AS? ++, almost ++. Eyes closed imager, Dave membrane, some clock-stop. much motion in visual detail. Cramps and & doubt of vasculature. Start dropping by (7:00). Both & interstitial cramps - eat (modestly) (10:30) (17) sleep lit fully - intense and rich dreams - urine production very light (u so w & 18 hrs) to be worked up for Archivist. (20:00) completely clear - no residue. extremely ready



4-thio-MMDA-2

- 10 mg 9:30 AM 7/13/77 ATB - n.e.
- 15 mg <7/25/77 CT - n.e.
- 24 mg 7/26/77 ATB 1:50 PM - possible cardiovascular stimulation in afternoon - but was in sun chopping weeds for a few hrs. pulse 90-100 - stimulation? Probably nothing - no other signs - no mental. (-)
- 40 mg 10/31/77 ATB 7:53 AM ±(0.00) (1.00) sl. teeth clench? - n.e.
- ± 25 mg 5/12/79 CT Am. 3 hrs - excitatory? - some clench? tremor? ± abnormally.

5mg - 7.7mg ± CT <6/27/77



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MDMA - continued f ps
207 235
232

- ++ 160 mg 9:00 AM = [0:00] 6/28/77 [0:22] early alert [0:26] first window, slight dilation - window in head, not eye like early MDD. [0:30] up [0:50] developed - a ++ - 50% dilation [1:15] a bit in eyes, jaw [1:30] drooping [1:45] to + [2:00] almost clear eyes almost normal [3:00 = 0:00] 100 mg [0:30] reintro. but no nose [0:35 - 1:00] develop nice intra-window state but quiet entry - pulse 100 [1:15] heavy in eyes [1:30] drooping - some residual dilation, some mental? lots of eye throws [4:30] out in all ways.
- + 120 mg 11:58 AM = [0:00] 7/5/77 CR 100 mg. ATB: [0:30] alert [0:42] to 25% - that is all - total of one + back and almost out at [2:00] def. at [4:00] CR diggy at [0:30] [0:35] heat-wave as when drinking tea - eye contact effect - colors - bright colors - first yellows and golds. Buffet picture - this up last [1:00] on to about [3:00] - nothing but "oh, look at this!" [4:00] down - colors largely gone. No comment or recognition of window. Too easy sleep [11:00 - 12:00] except when eyes ~~close~~ closed - colors again. Shapes forms, no motion. in AM [21:00] maybe still some golds. Also - sl. headache again. Enjoyed.
- 120 mg 10:34 AM [0:00] CR 7/9/77. [0:35] sl. et hd. - "vibrations to sound. [0:41] development out of lib to outside - some anxiety until ~ [0:50] - plateau - very comfortable - enjoyed - [1:00 - 2:00] lunch - much talk - [2:30] st. an. - still volume. symptoms until ~ [4:00]. acknowledge "window" concept. Quite thirsty all during. Could have applied himself to any task but couldn't be bothered. Might have maintained anxiety & outside challenge, but there was none.
- ++ 120 mg 9:10 AM = [0:00] ATB 8/10/77. Preliminary to exploitation study v. 247 [0:52] alert [0:37] start to [1:00] as a gentle ++. Lighter than 200 mg MDE, i.e. 2 → 3 OK [1:00] recovery [2:00] large base
- ++ 160 mg 1:35 PM = [0:00] ATB 8/20/77 + 100 CR 120 CH 100 AI preliminary to exploitation study p 247 [0:27] pre-ethna (0.2) alert develops to ~ [1:00] - drop a little at [2:00] - ++ (week) (see 408) (morning)
- + 160 mg 10:05 PM = [0:00] 9/23/77. motel room Birmingham. overall very light effects - ++ - no ability to sleep until [6:15] [9:15] awake & well rested.
- ++ 160 + 60 mg 12:55 = [0:00] 10/23/77 CH 120 + 60, CR 100 + 60. Oakland museum -! alert [0:25] - to ++ by [1:00] supplement at [2:00] [4:00] CR ear pounding [6:30] largely out. V. well recovered. (see uncertainty, p 246)
- ++ 160 + 100 mg 11:40 = [0:00] 11/17/77. CU 100 mg + 70 mg. Day since paper down. to ++ supplement at [2:30] 0:30 re-introduction again. Side effect - CU & open up tubes - difficulty talking. Residual into 5th (7:4) hr. No appetite. No sleep problems. Second dose - ++ at next
on to p 261

MDHA - intrigued me because everyone who used it answered the question "what is it like?" in the same way. "I don't know." "What happened?" "Nothing". And now I understand those answers. I, too, think nothing happened. But, Something seemed changed. Before the "window" opened completely, I had some somatic effects - a tingling sensation in the fingers & temples - a pleasant sensation, not distracting. However, just after that a slight ^{and not} buzz ^{was} similar to a little too much alcohol.

Subjective sensation that my hands were cold, but certain when rather disappeared but all sensations were reduced when walking outside. The attention could be diverted from physical symptoms to outside, nature-oriented interests. The mood was light, happy but with an underlying conviction that something significant was about to happen - not bad (or good either for that matter), but just that something important was in the wings

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(esp. from in the past 2 weeks)

Some measure reminiscent, with California

However, the most notable visceral experience was that of change in perspective both in the near visual fields & in the distance. Also the feeling that my usually poor vision for distance was sharpened. I felt I saw details in the distance that I could not normally see & the next day I confirmed that I could not see what I remembered seeing on the previous day.

After the peak experience passed - major somatic & psychological state was one of deep relaxation. I, who can only barely tolerate having my feet touched, felt no sensation of being tickled about the feet. I felt that I could talk about deep or personal subjects with great profundity or special clarity and experienced some of the feeling one has after the second martini that one is discovering brilliantly and with

3) particularly acute analytical powers.

Throughout the afternoon I felt very thirsty - dry mouth - and consumed a lot of water. I consequently needed to urinate frequently. I got a preterten in the psychic sense, that I habitually eat too much salty food.

A ~~very~~ major subjective experience was one of no appetite. Food tasted - smelled good + normal, but food just didn't seem interesting + I didn't feel hungry.

No difficulty with motor coordination - could play piano, judgement not in pain at any time. However, I lacked motivation or patience to carry out any task unless absolutely necessary.

The relaxation continued into the evening. Had typically vivid hypnagogic imagery on going to bed. Slept soundly through the night. The relaxation was still present the next day with feeling of general lassitude, lethargy. Had sleeplessness on that night.

In course of relaxed feeling - head turned back from normal - fully 90° ~~inward~~ back left + right. Shortly returned to normal the next day. No doubt a transient state problem.

4) General remarks, so retrospect:

Some of the lazy quality of psychological state on Sunday might have been related to weariness from Friday when I was up late, having worked hard for several weekends + on Friday preparing for the dinner party on Friday.

Generally, found it an interesting experience, worth repeating to test the persistence of some of the somatic experience, particularly the relaxation + the lack of hunger.

Also, I think it would be interesting to indulge in stimulating conversation. Therefore, a group experience might be interesting, although possibly everyone would be too relaxed to get involved.

Also, since there is an introspection quality to the experience, it might be fun to devise a way to experiment with ones own body (mental) or interest, e.g. Barrett etc to try some of the psychic tricks that an interested etc.



MDDM.

- 5 mg (7/6/77) ATS 4:22 PM. n.e.
- 10 mg (7/9/77) AB 1:10 PM [c.w.] n.e. 2:10 PM + 10 mg n.e.
- 25 mg (7/10/77) ATS 3:40 AM. in 6th day of MDMA tolerance. n.e.
- 40 mg (7/14/77) ATS 4:30 PM. n.e.
- 65 mg (8/4/77) ATS 12:55 PM n.e.
- 100 mg (8/9/77) ATS 9:25 AM - searing taste. disturbance ~ [3:30]? n.e.
- 150 mg (9/11/77) ATS 6:00 AM n.e.



methoxyethyl MDA

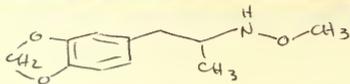
- 5 mg (7/4/77) ATS 12:00 noon n.e.
- 10 mg (8/4/77) ATB 10:10 AM n.e.
- 20 mg (8/6/77) ATS 11:00 AM - parasympathetic twinge at 1:30? - n.e.
- 40 mg (9/12/77) ATS 9:20 AM n.e.
- 70 mg (9/26/77) ATS 11:26 AM n.e.
- 100 mg (9/6/77) ATS 3:08 PM - absolutely nothing - n.e.
- 180 mg (11/21/77) ATS - 5:05 AM = (0.10) - n.e. Eukhobotam - see p256.



Continuation of 202, 203
m to 278

- ++ 140 mg (7/21/77) 10:02 AM = [0.00] interaction experiment - alert 0:35 - [0.45] \bar{c} considerable nausea (heart forced), strong development of little less in motor skills (piano - less manipulation) keywords: anxiety, immune, muscular and related awareness into evening. (1:00) - sleep easy. AM clear. ++ overall. Mirror faces - mouth, eyes, teeth. (2)
- ++ 100 mg 9/27/77 7:00 AM = [0.00] [0.30] compulsive snores - aware pulse to 116. [0.45] to 120 - nausea - [0.50] window - but \bar{c} a serious not [1:00] still noisy, pulse 108 - at ++ - [1:20] - 2:00 pulse down - steady. [4:00] clear credit for teeth.
- ++ 120 mg 10/16/77 in two parts 3:00 PM 80 mg (this after N-methyling MDA) [0:27] slight alert [0:30] start [0:45] to + not much more [1:20] + 40 mg Σ 120 mg (1:50) still easy + (2:05) [0:50] easy to ++ but quickly. (2:30) [1:10] back to + only - very well controlled. (4:00) [2:45] almost at
- [++] 160 mg 11/9/77 = TS. 120 mg ~~same~~ 7:30 (0:20) more stud [0:32] to [0:50] face ++ (2:00) steady, then start down. (3:00) some drif (4:00) out. TS. stud [7:28] - plateau - held to \bar{c} [1:20] - then drabs anxiety and to full window - steady at (2:00) (3:00) a little down - (4:00) largely down - would like to reflect someday.
- + 110 mg 11/13/77 6:30 PM (p.m.) 0:00 eye dring - to club, soup, wine - at + or ++. night experiment - no significant passing of + with minimum sensory input - more - normal - normal sleep at [5:00] - at least - only +. MDA is not a night eyes - chiral material.
- +++ 120 \rightarrow 260 12/13/77 9:15 AM = [0.00] [0.25] alert (1:00 \rightarrow 1:00) to ++ [1:30] ++ [2:00] drooping + 30 mg [0:45] sparkle again, more at [0:25] develop to ++ at [1:00] - tooth grit - no car driving [2:00] some eye unfocus clearing + 60 mg [0:30] sparkle again - back up to ++ at [1:00] \bar{c} more teeth clench. [3:00] clear but initial teeth clench into evening, after flow relaxed. Overall pleasant.
- ++ 140 mg ^{11?} 12/27/78 combination CN 100, CR. 80 11:45 = [0.00] [0:30] nausea develop to (1:00) at ++ \bar{c} nausea gone. (2:00) still ++ [2:00] drooping. (4:00) back from hill - teeth clench and other physical into [2:00] still.
- ++ 100 mg night experiment. 11:15 PM 60 mg 0:50 + 40 mg to (2:00) to ++ rice - chills - shales. (3:15) complete wakefulness, complete inact. (4:15 - 6:00) hunched doing awake pulse 108 - [0:30] completely clear. Next night continuing sleep. ++
- ++ 100 mg 6/21/78 2^{PM} = [0.00] [0:30] aware of [0:50] developing [0:55] up to a ++ window - a little nausea, a little sweating. (1:00) ++ window + that little snow thing [1:30] stable between + & ++ [2:00] slight down - creates an terrific but compl. wip. [2:55] rapid recovery. [3:00] pretty much out - certainly no more than \pm .

- +++ 8/7/77. Exp. to see if sensitivity to LSD is reduced (buffered against) by pretreatment with MDMA-type drugs - viz., the \pm of 7/4/77 at 60 μ g on the day following 160 mg MDIP and 80 mg MDMA. At [3:35] into 200 mg MDE (post-symphomatic) take 60 μ g LSD. [0:40 - 1:00] build up of sensory sparkle - mentally clear. [1:20] development into ++ of LSD - with edge-loss of reality. This is as clean an LSD as I have ever in my life experienced. The temptation is to profligate it deeper and more open with another 40 or 60 μ g. No - I am too much on the rim of reality as it is - learn to in-and-out with this. [1:50] The world is dancing around me. Terrific temptation to expand the experiment. RESIST. [1:54] I am at a place, fully ++, where neither the MD series or LSD alone can get me. When LSD has to do the opening job, it pretty well tires you out - but with MDE to open things? is MDE needed - could MDMA work? Might this allow the detection of v. small amounts of LSD? Lets next try 120 MDMA and 60 μ g LSD together, or slightly spaced. I am at +++ - I must resist the temptation to supplement and extend this state, but I don't want it to end. [2:40] perhaps the slight sign of dropping. at [3:00] am at ++, and resist the 40 μ g additional LSD all ready! [4:00] at full happy + - and I am not yet sure if I am glad or sorry I resisted. That was probably the most sorely tempting maneuver that I have ever been confronted with. At my parent + I am complete ecstatic about my experiment. [7:00] some physical residues. The dancing, beautiful, in love with everything world of the (2:00 - 2:30) period was one of my v. rare +++ peak experiences. Will I ever succeed in recapturing it? Let us try 120 mg MDMA and at about 1 hr, 60 μ g LSD. Evening - excellent sleep - no AM res.
- + 8/10/77 MDMA \rightarrow LSD. 120 mg MDMA at [-2:00] & v. 60 μ g LSD at (0:00) (0:30) quiet window to about [1:20] to a + at most. [1:30] no hum window - outside no better. [2:00] dropping MDMA does not do it [2:40] virtually out - the two drugs do not see one-another.
- +++ 8/19/77 MDE \rightarrow LSD 200 mg MDE at [-3:00] & v. 60 μ g LSD = (0:00) notice at [0:30] - slow and quiet development to + at [0:45] [1:05] further, from [1:00 to 2:00] very enjoyable develop to a full ++ [2:30] spectacular world - I would like to maintain or extend this state (3:00) still there (3:45) back to + or ++ - next time lets try 200 mg MDE + 60 μ g LSD together. [4:30] still big + and happy [5:30] still aware - no sleep problems.
- ++ 8/17/77 MDIP \rightarrow LSD 250 mg MDIP at [-2:30] & v. 60 μ g LSD = (0:00) (0:35) drug notice first edge effect (0:45) slow development [1:00] up to +, still clear. [1:15] going into what would be LSD alone. [2:00] straight LSD at ++ [2:30] drive to red-lined zone, broke. edge reality loss - if there is any enhancement of LSD - it is in the direction of reality loss, NOT upward. [3:15] dropping (5:00) dropping, but am still +; [8:00] still trace residual. At [10:00] to bed - no sleep to [16:00], then very fruitful. other fine no residue

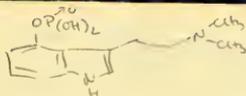


- 1.0 mg 8/8/77 12:50 PM - hints of person effects at [2:00]? - n.e.
- 2.0 mg 9/11/77 11:45 AM - n.e.
- 4.0 mg 8/16/77 11:00 AM - n.e.
- 7.0 mg 8/19/77 12:07 PM - n.e.
- 10.0 mg 8/25/77 9:00 AM - n.e.
- 20.0 mg 8/31/77 11:27 AM - n.e.
- 50 mg 9/20/77 11:55 AM - n.e.
- 100 mg 10/26/77 8:17 AM - n.e.
- 150 mg 11/10/77 9:40 AM - n.e. (see vifloributim, p. 256).

- + 8/20/77 MDMA \rightarrow LSD. 160mg MDMA at [2:00] q.v. + 40 μ g LSD (0.00) - an overall very light + - but the effects were LSD, not sub-MDMA windows max at [1:30-2:00] then gradual slope off.
- +++ 8/23/77 MDE + LSD 160 MDE + 60 μ g LSD 10:30 AM = [0:00] [0:33] start [0:40] not too noisy, but very nice window - to + one - still only MDE [0:45] find something by LSD? - to a ++ and very nice. This seems to be building up in mini-plateaus [0:53] still developing [1:00] full ++ - except that this (MDE) can be considered as an anti-LSD, convert LSD \rightarrow window; - anti/psychotic? I may be +++ [1:45] steady, erotic & fun but not worth the bother. [2:15] shit + [2:45] beautiful place. [3:00] still +; [4:30] down thru ++ to + [5:00] below + [6:00] nearly out [12:00] (an addn so MDE at [1:30] \rightarrow Σ 200 - wasted).
- +++ 8/28/77 MDE + LSD 160 MDE + 80 μ g LSD (to check "functional" balance of yesterday's alpha (2'-4) in window to 9:41 [0:00] (0:23) alert (0:27) noisy, start [0:34] yesterday's lesson is clear - LSD is alpha + window - this again seems to develop in plateaus - [0:45] I feel the window contributions of LSD are being noticed [0:55] at ++ - fine windows [1:15] at +++ functional - anti-erotic (2:20) dropping (2:45) more down [3:30] mentally clear, health-gritty and some eye-pop. 2. - instead of a debatement [4:30] still a little abrasiveness.
- ++ 9/7/77 MDE + LSD 120 MDE + 60 μ g LSD 6:45 AM [0:20] alert [0:30] noisy, unsteady [0:45] pretty much open window [1:00] full ++ [1:30] info window - full ++ to +++ [2:15] beautiful place [2:40] pretty + one [3:20] some LSD-like aspects of random intro. [4:15] + 60 mg MDE [4:50] reliable window without any noise [5:30] physically brittle + MDE - still a little window [9:00] out - good lab work [13:00] out entirely - good sleep at [19:00]. ++ to +++
- +++ (+) 10/18/77 MDMA + LSD at [-4 to -6] 180mg MDMA + 60 μ g LSD (0:21) alert [0:37] start of very nice windows. plateau at 10% (0:45) well into a ++ window [1:10] on impulse - to Brite - to S.F. full +++ - I went to explore [1:20] concrete undulation - full adventure [1:50] windowless foreign world from Powell St. station - mp forward - up gang - up Taylor - club is completely frozen - exciting & immense ++ if not sure. [2:30] from club to porno movie - frozen & erotic - the S.F. wandering in the 1st application - 1st essay into world on impulse - [4:30] back to club - clearing. [6:00] friend class - still + but in good wit and control. [9:00] probably clear. Overall - extraordinary beautiful, foreign day, at +++ easily and the alien nature puts it almost to ++.

N-(β -hydroxyethyl)-MBA

- 1.5 mg 9/2/77 11:40 AM n.e.
- 5 mg 9/13/77 10:09 AM n.e.
- 10 mg 9/16/77 10:02 AM n.e.
- 20 mg 10/3/77 9:00 AM n.e.
- 50 mg 10/6/77 3:25 PM n.e.



continuing studies
See page 187

- 1.5 mg
- ± 3.0 mg
- ± 4.3 mg
- ++ 6.6 mg
- + 10 mg
- +++ 15 mg

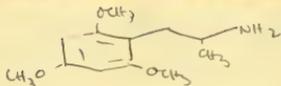
page 187

- + 10 mg 7/28/77 interaction experiment - dark - eyes closed - ofen trials. ~ midlight (0.25) @ 3:30, 1st efforts (0.30-0.50) almost nausea - unpleasant body. All this without visual input (8mg → 3) [1:00] start eyes closed structures. Lips - shivers in edges - start simple - become complex - lost in eyes opening. Disturb of light in closed eye fields - candle stimulus not very useful. Eerie but unpleasant. Into gentle sleep at (~ 3:00). Colors largely pink, white & black!
- + 10 mg 9/11/77 night-time again 9:30 PM = (0:00) soon. brown but clear. (0:35) about in light shivers. (1:00) eyes open - little if anything - eyes closed (dark) → light in the fields - debarmentalization - action in lines & shapes. gentle sleep at (2:30)

 α, α -DMS.ex 189
196

-	0.1 mg	} p. 184., 196.
±	0.2	
-	0.4	
-	0.7	
+	1.0	
+	1.3	
±	1.3	
+	2.3	
+++	3.0	

- +++ 4.5 mg - 3.0 mg at 8:45 AM (0:00) 10/1/77. (0:45) trace them? (1:00) a little aware of the edges - no nausea or physical, this time (see 3.0 mg!) (1:30) no noise but now physical unreasons (1:20) at +, and developing - there is some noise. (2:00) between + and ++ - Supplement - 1.5 mg. some shakes (3:00) after window state, at ++ to +++ - entertain no intellect, no psychosis (3:30) ++, things are crawling (4:30) after window - feel +++ stoned - some darting (5:30) back to ++ (6:30) feel + still, some physical memory (7:00-9:00) hold at +, lots of physical. (12:00) mentally pretty much clear - hot teeth - drench & retarded stimulation.
- ++ 4.0 mg 9:30 AM (0:00) 11/27/77 (0:30) start to (1:00) flexibly nausea - confusion emerges. (1:30) sl effects. please to stay awake (2:00) to ++. talkative, hypokinetic overall ++ - pretty clear - wine in evening.
- ++ 4.0 mg 10:55 AM (0:00) 3.0 + 1.0 at (2:45) AB, BB, CR, CN \bar{c} adjustment. all molars to (1:15) then slow development - not too full at (2:45) \bar{c} additional. Full inter (4-6). AB at ++, S, CR, BB. ++ - all \bar{c} virtues > negatives. CN full ++ and heavy work much Kelly anchor work. Not pleasant. General drunken intoxication and leg problems AB almost fully drunk at (9:00). All \bar{c} sleep problems. CN & AB into next day (~ 40-50%).



