

Pharmacology Notes
pp 562-682 V

5

The Shulgin Lab Books

Pharmacology Lab Notes #5 (1982 - 1983)

A Bit About This Document:

While undertaking the work of investigating the chemistry and pharmacology of many varied psychoactive substances, Alexander “Sasha” Shulgin kept detailed notebooks. His documentation covered not only on his own personal research, but the research of friends and acquaintances. This book, the fifth of the “Pharmacology” series, represents mostly subjective responses by Shulgin and his research group and active dose work-ups of various substances. It covers the time frame of 1982 to 1983.

The Creation of This Document:

The project to undertake the transcribing of Shulgin’s Lab Books was started in 2008 by a team of volunteers and staff at Erowid, along with members of Team Shulgin. Various books were transcribed without a clear idea of how to present the information as a final product; eventually this format was chosen and a volunteer began work assembling the document. Each page was painstakingly transcribed from scanned images. All the hand-drawn “dirty pictures” (molecule drawings) and graphs were edited from the original scans and combined with drawn-in marks, outlines, and arrows to form this searchable PDF.

Most of the names in this document have been redacted and pseudonyms put in their place. Names are presented as much as possible as they were in the original book, for example “Robert Thompson” is also “Robert”, “R.Thompson”, and “RT”. Initials are frequently used, and no two people share names or initials so the reader can keep track of who’s who. (ATS is Sasha and AP is Ann)

Words highlighted in yellow are words that the transcription team could not decipher. If you think you can help us decipher some of these words, please contact shulginlabbooks@erowid.org; we would love your help.

This document is intended to resemble the look and feel of the original lab book as much as possible; minor corrections and clarifications have been made to make things easier to read, and to better fit this format. Words created specifically by Shulgin remain as found, for example: “Tooth-rubby” to describe bruxism. Shulgin uses some shorthand throughout this book; the only shorthand we have made an effort to clarify is the use of the letter “c” with a dash above it (from the Latin word cum, meaning “with”), which had been replaced by “[with]”. Other common shorthand to note: ∴ is “therefore”, ≈ is “approx. equal to”, ≡ is “identical to”, and ≅ is “equivalent to”. Bold text represents typewritten documents that were pasted into the lab book by Shulgin, and bold italic text represents handwritten documents pasted into the book that are not in Shulgin’s handwriting. All other text is Alexander Shulgin’s.

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The original version of this document and supporting files can be found here:
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Alexander Shulgin

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reward for return

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February 2, 1982
Time: 11:00AM
Material: 5-TOET 20mg.

A bright, sunny somewhat warm day.

11:50

maybe alert, a slight flushing of the face about 20 min ago. No gut discomfort. Things outside may appear a bit brighter.

12:40 PM + -

Beginning of a window, a very gradual climb, belching so some stomach but no discomfort.

12:50 +

The window is present but much reduced, not too much peripheral anesthesia.

1:25 + 1.5

Body tremors and a sense of restlessness, this seems to be the extent of the body load. I am nibbling but not munching. At this point material not anorexic. Still climbing.

2:10 ++

The climbing seems to have stabilized, have experienced several rushes, I can't say why I have peaked, somehow I just sense it.

5:30 + 2-2.5

A two level experience, at first the intoxication, then leading into the more complex mental. Lots of peaks and valleys, and very long lived. Now and then hints of my toxic reaction in the stomach, a cramping around the navel.

9:00 +

Very relaxed, some contact from other experiment, not hungry but no aversion to food.

12:00 AM + -, still not baseline

2:00 AM

effectively baseline, but 15hr?! A serious question about this being a good group material, 6 people more than enough. An inside material, Ann and Dad's interaction OK but sometimes a need to tune out and go inside. Eye closed richness but, for me, also vertigo and discomfort until much later in the experience, about the seventh hour. At about the fifth hour, I noticed a skewing of objects in the room combined with the appearance that they tended to flatten out, visual distortion not involving movement, interesting. A tendency for certain objects to take on a Dali-esk flattening out. Blues and purples seemed to stand out in intensity.

Night: sleep very intermittent, some darting and no remembered dreams, next morning, even though tired, remarkable high energy and good humor.

T. A. S.

st. 31.25mg 2CB at 9:00AM
+ 6.25 -> 37.5

11 Nov. 81

Zachary Carpenter (Blind person)

~45-5 y.

This is my statement about my state of mind, circumstances and intentions prior to the trip experience tomorrow, Nov. 12th.

I'm satisfied with my new work as a mental health supervisor in a half-way house for mentally ill persons being rehabilitated. I'm enjoying the intense but very human involvement with the situations of the residents. I also like the intimate working relationship with fellow staff members. This work has helped to overcome the sense of isolation and estrangement I've been feeling for the past several years.

My work with the Course In Miracles and other spiritual practices has changed dramatically in recent months, giving me a strong sense of the reality of transformation.

Tripping and social experiences with the Misfits has also contributed to overcoming the sense of isolation and the awakening of Spirit, although this has sometimes taken me through stormy places.

Although I feel my life has been improving recently, I still need to work on the following problems.

- A. I'd like to develop further connectedness with other people.
- B. I feel my sexuality has diminished, particularly after my blindness, and I'd like to recover pleasurable sexual feeling during orgasms. I've not had a satisfactory sexual relationship with a woman for many years, and I'd like to discover if this is still possible.
- C. I've sometimes been anxious about my inability to feel very strongly emotionally, and I hope to more fully experience positive affect--- the opening of the heart chakra and the experience of loving feelings, which I don't now experience.