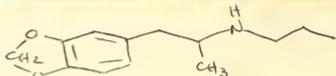
TMA-6 continuing study
See 93-98, 150, 158

- 8 mg }
± 12 mg }
+ 16 mg }
+ 20 mg }
- ++ 25 mg 10/4/77 7:45 AM (0:00) (1:00) slight trem, nice awareness. alert. (2:00) smooth intake. quite willing to go higher sometime. tea-cup feeling in car drive. (2:30) nice relaxed into calm (3:00) up to snow Ht ++ (4:00) in seminar - talk OK. somewhat wimpy - I might prefer to avoid social interaction at higher doses. (6:00) drooping but still smiling. (7:30) still aware - long lasting but nice (8:00) hollow-relax - no gut (12:00) clear no residue.
- ++ 30 mg 9/26/79 9:38 AM (0:00) (0:35) alert - slow development (1:00) to + (1:20) slightly over +, (2:00) ++ not too much character (2:45) an ej - not too wobbly - no eye wiggles - no edge effects, some introversion (4:30) back to + - a little eyes-closed dis-jointedness (6:00) largely out - pleasant attentionless - rather hungry (12:00) still aware overall - not too rewarding at this level - no verbal, little insight. Somewhat higher.

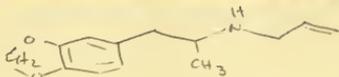
+ 633

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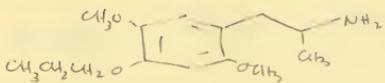
MDPB
MD-12

- 10 mg 10/11/77 8:40 AM. AES. n.e.
- 40 mg 10/12/77 20 mg 7:23 AM; 20 mg 8:28 AM. n.e.
- 60 mg 10/14/77 8:35 AM AES (1:00) colv exhaustives [2:00] no. n.e.
- ± 180 mg 10/18/77 7:12 AM 120 mg [0:33] slight hint of slight head - still (-) [1:20] slight clench in teeth [2:15] fully (-) - supplement 60 mg - at most ± - conclude \bar{c} LSD g.v. p. 299
- 200 mg 10/30/77 7:40 AM n.e. conclude \bar{c} LSD g.v. 286.
 General priming studies \bar{c} LSD - see under primer studies.



- 1.3 mg 10/11/77 9:35 PM. AT5 n.e.
- 5 mg 10/13/77 8:30 AM AT5 9:30 sore knees, hangover? - n.e.
- 20 mg 10/17/77 10 mg 8:00 AM, 10 mg 9:08 AM - probably n.e.
- 50 mg 10/20/77 20 mg 8:00 AM (0:00) + 20 mg 10:06 [12][3] something? no. n.e.
- 180 mg 10/22/77 120 mg 8:00 AM + 60 mg 9:30 (0:00) - no effects. exhalation \bar{c} CSO p 249

- + 10/22/77 MDAL + LSD at [-4h, 3] 150 mg MDAL + 60 µg LSD 12:21 [0:00] [0:25] alert
 (9:00) first spazale (1:00) up to + or a little more [2:00] still +. → it limited due to
 yesterday's DOB (functional tolerance?) or in MDAL an antagony? [4:30] substantial
 clear - overall + or ++ [8:00] clear.
- +++(!)(+) 10/30/77 MDPB + LSD. 200 mg MDPB at [-2:00] 9:50^(60 mg) [0:00] [0:10] alert [0:12] start [0:30]
 6-20% window - to complete at ~ (1:00) [1:10] full ++, erotic ej! (2:00) to a full ++
 still erotic - an extraordinarily super fertile personal person to person window - no
 trace of sinister or ego of LSD - things would probably warm if I wanted them to
 [3:30] still very ++ - I have an overwhelming urge to go out and be with people - talk
 - see - talk - companionship - drug! back at ~ 3:00 another ej - continue erotic! -
 (6:00) drive to COOP for groceries - fun - wind blows in Berk. farms & milk shake! -
 (8:30) completely clear - excellent relaxed after-glow. Immediately beautiful day.
 I want to share this with someone someday. +++(!)
- + 11/5/77 Amphetamine + LSD 15 mg d-amphet at [-2:00] 12:55^(20 mg X sugar) [0:00] [0:12] alert [1:00] between
 + and ++ to [2:00] a good + one - but LSD-like. [4:20] still some residues. no erotic
- ++ 11/10/77 N-OMe₃ MDA + LSD 150 mg N-OMe₃ at [-1:35] 11:25^(sugar) [0:00] 60 µg [0:25] alert [0:40] start
 (0:50) to +. nothing remarkable [2:00] at + or ++ to minimum to meet CN [3:00] valid #
 persists somewhat intensified over straight LSD, but basically not the extreme
 thing of MDPB. (9:00) still to ++. [8:00] to city [6:00] still ej at (8:00) out. Pleasant. #
- + 11/21/77 N-methylmethyl MDA + LSD 150 mg N-methylmethyl at [-1:30] 40 µg LSD (SF deny careful).
 (0:30) aware (1:00) at LSD (1:45) at + to ++ - strong + would go → window? no. drivable.
 good interaction - everyone but no incredible MDPB-LSD. (4:00) largely clear (5:00) still
 residue. nice after-glow - not super window. Call + but actually between + & ++.
- +++ 12/18/77 MDPB + LSD. [-2:00] (9:30 AM). Ed 120 Dave 140 ATS 150; I body window, I, -, at (0:00)
 40, 50, 60 µg. walk [0:00 - 3:00] of spider webs, horse riders, redwood tree, mushroom, mossy rock,
 grass up nose - quite cold. (3:00 - 5:00) into warm. Dave to mirror, balance game - neutral point -
 (5:00) → deep hypnagogic [8:00] Dave eats food - then off (0:00) Dave showers 50 µg 10 mg diazepam -
 (4:00) Dave + 10 mg diazepam, Ed + 5 mg (16:00) sleep & hair. Monday ^{PM} eatness Tuesday moods, very dandy -
 driving detail, mid travel service, club's office. Tree tops. - mine v ++ but disturbed by
 one decision. too complex & three.
- + 2/7/78 MBE + LSD [-3:15, 1:15] 250 mg MBE + 40 µg at [0:00] - even at (0:45) nothing but
 the residual graininess of the MBE. (1:10) to a + (1:40) still probably only one + - it is
 obscured by the physical disturbance of the MBE (2:40) futile erotic - (4:00)
 largely out. Teeth grit on to at least (8:00) - overall no more than + or ++ at
 any time.



MPA: see page 12

- 0.3 mg
- 0.9 mg
- 2.7 mg
- 4.2 mg
- 6.6 mg
- 9.4 mg
- 11.6 mg
- ± 14 mg
- 20 mg

p 52. 1963-1977

put 50 mg in MIDA
 paper 4/4/77

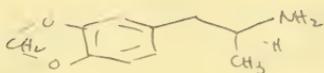
+ 30 mg 11/3/77 7:00-8:20 (0:40) alert! [1:30] - to S.F. more than ± [2:00] at +. I cannot identify the nature - eyes closed it would be lost - at play or worse - would be lost window? [4:00] going down - nerve were really high - It would have been interesting to see where it would have gone [7:00] completely clear.

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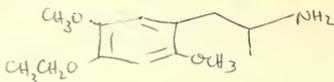
"R" MDA (levo isomer)

- ± 80 mg 60 mg at 12:30 = (0:00) (10/31/77 - see p 240 for earlier experiment in day) (0:30) alert (0:35) start - but jaw clenching too (0:55) ± at rest + 20 mg at (1:00) (2:00) sneaked into a + or possibly still ± (2:45) absolutely nothing. (3:20) = (0:00) + 60 mg received: Σ 110 R 30 S (1:00) more teeth clench - a bit in the eyes too. (2:00) some physical but unable out.
- ++ 120 mg 11/16/77 at 8:00 = (0:00) (0:27) aware (0:37) developing, quickly (1:00) to a + or ++ - unable eyes, but something more. Not just fun but something serious. (1:15) + - steady, ++ - my writing is good (2:30) rapid down - some physical residues. overall + or ++
- ++ 100 mg entry on page 259 being here. ++ = 100 mg ←
- + 60 mg 3/16/78 at 11:05 AM = (0:00) (0:30) → sl. alert - non-window development to (1:00) - not too much win - window - real + or even ++. very cold - electric blanket (2:05) still + or ++ (4:00) still noticeable - down at (6:00) - erratic but impotent This at 6 days clean. Not too entertaining



"5" MDA (desko 19, 1960)

- ± 80 mg 11/11/77 11:43 = [0:00] (0.50) then light ± - delayed full (1:00) light threshold - gets willing to park. [2:40] out. ±
- + 120 mg 11/19/77 7:30 AM [0:00] alert 2 (0:30) (0.40) delayed full development (1:00) full + development (1:30) still + 1' delayed full this is exquisite window [2:20] short clear (3:00) pretty much out.
- ++ 100 mg 12/24/78 8:40 AM = [0:00] (0.35) alert (1:40 - 1:15) rapid development to ++ in more largely window but something wrong (1:30) arm ~ 50% to first office, lower store (2:30) still ++ (4:00) lunch in van still + and is he aware? (5:00) back to 7A B still aware but tranquil (7:00) largely out (7:00) completely out.
- ++ 160 mg 2/18/78 9:30 AM = [0:00] (0.25) alert - something nice (0:30 - 0:40) compulsive energies, wonder development rapid. muscular tremor - nausea - pharynx quite severe (0:40) to + slight mydriasis - clear - eyes closed (0:50) actual retching - eyes open is everything closed, sober - muscular spasms - premonitory? (2:00) drooping - mentally at ++, physical problems quite real. (3:00) clearing - still teeth clench (3:40) completely out - peaceful benign mood - relaxed, attentive (5:00) cerebral intentional tremor in leg muscles. Eyes completely clear. The mental was not worth the physical.

MEM continued
from 229, cont. 270

- +++ 70mg 11/24/77 40mg at 8:50 = (0:00) [0:30] microscopic alert - outdoors I would never see it. (1:00) alert [1:30] ± or at most + (2:00) + 30mg [2:15] smooth ++ (2:45) - out to complete window - yet can cut superbly. [3:45] excellent erotic, ++ certain \bar{n} + fly (4:30) drive to Herb's - to SF. - a couple of reality lives on bridge - sober but !!! (5:00) rapid recovery - a very functional day. I am going to consider this as a best MDMA instruction - beginnings of reality loss.
- ++ 50mg 11/29/77 at 5:30am = (0:00) - (1:00) brittle development - airtrain flight Supreme → CHAZ → SF. Hummy mercurate - at [2:30] quite ++ - some eyes - closed! waked experiment
- ++ 50mg 12/3/77 at 9:25 AM - Broke 30mg ±. (1:00) effects underway. (1:20) between + & ++ my max was ++ \bar{c} sine dropping ~~so~~ started at (3:00) Broke maintained a +++ to about (5:00 + 6:00) - his MEM = MDMA = alcohol unreality - not too pleasant - drunken wtx by but body motor OK. transcribed Atwood's problems. Valuable experiment. ++
- ++ 30mg 12/10/77 new nark 9:15 AM (0:00) (0:30) alert (1:00) alert ++ already - Marco spotted it - bad breath & eyes glossy! - DANSON - musician, skateboard. (5:00) drooping (8:00) out stairs.
- +++ 50mg 12/12/77 interaction CU @ 25mg 10:30 = (0:00) [1:00] zen (2:00) muni - hilarious but gony deeply. (8:00) CU @ ++ and mine - shovel 'cancer' & panic - this at heather. (6:00) to grocery store - stable at reality - less panic - body collapse. (8:00) hint of repair (9:00) to class - very, very drunk - immense flourish of cancer guilt feelings & def-transfer complications.
- ++ 50mg 12/17/77 interaction Edward @ 20 + 10mg Denise @ 25 + 10mg. 12:55 PM Naval Land Monstrey. AT5 - to ++ early - much alert - muni excellent - Keith Janet. Dave + 10 @ 2:45 - unreality in thought process. to + 15! - Edward + 10 mg @ 2:45 - enjoyable + conceptual facilitation - strong muni effects - Famine & Brahm's Roguin. overall +. (supplement at (3:00))
- ++ 40mg 1/7/78 9:00 = (0:00) (0:30) alert (1:00) to ++ - intellectual, not fun window. (1:15) I see myself here in cold office in 20 years - not nice. (2:30) still ++ or +++ - decline window sufficient (4:00) to ++ - still not organized intellectually. (5:00) +, but still desirable.
- +++ 50mg 2/5/78 10:30 AM = (0:00) 40mg, \bar{c} Broke 25 & Marco 20. alert [0:20] at (1:00) Broke fuel or nearly so, \bar{c} & Marco to + or ++. (1:30) Kari in + alarm. 2:30 Marco + 7 AT5 + 10 Broke. (all with probable +++ at [3:30] - much sea - talk - waxy flute (6:00) arrival bike - eat accelerates reverses. Broke a little gartii - otherwise refer - windows with that some things else - largely out by (9:00).

DY, AC - 20 + 25; 20 - Holty; Kelly 5/21/78 - he, under
he - side + homosexual the line to n(AB, P^B) cont
the OK. 5/28/78 - he high \bar{c} AT5, AC, S, K \bar{c} alcohol
on to 2-cb DM



Continued, p 241

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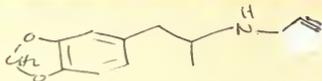
- ++ 200 mg 11/20/77 i CV 140 - fog sailing CV lifted at 0:40 to 100% - low abrupt. - no supplements - ext. times in control - nausea, eating, decreased ael OK this time. This - probably ++ but in the cold of outside this is an unsure assignment.
- + 150 mg 12/30/77 i DAVE (120) Estomac - ferry trip. To + only. cool outside.
- ++ 150 mg 1/9/78 (1:20) alert (1:40) ++ - I had forgotten how subtle MDMA really is. (1:40) ++ (2:20) have both cheeks, eye throes, a nerve almost out. (3:00) mental out (3:10) red, thro
- + 210 mg 1/10/78 - contain new lot, at (3:00) + 60 → 270 mg - several dosage largely quit - 1st ^{message} proper dermatology - decreased OK for DY, CV experiment, also for CW. Insult.
- ++ 150 + 60 + 70 1/15/78 combination. DY 110 + 70 + 70, CV 140 + 40 + 70 → 2 310, 250, 250 nothing at (1:40) sl (4:20) (11:28 = 0:00) - Chem. profs - toxicity. DY short, brief mystagmus - muscle incoordination - tension + headache. CV - in AM. (CV 20:00) usual light against dark, nausea, & faint briefly. A.T.S. - some heavy eyes next day - however considerable urine in (7:00-11:00) diet. 2 supplements too much.
- ++ 100 + 40 1/25/78 combination AB 120 + 40 BB 100 + 40 Kelly 100 + 40, Kelly 100 + 40 1:15 (0:00) alerts at (0:10 - 0:30) J.S. (0:45) nausea - vomiting - recognition of damage to stomach from chronic alcohol. A.T.S. to ++ (1:40) supplement ael but Kelly (3:00) vomiting - with evening - relaxed afterglow - very successful.
- ++ 160 + 40 2/11/78 combination AB 120 + 40, BB 100 + 40, A.T.S. 160 + 40 - Chem. (refect to ++, sniff. at (1:10) am - U.C. museum. going down at (3:00) largely out at (4:00) H
- ++ (+) 200 + 60 3/3/78 combination DY 160 + 60 CV 160 + 60 CX 125 + 60 all snuff. at (1:00) 8:25 PM (8:40) chem. - vomit - all to ++. DY! emp'd nix vision - inqpt - chest pain at ~ (0:40) followed by lightning & thunder - ~ shock ~ 10 min. later (0:30) from tub house in line thru fog so doubled star of david, then red, white & green swastika. Perf. form, and admitted psychomatic. A.T.S. - heavy mystagmus at (1:00-1:30) - face works (puffy, red & green veins) in tub at (3:30) - 2 illness & physical, none ++. Post mortem: (11:00) start retreat and for 24 hrs - inkybble retreat - amine ~ 16 years amine of childhood - then OK. DY sleep ↑
- ++ 160 + 60 3/5/78 combination CM 160 + 60, BB 100 + 60, Kelly 160 + 60 Kelly 100 only 10:10 = (0:00) supplement at (1:20) usual chronology. Fleeting nausea by Kelly at (1:15). Out at (4:20) - movement - relaxed afterglow. End of series.

cont. 271

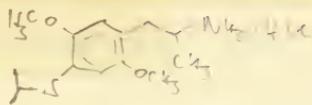
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- 10 mg Dec 10, 1977 10.30 AM [C.100] - u.e.
- 20 mg 5/17/78 9.15 AM [C.100] u.e.



- 20 mg 2/1/78 1/3 9:45 AM = [0:00] [1:30] 2/3 h.e.
- 20 mg 2/4/78 5 mg 9:26 = [0:00] [1:45] + 5 mg [3:15] + 10 mg - in evening very depressed & aware of extreme emotions - n.e.
- 60 mg 2/23/78 40 mg 8:25 AM [0:00] + 20 mg @ [1:05] - n.e.
- 150 mg 6/5/78 100 mg 8:05 AM [0:00] + 50 mg @ [1:00] - n.e.



Alpe-4

Jan 21 1978 mailed
1/28-1/30

I'm + 2 my about the kind

- 1⁰⁰ first effects, the perspective a little unsharp
 1³⁰ feet + hands cold some funny temperature change (cold - warm) as in front of a flat plane (front - back) : Amphetamine effects, faces of people changed more fear + anxiety, white surfaces with two looking points (not in real)
- 4⁰⁰ the amphetamine effects are gone, but nothing specific other occurred I did 2 my and got approx for the new cross term - what effect
- 5-10⁰⁰ If I did not know, that I took a compound, I would not notice any change, besides the fact, that I am smaller, not tired at all, in my way turned on, changed by something, but psycho-energetic, interested as with LDM, fit, vigorous, hair, nearly free from body weight or pain; free from the urge to do something specifically; one starts to walk, to utter, to think, by chance, by chance, without a schedule; the process of thinking seems easier; there is a change of context, which is evident, therefore not surprising, the face of the cover of the book "People of Kauai" not around the expression that they are being, but I noticed, that it impressed that of perfect labor and I read, that the face

FOLDOUT BLANK

and body colouring is done for the purpose of impressing other people in the same way as we are dressing ourselves).

How such things during talking with CY

"interpretative window" seems right.

No MISTA window, no colours, music a bit more intense. - Good sleep without a sedative, AM or -
- I am not yet sure about the effectiveness of the substance. After ca 4h is a loss of the unproductive alpha-tantrum effect and for the next 5-6h a physical and mental active state. The increased interpretative power could possibly occur also after a good night's rest?

If not - then for a drug effect, then this drug has really something new, which seems to be a combination of a balanced state between relaxation and awareness (without nervousness 4h after intake), without any reality loss.

Aleph-4 bing Jicola

22.1.78

Additional notes
in cover/insert
1/23 → 1/30

- [0:00] - [1:00] nothing, [1:15] slight window, some "amphetamine" effects,
[1:45] completely "normal" but on a different level!
[2:15] controlled, "normal" reading, listening to music, pharmany, telephone-calls. Some development of mental sharpness, clarity.
[3:00] lying in the sun = completely at peace, psychologically. body, spirit, soul = one
[4:00] more reading, thinking. EST-window clear, but peaceful. "Normal". Challenge of thoughts by asking questions. nothing special. nothing overwhelming. well balanced, but mentally very active. (d. gone). Experience of "Eternity" very peaceful.
[5:00] lost and lonely, but controllable. slowly dropping, nearly unnoticeable
[6:00] bit → or still in? As there was no real change in the beginning, so not in the end.



alpha-A. See 249, 265.
(combined)

++ (+) 8.0 mg 2/2/78 7:30 AM [0:00] (11:10-11:20) slight awareness - static at \pm (2:00) to + or ++ - dinner - shower - eat breakfast all now - food sl. heavy in stomach. - almost no windows, almost no LSD immediacy. (2:30) evaluate - oral vs genital abuse (cigaretts at v1 mm in ~1/4 inch/day). Stop now - stated \pm & will start again - latter is better for health. Am at full + or ++ - would I push \pm more no could I still drive or go shell. \pm 160 mda no. - i. ++ at least. If this were pushed, it might well become something different - but then alcohol would be lost. Long s'.

[3:00] - little sex distribution - bed \pm radio so so - a little sedative-hypnotic smells are distractions - go outside (3:30) I have intellectual work by the balls - So has Diane (2 l's) (4:00) slight drop? no. go for meal - still + or more.

[4:30] call CZ - even better without Dave had +++ at 8. Must write Anada - we have both observed and produced alpha. (5:15) sl. recovery. orange is excellent. to hell \pm smoking & \pm drinking. (5:30) back to \pm - the slight return of the slimmer. (6:00) - long ~~talk~~ talk \pm 1 hr back to Normal? made full sense. (7:00) drive to Club - still some inter. focus in S.F.! (10:00) still not certain I am out (17:00) sleep OK, 1 hr awake.

++ 10 mg 5/21/78 (AB+BB at 8 mg each) (Dolly+Keller \pm MEM, 20,30 rest) - 4 hr max. ++ but DA+DB inhibited this Rx. Repeat 5 DA+DB. True alpha, but limited. DA+DB - to typhoid MEM - he, under the line until late, she ++, happy - they contacted high \pm us until 10^{1/2} hr.

Ed + Dave (9, 10 mg 5/13/78) - whispering, deep, not intellectual. This time (balance \pm this neg) perfect - physically close (to me). 2 AM - Midnight? Acoustic effects numerous - evening food were bulguit. (letter to come.)

+++ 10 mg 5/26/78 (BA+BB at 8 mg each) all to extreme alpha in the 3-5 hr period. Ed joins - inhibition of DA+DB absent. They - next day afterglow. all at +++ . Excellent - 247

+++ 12 mg 6/17/78 (AB+BB at 10 mg; DA+DB at 7 mg). Day at Kiva's Ranch. My chemistry slow but firm (1:00) - (3:00) to +++ - good rubber \pm all, esp AB who had an excellent experience. He felt that "enhancer" was an appropriate term - anything that was to be done was done with exceptional capability - cerebral tasks - intellectual searching; problems to be addressed. DB was in excellent control. AB had about 20 minutes of Kirk at ~ (3:00) \pm AB observing. Kelly was, as always, below the line, but was also verbally far out at the same time. All still very ++ or so at (2:00) AB+1 - no sleep problems, DB some. DA - much - into next day and through the day with effects. Finally cleared at ~ (3:00) and slept well. Excellent day.

See Ivan Carter
6/18/78

++ 10 mg 10/21/78 10:00 AM [0:00] (AB+BB also 10 mg) (Kelly 8 mg, DB 7 mg, also Brook+CR 7 mg) to Smith Hill for day. Slow onset. Kelly notices, favorably, at ~ 1 hr - comes in nicely, then descends into a self-critical "below the line" that persisted for several days again. It was only at (26:00) following no sleep - that busy assignments

- ++ 2/12/78 MDPB + LSD [160mg + 40µg at 9:15 AM = 0:00]. (0:30) misadvent (0:40 to 1:00) slow development to a + (2:00) barely + - supplement \bar{c} 40µg LSD. (2:10) to ++ - rapid absorption? (3:15) stable at ++ - very open and pleasurable - butterfly letter to the Dave's [5:00] still ++, y! (6:15) still + - off to bed for TV & dinner 8:00 largely out. overall + only - more LSD than super MDPB-LSD of earlier. Yesterday's heavy MDE might have made me tolerant to MDPB - or maybe the sugar-LSD solution is fading. Recheck both faults before becoming discouraged! + AR - rechecked LSD alone (p 264) - completely OK.
- ± 5/1/78 MDE + LSD [200mg + 20µg + 60µg] [MDE at (-1:15) 0:00 = 20µg LSD (3:15) + 60µg LSD] slightest if any effect - rel. imp. to sleep at (5:15) - good sleep, overall ± or + at worst. This is consistent \bar{c} 2/7/78 (p 256) and misadvent \bar{c} 8/17/77 (p 247) 8/19/77 history here, 60µg on previous day, ∴ too tolerant, exonerates.
- ++(+) 5/19/78 MDOH + LSD [70mg MDOH at (-1:45, 3:30)] 40µg LSD (0:20) start (0:50) develop gradually to a strong ++. Dring very different - buying sandwich in bait store! - some misadvent finishing plateau at [1:00 to 3:30], gradual recovery. Possibly more window-like than LSD - and definitely > 40µg response - maybe ++ at max.
- ++ 5/31/78 MDOH + LSD. (80mg MDOH at [-2:20]) (0:00) ^(40µg) (0:40) start, to +, nice (1:00) pure window - beautiful - at ++ (1:40) still ++ - easy erot. (3:00) drop to + (4:00) out. This also (like most MDPB, converts LSD at modest doses, to windows. (good experiment. This was MDPB, not MDOH, see 263)
- + 5/22/78 2-CB + LSD ^(60µg) 5/22/78 at (-1:30) 25mg 2-CB. (0:20) threshold - light & nice. (0:45) still ± (1:00) + at worst - then downhill. inhibition rather than potentiation.
- ± 5/27/78 2-CB + LSD (24hr fast 10mg alibh-a) 60µg at 9:00 AM (0:00) (1:00) slight alert not yet to ± (3:00) at best ± (5:00) completely clear. Complete breakdown.
- ± 8/7/78 1-O-DMS + LSD (24hr fast 4mg 1-O-DMS) 60µg at 2:50 PM (0:00) (1:00) maybe ± (2:40) completely clear. Obviously refractory.
- +++ 11/20/78 ^{MDPB} MDPB + LSD (2hr. prime - 160 MDPBATS, 80mg ADRBB; 60µg LSD (0:00) (10:30 AM) (0:30-1:00) develop to ++ - no dishes, (1:30) to glorious ++ - alert & state - bits of detached reality I could do something without consideration of consequence. window of 'beauty': fast ++ (5:00) 1st drop gradual decline (10:00) to a + a graceful afterglow - get modestly but enjoyment. (12:00) still a little remaining. Beautiful experiment The ADRB's not quite where I was, but definitely more and richer than LSD. Then, ++, 5. To be repeated - just LSD, then \bar{c} 160 ~~MDPB~~ MDPB + LSD.

Alph - 4

8 mg (at one time)

29.1.78

or #, depending from the p.o view

Time course nearly equal to 6 mg

The amphetamine effect n.e. to 6 mg.

The overall result: not only a mg a few more,
the quality changed very much

I think that I know why you called it Alph.

It is really some thing new, a new alphabet;
one sees the same "words" but one spells them

in another way, they look different in that
meaning, that they have still the same
content as for church, street, field,
woman etc. but your association pattern

is different. One can write the same words
in the Arabic script... it is the same

terminus techniques which one writes, but
it looks different and the meaning, the sound
are different as in another culture.

The environment is the same, realistic,
all the time, the handling of the ground
level is always possible, after losing the any
effect (with amphetamine) one is calm (sitting in a
chair and still active as with 6 mg), but
the net of thinking is shifted

One example: I was always impressed by the
"water cycles" of the nature (raining, evap?
etc) Even by such a tremendous phenomena
I was at least subconsciously separated from

LSD - Calibration. firm. 214 into 330

- +++ 60 μ g 2/20/78 6.45 AM (p. 0.0) [0.30] microvalent (0.50) LSD like devel. - little windows - easy out. to (1:00) to a \pm LSD Bent collect (OK) DC called \sim not OK. to (1:30) at \pm LSD - no windows (2:05) depersonalization - at \pm LSD - I wish Joe were gone, \therefore no outbursts - how can I pretend to be OK. read? - pretend to think? have script of chapter in front of me. (2:15) driving would be wild - not for urine (windows) but for urine \pm am. Depersonalization is extreme. (2:30) at plateau. To double the drug now, no! Only \bar{c} someone I could totally trust my body to, and to understand my curiosity. I could not do it alone. My guide must (1) understand my want, and (2) be trusted. Dave 1+, 2-, CN 1-, 2+, Ed \pm . At (3:00) still plateau: analytically I am worthless; conceptually, I am OK but scattered I want to let go, but cannot alone. (4:00) facts by car - careful. (5:00) still 2/day but pretty much OK. (6:00) largely out. (8:00) completely out. Current, as LSD \pm , but not the magic of exhibition studies \bar{c} their super windows.
- ++ 60 μ g 4/30/78 12:00 (0:00) AT5 60 μ g CN 40 μ g CR 20 μ g 2(1:00) + 10 \rightarrow Cas μ g - (1:00) deambulatory - (2:00) at \pm - CN also \pm CR + aming m. to (2:00) steadily \pm CR let go windows CN some de reality. drop to (6:00) 7:00 largely out. beautiful day - ++
- ++ 60 μ g 8/30/78 \sim 1:30 (0:00) AT5 AB, BB - for control base line. Most \bar{c} [0.30] for AB, BB, (0:40) AT5 up to characteristic LSD \pm \bar{c} sl. more (window, unreal: \bar{c}) (4:30) 1 \bar{c} drop. Eat modestly but heartily at \sim (3:00) - all at or above \pm - none of the MDRR argumentation.
- ++ 60 μ g 9/19/78 \sim 11:30 (0:00) CV 60 μ g proper chom - gem & stone collection - horse back - CV - frightening reality loss, recovered \bar{c} "peaches" - sport lens to flute music - largely out at (7:00) - extremely well received - we \pm at most, she \pm or more
- ++ 100 μ g 2/3/79 \sim 11:00 (0:00) AB, CA 100 each. Mottle development (0:30) to \sim (1:30) - excellent plateau - no reality loss - \bar{c} but less than full atp-4. CA \bar{c} some concern on specificity of development at (0:30 - 1:00) - then excellent. Very gentle taper off firm (4:00) until (12:00) - AB into next day excellent. overall ++.
- +++ 60 μ g 4/24/79 wiper experiment (\sim 11 PM; Ed initially 30, AT5 40). Bath, little affect - both \pm 20 μ g at \sim (1:30) - deamblop to intense interaction - sexual play excellent, then Ed \rightarrow cat. Then m. my Cindy, Ed vivid simultaneous living of a dozen roles, each \bar{c} we \bar{c} a conscious role - intense interaction - fear (A.B.) of fixed web state - vivid. \pm \pm for her \bar{c} the ambient of living roles - fruitless dejected - intense grief. dawn (2:00) gives some rooming to bed \bar{c} eat. strange unreacting next day. I see Ed's face as mottle hinges Probably a breakthrough, certainly overwhelming for Ed Completion of cycle.

this circle, still the "intelligent" observer who knows that all and is "using" his knowing is using the nature for his purpose. ^{knowing}

Suddenly during the exper., talking about this subject, I noticed that I am also included in this cycle by drinking water (my body is ~ 80% water) and evaporating it f. ex.

So, I am a part of this circle, the water is using me - as I am using the water - for its purpose as a little hot sun.

Another phenomenon: I noticed a separation of body and mind. During listening to music and sitting with my body on the couch I was with my perception organs - the ears - with each one in front of the boxes, no space in between, the music came directly into my ears and I was dancing with each note in the space of the room. This happened in a totally un-frightening manner (totally without the LSD-spirals), still calmly sitting on the couch. I never experienced such a peaceful flight of lightness. I experienced each nuance of a note even in such a way, that a single note on a single string of a guitar had the ^{same} sound in its resonance as ^{it} one would play all strings together with one touch. I am convinced now, that the first constructor of this instrument built this instrument in the ^{know} manner for such reason.

One good step forward for a substance which is ^{very} good to control, but which has power for ^{creating} the "unthinkable". In this sense HH , from the intoxication state of mescaline H

FOLDOUT BLANK

MEM - continued f. 229, 260.

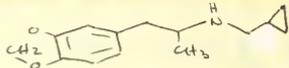
- ++ 30 mg - 5/5/75 10.30 AM = [0.00] interaction DA @ 30, DB @ 20, CM @ 30, BB @ 25. - development to peak over (0:45) to (2:00) DA - paranoid - at ++ probably \bar{c} much visual humor - but locked into body problems - no drop 'til 6:00 or more. DB excellent interaction at ++ at least. CM between + & ++, sensory sharkbait & edge of LSD - BB rather light but positive - + ? - ATB - between + & ++ - drop noted at ~ (5:00) overall + or somewhat more - give ++.
- ++ 40 mg 3/11/79. (CR, EV, CN 30) 2:00 PM = [0.00] usual chem. both CR & CN. \bar{c} considerable introspection - mostly supercon - modest appetite at (8:00) still too intro. for easy or safe drive - stay out - AM - clear & active.
- ++ 70 mg (40 + 30) (CL \equiv) 7/29/79 - 1 day post 2CE. ATB alert [3:30] CL [4:00] develop quickly to 1.5+ at (1:40) supplement 30 mg. (2:30) at or above ++ - energy turns to physical - egg - temp exceeding hot - much dehydration - (4:30) drooping - hilarity. (6:00) eat modestly well - telephone calls - still + - good sleep. compromised ++
- +++ 50 mg 8/23/80 - 11:00 AM = [0.00] CL, AB, CD \equiv ; DF 35. On farm. AB alert at (10)! - all others 20-25 min. Develop to (2:00) Much C.I. & nausea, bowel distress. AB severe, BB slight, ATB, CL modest. The entire response starts somewhat negative and builds up positively as time goes on. (3:00-4:00) max. felt to be more complex than LSD, but each person is in charge. CL, BB extreme color fantasy. Eyes closed, extremely rich, but in control to open eyes, discuss everything. CD, active hallucinations in house. Physical beriets: CL, AB ATB much floaking, little urine, some individual expression of body disease. (6:00) consciousness of drooping, but unweary. Fruit bowl goes well. Spaghetti at (9:00) lightly eaten. Extreme anorexia. Open talk. Sleep (~ 14:00) for ATB, BB, scattered but OK, AM - no residue; CL, AB, disturbing dreams, ATB. \bar{c} lethargy - both \bar{c} nap at ~ (24:00), then OK. Perhaps too much physical ~~for~~ for the mental, but retrospection will tell. Generally a +++ and sometimes (if a next time) split the difference - all at 40, DF at 30. ++

MDMA - continued. f. 26.

- ++ 160 mg 5/10/78 (4:00 PM) CA 40 mg (0:37) start, to +, at ++ at (5:30) - nothing new of 2 weeks ago. Intellectual impairment - vomit & jaw clench. (3:30) drooping - poor appetite - CA had edges of reality, hrs. Previous day 8 DMST.
- ++ 140 mg 7/6/78 3:00 PM = (0:00) at th 2 DG, Ed 100 mg. Proper chronology - supplement 40 mg at (2:30) (5:30) clearing - walk in woods (8:30) to bed - delayed sleep. Air fine.
- ++ 160 mg (+40 @ (1:30) BB+CM 120 @ 40 @ (1:30), 7 PM. night impairment. They started at (0:25) - J at (0:40) to ++. Visual contact is absolutely necessary - eyes closed = nothing. Supplement perfectly timed. No appetite (soup barely touched) Outside shadows benign & friendly. J Am DG much @ Ed Drooping at (4:00) - uneventful drive home (5:00-6:00) - gentle experience.
- + 120 mg (≡ DB, DA, AB, BB @ 2:00 PM = (0:00) last + 40 @ (1:45) 9/4/78). Selected chronology & affect, except AB slow development & light, and ATS light. DB loses paler - becomes beautifully articulate. No heat appreciation - if anything develops an awareness of beauty and of natural surroundings. Able to eat ice cream (normally, cold foods = severe conpny. ATS intense anorexia. Residue to (7:00). Most beautiful exht. +
- ++ 120 mg (≡ AB, Eric) 5/20/78, all + 40 mg (1:40), (11:20 AM) - (0:30) about all - to ++ by (1:00) and supplement at (1:40) (4:00) drop. I sleep 1/2 hr - gentle recovery - both AB+BB. Sleep far > average in evening. Excellent, no complications. ++
- + 110 mg (≡ CR, CN, all + 40 (1:30) 9/4/78 12:00 = (0:00) about (0:25 - 30) to a ++ at (1:00) - suff. at (1:30) - drop starts ~ (4:00) CR very talkative, probing CN who is evasive and mute. He acknowledges that he can't answer directly - his anchor. Delight first time nonetheless. Appetite almost normal at (7:00) CN good, deep sleep. Between + & ++ CN quit his job shortly thereafter. Probable outgrowth of his internal dialog.
- + 120 (100 DH, both + 40 at (2:45) 9/17/78 6:05 @ (0:00) 0.25 about 0.40 to + & + - limited input later ↑ in evening. Supplement maintain to ~ (6:00) when both were v.s. Wave taken ↓
- + 120 (100 CP, 100 DI - no supplement 9/16/78 10:45 AM = (0:00) AIS, DI normal chron CP. nothing to (0:45) then light head, throat, cannot swallow, then to hilt - cannot breathe. "I'm going to be alright" (?) (x) No smoking sign. at ~ (1:30) "I have the right to be alive" "It's all right to be alive" mother's death at her birth. Next hr (+ 2 hr) all physical clears up. Excellent afterwards. Colors (greens) into next day. see +

D.C. Adams 9/16/78 120 - eat, sleep, eat, erection, toe muscle tension to 2 year old 70000000. Tissues and hilt. - hilt. to come

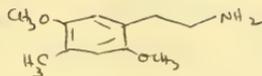
272



MD-18

N-cyclopropylmethyl MDA

- 10 mg 5/16/78 5 mg 9:15 AM = (10:00) + 5 mg (1:00) n.e.



2-CD (See 175)
(See 310)

273

*

- 2.0 mg
- 2.5 mg
- 4.5 mg
- ± 6.0 mg
- 8.0 mg
- ± 8 mg
- ± 10 mg
- ± 12 mg
- ± 15 mg
- ± 15 mg
- ± 15 mg
- + 20 mg
- ++ 25 mg
- + 20 mg

p. 175 1974-1978

paper in 1974
threshold very
active 10-15mg

- ++ 20 mg 5/18/78 7:50 AM [0:00] (0:40) smoking, nice but subtle (1:00) a sweet +, basic, very nice - I wish it were more intense. (1:20) real + - intense; (1:35) between + and ++, but I can do anything. - weed chop - rest lost.
- (±) 25 mg 5/22/78 9:45 [0:00] [0:30] mess-alert [0:50] slow development (1:15) at best ± yesterday a little - know/what? (1:30) dead at ± - see 267.
- +++ 25 mg 6/7/78 6:03 PM = (0:00) [0:45] start - eat light dinner. # (1:15) Physical to ++ mental to ++ - I think I am going to like it, but at the moment I am not sure. (1:50) body, not genital org. !!! I am ++ stoned. (2:40) weed chop - intense reflection. (3:00) off of ++ - easily amiable; (3:20) down to (1:15) point, but this isn't too far down. (4:00) almost out (!) - [5:00] out - Imhessie experiment.
- ++ 25 mg 6/10/78 11:00 PM = (0:00) (+3 25 20 20) mental & physical to ++ at (1:20) pers. exhibits intense oriented mask hallucination in tabs [4:00] virtually out - overall ++.
- + 20 mg 8/19/78 9:50 AM = (0:00) (0:40) sl. aware - gentle development (1:10) between + & ++ walks to entrance, no weed [1:40] +, no more (2:00) intense; (3:00) off of a case - busy - and quite sober - virtually out.
- + 20 mg 9/19/78 10:AM = (0:00) (0:30) sl. alert in head (0:40) to a nice + (1:20) ev't! - (2:00) it shows low Pw Jvy - effects somehow lost. overall light, good.
- ++ 25 mg 11/18/78 old pink X11-43 205 = (0:00) [0:40] some alert (1:00) to a subtly obtained + or even ++ (1:40) good; at ++ - try typing. (2:00) start down? still at ++, but mentally never get there.
- + 25 mg 1/27/79 (CN15R 25) 1:15 = (0:00) - develop from (0:45) to (1:10) to relaxed, pleasant + to ++. slight intox, CR. some chills. Escher. almost descent from (3:00) to (4:00) quite humming - excellent appetites. Very mellow and completely relaxed. CN15R. sl. headaches, which clear a fork.

MDE. from page 206
to page 412

- ++ 180 mg 6/11/78 11:00 (0:00) (at home - AB 160 & EB 140) alert at (0:40) - development into delightful windows from (1:00) to (1:45) - very self-contained, but not with the affect transference of MDMA. - Supplement (each) of 60 mg at (2:00) led to increased eye problems and teeth clench, but no mental wits - largely wasted. Eye problems persisted even at (10:00). overall ++.
- + 160 mg 11/5/78 3:00 p.m. - (0:00) (arms, CN, CK 160) (0:40) onset - developed at (1:00+) - P.A. disappears into, then v. med, CN some fleecy transen. Both at least ++, very much interested and enjoyable, ASB some motor incoordination - on appetite at (3:00) although pretty much down. No sleep problems. in AM, CN really up, state of well being but relaxed. She related both quite v. high marks for quality of experience.
- ++ 160 mg 12/13/78 - CN 160 12:25 (0:00) (0:30) alert (0:50) to ++. Window - but the spectrum for CN as usual - but v. satisfactory. Gentle recovery.
- ++ 160 mg. 1/24/78 - CP 160 11:00 AM (0:00) good + window, some hypoxic responses - out at (1:00)

-2-

do with my life? and was told, Simply be yourself. It was almost 1-1/2 hours. I was feeling more discomfort than the last time, some stomach squeamishness and some tension. Christian felt full in the experience, and reported she didn't want any more. I decided to take a supplement to see how it would affect my discomfort. Carla was feeling good, but her vision was blurry with some trouble focusing. She decided to take more also. Then Christian decided to join us, and we all took 20 mg. more. Soon after, my discomfort faded away, Carla's blurry vision disappeared, and we all went outside. Everything immediately sprang to life, and was fantastically beautiful. Christian was enjoying it immensely. We went around looking at flowers, Christian showing me things I had never seen before. I realized I had never really looked at jasmine before, as well as the incredibly beautiful orange flowers. We sat in the patio, feeling great warmth and euphoria, and stayed there until the sun went down and it was too cold to be outside. We had marvelous communication, felt extremely close to each other, and felt quite blessed for the marvelous experience. Food again tasted wonderful, and we kept visiting pleasantly and talking very openly until 10:00 p.m., when my son and his wife arrived and some other people and another party started lasting until midnight. Christian looked beautiful, and opened up significantly. She reported the following for the record:

For some time she has been taking mega-vitamin C and ginseng tea, as well as 3-4 grains of thyroid a day for several years. She stopped taking thyroid 2 days previously so as not to interfere with the experiment. Her pulse without thyroid is usually about 50; the thyroid brings it up to 72. She noticed that this experience increased her hearbeat to 80. At the height, I noticed my heart was beating faster also. She got warm this time, but was not uncomfortable as with the hot flashes of the time before. Her skin felt moist and soft. She reported acuity of vision, hearing, smell, and taste, and no unpleasantness.

REPORT OF RESULTS WITH MDMA

From Kelly 4/13/78

January 30, 1978. First experiment was January 26. This one was repeated at same doses levels, 100 mg. for Carla and 140 for me.

3:00 p.m. Start.

3:10 I can feel slightly.

3:12 I can feel some euphoria. Carla says things are looking better.

3:20 I feel it coming on strongly; Carla reports slight tingling. Verbalizes apprehension of her mother. Feels elevated pulse. Greens are very green.

3:25 Carla thinks she is going into phase II, 1/2 pleasant, 1/2 not.

3:28 Carla reports tingling, buzzing, unpleasant. I see her face distorted, but realize this could become a judgement, so look up into the beautiful blue sky and am aware of a higher level.

3:35 Carla says discomfort is tapering off. Fingers are tingling.

3:50 Not ecstatic. She is afraid of our being found out.

4:25 Discomfort has passed; Carla is getting a glow

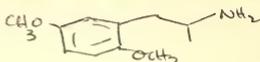
4:50 Carla has trouble focussing. Glow comes and goes.