9:20 odor present

9:30 chill all over

10:15 6.25mg 2CB (37.50mg total) low nausea

11:15 seems tired + sleepy, asked for Ritalin - refused

2:00 bathroom + said still strong part of experience

3:00 did not want music ect. - rare for Zachary

19 Dec. 81

Follow up Report on my 2 CB trip, by Zachary Carpenter

First sensation of turning on included a buzzing of sound, slight chill, low grade nausea. There was an initial mood of mild dislike, which was related to the nausea, but included a mild negative attitude toward my present life circumstances.

Smells were more noticeable

I felt I was turned on when the music sounded especially interesting, and I asked Ward for his suggestions for how best to use the space of this trip experience- the window. Ward suggested that I try focusing on something, such as the issue of my connection with other people. I could try this or go back to listening to the music.

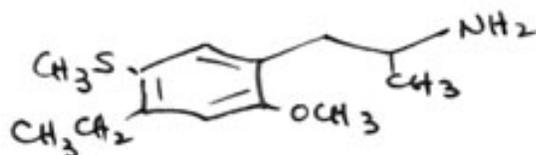
I took a look at my relationship with a number of different people, including my parents, the people at work, the Misfits, woman acquaintances, and clients I work with. I could see the many ways in which I was not connected with other people. My sense of a lack of connection seems accurate, but I developed a much clearer sense of what connection is, when it does occur.

At this point in the trip I felt sleepy, and I requested a ritalin. Ward suggested I first go with the sleepiness and see what's there. What's under the need to be in control? Music became more spacious and I got in contact with my spirit self. As I went with the music and I got a sense of how we are all connected. When I thought I was coming down, Ward gave me Hash, and the sense of spirit self became stronger. The culminating experience of the

trip was that I am the connector and can choose whether or not to be connected with others, and they are doing the same. I noticed that often I do not want to be intimately connected, and this is true of most other people. I could see the many ways in which there are barriers and mutual antagonisms- the subtle force of decline we have for one another.

Following the trip I noticed that I have continued to work on the theme of the trip. I have learned a lot, but not been able to accomplish a clear, strong, conscious connection, such as in a visit with my parents.

Zachary



5-TOET

from p. 482

-> +++ 11-25mg 2/14/82 The Group at the Farm. 12:15PM=[0:00] - In general, some awareness at [:40]- and extremely slow, quiet buildup to the 3rd or 4th hr. A changing plateau for another 3-4 hrs - then a pleasant drop-off to the 12th hr - some into next day.

ATS 25mg - to a ++ or somewhat more. No body - next day active.

AP 25mg - lightly effected - 2 days following - sleepy - drug responsible?

TS 18mg - effects lighter, better than earlier 20. less body. >++

NT 11.3mg - fine +++ - this is all he would ever chose to take.

CT 18mg - too much. from ~[3] to ~[7] - exhausting visual hallucinations, tinsel, movement, no escape. In AM [21] - still 1.5+ - to second day clear completely.

MP 20mg - More easily accepted than 5-TOM. a nice ++ or more.

AB 20mg - to >+, not completely certain that it needs to be repeated - some wipe-out next day.

AG 18mg - Never >+ - 'down' at <12 h. But next day fatigued, much sleep, irritable.

In general - there was some form of pervasive restlessness during the experiment, and no one slept easily. Most with next day residues. Questionnaires filled out.

Feb 28. 11:30 am.

Proscaline: 35 mg.

Alert at 20 minutes. Then started to climb to some type of high. Maximum (perhaps) at 2-2 1/2 hours, sustained itself for 2-2 1/2 hours, then gradual drop over 2 hours (total perhaps 6-7 hours). At peak, I was probably +2. After 6 hours, +1/2 to +1.

No problem driving. No nystagmus. No anorexia. No visual with eyes open. Slight trace of visual with eyes closed, but seemingly insignificant. I was restless the first couple of hours, then became somewhat drowsy during the plateau period. There was no body except for a slight trace of tremor in the first couple of hours.

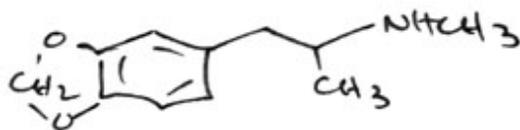
Decent was very quiet. In fact, the whole experience was very quiet.

Sleep was a little difficult that night, but possible. Woke up frequently, but then went back to sleep. Woke up refreshed and full of energy.

Would I do this again? Probably not. It doesn't seem to offer anything except speculation on the nature of the high. The high was pleasant, but quite uneventful.

Neil.

Monday, March 1, 1982.