5:40 Very relaxed. We have a very relaxed, enjoyable evening. Effects taper off gently, leaving us in a very pleasant state, much more alive.

April 30, 1978. Carla and I started at 1:00 p.m. with Christian. The girls each take 100 mg., I take 120. This turns out to be the most pleasant of all experiences for me, euphoria coming on and steadily rising to a high peak. The experience was also totally pleasant for Carla. Christian begins to feel nauseous, goes to the bathroom and throws up. Feels a little better. She sits on sofa, has very hot flashes, very hot, uncomfortable. At peak, we go outside, I find nature brilliantly alive and fantastically beautiful, the most beautiful I have ever seen it, with tremendous euphoria. The love among the three of us is outstanding. We sit outside for a while, and have very open communication. Then Christian finds the light is too bright, and we go inside. She is now feeling good, but wants to take it easy, not too much light. We converse very openly for several hours, with a marvelous feeling of closeness. We all come down very smoothly and gently. At peak time, no one wanted to take a supplement. We visited freely and easily till dark. We ate a delicious soup Carla had prepared and enjoyed it enormously. We continued to talk very enjoyable till bedtime, when Christian departed. The three of us had never felt closer.

June 9, 1978. The experiment with Christian was repeated, starting at 2:00 p.m. with the same dose level. The session developed nicely, and no one felt any discomfort. Christian preferred to sit with her back to the outside light, looking at the softly lighted interior, until things began to become more vivid in color. She then chose to withdraw and close her eyes and look inside, despite Carla's and my interest in going outside. We sat with her inside for about 20 minutes, when she came out of it. She later told us she had asked, What shall I

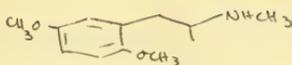
276



2,5-DMA.

See 57, 58

- | | | | | | |
|---|--------------------------------------|---------|---|---------------|---|
| - | 2.3 mg | 1/30/63 | nothing | } ex page 57. | 2 at 100 n(+) LW
250 mg as tartrate
n(+) to 1000 no sensory
Some "speedy"
Some "no stimulation" |
| - | 5.0 mg | 2/1/63 | n.e | | |
| - | 8.4 mg | 2/5/63 | n.e | | |
| - | 13.3 mg | 2/11/63 | sl. tachycardia? n.e | | |
| ± | 20.8 mg | 2/28/63 | unusual Am? possible ± | | |
| + | 35 mg | 3/8/63 | stim. & inbx. g.v. | | |
| ± | 40 mg | 6/19/78 | 10:45 Am = (0:00) (0:40) alert? (2:00) at best a foggy threshold - (2:15) | | |
| | An additional 20 mg - nothing more ± | | | | |
| + | 80 mg | 7/13/78 | 9:37 Am (0:00) (0:35) sl. tremors - all physical (1:45) quite a bit of physical - but + at best in the wanted area. | | |



DMMA

277

N-methyl-2,5-DMA *

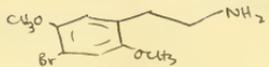
- 60 mg 9/20/78 4:30 PM=[0:00] no effects.
- 100 mg 9/21/78 1:03 PM=[0:00] n.e.
- ± 150 mg ~~9/21/78~~ 9/30/78 10:30 AM=[0:00] possible sl. tingle at 1hr. ±
- ± 200 mg 10/15/78 11:20=[0:00][0:30] absent? in Safeway (0:40) nothing yet [0:45] still the ± (3:00) out if I was even ever in.
- ± 250 mg 10/23/78 1:30 PM=[0:00] at best, ± at ~[1:00]. Apparently not active in me. - however, subsequently, 120 mg MDMA → ±. This should be tried in others.

FluP
nothing at 30, 60 mg
BB 10/17/78 - through
at Sony, complete 150 200 mg

DC 6/17/78 i.v. in 2
people at 2 mg/kg - one
something in minutes, other
+ some sleep (100:2), some
at 100/90 - hours later
(after beer) effects still.
Anecdotal, oral vs i.v.
genital tingle, back
awareness.



- +++ 140 mg (+70) = 160 mg ^{11/24/78} 10:30 AM = [0:00] AB 100, DA 100, BB 80, DB 80 - alert [0:30] at [1:00] all + + or +++ . DB \bar{c} active vomiting, then excellent, AT5 - nausea again - DA nothing below the line at [2:00] +20 mg (AT5, AB, BB only) - Excellent state to ~ [4:00] - then slow drop. Evening meal tasty, but lightly eaten. Pentagon foot & forehead. Beautiful tactile. All around delightful day. Evening, [12:00] only a trace - minimal teeth clench. Pre- \bar{c} in PM for vehicle.
- ++ 170 mg (+40) = 160 ^{7/10/78} 11:30 AM = [0:00] (CN 120+40) (CR, 80+30) (BB 80+20) (DA 120+40) (BB 100+40) (AB 120+40) all supplements at [1:45]. 2 \bar{c} \bar{c} alerts & start ~ [0:30]. Some nausea (CR, AT5, AB) and rather well developed (++ to +++) at [1:00] - settle-ment at [1:45] - steady plateau to ~ [5:00] - extremely pleasant and interacting. CR was exceptionally (++) . quiet descent through [7:00] - eating was accepted but not vigorous. CN \bar{c} neptogonus even at [12:00] - general jaw clenching. Some sleep disturbance. AM - CN, CR \bar{c} hangover, DA & DB \bar{c} languidness but reasonably active. AT5 - normal.
- +++ 160 mg (in 80+80 regimen) 9/10/78 (AB, BB 80+80) . 11:25 = [0:00] first alert [0:30-0:40] no nausea - to + or 1.5 at 1.00 + 50 mg each. develop by [2:00] to ++, more. held in excellent ++ to ~ [4:30] - then decrease gently and slowly - still +/AB or at least I at [11:00]. graceful, close, pleasant day. good sleep (bot).
- +++ 160 mg (in 80+80 regimen) 9/24/78 (AB, BB, 80+80; CN 70+70, CR 60+60) - balance 1 hr. CR to + + not + + + or 2.5. CR & BB taste in sun in lawn. CN some eye problems in PM. driving OK - midnight - well accepted
- +++ 200 mg (in 80+120 regimen) 10/6/78 (AB, BB 80+120; CD, 80+80) ^{10:55 AM} no nausea (addn at 1 hr). AB slow to develop - still + at [12:00] - absolutely no appetite - but tastes excellent BB \bar{c} intense headache [11:00] - blame heat \rightarrow cold (sinuses). Next day AB, BB languid, CD glowing. AT5 intrusive; Ed better. excellent ext. \bar{c} reality complications.
- +++ 200 mg (in 100+100 regimen) 11/12/78 (AB 200, BB 200, CD, 200, CN 160, CR 140, all 1/2, 1/2 at [0:50]) 10:50 AM = [0:00] [0:45] microscopic nausea AT5 only. all \bar{c} some mix at 1:00 or earlier following alert at [0:30-0:45] - no ambulatory ++ by [2:00]. Time distorted. extremely relaxed - fireplace in YAGO's room. Excellent window with occasional LBB-like profound. Subtle decline around [6:00] - food tastes good at [8:00] but no appetite. CN \bar{c} negligible eye-left problem. Done back at [12:00]. Next day general languid except AT5 - excellent & active mood. Very successful, behavioral experiment. AB & CD especially but excellent but undisturbed. ++
- ++ 120 mg (in 60+60 regimen) 2(11/79) (CA at 80+50) (2 \bar{c} 1/2 at [1:40] 10:43 = [0:00]) - [1:30] to a + + initially arrived at - tendency to go downwards a bit - blend of joy and sorrow drive teeth clench - absolutely no appetite [3:15] down to +. [3:00] still some shakes that are partially quelled by wine. Reassembly good sleep. overall ++
- ++ 120 mg (Ed 120mg). 2/21/79 4:02 = [0:00] normal descent to ++ in intensity. Ed says so more than \bar{c} 100. Deason to you me. Open recouping of personal terminals with some (7 \bar{c}) at - no sleep problems. Part I have kept so far.

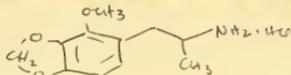


2-CB cont. (p 209)

- cont. of 20A. (this at [3:00] at 20mg + +) There is little if any wonder. A time, barely turned. I would like to deepen the waves, but sleep try worse ~~but~~ be therapeutic. Still pre-convulsions. I may use alcohol (3:30) still + + I can feel the pre-conv. vibrations when lying down & eyes closed. (4:00) no more increase - some softening, or at least no more than steady (4:20) drop to + (5:00) can be down without vibration (6:00) sleep successful - dreams. AM (8:00) awake. OK
- ++ 16 mg 8/11/78 9:55 AM [0:00] (0:20) alert (1:00) into subtle + (1:30) to ++ 2j! - shower, show, to Bert's park (2-3); sensible - a little space - trust my good knees & all is OK. - no motor or judgement problems but completely wired. (5:00) drifting (6:00) out ++
- ++ 20 mg 10/2/78 12:00 PM (Mk + A regimen, (M) (CN, CR 12 + A) (1:00) addictions - all + +) 2:00 + + prison message (4:00) nudes on ceiling, foot soak, shower - sexual sexual (4:00) flip and grabs on chair - afternoon nude (5:00) foot rubbing - drifting. (7:00) hamburgers & wine & excellent appetite.
- ++ 20 mg 10/25/78 9:00 AM: [0:00] alert at [0:30] to a 4.5 + at (1:15) no test mechanism - noticeable decline > (3:00) (4:00) to bank - good appetite - substantially out
- +++ 25 mg 11/29/78 Bunny 20mg. Kindy 3:00 = [0:00] - Proper chronology - intense auto self all erotic potentials translated to verbal interactions - notes 303 - out by (5:00)
- ++ 20 mg 12/24/78 (CP 20mg) to 1:45 PM: [0:00] (5:00) to + + more - verbal interaction 11 plus - 1983 suicide - renew non-warpage - (5:00) out
- ++ 25 mg 12/31/78 (CN, DB, AB 20mg; (R, BB 16mg) 4:00 + (5:00) on alert at (6:00) by 5:00 to ++ all - no adjustment (1:15 - 2:00) intense time distortion, visual distortion, fine bubbling up the nose - of the chimney & DB pillows, wall, table top, grape kernel. (3:00) begin down, (4:00) almost out, (5:00) clear. Intense frequent experiment well rec'd.
- ++ 16 mg 1/30/79 (CN, CR, AB, CA, DB all - 16mg) to Stanford museum - all visual, rich. Rodin, Esher ceiling, graphics display, equalities bank, all color and voluntary movement in visual field. CA & 1/16 minute of anxiety - CR & lasting marginal unworldliness. well received and most favorably accepted. Excellent group situation. Reverses appetite at Clark's work.
- ++ Picture 2-CB + 2-CB (10:15). see 2 CA 2/10/79 (310)
- ++ 16 mg (5/7/78) 11:50 AM [0:00] (AB, CA, CN, CR all 16) Grove picnic - alerts (2:00) CN excellent + +, CR early regression, AS, introstructure - drifting at (4:00) - eat well - excellent afterglow (patis) next day extremely pleasant (at CR-AB).

July 4, 1978. Lone Pine, California.

Greg: Took 15 mg. of 2CB at 11^{PM}
 two hours after a light breakfast of
 cereal
 mental act. I felt a sensuously
 provocative natural there had been 15.5.
 experience but the evening before had been
 reason in which I was in continuous
 rangeland on a May occupied European tour
 of variation led me to wonder if I was
 not about to encounter a frightening or
 in myself
 experienced material is better than a
 and just in some internal evidence in
 led to my hair followed by a
 slight queasiness then followed a
 mild intoxication with some remedial
 of feeling not unlike marijuana. BB
 I found love and both agreed there
 was some increased genital stimulation
 as relaxed, after last. knowing and
 led easily and clearly there was
 no anatomy or sexual enhancement
 the experience lasted after about
 an hour with no feeling left over
 intoxication or increased mental clarity
 or
 as the average, was a bit light
 but the substance itself is here
 and in effect.



MDA-3c

- 3 mg
 ± 10 mg
 ± 15 mg
 + 20 mg
 ++ 40 mg

} p 62.

others 40-100 mg pp 62, 66, 83

7/21/78 9:55 ^{AM} (0:00) (0:30) slight alert (0:45) physical tremor. (1:00) it is starting (good, not bad) (1:15) developing steadily, but some body tremors too. (1:30) at ++, not development (3:00) steady at ++. It would have been interesting to have gone higher. Relatively imp. (3:30) drooping - sad. (4:30) clearing - still ± slight residual physical hyper sensitivity. (6:00) clear. residue diarrhea. MDA-like

Kelly (Subject)

Companions: Carla, Gros, Elizabeth, Sessa

Date: June 17, 1978

Dosage: Carla 6 mg., Kelly 7, Gros and Elizabeth 10, Sessa 12.

We ingested the substance somewhat after 10:00 A.M. and drove to McDonald's. It was a beautiful day, and a beautiful place for the experience.

Going down the hill toward the river, I began to feel the effects. The first effects were negative, tension and depression, and they continued to grow stronger. By the time we reached the stream, the positive effects began to develop, and the stream and trees were starting to enhance in their beauty. However, I was fairly uncomfortable.

As we climbed up the hill, the experience grew in both dimensions. I became more and more uncomfortable, as though carrying a heavy load, with difficult breathing. Yet everything was slowly but steadily growing more beautiful.

The peak of the discomfort came around 1 p.m., somewhat before the time that Elizabeth found her "black hole." The discomfort was both physical and emotional. By the time we started downhill, around 4:00 p.m., the beauty was far out-weighting the discomfort, and the balance in the positive direction continued to grow the rest of the day and evening. For a short time, just before starting down, I moved into the ecstasy of celestial space. On the way down, the discomfort would return in waves, but more and more I was able to get out of it. By the end of our walk, I was enjoying the experience tremendously.

Driving home, I experienced the joy of driving with full perception, although I did develop a little tension from the confinement of driving by the time we got home. But driving was no problem, and very enjoyable.

Arriving home, with the stereo blasting, and Eric and a friend there, I had such a welling of emotion that I realized that I could not handle it. Fortunately, Eric and her friend left. Then I got a deep insight into myself for my lack of responsibility, and my childish way of wallowing in emotions instead of mastering them and doing what is necessary.

The evening was absolutely wonderful. I've never seen the city so beautiful, and there were no medical aspects to it. The only flaw was that I did not continue later than I would like to, about midnight. This was due to a somewhat conscious effort to be home by midnight, and also, searching the forest for the friends who had a previous experience which we failed to see arise.

I was unable to sleep the whole night. I just sat up, and thought, and wrote. Mostly, I was aware of the environment, and the horrible things I was doing to myself, and how I was interfering with learning. I got many insights into other people and my relationships.

I got up at 7:00 with a tremendous head. I would have liked to cancel my father's Day date in Lake Tahoe, and just stay around. But I knew I must master myself. At great pain, I went to the gymnasium, and started to clean up from the night before. I moved like a zombie, slowly and deliberately. I took each move of a step. It was as though all previous habits were removed, and I had to be

and decide each act. I had an awful lot to do, and it seemed hopeless, but I knew I must do each step, no matter what the cost. The pain was insignificant, because it is the decision that counts, and I must learn to override the pain.

Everything got done, and we left the house right on time. Once in the car, everything got easier, and the drive was very beautiful. I had a calm, peaceful, and most enjoyable day, with much learning and insight, albeit a little languid. The drive home along the coast was very beautiful, and I got quite energized, although *Carla* experienced some illness from over-eating.

The next morning I had a fine talk with *Greg*, after which I experienced some very unusual anxiety. But I was most clear-headed and creative. I killed the anxiety with a carbo-hydrate lunch, and learned why people often eat as they do.

I felt the experience continue for many days, and feel that it is one of the most profound and deep learning experiences I have had.

I would like very much to try Aleph-4 again, and would particularly like to block out more time for it.

EXPERIENCE WITH-MDMA

Participants: Carla, Eric, Kelly

Date: July 15, 1978

Started 10:05 A.M., Carla and Eric with 100 mg, each Kelly with 120.

10:20 Beginning to feel; Kelly and Carla have good onset.

11:00 All have developed nicely, everyone is enjoying the experience. Eric begins to have a lot of insight about the way she is treating her body. She sees that she is abusing her body a lot with much alcohol, lack of sleep. Mentions a number of times.

11:35 We all decide to take booster: Carla and Eric 20 mg.; Kelly 40 mg.

12:00 Carla and Eric feel lazy, Carla feels non-verbal. I am enjoying the experience very much. The extra amount completely wipes out any trace of tension or interference with complete enjoyment.

12:50 I begin to feel jaw clenching, and starting to come down. Carla & Eric are very much in it. We have had a lot of excellent communication, with the marvelous freedom from defensiveness that seems to be a characteristic of this material.

1:05 Jaw clenching gets quite intense for me, I presume as a result of the larger booster. The others are o.k.

2:40 Carla is aware of her teeth and gums; feels she is coming down. I am over the jaw clenching and feeling fine, as does Eric. Eric has been sleepy, lying with eyes closed, little conversation.

1:40 - 2:20 Erica, Eric's friend, come by. We all visited with Erica very pleasantly until she left. She was not a distraction at all.

3:15 Carla is feeling some tension and let-down from the peak. Eric and I are quite peaceful.

5:00 Eric leaves to go over to Erica's. Carla and I have a most pleasant, peaceful evening, feel very close. We feel very good about being able to share the experience with Eric, and felt a marvelous bond among the three of us.

Participants: *Carla and Kelly*

Date: July 9, 1978

Dosage: 20 mg. each, taken at 9:25 A.M.

We were alone in our back yard, a beautiful day. We begin to feel the effects in about 20 minutes. *Carla* gets nauseous; I feel it somewhat, with some tension, but otherwise develop nicely. It becomes apparent that we are alone in an experience for the first time in a long time, and will thoroughly confront each other. We have mixed feelings about such a prospect.

In about one hour, most of the uncomfortable feelings have left me, but *Carla* still feels quite uncomfortable. Everything is quietly getting very beautiful, not dramatically like the MDMA, but quietly like the onset of Aleph-4. We talk a lot about our relationship, and I am able to joke and kid, but it doesn't seem so funny to *Carla*.

At 1-1/2 hours, I feel well into it. *Carla* is reading some E.E. Cummings poems, inspired by *Ario* the day before. I find them quite beautiful, and suggest we get inside and explore things more closely. We lie together for a while, but *Carla* feels cold and wants to go back outside. We feel the shade as very cold, and the direct sun as quiet warm. We stay at the edge and move back and forth, and have an excellent visit. I am enjoying nature very much. I find it a quiet, but subtle and free material. Nature is beautiful in an enhanced by quiet way, and my mind is very free to entertain ideas of many different natures; I feel much freer and clearer than with MDMA, for example, although the latter is most enjoyable.

Carla gradually drops her discomfort and begins to accept me more, which I sense is hard for her. We continue to talk quite freely.

Around 2 p.m., we go back to bed and lay there for 2 to 3 hours. We both felt quite tired, and it was very peaceful to lie in bed. I began to feel *Carla's* closeness very much, and enjoyed immensely our being together. While I did not feel much sensory enhancement, I felt I was aware of the enormous potential this material has in this direction as two persons care more for each other.

Carla and I grew in closeness through the rest of the day, and even on through the week. We retired early, as we felt very tired. However, I felt fine the next day and got a lot done without distraction. We felt the let-down from this experience was quite gentle and very pleasant and peaceful, although we felt tired. The feeling of tiredness did not linger afterwards, as it does with me with MDMA, and I was very alert and energetic for the following week. *Carla* and I achieved a new closeness, so that we feel such more energy flow between us when we are physically close, and have enjoyed each other much more. We feel this experience very appreciably improved our relationship. We are anxious to try it again, with a larger amount.

1966



X, O-DMS

1966

CR, CN, CM, CQ each took 100 mgms of X-O-DMS at 11:00 AM. The first effect, which was nausea, came about 1/2 hr. after injection. Gastro-intestinal discomfort lasted 3 hrs. It was similar to the usual 24 hr. discomfort. Nausea had a definite component... by this I mean that there was retinal activity and stationary objects undulated, pulsed, wove about, oscillated & vibrated. In some, the GI discomfort lasted throughout the experience; but tended to subside in subjects with varying degrees of focused attention. Everyone except CN took the correction about 1-2 hrs. after initial dose. With the correction the discomfort disappeared in 1 hr. to about 2 1/2. There seems to be a considerable sensory deficit in some, as a typical analysis of four trials to be particularly sensitive, especially to eye, touch and forearm. Even with the above, there was a definite loss of fine motor coordination. There was a slight increase in heart rate and respiratory activities. The temperature was also increased. Some experienced a slight anesthesia; EMG of EMG were decreased. Some experienced feelings of exhilaration, euphoria, dizziness, drowsiness, etc. In fact, there seemed to be a kind of "high" or "rush" (experience was now lasting -- it went to sleep about 10:00 AM). Feeling gradually continued and produced a sense of improvement of sight. In some cases, there was an extended exaggerated fatigue response or "high" or "rush" sensation. I had the feeling that the analgesic chemical was sufficient.

100 mgms of X-O-DMS every 24 hrs. without/compensator. (subject: 1966-11-11)

PRIMER STUDIES. (cont. f 267) (note 317)

- ++ 9/2/78 MDPB (160, -2km) LSD 60 10:00 AM = [0:00] ATB, DF. Slightlyest body under f. MDPB. Quiet development into extreme windows. Intense microcosms in all one-lining things. Sea-urchin shell, drift-wood, dried seaweed. [5:00] first drop to ++. (large juice, orange to air-hat, piggy forest. [7:00] to + - reasonable appetite. ~~For Henry problems~~ focal - the "21" ST microcosms. Very well received, and completely enjoyable. Unquestionably, a ++.
- ++ 11/21/79 MDPB (160, -2km) LSD 60 1PM = [0:00] AB. CP = . Development (0:30) to [1:30] to extraordinary fantasy fair & dex - origins of man's arrival to earth, experiment in tropic environment - large eyes - dorsal constructed imagery. Gentle afterglow. Closest to flux. Last of 4 experiments. Sunday look of flux. Overall ++, no extra.
- ++ 2/24/79 MDPB (160, -2km) LSD 60 (AB, CA, CH, CR, DG, ATB). First Saturday of Dr's arrival - Seaweed slugs, clump that tree, wood basis on patio, CR to fantasy, excellent afterglow.
- ++ 3/7/79 Hamamelis (300) LSD 60 (ATB). [0:30] start [0:45] at +, interesting, appears on floor milder than LSD [1:15] at + pleasant high - no unboundness [1:45] between + & ++ - unobscured. [2:45] at home - the state - ++. wait answer time [3:35] almost (not quite) able to get into it with music [4:00] still ++ [4:15] first drop [5:00] back to ± - and can get things done. ++
- ++ 3/14/79 76.6 (40mg) LSD 60 [2:50 of 76.6 = 0:00] ATB. [0:15] aware - so som. nice (in deep) [0:40] up to now, mostly physical - now mental - develops rapidly, nice! [0:50] almost to ++, I would like to get further - relax. [0:55] closed time [1:30] ++ call f. Able - Mill Valley winter - hedge. [2:00] absolutely delightful intro. above ++ [2:30] successfully shown, share - out for a bit. Careful drive to M. Valley [4:00]. at [6:00] largely down - grass - [6:30-8:00] immersed with it (spaced - focus reading; clarinet, voice, guitar; non-verbal communication. My speech is reasonable to me, but on hearing myself (through others' ears - disappointed as to content. Considerable time distortion. Drive home at [9:00] - long drive - lost in H.V., 7 up store - concept of welfare when the labyrinth farms are seen. (10:00) home safely. good sleep! Incredible!
- ++ ~3/79 meth (30+30) + 50 LSD (AB 30+50, CA 25+60, ATB 30+50 (+30). 9:30 AM = meth, LSD at 10:05 [3:35] = [0:00] [0:30] about [2:00] AB +++ , CA ++ , ATB ~+ [2:30] disbursement of 30 meth. ~~300~~ [3:00] some pulse ↑ @ 11:07 become very visible - but still not quite to ++ [10:00] dinner - nearly out.
- ++ 3/27/79 MDOH + LSD (60mg MDOH, 60µg LSD = [0:00] [0:30] notice [0:35] developing nicely @ 4:45 to almost ++ [1:00] try to relax to ++ - can't quite do it [1:30] unobscured - call f. DEA - handled OK [3:30] childhood reverie - drifting - grass (old PA) - reinforced hourly - modest intro. Relative halluc. light sleep - concept of focus - imagery in hatched way. overall nicely spaced evening - understanding of bilateral source of imagery

REPORT OF EXPERIENCE With MDMA

Date: September 8, 1978

Participants: Greg, Elizabeth, Tatiana, Holly and Kelly

Background: Greg & Elizabeth were visiting for two days, at the same time that Tatiana arrived for a visit. We spent a very pleasant day visiting, but Holly was not feeling well. She reports that she was suffering a horrendous depression, anxiety, and felt exhausted, -completely below the line. Greg noticed her state, and suggested that an MDMA experience would be helpful. All agreed, and Tatiana had been hopeful that she would have an opportunity to repeat the experience, as she had gotten so much from her first one. So the experiment was conducted on the following afternoon, after the practical matters of the arrangements were completed, including the weighing of the doses.

2:20 p.m. All ingest 120 m.g. of MDMA except Kelly, who started with 100 m.g.

The experience developed nicely for everyone. It was a perfectly beautiful day, the air nice and warm, bright and sunny, with marvelous visibility and the colors of fall showing on the mountains. We walked around the property, and responded to the beauty of the surroundings. After an hour we returned to the house and sat outside on the deck. By this time, everyone had blossomed and opened up and were feeling marvelous. Kelly became deeply relaxed, and all of her troubles melted away. Everyone's faces became soft, young looking, and took on a transcendental look. The experience seemed particularly rich and deep.

3:50 p.m. All took a supplement of 40 m.g., including Kelly which is the largest supplement she had taken. The experience continued to deepen for everyone, and we had a marvelous time being together, sharing each other, and feeling the depth of our experience. We felt a particular blessed group, as we all fit in so well together. We could not get over how effective this agent is in permitting everyone to drop their concerns, complete relax, and feel the deep warmth of their inner being.

5:00 p.m. (approximately) We moved inside to listen to music. I put on the tape of the Grieg Lyric Pieces, which we listened to in its entirety (90 minutes). We were extremely at piece, the music was outstandingly beautiful, and seemed to aid us all in going much deeper within ourselves. We felt the experience to be particularly profound. Tatiana left during the music to visit a neighbor, and came back later. We ate lightly, soup and bread, and yet it seemed completely adequate and satisfying. Then we listened to Tatiana sing as she played the guitar, and it seemed also very appropriate and maintained the group bond.

The afterglow the next day seemed particularly outstanding. Everyone felt it had been a particularly moving experience, and it was difficult to separate. Kelly was totally changed and had risen completely above the line, where she has remained since.



- + 120 mg 9/29/79 (+Gros 120) ~ 12:30 = [0:00] grove picnic - my dream. huber, at +. Gros a little slower in onset - excellent - no negatives. PM [8:00] no definite whatever - no sleep problems.
- + 120 mg 10/11/79 (+Brak 120) [0:50] = [0:00] further down. extremely distressing for CN Supplement at (2:25) of 40 mg - out at [6] CM. + PM. Somewhat unaffected by this.
- ± 120 mg 10/27/79 (+CA 100) alert [0:25] (CA) [0:30] (ATS) to 100% (+, ± resp.) at [1:00] this was 2 amp a few the 260 DMHA ± - perhaps it was discarded prematurely.
- + 120 mg - early 12/79 (+CP, 110, DH 90) SSS = [0:00] to 100% (+, +, + resp) at [0:50] - clear at [3:00] - no more negatives - well received. N:± the character of "flow".
- + 120 mg 12/15/79 12:40 - [0:00] new batch assay, #5 [1:00] to ±; + at [1:30] - out at [2:45].
- + 120 mg 1/7/79 6:45 PM [0:00] DB, AB, CA ± 120. precise chronology. [1:45] all +40. 4 collect having extreme (on ferns).
- + 100 mg 4/25/79 ~ 2PM = [0:00] DG, BB, CM all 100mg, memo Park. proper chronology. BB a bit late & modest, CM very intro. and enjoying all. Intimate talk on bed. Evening ± light but hardly acting. To 2PM part from. BB to by again at 120, CM fine at 100.
- + 120 mg? 4/2/79 ~ 7:20 PM - (no best resolution, DI 120, DJ 100). DJ v intro, DI well, met
- ++ 120 mg 5/14/79 7:20 PM = [0:00] (DI, DJ, 120, 100 resp.). DI & ATS alert at [0:25] * DI rapidly to ~ ++, ATS - quite, DJ (recent food, increase) without development until ~ [0:50] then to complete intoxication ATS ± DI + 40 mg at [1:50] - DJ not until [2:30]. (4:00) DI struck at one extreme level on way down, DJ too - but DJ still ↑. friendly, minimum conversation considered. Drive home at [5:00] - to bed ± wine (they are in excellent place, DI at +, DJ at ~ ++. Try them next on 2-CB.
- + 120 mg 5/12/79 3:20 PM = 0:00 (A.P. 120) [0:12] AP pulse ↑? [0:20] pulse 84. OK. [0:30] start - AP delays (recent bus - butter). overall AB light some introjection - modest anorexia - recent mercurine experience (24 hrs) maybe refractory, me too. +
- + 120 mg 6/13/79 11:00 AM = [0:00] (CN, DK, both 120). Usual chronology. DK (drug naive) repress acknowledgment (to himself) [0:30] to [0:50] then admit. Most enjoyable - not alcohol-like but "completely different." Some sleep uncertainty - a start in grasping closure - suggests testing ± optical baricade. Rapid descent to [3:00] - back from bike to chamber music. 1DK 1; OK. somewhat languid. Some anorexia. Beautiful day, beautiful expt. ^{DK: CN} ^{ATS}
- ++ 120 mg 6/17/79 2:45 = [0:00] AP, 130 mg (ATS 1 day past MAM) [0:22] ATS alert, AP shut [0:35] to a ++ - no visible signs - internal question answering. ± hint of drop + 40 mg at [2:00] strong body responses [4:00] virtually int. moderate anorexia. Excellent exp desp. DL
- ++ 120 mg 7/2/79 4:22 PM = [0:00] CN 120 mg (following beer at ~ [2-4] 0:26 CN start, rapid and intense. ATS [0:30] rapid and somewhat intense. We both keep forgetting what an excellent experience this is. CN extreme volatile, ATS rather quiet ± patient listening. Noticeable drooping at or before [2:00] - some anorexia - good sleep. To a ++ but no more.

Kava-Kava root (fresh)

± 9/30/78 About 10 g of fresh root chewed & spat into ice bucket (Kyoko Iim, S.F., AC, DN two others there) and \bar{c} water decanted into glasses & drunk at ~3:00. There was a modest awareness of change, \pm at most, for maybe a couple of hours. AC (~~now~~ this is a subsequent try) quite intoxicated (same amount - although his first try also was marginal

+ 10/31/78 10 g (280g) chewed up and then ground in mortar \bar{c} lots of saliva - water added, drunk at 2:30 PM = [0:00] at [0:20 to 0:35] definitely enough intoxication to give + gentle recovery. Intox not too well defined - alcohol-like? Remaining 24 oz ground up \bar{c} saliva and then diluted \bar{c} ~ 2 l. tho. Extracted \bar{c} ether \rightarrow orange extracts. Bad milky emulsions.

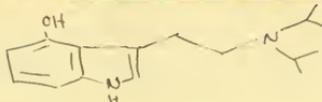


- ++ 7 mg 10/20/75 in gel. capsule 8:30 = (0:00) (0:30) something, by (1:00) good development to + or ++ (1:30) good if but largely univalent (2:30) still ++ - basically not a pleasant place to be in. Quite neurotic - inwardly turned - some feelings of despair - considerable eyes-closed activity - with some night be considerably more reinforcing. (3:00) a real and abbreviated ebbing of the apathy and unpleasantness. My mood might have been negative. This is basis for comparing with 4-OH D1PT, but this will have to be repeated. There was some visual lightening of depth of light and darks, and considerable eyes-closed imagery.
- ++ 80mg drive P. cubensis. 2/16/79 12:50 = (0:00) (AB, CA, +500 cal.). AS. aware ~ (0:45) develop to weak ++ at 1:15 - time (abatement) to (2:00) extremely restricted. visual elaboration much abated - some motor problems. AB. at ++.5 CA. extremely zinky (some nausea) - see ~ ++. gradual decline through the rest of the afternoon.
- ++ 15mg PSOP 3/29/80 AP = 7:40 PM = (0:00) (15) about (25) start - to a good ++, AP to more. few notes. AP residual good dreams ~ 2 weeks.

BJ 204

philocybin 294

4-OH D1PT. HCC 296

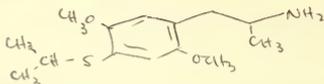


HCC

293

- ± 10 mg 10/31/78 9:30 AM = [0:00] 0.20 abet? I feel it in my legs. [0:40] leg tremors - mild physical awareness for ~1 1/2 h. mentally, probably nothing. (at least ±.
- ±± 15 mg 12/22/78 11:10 AM = [0:00] [0:20] abet - horay & nice [0:30] already + + - nice quite windwish [0:45] perhaps >+ - some tremors [1:30] still + + - rather chilled - body temp. response confused - sh. up - but good eq. [2:00] substantially out - start intense experience - basically enjoyable [3:00] out in any way. Pot. again.
- ±±± (!) 20 mg 1/2/79. [1:00] = (0:00) [0:15] abet - nice [2:00] developing fast - very nice - some leg tremors [0:30] already >+ + speed of onset is incredible - I could not drive - I am robbed of voluntary action [0:40] this could not get any deeper [0:50] incredible eq. of ! - [0:55] try to put a name to it, just + + smashed - e eyes closed very little - I am somewhat chilled. [1:00] - no vomit, no nausea - this seems like an extreme altho 7 bath state. [1:10] Rebanz gone fancy - no see but back - to mother cuddly wazy - was removed from physical angles [1:30] go for two very significant pieces of word for foreplay - if all my actions are preprogrammed, and I am following commands, then I have no free will - if the command is "to have free will", then I obey. Who? My obey are undefined, unheard commander? Still + +. Nothing is invented. All is pre-programmed [1:40] back to + + - still very much in the grips of "lack of self determination" I could function "rationally" in the lab, but following ("where?") directions? Is this free will? Is this a religious experience? [1:50] down to +. The has to have seem to religious awakening. [2:00] still a little zombie-like - but largely down. [2:20] I am still shaken to my wots by these realizations. [3:00] completely together.

ex Frank 10/3/78 - 20mg b.c. ± polioxin, but lasts only 1-1.5 hrs., no residual toxicity



aleph-4 continued f. 266

brings him away from his anchor at all - fitful sleep next night - in 3rd day still depressed for internal reasons. EN had much visual movement, but some stomach problems at [2:00-5:00] and leg twitching persistent to [24] and more. P.G. excellent, dose perhaps too light. All of us were considerably more reflective and inward-turning than in earlier aleph-4 tries. My subvocal approached slowly and subtly - i was at ~[3:00] and still evident at [12:00] fitful sleep - next day much energy. Kojak wash, tub repair, roof cleaning - at the K's house. Less intense than before. Give a ++

+++ 11 mg 11/26/78 (2 mg Dums) 7:12 PM = [0:00] (Cindy) [1:00] slight awareness [2:00] talking - subtle development [2:30-5:00] intense range of interrelated conceptual loops - see notes p. 310 at 5:00 - [10:00] no appreciable diminish - interaction maintains motor - some 2 sub. → uneasy but sufficient sleep. Certainly +++

++ 12 mg 10/19/79 7:30 PM = [0:00] AP E. (1:00) aware - again subtle development to [4:00] - eating normal but light - involved conversation - I to barely over ++ - v. troubled sleep - none 'til [10:00]. AP to +++ or ab. less - residues through ~[10:00] - lighter reaction than expected.

REPORT OF EXPERIENCE WITH MDMA

Date: August 20, 1978.

Participants: *Holly*, *Tatiana*, and *Zeke*

Start: 9:50 A.M. All participants ingested 100 m.f.

10:10 Everyone is beginning to feel effects.

10:30 All are feeling strongly. *Tatiana* feels that it hits her very suddenly. We had started in the living room, where there is lots of light and excellent views out of the windows, and a lot of interesting things to look out around the room. But when we stepped outside, it seemed to come on stronger.

We took chairs down to sit under the cottonwood trees, which were most pleasant. A nice breeze carressed us and whispered in the trees. The scenery was magnificent. At first everything seemed too bright, but as we accommodated ourselves to the brilliant sunshine, we began to observe the marvelous detail in the mountains and across the plains. The desert foliage was most interesting, and remarkably different from plants on the Coast. *Holly* felt heavily intoxicated. She had been extremely tired and tense the night before, with appreciable pains in her neck and shoulders. She felt the experience was a great tranquilizer, and her body felt numb.

11:20 We take supplements, *Tatiana* and *Zeke*, 20 mg., *Holly* 10 mg. (the balance of our supply). *Holly* was feeling so heavily intoxicated that at first she thought she would refuse the supplement, but when she learned the distribution of the remaining capsules, she opted for the 10 mg. (I had originally planned to take the 10 and give the girls 20.)

Tatiana sailed for 3 hours with the experience. At the end of three hours (12:50 p.m.) she suddenly came out of the spontaneous experience, and began corticalizing about her work and life situations.

I experienced considerable enhancement of perception, but was not as completely into the experience as I have been with larger amounts. I experienced a great deal of cortical activity, similar to what I am more used to with LSD, which I have never before experienced with this compound. This was partly the result of our not being too talkative, *Holly* feeling very relaxed and *Tatiana* and myself enjoying our experience. I keenly felt the absence of our former companions on this journey.

After the supplement, we walked around the property for a couple of hours, feeling very content, relaxed, and enjoying the beauty. At first we felt so relaxed we didn't feel like walking, but once we started it was effortless. It felt very good to walk around and look at things.

2:30 We come back to the living room, all feeling very languid. We sat around and talked for a while, and then *Holly* and I took naps in which we slept very peacefully. *Tatiana* read a while, and then took a nap.

Later in the afternoon, we took showers, which was very refreshing, and had a delightful visit with our neighbors, the *Zinas*. For my birthday, they took us to dinner at their restaurant, where we had a late dinner. *Tatiana* ordered a steak, which did not sit too well with her, and that evening had an attack of diarrhea, and her stomach still bothered her the next morning. Otherwise, everything was most pleasant. We enjoyed the *Zinas* very much, and were very content and peaceful. *Holly* was greatly relaxed and no longer pushed by the compulsion to clean up the house immediately.

REPORT OF EXPERIENCE

Date: October 21, 1978

Subjects: *Carla, Elizabeth, Greg, Marcela, Sandy, Sasha, Kelly*

Ingested: Aleph 4, 7 m.g. for *Carla, Marcela, Sandy*, 8 mg. for *Kelly*, 10 m.g. for *Sharon, Bob, and Sasha* (I am sure of the 7 and 8 amounts, not so sure if 10 is the right amount for the last 3.)

Time: Experiment started at 10:00 A.M.

I personally felt in the best shape for this experiment than in a long time. We drove to the hiking area we have dubbed "Uria's", because it starts up behind the house that *Grackit* built. As we got out of the car and started up the hill, I was feeling quite good. This was some 40 minutes after ingestion. I remembered that with my first Aleph 4 experiment, as soon as I felt any affects, I felt uncomfortable, and the discomfort grew as the affects became stronger, along with the enhanced perception. This time I felt euphoric with the first traces, and was confident that I would head up into a pleasant experience, and reported so to Sasha. As we climbed up the hill, 1 to 1-1/2 hours in, the euphoria grew, as did the beauty of the surroundings.

Around noon, we settled into a little valley with a magnificent view of the surrounding countryside. I was feeling the effects much more strongly, and was beginning to get a trace of discomfort. I was aware of the beauty of our surroundings, and noticed some visual hallucinations when looking at homes on the hills across the valley, in the form of smoke trailing across. I lay back and looked up at the sky, and the sky and clouds were incredibly beautiful. I sensed my pain as my inability to accept such fantastic beauty--it was if it were more than I could bear. I became aware of how my cybernetic system is accustomed to joy, and felt how grand it was to let joy creep into the various corners of my being. I felt Sasha's greatness next to me, and how wonderful it was to have the opportunity for such experiments.

I thought the experience was progressing nicely at this point, but unfortunately the discomfort continued to increase. It felt good to lay back and watch the sky, and close my eyes. With eyes closed, I had some marvelous imagery, which most often took the form of various plastic shapes imbued with color. At times the colors reached intense brilliance of magnificent beauty. Yet nothing seemed to relieve the tension that was building up, and continued to build up throughout the afternoon.

The rest of the afternoon, there were many experiences of great beauty, but I was always pulled into the great pain I was experiencing, and could not get free of it. I regretted asking for an additional m.g. of dosage, and felt I had too much, but saw nothing I could do but ride it through. The experience was so intense I felt I could do little to direct it, but just flowed with it. It was hard to get my analytical mind to work. This showed up most strongly when I took a little walk aside with Sasha, and he computed the directions by the position of our shadow. I could in no way make my mind follow the reasoning to establish direction. I simply went blank, and was astounded by my inability to think.

The affects continued well into the evening. Going down the hill, I felt at maximum intoxication, and at some moments had very beautiful experiences. They would lift me out of my pain into intense enjoyment, then I would subside back into

-2-

the pain. In my first aleph 4 experience, the late afternoon and evening were glorious, but this time the tension held on right through the rest of the day, the evening, and even through the night. It was not until the next day that I felt relaxed, euphoric, and at peace.

The pain I felt all afternoon and evening was the result of experience the blackest side of my life. It seemed as though everything I had done was totally wrong, and I could only see the back side of everything: my marriage, my move to Lone Pine, my withdrawal from life. I experienced myself as completely empty, just being a parasite on others, constantly taking and contributing very little. Such simple acts as tending the fire and washing the dishes brought temporary relief from such feelings. I felt all my major life decisions were wrong, and yet I could see no way out, as I had boxed myself in by reducing my income, and moved into a simple life style which I had no way to reverse. The thought that my activities at Multi-Media were no longer needed and I must find another source of income was extremely frightening. And the extreme irony was that I was supposed to be a proponent of higher consciousness, and man's limitless abilities, and yet I could find nothing but emptiness in myself. I wanted to crawl back to Lone Pine and die.

During the night I churned and churned over these issues, and came to peace with returning to Lone Pine and becoming a better partner to *Carla*, if she really wished to return with me. I could see that my dissatisfactions were my unwillingness to face unsatisfactory areas in myself, which I resolved to correct. One of the main elements here was to stop using her unwillingness as an excuse for me not to do things which I know in my heart should be done.

The following day was by and large a day of great peace and warmth. It was marvelous to be with the rest of the group, and I was still quite open to all of the surrounding beauty. Plunging into such activities as giving *Kojak* a bath with total un-self-consciousness was a great joy. I could see and appreciate the wonderful qualities of all the other group members.

During the next few days, anxiety returned many times, and it took time to totally wear off the tension. However, I began to learn ways to dissipate the pain. This is primarily by instead of allowing myself to be blocked by the pain, to turn it around and see what can be done. There would follow a flow of creative ideas of many alternative actions, which felt very good to see. I learned the importance of once seeing what needed to be done, to move quickly, before lethargy sets in, as the moving and acting releases new energy.