MDMA.
from p.388
to p.743

- ++(.5) 60+60+40 mg - 3/11/82 ATS - To imitate a 1-1/2mg/min infusion - 1:00PM=[0:00] at [0:00] 60mg n.e., at [0:40] +60mg [0:50] slightest awareness. [1:10] +40mg [1:25] smooth + [1:30] to ++ - teeth + jaw clench still there - no eye problems. [1:40] bank, ++ or a bit over [2:30] still ++ (quarletting!) [3:30] down below + [4:30] pretty much out. Interesting regimen!.
- ++ 100+50 mg - 6/8/82 ATS, AP ≡, ZA 100+25, UA 75+15 8:20PM=[0:00] - good open and friendly talk - barely ++, supplement [1:35] - pretty much cleared by [5] - 3 tokes pot -> no effect during expt.
- ++ 100+50+50 mg 7/5/82 8:50PM. Remo. 9:35 +50; 11:00 +50. Light ++. Museum aspect. all 2-1/2 hrs, after eating. Good expt. See AP's notes. TS ≡; Manon clear. ++.
- ++ 120+50 7/14/82 ATS, AP ≡. (α-Methyl-J (p605) @ -[7.5] CATS). Clearing talk at [1-2] - supplement [1:35] - attempt erotic (interesting) on afterglow, ∴ chase [with] 2C-B q.v. Good ++.
- ++ 120 ~9/6/82. Luxemburg Gardens. Relaxed late afternoon. Erotic (!) afterwards.
- 150->60 9/14/82 ATS, AP, GC. 6:52PM-[0:00] 150mg smooth, proper. [:33] aware. [:50] up [2:00] +60mg - sustain properly. [4:30] +34mg 2C-B. excellent q.v.
- ~++ 120mg new NCC P.A. 10/20/82 AP, ATS - normal 6:45PM=[0:00] push [with] 2CB q.v.
- ~++ 120, 100+40 AP, ATS 120, KM 100 11/20/82 9:50AM=[0:00] KM a bit noisy, light-headed during onset (:30-:50) then excellent. +40mg [1:45] dropping ~[3] - out [6] - chase LSD Q.V. KM (not chase) next day considerable depression - probably constructive. overall (in sum) very good experiment.
- ++ 120mg 12/14/83 (AP ≡, ZA ~110, UA ~90, all +50 ~[1:40]) good sound ++ and renewal with talk. Notes lost.
- ++ 120+40; 100+60 AP, ATS, GC; NO 7PM-[0:00] 3/19/83. excellent, NO into next day. much insight, excessive psychicing. chase LSD Q.V.
- ++ 130+40 AP, ATS ≡; GC 120+40; NO observes. 4/22/83 7:30PM=[0:00] supplement at [1:30] - to evaluate and respect the authentic "earlier lives" of NO. Obvious abandonment of reserve, there is now trust. Complete reversal of earlier guarding. And complete reversal of AP & ATS negativity. chase Q.V. ATS - considerable teeth clench (negative) and eye throw (quite OK).

EXPERIMENT WITH PROSCALINE

Place: The Farm

Date: February 28, 1982

Subjects: Clare, Neil, Ted, Ann, Sasha, Peggy, Fred

Dosage: Clare, 25 m.g.; Peggy and Fred, 30 m.g.; Ted and Neil, 35 m.g.; Sasha, 50 m.g.; Ann, 60 m.g.

11:26 A.M. Start. The experience developed very smoothly and evenly for 1-1/2 hours, but for me, without much intensity. I felt some enhancement of perception and increased energy, but not much. I might have been somewhat refractory from the previous day's MDMA experience.

1:00 p.m. I take a supplement of 10 m.g. Clare 5 m.g. Mysteriously the supplement for me seems to take effect instantly, and by a step function my experience increases considerably in intensity.

For me the experience develops very euphorically, with a deep feeling of inner peace and contentment. It feels marvelous to be with other people. There is a slight enhancement of perception and slight intoxication, but am able to function quite well. The euphoria grows in intensity for several hours and remains for the rest of the day, making this one of the most enjoyable experiences I have ever had. It was marvelous talking and joking with the others, and just thoroughly enjoying and day. However, I was a little disappointed that there was no enhanced clarity of thinking and no deep realizations. There was not a problem to be found. There was no motivation to discuss anything serious. At times alone outside, I focused on the surroundings, and could turn up the perception of beauty quite considerably. I felt that if I spent time and concentration on this, I could increase the experience of beauty and cosmic realization considerably but preferred to enjoy the company of the others.

The next day I felt very much at peace, full of energy, and quite alert. I was able to put in a very intense day of serious negotiations with excellent detachment and clear-headedness. I was totally unself-conscious, and functioned at a peak level.

Driving back to Lone Pine on Wednesday from L.A., I had some profound realizations of changes that has taken place in me over the last couple of weeks, and the enormous potential for man when he begins to learn to use his mind.

EXPERIMENT WITH MDMA

Date: February 27, 1982

Place: Uma's condominium, Glendale

Subjects: Uma, Jacob, Fred

1:58 p.m. Start, all take 120 m.g. The atmosphere was very smooth and friendly. There were no effects for about 1/2 hour. Then Jacob announces that it is starting. As I lean over to write in my notebook, I find that I feel it too. From this point on it turns on strongly for all of us.

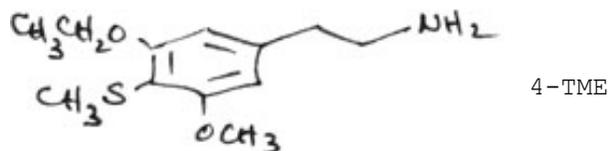
It is a marvelous experience. It feels absolutely great to all be together. We all admire each others highest selves, and tell each other about it. Jacob is absolutely marvelous, a great healer and eager learner. Jacob sees and appreciates Uma.

3:30 p.m. All take 40 m.g. supplement. Experiment continuing beautifully. We are all quite intoxicated, most euphoric, very, very close. It is marvelous that we can have this experience and be so close together.

4:00 p.m. I miss Peggy a great deal. I suddenly see that we have completed our main purpose in having this experience together, all feeling integrated, I have seen Ivan and Vanessa twice, and there is no reason not to go to Peggy this evening! I became anxious as I mull over this, not wanting to spoil our present experience. I talk about it: Uma and Jacob are supporting of the idea. I put it out of my mind to allow our experience together to run.

5:00 p.m. I start to make plans to leave. I make airline reservations, arrange for Peggy to meet me in San Jose, get packed, and make the 7:10 p.m. flight. Despite my anxiety about being able to get everything done, I arrive at airport 40 minutes early!

It was indeed a beautiful experience for all concerned, and ended up perfectly for me in getting together with Peggy.