The drive back to Lone Pine was a very beautiful one for both *Carla* and myself. It was like having another good experience, as we were both wide open. We had much energy, and were not tired from the long drive. We both felt very good to be home again, and we have much new energy and insight.



from pp 194-195

- ++ 6 mg (+6) 10/4/78 (CR 6+6, CN 6+6 urine, no inhalation!) ~ 9:00 PM = [C.O.O.] effects on second inhalation - 30 sec wash by CR - looks few tomato-worms - drop in a few minutes - lingering effect a couple of hours.
- ++(+) 8 mg (~4+4) 10/31/78 (AB ~ 4 mg, BB ~ 5 mg) again - uncertain - by inhal of a 20 mg cigarette BK immediate - gradual decline. BB - intestinal hyperventilation - ^{AB} feeling of oxygen deficiency. Well accepted.
- 3 mg (peract, DMSO) 11/2/78 2:30 PM [C.O.O.] n.e.
- 1 mg (peract, DMSO) 11/2/78 3:00 PM [C.O.O.] n.e.
- ++ 6 mg 4/10/78 inhalation on Tansy (A.P. 6 mg) to + or +1.5 on second inhalation moderate effect - rebound at [1:00] 10 mg each - to ++, A.P. ++.5. Effects noted < 1 min max ~ 2 minutes - duration no more than 10. Some unvalidity - but also some imagery - feather stalks to rachman wuff - also vertical prism refractives. Basically enjoyable - no residues.

REPORT OF EXPERIENCE WITH MDMA

Date: November 11, 1978

Participants: *Tatiana, Carla, Kelly*

Dosage: *Carla* 100 m.g.; *Tatiana* and *Kelly* 120 m.g.

Initial ingestion was at 12:40 p.m. The experience continued smoothly for all. It was a cold and stormy day outside, so except for one brief interlude for *Kelly*, the participants remained inside all day. For the first two hours, the sun broke through the clouds so it was pleasant in the living room. When the cloud cover became more solid, a fire was started and maintained through the day and evening.

The affects weren't noticed too much at first. I notice only slightly after 1/2 hour; I wonder if I am getting somewhat immune. The mountains, with some fresh snow and cloud cover, are very beautiful. After about 40 minutes, I become aware that I am carrying a great burden. It is not unpleasant, but interferes with the free-flowing intoxication often previously experienced. It gradually subsides as I pay attention to the beauty around me.

2:20 p.m. All take 40 m.g. supplement.

We are all feeling very good, very relaxed. *Kelly* and *Tatiana's* faces turn very soft and very beautiful. We have very free, very open discussion. *Tatiana* is particularly insightful and responsive, seeming to know exactly what we are saying even as we form the words.

I take the dogs outside. It is sharp and clear and cold. I am transported by the beauty, particularly the wonder of the clouds and the sky. I feel the enormity of this research project and its potential meaning to mankind, how marvelous it is to be able to have such an experience, and I feel most grateful to be a participant in such a glorious movement. I am aware of *Sasha* and *Grog* and how marvelous it all is.

I enjoy the outside beauty and freedom for about 20 minutes, then feel called to rejoin the girls. It is extremely pleasant around the fire, feeling our closeness and enjoying the flames. *Carla* feels very languid, called inward. *Tatiana* plays and sings to us; it is most beautiful. I feel much energy, and readily get up to get things others wish -- tomato juice, later soup.

The experience trails off leaving us all very mellow. *Tatiana* feels tired, and we play a tape, and nap in front of the fire until we decide to retire at 9:00 p.m.

The next morning I feel light and energetic, quite different than I usually feel after using this substance. We all feel good, and have a nice hike in the brilliant clear sunshine, but somewhat nippy air. We are all open to the outside beauty.

++-++

Aleph - 4
 (Nov. 26)
 Sunday, Nov. 28. 78

S. 11 am 8. 9 am ++-++

120 pm

1 hr. Walk w/ ornamental Panthers, Musée de l'Université
 from alert, in warmth of winter, desire to sit,
 w/ really being subjects
 wish to return to Hotel to be warm..

2 hr. Hotel, sitting, talking, nothing long speaking into
 the ph.

What do you want really want to search
 for? finding out the capability of drug-
 catalysis in opening up a portion of the
 mind that otherwise is not accessible. In
 making one aware, that these doors are somehow
 accessible. "I want to find it". What it?

You hear R. Walt "This is it" period. No
 he is dead. He can no longer search for it. He
 has fixed himself to a certain conclusion. (Do we
 fix our selves, by using drugs, as catalysts?) Yes - no!
 But Yogi - kundalini - drugs - anything - they all
 somehow congeal to our conclusions and insights.)
 Ability to have the mental agility to adapt
 to new inputs and to new insights and keep your
 intellectual integrity at the same time..

Concept of living between two blocks in Paris:

Being-native - Has reached his plane of other intellectual factual knowledge, but no concepts of that reality. If confronted with it, without the mental ability and aptitude, with the fact, confusing, and devastating inevitably. -

Paralogy: we are comfortable in the air, plane to New World and we are surrounded by symbols that suggest immutably higher capabilities and we pretend to understand what we know. But if we were confronted with reality of what was presented as a symbol without the preparation of this symbolology, we would be babbling our philosophy. (→ possibility of getting mad → schizophrenia)

I completely convinced the these realms of which we too symbols are real, and we can prepare for them and in this way solve the that way of promotion.

(completely different realm than $\mathbb{N} \cup \mathbb{Z}$, \mathbb{R} → sensory concept of the intellectual sleep-concept)

Complexity of continuation of symbolizing and the thing specific categories of

Opening doors of the mind, observing
more the drive for opening and looking,
than the drive for finding. finding, anticipated for
the goal and makes blind.

Briny - Trenchman: A thing: to write the power
of New-Zealand, to make inquiry about N.Z., requiring
curiosity, witiosity or the necessary thing for
exploration, followed by inquiry, followed by
assimilation, acceptance, bringing into frame
of life fullness.

Analogy to our level of "historic understanding."

~~Everything is dead, they are dead~~
|| All things are dead. They are dead to us
as soon we align reality to it.

Everything, that came out to be an obvious
world-shaking truth, fell apart by a paradox.
We used aleph as a verb. to ~~absorb~~
aleph the sublime futility of trying
to pin down an absolute truth.

| Concept of Transition is immortality.
Transition between the paradoxes of life and
death. Gatsby who is totally in the here

And how, is static, is substantially dead
(Yes - transcendence).

- Faces on the wallpaper: → everything is
there. We see or don't see. Everybody sees differently.
All of our reality contains all aspects of
everything.

And hearing, for archetypes:
Synchronicity of Lashes face "Pharaoh" and
♀. face (Cleopatra). (Seeing of Centaur, and angel
Sphinx, ...)

body-image: without any archetypal significance
but face: what in the face? Reduced itself
down to the mouth: primal scream
without which there was no life.

Starting of life-process out of a state of being
In the ^{beginning} there was the word and the word
was with God and God was the word =
primal scream?

Concept of a hologram: multiplicity of
historical and future(?) events
but filtered in a specific way.

Sanity = in factness of filter (selection -
mechanism). Insanity = damage or lack

of his mechanism.

Is there a dramatic answer to schizophrenia?
(Heil-catalyst a benign counter part to his-
mension line madness)

Selfishness - love.

Why do we love each other?

Are we the same person? The same face,
the same soul? (View into the mirroring lamp).
Is it narcissism?

What else is love? What are the different levels of love?
Form of self gratification. The more direct (less narciss) the
the more intense. → And the more it becomes fact.

In this book is mirrored world's history, family-
history, all drama and trauma.

Self-acceptance | - love.

(SHURA) → self/assured of Jasha

Alpha-state is (α -state) is
a state is the state

Alpha = beginning of the alpha box
alpha - box = (+) - (-) → the whole

- dozens and dozens of the opening which
could be made. To find the tools for
gaining access to the potentials.

- choosing of letters
names: Kiro. What was his compulsion?
"He liked to scribble, and scribble - a
scribble. ... Ah! he liked to write
his name over and over KIRO 
→ mirror → search for identity.

- Search for why people choose the
name what they have:

PICASSO, SHELTON, BRAUN, RYER, SARGENT,
VICKY, Saxe ... Sargent - Sasha -
Ulrich,

Real conviction, that names are revealing.

of each person bring his depth what he
wants to bring to it (in what terms and
what he wants to bring to it).

→ what is logically depth. (to bring your
own personal truth / theme)

But in that light, once seen that
universal horizon - how to get of love with
human reality again? → one day later:

opening of endless space - eternal space,
the brain, the surrounding room the whole
universe.

Discipline

of the body loses its demands, and all the energy
- and central - is set free to be used in
intellectual efforts, the body becomes very soft.

Hard for identity: His: variations of his name,
over and over.
Ia. Ca: i.e. synthesizing of chemicals for
access to brain potentials.
Ji: riding the train, painting
(circle)
U: working, repairing like working
paving his streets.

the escape from real experience
by learning, doing, having,
feeling.

Self-contradicted paradox:

The to achieve something that cannot be done with
has, devoted its political claim which in turn
achieves further decline, blocks you from doing
anything more. (anti)

Aleph - 4 #-## S 11 May 9. 9 May #-##
 Sunday, Nov. 28 79 120 pm

Walk of original Panther, Marie de Uving

1. from alert, in warmth of music, desire to sit,
 not really being subject
 wish to (return) to where to be warm.
2. Hotel, sitting, talking, within, longearing into
 sleep.

What do you want really want to search
 for: finding out the capability of drug-
 catalysis in opening up a portion of the
 mind that otherwise is not accessible. In
 evaluating one aware, that these doors are somehow
 accessible. "I want to find it". What is it?

Do you have P. Watt "This is it" found. No
 he is dead. He can no longer search for it. He
 has fixed himself to a certain conclusion. (Do we
 fix ourselves, by living drugs, as catalyst?) Yes-no!
 But Yogi - Kundalini - Drugs - anything - they all
 somehow congeal to our conclusions and insights.
 Ability to have the mental ability to adjust
 to new inputs and to new insights and keep your
 intellectual integrity as the same frame.

Emphasis of continuing of synthesizing
 and to being specific catalysts of

Transition between the paradoxes of life and
 death. Everybody who is totally in the here

Sanity = in factness of filter (selection
 mechanism). Insanity = damage or lack

of his mechanism.

Is there a discernible answer to Schopenhauer's?

(Meyl - certainly a benign writer part to this -
mechanism madness.)

Selfishness - love.

Why do we love each other?

Are we the same person? The same face.

The same said: (Views into the mirror) (long).
Is it narcissism?

What else is love? What are the different levels of love?

Form of self-projection. The more direct (less narcissistic)
the more intense. → And the more it becomes fact.

In this book is mirrored worlds history family -
history, all drama and training.

Self-acceptance | - love.

(SHURF) → self/aware of Jasha

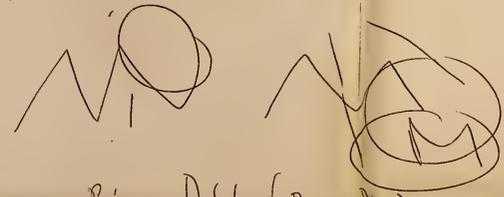
intellectual efforts, the only become they

unhappy more. (ant R)

aleph - mate → (a) Mate → a Mate → the mate
 ↑
 Alphabet → aleph - BETH →
 (create letters - and you know)

Denise (DENISE) Mathi nascenti = dynamic piece → chaotic complacency
 quiet storm DENISE BUNNY (introduction) (Dry, grade Dry, grade)

you bring to Aleph, what you want to bring to → (Aleph) →
 clarifying disambiguations of our intense past & ^{hours} year! and lives and love!
 I do know Aleph

MIRO 

What is Miro's message?
 "he just likes to draw lines"
 → Miro, all his pictures are variations of his name (→ mirror?)

PICASSO → Pic Ass (Pigues ass)

GLADYS

DALI → DATA
 Shulgin → son of hawk

Aspirin = Aspirin!

DREYER → dryer → brain 'belonging to tubes' → Dry - dryer → dryer → dryer → brain

 Sasha
 same dimension. deeper dryer
 dryer → dryer → brain

2-08: Anti-Meph - ATS, OG

not more. Oh!

3.30

5.10 ^{practice}
to
write.

even in the search for knowledge
we are greedy.

I cannot escape my family
they are content with their discontentment.
Completely with their inadequacies.

Anti-Meph

Acknowledgment of body,
displacement of our place in this world,
in the skin physically

physical entity, ~~not~~ no retreat of into
intellectual entity lost entity

love is having vanity?

vanity!

or know you see what is missing

3:30
5:10 picture
to
wall.

not more. Oh!
even in the search for knowledge
we are greedy.

I cannot escape my family
they are content with their disorientation
complete with their inadequacies.

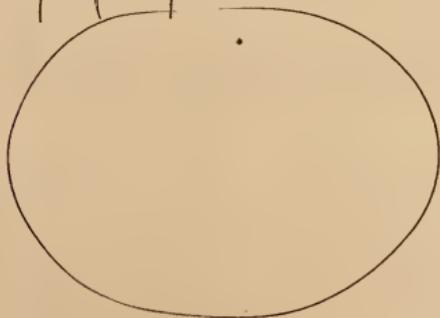
Anti - Meph

Acknowledgment of body,
displacement of air, a place in this world,
in the skin physically

physical entity, not retreat of into
intellectual entity lost entity

vanity
 is every person full of vanity,
 in different degrees of disguise?

vanity because we continue a
 specific race in the universe



Self-consciousness
literally

becoming conscious is evaluating
 looking into the internal grain of sand
 I am the universe

a vanity in common
 love is having vanity?

What is the mechanism of attraction!
 because this is not enough,
 I have my secret restraints
 to deny myself → (more!)

I cannot be content
 because I want (more)
 (Vanity)

is it the outgrowth of
 vanity!

a bad self-image -
 is a self-constricted self-image -

you're wanted to mirror your
 body ^{from} the most beautiful eyes in
 the world.

Which fixela say, - with the layers,
 - are not mine -

Looking into
 The mirror is not only
 seeing what is reflected,
 but making you aware of what is
 missing. Only by looking into
 a mirror you see what is missing.

REPORT OF EXPERIENCE WITH NEM

Date: December 25, 1972

Participants: *Neva and Orin, Tatiana and Theo, Carla and Zeke*

Background: *Orin* had had previous experiences with earlier psychedelic substances and proven an excellent subject. However, he has not had an experience for several years, since the adverse reaction of *Neva*. *Neva* tried the experience once and found it very uncomfortable, suffering rather severe stomach pains for several weeks afterward. This was about 6-7 years ago. *Tatiana* has been a good subject with NEM, and *Theo* has been an excellent subject with other substances, and anxious to try this. All were eager to participate in the Christmas Day experiment, after having spent a very close and meaningful Christmas Eve together.

Dose: *Tatiana and Zeke* 120 m.g. All others 100 m.g.

10:45 Start.

11:15 *Carla* feels tingly, *Tatiana* waking, *Neva* a little dizzy like diet control pills she has used previously, *Orin* feels slightly.11:20 *Neva* feels dizzy, *Orin* somewhat. *Zeke* feels it coming on, a light pull toward noseau.12:10 *Neva* has to work hard ~~not~~ to keep from fainting. Finds it hard to concentrate. Has trouble to feel better. Everyone is noticing how everyone else is lighted up, looks bright, alive. The eyes particularly look liquid.

12:15 All take 40 m.g. supplement.

Experience continues with all experienc^{ing} sweet warmth and closeness. We stay close together. *Neva* does not feel like going outside. Others go out in the bright sunshine briefly, and enjoy the fresh air, but principally all want to stay together. It feels good to be close, and talk freely. Everyone becomes quite relaxed.

The experience tapers off very nicely to a very pleasant afternoon and evening. *Neva* is aware that she found the experience. *Theo* dropped the worries and concerns of the pressures of medical school. We all feel much closer to each other. *Tatiana* & *Carla* have enjoyed the experience very much, and the softness and relaxation that goes with it. All are grateful for the opportunity to spend Christmas Day in this manner.

from
303

After most vanity,
also to see what is missing,
so to complete the picture.

Do we have any other
choice?

Deleph

—

Anti-deleph

mental absence of
substance, no mass
How I am the universe,
nothing, from keeping
me apart

Epidemiology of parade
acknowledgements of
self-image

~~astound~~
astoundance
astoundis

—

Anti-darwin

no substance,
no energy / heads
of light.

de Sander - unhappy
circle / temptation infancy -
farm other for children,

concept of origin - orphan
expectation

Unborn Fed - immortal

from
303

After most vanity,
also to try see what is missing,
so to complete the picture.

Do we have any other
choice?

Depth

Artificiality

mental absence of
substance, no mass
there I am the universe,
nothing, from keeping
me apart

Epidemiology of private
acknowledgements of
self-image

~~A stand~~

Artificiality

Artificiality

no substance
any energy / freedom
of flight

Artificiality

Artificiality - involuntary
circles / completion infancy -
factors, active for children

from what ——— to what

Transformation

translation of the foundation

capability of transcending, transforming,
in either direction, completely
it in itself

How can you transcend if you don't
know -

then transcending becomes translation
to the where you have to be sensual in
all possible aspects.



The code is fitting,

from
203

analysis = destruction

Transcending = escape

self denials without knowing
what to deny.

Symbols of the church:

transition in one direction

Whole church concept is one of
transcending grief - happiness
one-dimensional

~~birth~~
concept of origin - birth

from
203

Translation
between
Mass and Energy
Body and Matter

That is it

Complete translation =
equation

Confidence of self-love is
to be able to give up your life
for everyone else.

self-image

dependance on time \sim
freedom of time

net of mesh = code of translation

MDMA
REPORT OF EXPERIMENT WITH MDMA

Date: November 25, 1975

Participants: *Xavier and Gibboth, Zeke and Carla*

Initial dosage: 100 m.g. for *Xavier, Gibboth and Carla* 120 m.g. for *Zeke*

The chemical was ingested at 10:50 A.M.

11:05 *Carla* reports getting tingly, excited, I feel some euphoria

11:23 I feel intoxicated, much more than in recent experiments

11:25 *Xavier* feels real strong. *Gibboth* feels nothing, is worried that it won't work because she takes so many different drugs that she is refractory, and will need a lot more.

11:35 *Gibboth* finally feels it strongly. She lies down on the floor, is tingly.

Her face is quite drawn; she experiences many conflicts. She doesn't want to discuss in front of *Xavier*. *Carla* encourages her to move out to the back patio in the sun, and stays with her. *Xavier* and I go for a walk out front.

It had been -totally overcast and rainy all week, but today was a beautiful, warm sunny day, with fascinating clouds in the sky. *Gibboth* is very happy to have *Carla* to talk to, and has much confidence in her, after several days of their visiting together.

I am quite impressed the way *Xavier* has expanded. I feel him strongly, in a very euphoric way. He looks younger, relaxed, he feels good. We walk through the unusually beautiful neighborhood he lives in -- beautiful homes set well back with lots of separation, beautifully landscaped with many trees and bushes. The area was originally a beautiful pine forest. There are few areas so nice in the country, and this was a particularly beautiful day. *Xavier* notices the beauty, and comments how he never allows himself to enjoy a day like this, but bogs himself down with work. He feels two very strong wave of drug action, not unpleasant but not pleasant, but overwhelming. They pass, leaving him feeling good after the wave. He notices that his back, which has been bothering him for several months, does not hurt as much, and we walk much further than would ordinarily be comfortable for him.

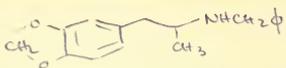
12:20 Supplement time. We return to the girls. *Xavier* does not want the supplement, but all else take 40 m.g. *Gibboth* has become to come out of the deep state of conflict she was in, and notices how young and relaxed *Xavier* looks, and how bright his eyes are, without their usual glaze. She asks us to leave her with *Carla* again, and *Xavier* and I continue our walk. I am having a glorious experience, feeling very good with *Xavier*, and the weight of any past differences dropped away. I am pleased he is having such an excellent reaction, since he approached the experiment with many reservations.

The experiment trails off nicely, with good feelings all around. *Xavier* gets hungry and makes himself a sandwich. He wants to watch a football game on TV that he had previously set himself up for. I join the girls for relaxed discussion.

Later in the evening, we go out to eat at a cafeteria, having a nice, relaxed evening. Unfortunately, *Xavier* quickly returns to some of his established routines.

Background. *Xavier* is my older brother, 3 years older. He is an attorney in Jamaica, N.Y., and has established an affluent lifestyle. He is totally dedicated to his work, and cannot seem to extricate himself from it, although he claims to be trying. Louise has deep-seated emotional problems, and has suffered much from his neglect, especially now that the children are growing up and going off to school. They have three lovely children, amazingly bright and intelligent and except for *Raul*, the son and youngest, very personable. Both girls are now away at school. *Raul* is extremely competent both athletically and scholastically and is somewhat withdrawn, but is coming out of it (he's 14).

Gibboth has always been interested in our psychedelic studies, and has wanted to participate. There never has been a good opportunity, and I have been reluctant since *Xavier* is very conservative and very resistant to the whole idea. I was surprised and pleased after our discussions on this trip, when we had more time together than in many years, that he was receptive to the experiment, although he had many reservations. I was consequently quite pleased when he had an enjoyable experience, and was open in many ways to looking at his lifestyle and relationship with *Gibboth*.



MDOBZ

- 5 mg 2:55 PM = [0:00] 1/27/79. n.e.
- 20 mg 2:45 PM = [0:00] 10 mg [1:00] + 10 mg (1/26/79). n.e.
- ± 60 mg 11:30 AM = [0:00] 40 mg [0:00] possible ear alert? [1:05] + 20 mg [1:50] slight alert in ears (b.p.?) ± at max [2:30] clear if there was ever anything.
- 150 mg. 12:12 AM = [0:00] 2/19/79. 100 mg n.e. [1:00] + 50 mg - [1:10] sl. ear pressure. n.e.