- (-) 2mg 3/29/82 11:20AM=[0:00] ATS twinge at [1:00] - that's all. n.e.
- 5mg 3/30/82 12:35PM=[0:00] ATS n.e
- 8mg 4/1/82 9:48PM=[0:00] ATS [2] something off baseline? no. n.e.
- 13mg 4/4/82 10:25AM=[0:00] ATS n.e.
- ± 20mg 4/7/82 11:30AM=[0:00] ATS [2:00] ±? aware? [4] n.e.
- 32mg 4/10/82 9:50AM=[0:00] ATS n.e
- + 50+15mg 4/14/82. 50mg at 11:10AM[0:00] - n.e. at [1:00] +15mg. [1:50] definitely off base line [2:30] to a ± or more [3:00] probably a + [4:00] still + - Ted here - more tax discussion. Drive to SF State - lecture on diuretics at ± or more. [8] drive to Veronica W's open house. Baseline at ~[11]. A little gastric discomfort. Only mild appetite. Active level will be ~80mg. 100mg may be a bit much. +
- Inventory remaining-145mg
- +++ 105mg (80+25) 9/17/82 AP 80mg @ 1:20PM=0:00] at 1-1/2+ @[1], [1:30] to a modest ++ and stable. at [2:00] +25mg [:40] note increase. Shift from benign and gentle, to extremely sad, morbid mood. Little body sympathy - contact. [7:] still +++ [10] still ~+++ - to typewriter - dropping at ~[12]-[15] +200mg Miltown - then good sleep. AM [20:] still +, extremely sleepy - lethargy. Several days later, still with difficulty integrating emotions, not completely at peace.

REPORT OF EXPERIMENT WITH MDMA

Date: February 14, 1982

Place: Lone Pine residence

Participants: Uma, Peggy and Fred

7:35 A.M. All ingest 120 m.g.

8:05. Putting wood in stove, experienced enormously irritating effect of smoke from stove on my lungs. Put whole new perspective on problems of wood fires in the home.

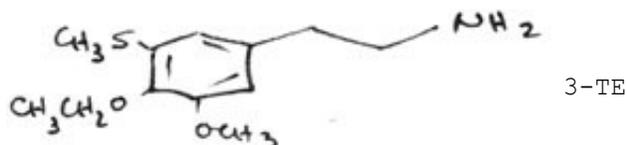
8:15. We are all beginning to feel. From this point on, experience develops rapidly with usual effects of deep euphoria, intoxication, lightness of body, lighted countenances, softening of skin, deepening and melodic voices. We all enjoyed the experience immensely, all felt it was very much needed with a wonderful rejuvenating effect. We feel little need for talking, all quietly enjoying our own experience.

9:05. All take 40 m.g. supplement. Experience continues beautifully. I find it most rewarding to simply look out with my whole being focused on the beauty of the scenery and just letting happen, with no cerebration, LSD-like. This raised the experience of ecstasy and beauty, and made any internal discomfort flow away. Found that it also induced conceptual realizations almost LSD-like. We listened to music, found it most enjoyable. Outside was fresh and clear and beautiful, remarkable sky and clouds.

At noon we began to prepare for the wedding we were to be at at 2:30 p.m. I was in the wedding party. I felt quite stabilized, enjoyed getting ready, and very much enjoyed the wedding and reception that followed, as well as visiting Iren afterwards. Our neighbors drove us to the wedding in Independence. Peggy would have liked to be able to continue her experience on into the afternoon, but accommodated well to the circumstance and enjoyed the activities. Uma also adapted well to the activities. We returned home about 6:30 p.m. feeling wonderful, and retired early.

I found the urination problem less pressing this time, which was a great relief. It had been so painful after the last L.A. experience on 1/15 that I found myself wary of taking MDMA, that situation was probably exasperated by the additional dehydration of the anti-biotics I was on. I was very much relieved to find the problems lessened.

All of us found this to be a very rewarding experience, giving us much renewed energy and a new zest for life.



from p 498

++.5 80mg 3/27/82 - the Group. ATS, AP, AB, MP 80mg; TS, NT, GC 70mg; CT 60mg
 Berkeley 12N=[0:00] :25-:35 alerts all. quiet development to 2:00 - full.
 MP exceptionally good, rich. Most divide between quiet and introspective
 (GC, TS, AP, AB, ~MP) and restless (ATS, CT) [5:00] still >+ [7:00]
 noticeable drop, all. [11:00] have eaten much. MP, ATS OK to drive, GC no.
 bunk O.N. A.M. still sl.sparkle. Quite successful. Range 60-80mg. Touches
 the psychedelic! - not just stoned. Easy but not compelling eye-closed
 fantasy.

Spruce St., Sat March 27, 1982 3TE 12:00N

AP 80
 ATS 80
 AB 80
 MP 80
 TS 70
 NT 70
 GC 70
 CT 60

CT restless, good appetite. GC & MP stayed overnight.

(no other notes)

had breakfast ~8:00am before trip

st. 11:20am with 25mg 2C-B
 11:55 dizzy
 12:00 wanted to lay down
 12:30 did not like "fast" classical music
 12:55 noticed some body jerking - leg + feet
 says he likes the eye shades on
 1:25 boost of 6.25mg
 2:30 went to bathroom; feels down
 3:30 went back into his trip (during
 the past hour) went to pee
 4:30 heavy + feels stoned (ate during trip)
 8:00 went home. can drive OK

Sasha -

*I was surprised at the lack of notes on this material - I had
 written much more about other experiences that month - Hope this
 will be of some help -*

Love Clare

1/21/82

31mg 2C-B

My physical health is excellent with two exceptions: 1) I smoke gobs + gobs of cigarettes which effects me both physically + psychologically + 2) Since the Christmas holiday I haven't been working out on a regular basis.

Psychologically as well, I feel very good. I've terminating therapy today after 3 years. I have felt increasingly better over the last 6 months better while I may decide to enter therapy again in the future, I feel that the gains to be derived at the present time are marginal.

Part of the reason I feel so good is that I've been seeing a woman for about a year, a woman I love + care about a great deal. On New Years Eve, I asked to her to live with me. The last few weeks have been trying as she's vacillated acted out without reaching a decision. While for the most part I've been able to look at it as her problem, this past week has been difficult for me as I've become increasingly annoyed + hurt by her indecision despite her acknowledged love for me. I began fantasizing about other woman, a typical pattern of mine. Last night she decided to move in. I'm still somewhat rageful, hurt + disappointed but am convinced that will pass.

22mg 2C-B
29mg 2C-B

1-15-82 Indy Faulkner - STATE OF BEING

PHYSICAL

My general physical condition is good. The energy level is only modest. Overweight still plagues. The indigestion problems of December seem mostly gone.

EMOTIONALLY

Somewhat tense and hyper, Some difficult either falling asleep or staying asleep long. Much dreaming - much more than usual - and very restless. I seem quick to answer, actually interruptive and impatient with most people.

PSYCHOLOGICALLY

Very depressed. The general feeling is that nothing in my life is working and that I'm not able to fix it up.

My relationship with Peggy is very difficult. More often than not I want her to leave. I don't think that would turn my life around, but it would eliminate one problem and make life simpler. And it isn't all directly her. I have unexpressed expectations. I look for only specific responses that would meet those expectations and am blind to any other responses. I feel very alone and not lovingly supported. There is friendship support. I seem to want a physical warmth that is missing without my asking for it. From my point of view there is a sensitiveness to me that is missing that I think asking for cancels being loved. I feel giving without getting - on at least my share on my scale. And, I don't seem to be open lately to being patient and just a witness.

The house living situation is upsetting because it's crowded.

Work is a mess. Putting together a new company - primarily the funding - is difficult. I'm forced to confront my deepest belief systems. So all is still in limbo - and the clock is running.

My mind is creating a network of problem complexity that links each problem to each other so that I become confused as to which comes first and then become immobile.

[Editor's Note: Page 576 has been merged with this page]

There just doesn't seem to be an area of my life that works and that I can take refuge in to feel some ability or completeness. And most of all, when presented with evidence that everything isn't as I perceive I don't choose to accept the evidence.

WHAT DO I WANT FROM THIS TRIP?

I would like all my problems to disappear. What I am really saying is to move my viewpoint or perspective to clarify the situations, to simplify and untangle the spider web of interrelationships so that each situation or moment stands on it's own.

Also to see what satisfaction is for me; to see the path more clearly and align myself with that.

To come out of the trip seeing the next step to take.
To rationally view my abilities and move with them.

To see what is really happening in my relationship.
To see my psychological trip on my physical body, especially my eating.

3/30/82 25+3mg 2C-B. Diuretic
State of being, mind + spirit

Liam Moran

Physically I am in really fine shape - running about 3 miles a day, good weight, adequate sleep, Tai Chi + Yoga. Noticing declining energy (with age I guess) in the past year. Son + family have flu right now so that is hanging in the wings.

Emotionally I am rather upset over the ?????? threat, also have asked my girlfriend to move out and that brings tension. Am short on cash and that makes me nervous. Have the house up for sale and not looking forward to another move. On the other hand, I seem to be focusing and handling my problems so that feels good. Am quite motivated, know where I am going, feel good about myself and impatient that things take time. This is a time of action for me.

My mental state is positive and generally cheerful.

Spiritually I very much miss having the time of isolation to go into myself. Have not been writing. painting or playing my guitar. Have no close friends. Am now setting some time aside to provide for this need.

Have used no drugs for two months when I spent a day on [MDMA]+K. Very little alcohol + none for 2 days.

1 April 82

Dearest Ward,

Seems a good time to report back while the experience is still fresh with me the following are some random impressions.

- 1) Physical - quite unpleasant chills + body tremors for the first hour + made me wonder what I was doing there. (Perhaps I should have taken a lighter dose?)
- 2) Heavy internal lecturing similar to ?????? but not as insightful. Looking over my notes - does not seem to have the clarity that [MDMA] does for me. It was a heavy trip.
- 3) I really appreciated the short length - just right. Afterward I drove 1-1/2 hrs, took care of my child, dealt with some business - and no problem. Next day some tiredness but otherwise fine.
- 4) Most benefit seemed to come after - feeling much lighter about life and energetic to get on with it. Very positive.

Conclusion: Guess some disappointment as was seeking a new "high" or greater clarity. Feeling now is that I would like it twice a year + in smaller amount that would be easier on the body. No comparison to [MDMA] for me.

Thank you much for the love + guidance, Ward; one of the best parts was spending the day with you.

See you in June
Love, Liam

1-27-82

Ward,

First of all let me say that it was lovely spending time with you.

I found the trip anything but boring. As I mentioned to you, I saw lovely colors + did a lot of thinking particularly about Bonnie, the woman I'm going to live with as well as other significant woman in my life. It was also nice to ?????????? not feel really stoned while it was all going on. As usual being at your house was a joy.

On the offset side, I has a few bad moments, particularly during the playing of Jimmy Hall's Concierto, one of my favorite pieces. I'm still at a loss to explain it. I also felt that you + I started talking too soon. I was still greatly effected by the drug + didn't feel prepared to discuss my trip with you so early, though admittedly it was of my own volition. When I left I was still stoned + had some difficulty in negotiating the ride home though again I must take full responsibility for the decision. Upon arriving home I was exhausted + spent. The next day I was really tired + depressed I felt physically wiped. Perhaps I took too much of the drug + didn't give myself a chance to decompress slowly.