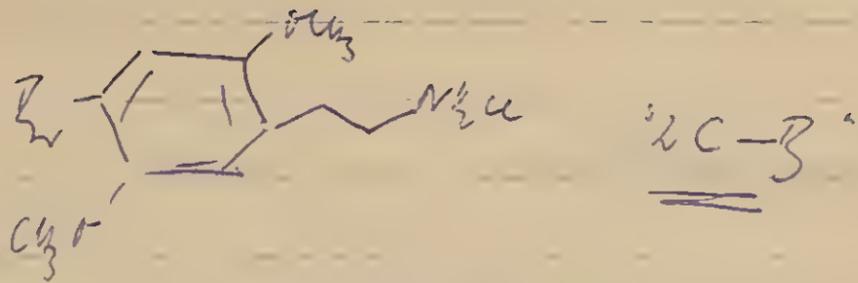
2-CB Dave, Ed

The literature - history, which have interested in us, goes

Conclusions

The experience of getting a malaria and getting
 the fever is disturbing variations in the past, in understanding
 and trying and in a word
 Schreber. A dance

14.1.79



Denise	do my	}	++ - +++
Bunny	do my		

40 min after intake : pm effects : getting drier, lack of concentration
white reading, cold

60 min - 180 min : Plateau

300 min : no effect anymore

visual : hypn "oscillating" edges, "breaking" objects - strong
motion (for Denise), no colours

auditory : isolated sounds stronger, music "dull" ~~not~~
no affection "swinging with the music", Kirk Tatt
strangely isolated, does not affect.

taste and smell normal.

tactile : much enhanced without giving more pleasure
emotional dullness

body-feeling: material density, strong awareness,
however feeling more like a "shrinking potato" than
like a "glowing ball" (Denise)

difficult in matter, despite of enhanced touching,
no longing to stick for touching: no atmosphere,
no attraction but if touching, mind adhesion.
Awareness of density ~~was~~ but no tolerance.

(intellectual insight tho' matter does not bring more satisfaction.
more)

2-CB Dave; Ed

A summary of details

Dave is standing in the living room, experiencing everything in motion: the ladder to the ceiling, the windows gliding, lamp, pictures, flowers: he is in a boat in high waves (could separate) at the same time Ed doesn't see any motions outside, but feels himself being an  amorphous structure, with his legs stretched out to the length of the

Dave: while experiencing his inner movement simultaneously as outer movement,

Ed is only feeling his inner movement (as well as the flexibility of the body, like a material that could be rolled or packed together.)
At the moment when she tried to see, or imagine outer movement as well, she vomited (really.)

clear sport, but somehow limited: the skill is consciously felt and so is the limitation of the sport. Getting ability for acrobatics, the most funny ones completely unexpected ones but despite this acrobatics-properly quite different: no free flight but only linked to material: e.g. you see or think something and strange, prepared or funny thoughts occur.
(confirmation of sub-acrobatics)

in the second part of the plateau extremely relaxed
in his own world extremely funny, being able to get away,
games, a social fun.

- The "breaking of logic", experience of paradoxes
→ an aliph property

e.g. ^{Bunny} told Denise that he behaves as a teacher
in this moment she realizes that with this sentence she is
the teacher.

- ^{Bunny} experiences an (her) intellectual driving force;
everything felt has to be understood, evaluated, put into
a system. Close interaction between feeling and thinking.

- ^{Bunny} in the dark room: "I see so clearly that I do not need
lights"

- Body touching, -holding: first impression: ying + yang,
hidden understanding of the symbol.
The own body can be seen (felt), = light colour.
The other body (can not be seen, only the edges touched, and
flour outlined: dark colour.

- same associations: atmosphere: ^{of the universe} aha. field of energy →
1) "Atmosphere happen" = to make some atmosphere
eg. in a room ^{or between people} rather than lighting a candle, or
pouring a glass of wine one should be open for
letting the flow of energy = atmosphere occur.

2) bio logisch, biological = aha' bio logos
the bi-supplementing system is natural, logical.
mono-logisch does not exist.

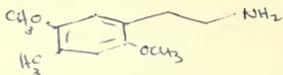
- to see with the body (2-18)
- to see with the head (normally)
the head is on top of the body, the head ~~overlooks~~ ^{oversees} ~~looks~~ projects the body.

In general a most interesting experience.
Some aleph, some miscelane⁽²⁾ ~~various~~ ~~aspects~~,
and different, specific.

not the transcending, universal touch,
a very earthly, limited feeling
the matric - dritg, with some intellectual or effects.

(Autraleph)

- the experience of writing: horizontal and interesting:
the pen, is starting mountains on the page, and descending
and flying and and and.
schreiben, a dance!



2-CD

from 273

- (+) 30 mg 2/7/79 This just 60mg MOBZ not alert until almost [1:00] 6:2 PM = [0:00] at [1:15] barely + [2:00] a slightly drunken + only, intense alert in darkness [3:00] out and I have been for a while. +, but compromised by the MOBZ.
- ++ 15 mg 2-CD + 10 mg 2-CD 2/10/79 AB, CQ, CN, CR 30mg; DA, DB, CD 25mg all \bar{c} alert at ~ 0:30 (1:00-2:00) - ATS at (1:00) to delirious ++, more AB than CN. AB compares to LSD, DA & DB a little light. Extremely well mixed - outside, quarantous, finally. Quite well drifted by (4:00) but I still +. Good appetites.
- + 30 mg (DG 30mg) 3/1/79. 5:00 = (0:00). aware at (0:45) - window cleaning. [1:30] music in drive - so so. [2:00] to office - clay work, desk work - still only ~~st~~ +. (3:00) drifting - [3:30] DG still some body awareness [4:30] DG out - quiet, as has not been too much. (100% hyper bar low!) - has overall ++
- + (1) 45 mg (CN 25 - both 30+15; A.P. 30 - staggered times) 6/13/79 1:15 PM = (0:00) 30mg [1:30] barely to \bar{c} at (2:00) + 15mg muffled. [3:00 to 4:00] at + or sl. more only. Enjoyable but inadequate to break into anything above + - in physical to shake up. A.P. 30mg at [3:15] = nau(sic) f. [0:45] to [1:15] to ++, easily absorbed but if relaxed to ++. Well received. Wine in PM. seems extremely potent. ATS, CN surely compromised by MDA 24hrs earlier. sl. over
- ++ (+). 40 mg 10/7/79 9:00 PM = (0:00) AP \bar{c} alert [0:30-0:40] developed to ++ ATS, +++ AP by [1:30] quite 2-CD like in body - ~~big~~ but [2-4] \bar{c} dream recall, more intrusive than 2-CD - optimum dose probably 30 mg. Restless sleep [5-6] - some residue.
- [1/19/80 - AB, CQ, CN, CR, A.P. - all 30mg - A.P. almost +++ , CN ok; CR quite, then CQ, CQ, AB a shade light, CD v. light! ATS \bar{c} MDA-7. Date unknown CR with today]

REPORT OF EXPERIENCE WITH MDMA

Date: January 25, 1979

Participants: *Carla and Zeke*

Dosage: *Carla* 100 m.g., *Zeke* 120 m.g.

Start: 8:38 A.M.

8:50: I feel slightly. Am more aware of internal processes with the smaller group.

9:00: *Carla* reports that eyes are out of focus. This has been a common reaction. I wonder if the relaxing effect of the chemical isn't relaxing her eyes. I ask her to try her glasses. She sees much better with them.

9:05: I feel a stronger wave.

9:07: *Carla* begins to feel effect--a lightness, about to drift off.

9:15: *Carla* goes to the bathroom for the 3rd time. Feels cleansed, purged, relaxed.

9:17: I feel a little dizzy. The Jehova's Wittness representative drives up. *Carla* handles her nicely and she leaves.

9:40: We are deeply into the experience. *Carla* feels very introspective, and is quiet. I look outside at the clouds, the beautiful mountains. I find the quiet leads to a far different kind of experience, much more like LSD. I see much imagery and great beauty in the clouds, and experience profound realizations.

10:10: We both take 40 m.g. supplement.

10:20: I go outside, bundled up well for the cold. It is ~~is~~ clear cold day, with beautiful clouds hanging over the mountains, partly scattered. It is like stepping into a whole new world. Everything lights up, and everything is profoundly beautiful. I feel the very deep love I have for this country.

Back inside, *Carla* and I have a quiet, relaxed time. She is very soft and beautiful, and reports the same for me. Mostly we spend the time in quiet, listening to music. We have a discussion about teamwork. The afternoon passes surprisingly quickly.

3:00 p.m. We are enjoying the experience enormously, feeling extremely relaxed, euphoric, and renewed. I feel the intoxication is over, and quite normal, yet unusually good and open, and my body very light. We drive to town to mail some letters that must go out in the afternoon mail. The ride is most enjoyable, and the scenery and change of view is marvelous. Back home, a walk with the dogs finds ~~with~~ body extremely light and energetic.

4:30: We watch sunset approaching, listening to Ravel's Daphne and Chloe. We stand at the dining room French door entranced. The setting sun lights up the clouds over the *tsit's*. The cloud formations and the music are simply superb. One huge cloud looks like the spaceship from "Close Encounters . . .", with all of the feelings of other, more intelligent life. We are spellbound until the music ends. A perfect ending for a perfect day.



- 2 mg 3:55 = [0:00] 2/14/79 n.e.
- 5 mg 1:30 = [0:00] 2/17/79 n.e. (starry at [1:00]?) [1:30]? 2:00 (-) 6:15 D. between 4:30 + clear at 6:3.
- + 9 mg 2:55 = [0:00] 2/21/79. [0:22] about [0:25] start [0:35] up to + but am stuck there. [1:35] steady at + - a little retinal effect & eyes closed at [4:00] completely sober. Not as much effect as P50H at 7 mg.
- +++ 12 mg. 12:22 = [0:00] A.S. [0:14] about? [0:17] start [0:21] to + [0:30] feel ++ or more [0:43] to feel ++, intense ej. [0:58] vivid eyes-closed. [1:10] erotic illusion to music, some light denting. [1:33] everything erotic, rolling [1:43] how can they allow an erotic piece like Saint-Saëns #2 piano concerto ever appear in public, let alone on the radio - at least + till [2:00] fully potent again. behaves < ++. [2:10] I must share this c DG soon. [3:15] below + - almost out [4:00] out. A rich day for insights - love, DO child, c retreat, CIA, disney fantasy. Overall good +++.

Frank

20 mg ≅ 50mg P50H

onset 15 min

peak [40-6]

decline next 2

2/12/79

REPORT of EXPERIENCE WITH 2-CD

This report is to record some of the highlights of my first experience with this substance.

I ingested 25 m.g. on February 9, 1979, in the company of Holly, Greg and Elizabeth, Vanda and Sandy, Jake and Sasha.

The experience developed very nicely and smoothly, and remained an exceptionally smooth experience throughout the day. It was not a particularly intense experience, and it no doubt would have been more so at a little higher dose level, as reported by others. However, it was a very enjoyable experience, and I felt much closeness and warmth with all the others.

Probably the most dramatic effects I noticed at several hours into the experience observing the paintings in the living room. There are two paintings that have a lot of very dark background. The dark areas lighted up and became alive in a way that I had never seen before. I was aware of very subtle differences of shading that illustrated that the painter could very effectively communicate feeling and meaning in the dark areas, if we but see them. I think that from now on the dark areas of these paintings will never have to be than the light ones, which are more obvious.

What was most noticeable about this particular substance is the marvelous afterglow. The coming down left a feeling of complete inner satisfaction, peace, and internal strength that was most rewarding. Furthermore, this feeling lasted for several days. For the next three days at work, in spite of being very pressed by many things to do, almost more than could be accomplished in the time remaining, I remained calm, confident, and worked with an easy grace that belied the pressures.

Thursday, on our drive to Los Angeles, Holly and I still felt a great enhancement of our drive that stemmed from this experience. At one point I was so lifted (even more than on the day of the experience!) that I was moved to try to express it in writing.

At the meeting I attended on Friday, I felt that the inner peace and strength that I had gained contributed a great deal to my enjoyment of the meeting and the communication I entered into with various participants.

Zeke

Date: February 19, 1979

REPORT OF MDMA EXPERIENCE

Participants: *Tatiana, Carla, and Kelly*

Dosage: *Carla*, 100 mg. *Tatiana* and *Kelly*, 120 mg.

Background: *Tatiana* has been run down since Christmas, dropping in and out of the flue, with low energy, and with a raspy throat that has affected her throat and prevented her from singing (she is an excellent singer, accompanying herself on the guitar). She asked for an experience, so we set up this day in her apartment in Berkeley.

Start: 11:30 A.M.

11:40: *Carla* is beginning to feel.

12:00 *Kelly* and *Carla* are feeling it more strongly. *Tatiana* is cold.

12:05 We notice that the three brightly colored Mexican finger paintings on the wall are coming to life very vividly. After looking at the paintings, *Tatiana* feels strongly hit. I feel woozy. We notice that compared to the finger paintings, the Indian sand paintings next to them appear stiff and mechanical.

12:25. *Tatiana* and I feel cold and put on more clothing. *Carla* feels good being cold. It is a cloudy day outside. *Tatiana's* living room has a dark gold wall paper. I find it getting very bright and very attractive. I doubt if I will ever see it dull again. I am intensely intoxicated, probably the deepest ever. Everyone's skin has softened. *Carla* and *Tatiana* look radiant and beautiful. We all feel glorious.

12:35. The sun has broken through the clouds. We step out on the little balcony, into the sunshine, and observe the plants *Tatiana* is growing. It is beautiful and alive outside. The clouds are striking. I see intense, brilliant white light in the clouds that is very elevating.

1:00. All take 40 mg. supplement.

1:20. *Carla* reports that the supplement has hit her stronger than the first amount. This may be because of her initial lower dose. She thinks she may start with more next time. Everything is dancing. She has trouble focusing. SHE is extremely relaxed. She notices some internal darting.

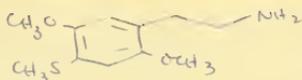
1:30. We are all extremely relaxed and euphoric. *Tatiana* sings to us. She plays and sings perfectly. Her voice is angelic, with no trace of the earlier raspiness. This is true in her speech also. Time passes rapidly, unnoticed.

3:00. We go for a walk in the neighborhood. It is beautiful outside, and we deeply appreciate the beautiful shrubbery and trees, and the well-kept homes.

3:40. Back in the ~~same~~ apartment, *Tatiana* feels too tired to sing more. We put on Don Quixote, by Richard Strauss. The music is beautiful. Everyone feels very relaxed, and *Tatiana* and *Carla* feel tired. *Carla* still reports eye darting. All have experienced some slight jaw clenching, but it passes quickly.

5:30. After eating (I am very hungry, more so than previously), we drive up Pacific Avenue high up on the mountain, with a marvelous view overlooking Concord and the Valley.

We return for a quiet, restful evening. *Tatiana* is aware how she has been pushing herself and not getting enough rest. We all feel renewed.



2-CT
2C-T

- ± 10 CN. ± CN isolates.
- 15mg CN. -
- ± 20 mg CN ±
- + 25 mg CN + 9:30 AM = [0:00] 2/26/79 [0:30] aware [0:45] quite exhilarated - to + [2:05] noticeable drop [2:30] out.
- ± 30 mg ATS 3/26/81 8:23 AM = [0:00] [0:45] ±? [1:45] clear. at best ±
- ± 35 mg ATS 5/4/81 9:20 AM = [0:00] [0:30] aware, to ± - quite real - continue to [1:30] - then little if anything. Very peaceful of body throughout afternoon. CN case.
- +1.5 50 mg ATS 5/8/81 10:25 AM = [0:00] [0:30] alert [1:00] to honest + or maybe a bit more - thoughts very erotic. Completely functional - no visual but delightful awareness of an effect [2:30] noticeable drop. [4:30] out - very desaturation in body.
- ++ 75 mg ATS 5/10/81 7:40 PM = [0:00] AP. ≡. Already aware at [1:15] - a bit like LSO in the onset. [0:30] development quite quickly to a ++ by [1:00]. very comfortable - no visual whatsoever, but extreme tactile sensitivity - erotic, warm close feeling. Some fantasy to music (AP > ATS), pictures do little. Some drop noted at [3:00], both in intensity (from sl. > ++) and in sensitivity - Drop to extremely relax, good body feeling of r + by [5:00] and drift into excellent, deep sleep. AP. busy dreams. AM, refreshed, active, without deficit.

EXPERIMENT WITH 2-CD

Date: March 20, 1979

Subjects: Zeke and Holly

Dosage: 25 m.g.

8:55 A.M.: Ingestion, on an empty stomach. The previous day had been quite stormy, with snow and rain. This morning it seemed to be clearing, but low-lying clouds moved in, and it was cold outside.

9:25: Holly begins to notice. We have been listening to Willie's piano recording (the local valley pianist), and it is beautiful. I have felt somewhat, and have Holly enjoying the beautiful clouds. I notice I am a little dizzy when I stand up. Jean turns off the heater.

9:32: Holly is very aware of her body. It is strange, totally different than previous time with the group. Things are coming to life. I feel nauseau, but it passes quickly.

9:38: I am cold, even with the heater back on. Holly

10:03: Holly is uncomfortable. We both feel much more impact from the chemical than previous time. I feel quite intoxicated.

10:30: We go outside. It is chilly, but the sun peaks through the clouds to warm us. It is perfectly beautiful outside. Fortunately, no wind. Everything is crystal clear, the mountains are covered with fresh snow, beautiful clouds hang over the mountain. We notice that spring is bursting out everywhere, with wonderful shades of green everywhere as new plant life appears, and new grass is growing in the meadow. We notice the rocks and plants in great detail. We have a marvelous walk down to the stream, where I show Holly a pool I discovered the day before where we might grow trout. We enjoy watching the stream, and the marvelous outdoors until almost noon.

12:00: It has clouded over, and gotten colder. We notice the tremendous emptiness of our stomachs, and go back to the house to eat. I feel much energy running, but a slight upset to my stomach. We seem to have passed the peak, with the intoxication having passed, but otherwise we are feeling marvelous. Scrambled eggs taste outstanding. We are both famished. All my stomach discomfort disappears after eating. Holly felt a slight stomach discomfort after eating, and after a while it went away.

12:30 - 1:30 We still, listening to the piano music, which seems especially fitting. Iren is very much with us. We both feel a little tired, and enjoy lying down listening to the music. It is most peaceful and euphoric.

1:35 I feel a marvelous afterglow developing. We go for a stroll, and visit our new neighbor who is constructing his house. We wander about the property, enjoying the marvelous glow, which continues the rest of the day. We have a splendidly relaxed afternoon and evening. At night we enjoy quietly reading in front of the fire.

PRIMER STUDIES (f. p. 288)

++ 6 4/7/79 MDOH frame for ADA. [2:30] 100 ug MDOH g.v. $\{4.30\}^{\text{PH}}$ [0:00] [0:30] extreme harassment
 [0:35] quiet early to shored state [0:40] ca 1.5+ [0:43] to ++. a nice stone slight tooth clench
 some eye irregularity - easy to integrate myotagus [1:00] slightly over ++. eyes, both -
 handwriting going downhill. piano so so [1:10] tooth clatter - can play various games.
 Some time slowing. [1:30] sl. over ++, easier visual synthesis, shakes, lights take human
 form. (2:00) 2.5+ [2:15] slide ++ [2:45] down to +. tooth clench [3:15] almost out -
 extent experiment @ 200 ug (1/5) BP grass. - 815 PM = [0:00] - the following is the
 most extraordinary time extension I have ever experienced.

3.9 +

[0:13] starting
 [0:14] coming on in waves - time slowing (clashed) but ^{rate} pitch, speed normal tone.
 [0:20] weeks later, another wave
 [0:21] another wave - a little scary
 [0:23] full +++ - pulse 150? hard to find pulse - over 3+
 [0:26] Surely 3.5+ (I cannot see +++ , reserved for other things)
 [0:30] 3.7+ cannot find pulse - extreme time distortion. Shall I call CNPCR?
 [0:35] call CNPCR-CN is here - stays on floor. at 3.9+ Talk an hour that
 is a century - CN drives out. arrives 10:10 - this [1:55] time is recovering. pulse
 110. The time elapsed is some distorted (from 5x to 20x depending on test) but
 pitch, word rate, piano play - all at normal times. How can these be separate
 and still exist ~~at~~ concurrently? [2:45] repairing pulse 100 [3:30] time pretty much
 OK. some wine to try sleep - speech OK, but get into some bizarre logical strands
 that doesn't seem a natural sequencer to others. I am sure that heart was OK all
 along. Food eating impossible at v [0:30] - try to eat - had to spit out & wash mouth.
 Juice OK. Subsequent try just grass (same batch, wrong) considerable intox.
 but negligible time distortion - nothing of value. Incredible! How can two clocks
 running at different rates always point to the same hour?? Visual synthesis is
 easy, but I was loath to let it take over - I had to stay in verbal contact.