2C-B

from 461
to 614

- +++ 25+10mg 4/11/82 ATS, AP ≡. 8:00PM=[0:00] alerts at [:30] - develop quickly [:50] [1:30] [with] IRT - excellent [2:00] +10mg. All physical disquiet over with, and supplement extends +++ smoothly to ~[5-6] - Very easy sleep at ~[7] - awake (ATS) at [12] refreshed & energetic
- +++ 30+10mg 5/2/82 ATS, AP ≡ 9:00PM=[0:00] [:30=1:30] smooth, excellent development, IRT [2:33] + 10mg - +++ maintained to ~[5] - some twitching with sleep. Excellent experiment.
- 2.5+ 30mg 5/19/82 ATS, AP ≡ 10:20PM=[0:00] AP -> +++, ATS compromised by 8+8 2C-C in day (-12) and although full visual, lessened response to music, to erotic. [6] sleep OK. up at [13] [with] difficulty. Overall 2.5+ ATS.
- ? 30mg 6/12/82, after afternoon [with] GL, SL, DW, AG & TG, CT, Ted 11PM=[0:00] - aware :15 - 2 gl.wine
- 2.5+ 30mg 6/23/82 ATS, AP ≡ 8:05P=[0:00] aware [:15] - compromise [with] 110mg MDM @ [-8:], ∴ +8mg@[-:45]; IRT -> [1:30]!, +10mg [2:] overall just < +++, food [6:] - so so sleep [7:] 2-1/2+
- +++ MDMA -> 2C-B [-4:30] 120mg, [-3:00] 50mg, into some teeth-clench, to enhance the erotic. 9:35PM=[0:00] - 30mg ATS, AP ≡. Full lewd erotic, some IRT, little drop in responsiveness, fascinating rearrangements of interpretive patterns, not too much like 2C-B alone. To be repeated. Call +++. This was 7/14/82. Pre-grove.
- +++ MDMA -> 2C-B AP alone, 7/29/82. MDMA, 100mgs. (6:30pm), 50mgs. at 7:15pm, 50mgs. at 9pm. At 11:20pm, 25mgs. 2C-B. Handled phone call within 1/2 hr. from V. okay. Into intense +3. At around 1am, pulse uneven & thready. No anxiety or fear, but recognized danger. 1 tablespoon potassium chloride, 2 vitamin pills (?) switched off coffee to fruit juice. Reinforced decision, determination to live & be well.
To repeat, but not with supplement as above. Better perhaps 120mgs. MDMA, no supplement. Watch our for nervous system. Beautiful experience. Mahler, Prokofiev, Rachmaninoff Deep love & implacable commitment. Ask that we both live long, healthy & protected lives, because we will go together.
- ++1/2 30mg+10 7/20/82 7:00PM=[0:00] ATS, AP ≡ mid-Grove 1st week. Supplement at [2:10]. excellent, well tolerated.



AL

Steck Report (72)

- ± 10mg 4/19/82 10:25AM=[0:00] ATS [1:10] aware? - Still at [3:00]? then nothing at [5] - put as possible ±
- ± 16mg 4/21/82 8:30AM=[0:00] ATS [0:35] alert? reminded - [1:00] to ± and remain there to ~[6]. good erotic - pretty sure! ±
- ++.5 24mg 4/22/82 11:00AM=[0:00] AP full experience to [2-3] to a ++ or more - and hold there to ~[7] - drop off gradually. Check notes - overall > ++ now at [20:] still something.
- + .5 30mg 4/30/82 7:12PM=[0:00] AP, ATS ≡. [:30] aware, very quiet [1:00] between + and ++ - quite reminiscent of MDMA [2:00] stuck at +.5, Ann > ++ [2:20] definitely stuck [3] still there [1.5] AP >2. [4] dropping. still something there [7] twitches - uneasy sleep.
- ++-+++ 20-35mg 5/20/80 the group. 11:40AM=[0:00] Adjustment @[1:40]
- AG 24 - forgot adjustment - internal restlessness-talkative - overall quite favorable.
 - GC 24+5 - moderately restless - good response.
 - NT 22+4 - completely functional.
 - TS 25+4 - favorably impressed.
 - AP 30+5 - }
 - ATS 30+5 - } both to ~++ - ++.5. AP quiet ATS restless - talk.
 - CT 20 - suddenly to ++ at ~2-3hrs, [with] first food.
 - AB 25+5 - slept, or nearly so, all afternoon - acknowledge exhaustion.
 - FB 24 - trace below initial ~[4] - then all above.
 - PB 22 - quite intoxicated - favorable.
- generally good appetites - much eating - talk [with] GC to ~[12] AB to [15] some sleep problems [with] others, own deferred! - GC stops smoking!
- ++ 35mg 7/17/82 AP only her p235, ++. q.v.

REPORT OF EXPERIMENT WITH MDMA

Date: April 10, 1982

Place: Brandt residence, Lone Pine

Subjects: Uma and Jacob Frazier, Nicky Cantanzero, Sidney Vandam, Peggy and Fred

Background: Nicky is a classmate of Uma's from Occidental, and has just recently acquired a Ph.D. in Psychology, and after a considerable search a new position at St. Judes Hospital in Fullerton. She is temporarily living with Uma. Sidney is a younger psychologist needing only to complete his dissertation for his Ph.D. degree, and working in an alcohol research program. Both Nicky and Sidney used LSD rather extensively in their college days with mixed experiences, some frightening, none extremely profound. Nicky has not had LSD since 1972, Sidney since 1975, and both have entered the practice of meditation, Nicky quite seriously with a Zen center. Although receptive at first, Nicky began getting resistant as the time approached, being fearful of upsetting the delicate balance she has now achieved in balancing her resources optimally for approaching her new job, which begins in another week. She finally agreed and we proceeded the next morning. Nicky and Sidney has known each other some five years ago, but in more recent weeks have renewed their friendship on a more intimate basis.

Dosage: Nicky and Sidney, 100 m.g. All others, 120 m.g.

9:50 A.M. Start on empty stomach.

10:12: Peggy and I feel slightly.

10:27. Peggy, Uma and I quite intoxicated. I can tell it is going to be a very intense experience. Sidney feels warm inside, like the start of an acid trip.

10:37. Sidney feels a powerful surge and is riding the wave. He does not feel the tension he usually feels with acid. Everyone is beginning to turn on and glow, and Sidney turns on very brightly. He is a beautiful person. Nicky has not opened up yet, but is working through some resistance. Uma, Jacob, Peggy and I are glowing as usual.

11:00 A.M. Nicky has now broken through, and is all smiles. Her resistance had been to me, she verbalized, as I had come on too strong and too positive, and she was afraid I was going to try to control the experience. She was relieved that I did not, and thanked me for letting everyone have their own experience. I had been a little too strong for Sidney, too. We are all now feeling just marvelous, intoxicated, enjoying the beauty of the experience, each other, feeling the marvelous field of love, and appreciating and ease of sharing. Sidney shared some things about his wife from whom he is separated, things he has never been able to say before without anger.

11:36 A.M. We all take 40 m.g. supplement. Everyone is delighted with the experience. Nicky remarks how good it is to be in such a beautiful environment and with such nice people. We all agree, and continue to enjoy each others company. I step outside; it is overcast and a little cool, but the clouds are beautiful. I feel a strong sense of Presence and am very grateful for the experience. We continue to visit, share, listen to music, thoroughly enjoying the experience.

1:00 p.m. No one wanted to go outside. I suggest people experience the effect before we come down too much. Nicky and Sidney go for a long walk, thoroughly enjoying being outdoors, experiencing nature, and the deepening of their relationship. The rest of us are content to be with each other, listen to music.

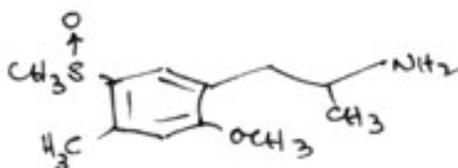
3:00 p.m. We all go for a leisurely walk down the canyon. Sidney and Jacob stretch their bodies by climbing some steep rocks. We all enjoy being out, and return home somewhat tired. We very much enjoy fresh mushroom soup Nicky has prepared, along with some nice di she made the night before. Food tasted great. We all felt pleasantly tired and were happy to retire early.

The next day everyone felt marvelous, and we enjoyed very much being together and reminiscing about the experience.

Reviewing the experience, Nicky had not experienced much enhancement in vision or colors, but quite a bit in feeling. She particularly enjoyed outdoors, feeling the wind, experiencing the smells. She felt she working through some barriers, and very much enjoyed spending a day away from the intellect.

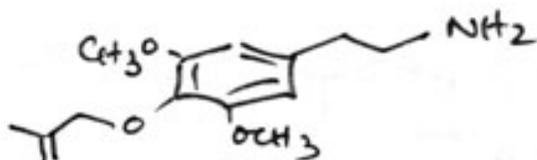
+ felt very open, much safer for sharing. Felt very energetic, like frolicking. He appreciated things more, had more primitive sensations. Experienced nothing negative, no pain. Felt a suspension of judgment. Was glad that we were all couples. He had a strong sense of being in the moment.

For the rest of us, we had our usual glorious experience. Peggy and I particularly felt the benefit of having young people to share with and give of their energy. Uma and Jacob are in a very peaceful place.



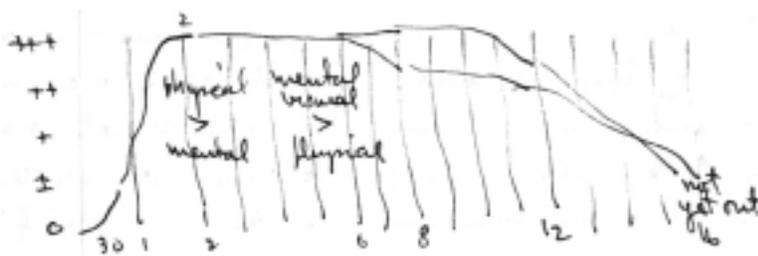
5-TOMS0

- ± 4mg (2+2) 4/21/82 AP 10:28=[0:00] 2mg - @[1:10] +2mg - possible ±.
- ± 6mg 4/22/82 ATS 11:00AM=[0:00] [:40] aware -[:50]->[1:30] something - then - very little or nothing. Overall ±
- ± 10mg 4/25/82 11:40AM ATS: [:50] alert? something. "all in the head". [1:30] still something? [3:00] nothing. ± at best.
- ± 24mg [16+8] ~4/27/82 9:00AM=[0:00] 16mg - vague awareness [:30-1:00] then n.e. [1:45] +8mg [2:15] vague aware? [2:45] nothing. ± at best - no more trials except at ~3 days completely clear. This was tucked in between other things on adjacent days.
- 25mg 5/5/82 vague awareness at [1-2] - that's all.
- ± 40mg 5/11/82 8:30AM=[0:00] aware at 11:AM ([2:30]) - maybe a couple of hours - nothing certain. give a ± at most.
- ± 80mg 5/14/82 11:55AM=[0:00] AP 60+20 reports generally ± from [2-4] - nothing more. 20mg add'n'l at [1:30]
- ++ 100mg 5/26/82 10:00AM=[0:00] n.e. until alpin lunch [1:45], some food, 1 glass wine then immediate ++ that lasted all afternoon (market st, faces bizarre, unable to estimate female ages from faces!, BART time slowing, overall favorable. [9] dropping [12] not out. ++
- ± 120mg 6/2/82 10:30AM=[0:00] ATS [1:] vague awareness [2:] conceivable +, probably ± [2:45] ~baseline, eat ≡ alpin lunch; [3:30] 3 glasses of cabernet s. ≡ alpin - still ~baseline. overall ± again. Later wine (?) ↴
- ±(+++) 150mg 6/2/82 5:45PM=[0:00] AP, post sm. amt EtOH (-2hrs). - at best ± or + into evening - from ~[3-4] consume ~3oz vodka - promotes to ++ soon - at +++ [6-9] - urine sample at [9] for EtOH, TOMSO, TOM assay - still + [14] - not alcohol intox, but EtOH -> TOMSO expression.