Boozy of grass alone - 6/23/79. Inverness - OK - then grass + DRED. (AP \equiv) - extreme
 loss of short-term memory - AP quickly - then slow recovery - we - slow to leak -
 nausea, vomiting - v. slow recovery @ no memory of verbal outpouring - to beach. - -
 (og - to inverness - w/lee - to S.F. (St. Andreas) - CN^{E} - unpleasant - I have been a little of

+++ MDE \rightarrow LSD. 8/4/79 160ug MDE; 50ug LSD (AP \equiv) 10:10 [0:00] alert [0:30] [0:35] to +, [0:40] to ++ -
 plateau (1:00) at ++ (1:30) steady at beautiful ++; 50ug LSD (new base) (now [0:00]). [1:00] to
 2.5+ v. nice. - up to +++ under window [2:40] still +++ - into urban v. trials - no dark corners
 [5:00] dropping [1:00] to beautiful + still - modest affluence - evening wine extremely
 intoxicating - good sleep. AM - still graceful & willow. A beautiful +++ without corners



alpha-2 (continued)

- ++ 6 mg 3/3/79. (ATS 5+1; AB .80+0.9; 4.5+1.5; CQ 4+0; DP 4+2) all supplements at [1:40] 11:35 = [0:00]. DP lightly affected, DG ± A.TS. into mind mental game, dis not AB's reverse - then abandon! - Intense erotic - rather involunt [6:00] drive to airport - excellent experiment. Fuel ++ for ATS - +++ or so for AB
- +++ 8 mg 3/3/79 (ATS 6+2, CN 5+0, CR 4+2) 7:07 AM = [0:00], to +1½ at [1:30] - supplement 2:30 fuel +++ - retinal & cerebral hallucinations - continued to [7:30] - several child hood recs (toothpicks, Walnut St. bridge) CN extreme chill - sleep? amnesia? for ~ 2 hrs. Refrain for Hummel (11:00) less than ++ - Hummel. 17:00 still + - fuel fuel but satiating sleep - AM [26 hrs] still some shakes - aware - Intense experience.
- +++ 7 mg 5/20/79 (CN 5; CR ~~5~~ 5; AB 5; CQ 4; A.P. 5+2 @ [1:30] noon = [0:00]. Very subtle development to [1:30] or [2] ATS very abruptly intoxicated - at +++ - but little visual this time. This time see my max dose CN intense visual, and again "hibernation", totally unable to drive at (12:00) - some shakes - still + at (3:00) - finally largely clear at 3 [6:00] - decided, if again, at 1 mg and work up: CR reasonably light. AB vocal - retelling of rough youth. CQ quite deep and ± some of headache (CN ± hemispheric activity). A.P. light despite 2 mg supplement (87 mg). Easy talking - more "window" like. All at four.



continued from 278

319

- ++ 80 mg. (4/9/74) in MDOH test - see in primer file, page 317. 2 1/2 +.
- ++ 140 mg (6/6/75) 9:30 AM = [0:00] 100 mg (thin for urine search for MDOH) [0:30] double pong - acid shower - to ~ + or 1.5+ at [1:00] [1:15] add 40 mg [2:00] to ++. Patsy call [2:30] at or over ++, unobscured. still at [3:30] at ++ Lude call vs Revl. some drooping [4:00] largely out. overall ++ - 7th urine collected
- ++ 120 mg (6/24/79) 6:30 PM = [0:00] AP 120 mg - both in 1 glass wine at [-:30] - rapid detection - at [-:30] [0:45] nausea AT5, AB, CA. ev reached in 120 MDOH [1:15] to at or over ++. [4:15] drooping, AB=BB leave - gradual decline, relinkable by interaction. next AM - new valed. (0:25) CN (0:35) AT5 (0:45) CR
- ++ 100 mg (10/22/79) *4:00 = [0:00] CN, CR =. No nausea - alert all ~ [0:30] to ++ at [1:15] - much personal conversation (living room floor) - distinctly drooping at [4:00] - careful drive home - 2 glasses wine -> good sleep (appetite - good taste, but 2nd)
- + 80 mg (2/12/80) Post EBA (50+40 @ [-:30] g.v.). 40 mg @ [0:00] alert at [-:30] [1:00] + 40. [2:00] to real + [3:00] still only + mentally. Full autonomic however. Some retract.
- + 60 mg (6/12/80) Post = Mc MDA (60mg, sep 3cl) [1:00] aware - to ± [1:30] +, quite real, but attenuated from what 60 should do [1:50] some teeth clench [3:00] quite a bit of clench - no mental. Physical force + mental. (+)
- +++ 150 mg (7/11/80) 75+75 (AP ±; CN ±; CR. 70+70 1st @ 12:30 PM, 2nd @ 1:30 = [0:50]. already > at [0:50] [1:05] to ++ or more [2:00] to >+. Beautiful. A.P. somewhat slow to come on, then abruptly way up there. everyone receives extremely well. AP & CR easy talk. AT5 - directed fantasy, but easy recovery [3:00] AT5 drooping, A.P. still >+ [3:00] drive back -> farm. complete anorexia. Erotic to [11:00] org. unipassible but extraordinary tactile response. Next less sleep. AM. OK. trace shaced? +++
- +++ 150 mg (8/11/80) lone Pine; AP 150, CN 120, CR 100, DA 120, DB 100, DQ 100 8:50 AM = [0:00] All dose split 1/2 [0:00] 1/2 [0:40] AP slow on, some upset in DB. - rest no nausea - easy balanced day, proper chronology - CR headache (inadequate eye moisture?) DB quite (overly) intoxicated - much teeth clench (AT5 - less rest time?) little appetite - not too much lethargy next day. excellent reception. ++
- ++ 80 mg (9/27/80) Farm 12:30 = [0:00] 40 + 40 [0:40] all. AT5, A.P., CN, CR, AB, BB, CD, AZ, CT all in alert to < 2nd 40 except AP. at graceful, sociable ++ by [2:00] in garden (pumpkin) - some talk, much silence (but sociable?). Com fruit in eyes closed (no fantasy) scattered decline from ~ [4:30] on. Very modest teeth clench, two MDA virgins accept very well. Modest anorexia at [8:00] AT5 - time-consuming dreams (slow sleep) [11:00-12:00] - then somewhat fitful. excellent light level. Very distressed - no wish for rushin. ++
- ++ 120 mg (10/12/80) Farm 12:40 = [0:00] AP, DI ±, DJ 80 mg, all split dose 1/2 [0:00] 1/2 [0:30] alert ~ [0:40] [1:15] quickly but rapidly up. [1:30] DI +++ - rest + 1/2 - extremely sedated - drop off [4:00 - 5:00] but unclear. DI in textbook relive of 7 year old school certifying collapse - legs caught - survivor guilt (authentic) - all but DJ extreme anorexia. some teeth clench. Very well received. Bright colors outside. largely down [9:00] - some food, wine - fair sleep. AM. no residue ++ 1/2

REPORT OF INT. JUNG. VITA. JOURN.

Date: April 12, 1979

Participants: Tatiana and Theo, Holly and Kelly

Dose: All take 120 r.p.

4:12 p.m. Start

4:25 I feel some exhilaration as does Holly. Holly "getting a buzz on."

4:54 After initial rush, it has been quiet. I notice the effect much more when I stand up.

4:56 I am getting intoxicated, as is Holly. Holly notices heightening of perception, and everything getting very colorful. Everyone is beginning to feel deeply. Everyone looks young and soft, and everyone feels very warm and close feelings for each other, which are expressed. Tatiana and Theo feel particularly close, and are enmeshed with each other. We walk outside, where it is particularly alive and beautiful. We are all feeling wonderful. Holly comments that 120 r.p. is much better than 100 r.p., which has been her starting dose up to now. I notice a great beauty in the Arizona cypress which had never particularly struck me before.

5:40 We all take 40 r.p. supplement. Theo asks for music, and we play Willie's records, which seem particularly appropriate for this experience. We share much love and heightened feelings. Everyone feels so alive and relaxed and how wonderful it is to share this experience together.

7:04 Tatiana remarks that the experience was a long time coming on for her, although she was relaxed and tranquil. With the supplement she kept getting higher and higher. We speculate that this might have been because she was so tired and got so little sleep for a couple of days, after being very busy in Mexico and coming right up here with no time to rest. She has noticed for the last 10 minutes a strobe-light effect. Is this the same as eye-barting?

8:30 We spend more time outside enjoying the marvelous beauty of the moonlight.

9:47 After a most relaxed and enjoyable evening, we finally get around to eating. Everything tastes wonderful.

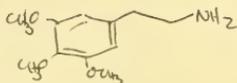
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page
321

controlled (hot) all day - a little over ++. (5:00) to entrance - mail - (6:00) breeze and Brooks, DU, CA to my. (8:00) eat - good appetite - talk to (5:00) - wine v. effective - good sleep.

↑(6:00)

++ 10 buttons (8/31/79) D.P. = (10:05 - 10:20) consume nausea ~~was~~ (0:20 - 0:35) - extreme myofasc
 AFS contraindicated by MDM 8/29/79, i. ++ - At+++ . Earthy, friendly, honest, real. ++

Continued p 353



- + .5 350 mg (5/5/79, CN, CR, 350 each, [12:00] = [0:00] (0.20) alert CR in eyes, back, CN starts; at (0:25) ATB paraesthesia. No nausea - anyone (1:15) start on central - white, y oaks below. Easy into shekin - eyes closed - retinal events completely depersonalizing. CR flow of tears. CR especially enjoyed the experience. Overall plateau ~ 4 hrs Beautiful decline over next 6 hrs - modest appetite. V. sound sleep. Next day much done in garbage cleanup - efficient. more than ++
- ++ 400 mg (5/15/79) A.P. 400mg 2:55 = [0:00] - body unconscious ATB to [1:00] AP hungry & tremors. (2:00) A.P. seemed deep back flares - + much mind motion. Max (ent - (4:00) but enthralling effects to ~ [10:00] - rather good appetite - mind at ++ but AP nearly +++.
- ++ 7 buttons, 13g Quinoy : 65g (35 buttons, old) ground to powder → 56g solids, 3.5g tufts. Soak in total wt 400 use 40. 80g ATB, 80g AP. 10:30 AM = [0:00] 6/9/79. Mescaline [0:30 to 1:00] - effects f. 0:45 to ~ 3:00 or 4:00 plateau - to ++ ATB some imagery - no mescaline movement, little color AP - slower but deeper - nausea at ~ [0:45] - time slowed - friendly intro - no dark corners - 1st drop ~ (5:30) and voluntary to ~ (10:00) my overall ++ or a shade under; AP ++.5. Remaining 2/3 frozen. Note - original taste almost impossibly ugly. Retasting at (6:00) - slightly sweet and the aftertaste completely friendly!!
- +++ Focusing experiment 6/10/79. ATB, AB, CA, CN, CR 10:25 30 mg methamphetamine (earlier danger signals, Spivo + ♀ ON, rats, crowded Kers - 12:00 = [0:00] 210 mg each. little or no nausea. ATB, CR light, CA medium, AB over ++, CN +++ at [1:00]. AB, ATB + 100, CA, CR. + 40 (at 2:00) CN as is. Intense experience. [2:00 to 4:00] ATB inwards - near religion, ATB. visions of infancy; DT entry to crib, DR entry?, DS entry to nursing, under breasts; CR locked to age 14. Gentle descent (4:00) to [10:00] easy talk, candid self-revealing. at [12:00] CN still could drive, AM. OK Extraordinary experiment. I at +++
- ++ .5 Focusing experiment 7/7/79 11:45 = [0:00]. At [-1:15] ATB, A.P. = 30 mg methamphetamine - little effect AP, ATB = warm exhilarated glow at ~ [1:15], each 250 mg mescaline No nausea. at [1:15] A.P. near +++ . ATB just under ++ [1:35] + 50 mg - felt by A.P. in 15 min, ATB in 30. [3:15] time misjudgment - thought it was earlier - intense discussion - resolve personal relationships re CA - some drooling. (6:00) - quite dehydrated - 1st urination of day - 1st food. Still + at [10:00]. A.P. at or above +++ , but never loss of person, surroundings. ATB at ++.5. Good sleep, A.M. completely clear - some diarrhea A.P.
- ++ 400mg 8/11/79 (AB, CN, CR, CA, DU, 350, CA 30, AP 400, CA, DU split, ^{2:45} 40 min). 12:25 = [0:00] form. [1:00] body awareness of hawser period past, no nausea whatsoever. All subject mostly clear [1:30] BB in quincy - some concern - mandala watching in AB, CA. - colored in B & W design (AB purple, ATB - mult dots) (2:30) all to DU 5 year adventures in B room. (3:00) imagery in ivy - conjugate front porch. (4:00) 1st down? I have been

REPORT ON EXPERIMENT WITH MDMA

from Kelly

This is a summary of my experience after ingesting 100 mg. of MDMA on April 26, 1979, in the company of *Carla, Marcela and Sandy, Elizabeth and Greg, and Bunny and Sasha.*

The intoxication came on fairly rapidly. In about 30 minutes, I was intensely intoxicated, and more deeply than with MDMA. It was a glorious feeling, and all the other members of the group looked superb. Everyone shown with a marvelous glow, particularly *Sasha. Carla* looked particularly beautiful as I observed her during the day.

The presence of all members of the group was quite warm, and beauty everywhere was enhanced. The house seemed very special, and a perfect setting for the experiment. Everything in the house seemed to have been very tastefully selected, and fit in beautifully. *Marcela and Sandy's* personality and moodiness were reflected in their choice of ornaments and decorations.

Outside the sunshine was marvelous, and all was lush with the beauty of growing things. The view of the bay was inspiring, the sky and clouds were beautiful and peaceful.

With eyes closed, it felt marvelous, and it was quite appealing to pursue inner experience. However, because I had seen so little of the others in past weeks, I preferred not to withdraw, but to stay in contact.

I did notice an internal dryness which was characteristic of MDMA. I had a similar difficulty in urinating, but not as intense as with MDMA.

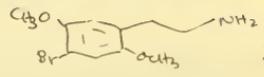
About mid-afternoon, when I walked barefoot on concrete, I was amazed to feel the concrete as soft and textured. I had never before experienced such liveness through my feet. This has stayed with me to a good extent.

Our walk around the block with *Marcela and Sandy* was a marvelous experience. Everything was so rich and beautiful, and conversation so pleasant and easy, although drinking in the beauty limited conversation.

The experience held on through the evening. By dark, there was a little tension developing similar to the after-effect of amphetamine. It would have been welcome to lie on the floor and listen to music and relax, but again I did not want to give up the contact with the others.

I drove home, and the early part of the drive was beautiful, and flowed effortlessly. However, by the time we got back, I was beginning to feel tired, and welcomed the opportunity to go to bed. Sleep was numb and dreamless.

The next morning, I felt extremely detached and tired, like a zombie, very much like the morning after my first *Alph-4* experience. I was extremely content and relaxed, nothing bothered me, but activity was an effort. I did yard work, having to rest frequently, but enjoying it immensely. That night at a party I had a wonderful time, and felt very free. However, for the next 3 days at work, I felt washed out, and had a hard time concentrating on my work. I would have loved to flake out in the sun. By Thursday, my energy returned, and I felt better than ever -- peaceful, calm, detached, strong. This has continued to the present. Our drive back to *Berkeley* was beautiful.



2C-B cont f 279, m to 342

- + .5 20 mg 5/25/79 (A.P. 20 mg) 11:05 = [0:00]. A.P. not a water f [0:30] alert to ~ (1:30) - quite incoherent but little visual. Intense body tremors - and into vigorous blessing coherence at ~ (4:00). Probably a peak (4+) experience. largely down at [8:00] following short sleep. DY vivid and uncomfortable dreams. AM. tired - sleep defect most impressive ATS - to just over one + This all 2 days following 26.6. +.5
- +++ 20 mg 7/25/79 (A.P. 20 mg) 6:37 PM = [0:00] little alert - onset subtle (0:30) → [1:10] (sun) much imagery - quite erotic (1:50) eyes closed fantasy - (3:00) quite dehydrated - overall from ++ (achin, moving) to +++ (eye closed). In low light objects were more, neg. retracted hallucinations (4:00) some drifting - vach 43 - (5:30) vigorous eating - typically tired - easy sleep. AM no residue - Impressive, v. good.
- + 50 mg (30+20) 9/1/79 6:48 PM = [0:00] Severe combromide from LSD 24 hrs. earlier - 30 mg → [0:22] alert [0:40] start but flatten out at + by (1:20) - separation of body and mind - withdrawn - abs. no ext. [1:25] boost 20 mg ATS 10 mg A.P. (latter at [2:10]) little add'l effect. A.P. is combinal (sedux?) to music; both barely + - lesson learned from abuse weeks (2CE, MDM, LSD within 4 days). [3:30] out to back. Farms incoherent but still P± +. Sleep good - washed experiment. +. LSD → extreme retreat
- ++ 25 mg (7/18/79, 7/19/79, 12:09 midn - just okay [0:30] start - vel light, + to ++ - food - few wks. + AP (±) fast, ATS slow. [5:00] recovering - sleep late.
- ++ 25 mg (7/21/79 - post play, =, 12:23 PM mid [0:00] [0:40] > aware - [3:30] drift f. ++ 2 hrs sleep AM - drive OK.
- ++ 25 mg (9/7/79) AP 25 mg 3:25 PM = [0:00] - alert [0:30] - strange anxious display, no RT - drifting from strange ++ - comfortable sleep at [8:00]. no two comfortable +
- ++ 25 mg (9/14/79) =, ^{5:53 PM} ~~5:53 PM~~ = [0:00] white wine celebration [0:30 to 1:15] to ++ or more. Quite a bit LSD-like - normal dream, but ++ intensity at max. blakan. excellent.
- ++ 25 mg (10/1/79); (CN, CR 20, 16 resb) 5:05 PM = [0:00] Very rapid, 3 slow. This 72 hrs post DOB. Considerable edge motion, colored retraction of lights, much color enhancement (2:00) full, [4:00] drizzling, fair altitude, drive fair (5:00) some difficulty
- ++ 20 mg (11/3/79) 11:00 AM = [0:00] AB 19; CN 17; CG, CR 16. Oakland Museum. V. subtle or not - rather cold - to max (7++) at low engine pump - much edge motion - vibration of incompressible bells, portrait of father (color!) max. ~ [6-3:00] gradual drop. Good altitude - > C + at [4:00] trumpet vine - dinner at CN+CR's Extremely pleasant AB 27++. p.s. Max of limited LSD @ 24 hrs. no blepharospasm at all. Slept up if anything.



"Yes, she's here, but in an altered state of awareness."



*"I hear
you've
become
something
of a
scientific
wizard"*



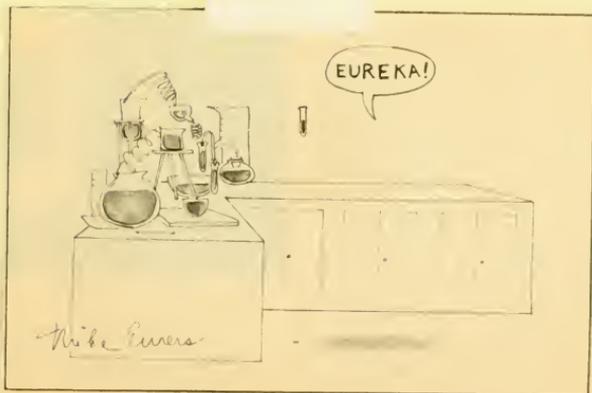
HERMAN

By Unger

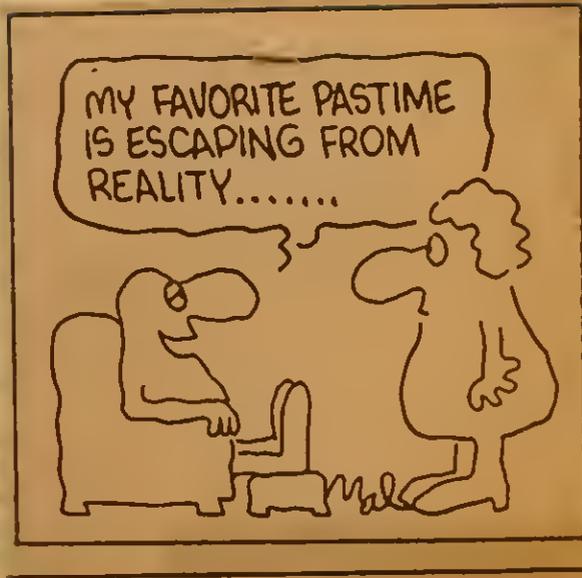


I guess we should have tried it on the rats first.

m



Saturday Review / February 1982



"I hear
you've
become
something
of a
scientific
wizard "



MDA Record

9/17/80	40+40	✓			CD, DV AB, BB AZ - asp ++ granule
8/11/80 some blue	75+75	75+75	60+60	50+50	60+60	50+50		+++ a bit ch... "mt" ? "me" ?
MDA - 319	ATS	AP	CN..	CR	DA	DB		
7/11/80	75+75	75+75	75+75	70+70				Beautiful bit too much "teeth?" +++
7/11/80								
10/22/79	100		100	100				++ {S} out
6/24/79	120	120						+ Some nausea
11/12/78	100+100		80+80	80+80				+++ (AB 200 BB 200 CD 200 {12} out a bit wind?)
9/29/78	80+80		70+70	60+60				AB 80+80 ++ CO -
2/20/78	120 (+40)		120 (+40)	80 (+30) ↑	120 (+40)	80 (+20)		Suffl. (1:45) BB 100+40 AB 120+40 +{S} desc. to {12}
6/24/76	140 (+20)				100 (+0)	80 (+0)		++ Suffl. (2:00) AB 100(+20) BB 80(+20) +{S} penicillin excellent.
1/27/76	140		100	80				++
	75 75	75 75	60+60	50+50	60+60	50 50		{50-50}
	1.5 ml	1.5 ml	1.2 ml	1.0 ml	1.2 ml	1.0 ml		1.0 ml

Abuse weeks

2 CB ~~323~~ 249
247256
267
primer 288
317
2'

1979.

Saturday 7/28 2 CE 12, 20

Sunday 7/29 MEM 40 + 30 40 + 30

Monday 7/30 ~~MEM 40 + 30 40 + 30~~ clean

Tuesday 7/31 LSD 80 + 80 80 + 80

Wednesday 8/1 2 CB 30 + 10 30 + 20

Thursday 8/2 clean

Friday 8/3 clean

Saturday 8/4 (LSD) MDE 160 + 80 160 + 80

Sunday 8/5

Experiment. (for Death Valley.)

Mescalum.

DAVE

Edward

ATS -

12/14/76

12/14/76

4/16/60

(250 + 50)

(250 + 50)

(400)

1/21/77

(300)

(late afternoon)

[400]

[350]

9/19/77

(400)

[400]

MCM

12/11/77

12/17/77

12/17/77

(25 + 10)

(20 + 10)

(50)

(morning)

[30]

[30]

2/5/78

(50) ++

[50]

DOET

(morning)

[5]

[5]

2/4/77

(5) ± (+)

10/9/77

(5) ++

[5]

DOPR. USD?

Alaska?

deep x?

to - resolution

to - resolution

to - resolution

no

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PP 201-323

#2