MAL
from 483

- +++ 60mg 4/23/82 7:00PM=[0:00] AP ≡, GC, 55mg. [:27] aware, all. [:30] quickly developing. To [2:00] bombed +++ . Much physical. Visual alternations of retinal images. GC a bit too much. Restless. [3:00-6:00] much visual, some insight work GC+AP. Dropping at [9:00] - fitful sleep. [14:00] spacy walk to entrance. finally OK at ~[16]. full +++ . much visual. very stoned.
- ++1/2 60mg 6/20/82 12:00noon (on clock)=[0:00] at Tulsa's. The Group (AG,ATS **Birts**)
ATS 60mg to a ++1/2@[2:00]-restless. 1st drop ~[2]- drive early @[12] sleep OK.
AP 60mg to an intense +++ (3.5?) well accepted.
MP 60mg extremely restless; very impressed; would repeat lower.
NT 45mg too much overload - reminded of 5-TOM. no repeat.
GC 50mg good level - trouble sleeping [12-16]. would repeat
TS 45mg 50 probably better at 2x30 (1hr). basically favorable.
CT 45mg overload - much unreality, no repeat. Commun. [with] AP
AG, TG in later [with] brownies - never quite found us. AB at mountains. chronology night of schedule.



plateau 2 -> ~7hrs.

much humor later in experiment
active dosage 40-60mg.

- +++ 65mg 7/26/82 2:21PM=[0:00] AP ≡. Aware at [:30] - quite rapid from :45 to ++ at [:50] to +++ at [1:30] - light symbolic retching at [1:20] (too much food at grove, big breakfast at [-6]. Erotic, much visual, tracers extreme, some locking to music - fantasy. Considerable fluid loss - aware of drop at [9] - some darts, faint sleep at [13] - next day AP a bit wasted, ATS somewhat dopey - next night easy sleep. Very favorable +++.
- +++ 60mg 8/15/82 11:00AM=[0:00] AP ≡ [:30] aware [:50] developing fast [1:20] to ++ > completely excellent experience - not many details.
- +++ 65mg 9/11/82 - back from Europe. 12:25PM=[0:00] [:22] alert. [:40] back from mail. [1:00] AP = 1.8, ATS >2.0. Excellent again. Maximum dosage - good response.



ASB
Asymmetric Bis-escaline

- 10mg (5+5) 4/26/82 10:40AM=[0:00] ATS 5mg; n.e. [1:05] +5mg. n.e.
- + 30mg (20+10) 4/29/82 9:55AM=[0:00] ATS 20mg. n.e. +10mg [1:10], new [0:00] [1:00] aware [1:10] a ± [1:30] to ~+ and so to [3] - filter off rather quality, +?
- ± 50mg (40+10) 5/14/82 ATS 11:55=[0:00] 40 - then 10 at [1:30] - vague but pleasant ± all afternoon. Something still at [5]. ±. Quite randy. Something still at [7]?
- ± 100mg (75+25) 6/11/82 ATS 10:37AM=[0:00] [:40] awareness (behind eyes), this coolness of feet - vague, entirely body. no CNS [1:30] +25mg [2:] still ± [3:] thoughts to randy [4:] still primal, [5:] ≡, [6:] slight residue. ±
- + 140mg 6/15/82 ATS 10:05AM=[0:00] [1:00] good sound ±, [1:30] to a +, certainly, physically, mentally something also. Much physical anesthesia, quite randy. [2:] ~+ [3] ex. ej. [4] still +, some diarrhea - at [4:] mentally over physical - would have been willing to go higher - smell of mescaline virtue. [5] still regret not finding ++ or +++! [8] drop, consider LSD [10] veto - still too brittle [14] IRT, relaxed - good sleep but [with] busy and nuisance dreams. AM. fine.
- ++.5 240mg (180+60) ATS 9/17/82 1:20PM=[0:00] (AP [with] 4-TME). 180mg, aware at [1:30] [1:00] sound + [1:30] pushing ++, but stuck to [2:00] when add 60mg. [2:25] sl. aware of new - shower, etc. All along, erotic easy thoughts. [4:00] somewhere >+, not +++ [6:00] drop? [7:] = or less than ++ - gentle drift down through + to sleep at ~[15] - no darts, modest sleep seems adequate. Overall, little physical, vague regrets at not hitting +++.
- ++.5 to 280mg 10/8/82 AP, ATS ≡ 5:17PM=[0:00] Foul taste. [:30] aware [:50] to + at +++ [1:00] ATS >; AP ~++ [1:30-2:] stabilize - ++1/2 to +++ [4:] AP up [with] tears - to cats - talk to [5:] [8:] up again - solar plexus, AP [11:] cat naps - hard to relax one's glands. [15] up for paper - still ~+. Overall, not the open, top-light interactions of 2C-B or LSD. Some negative side seems to be present.



AEH "J"

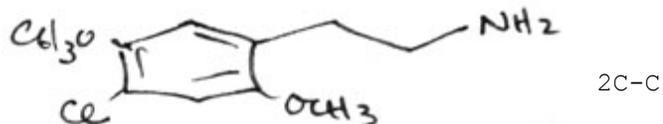
alpha-Ethyl-(N)-H

10	10	25	37	52
-	-	-	±	± (AB)

Early tries - see AB.

- + 75mg AB 5/1/82 1:50PM=[0:00] - at [1-1:30] to a believable + - on through afternoon. wire at ~[4] or so rekindled easy conversation. Relates action to that of MDMA.
- + 75mg AP 5/5/82 ~12noon=[0:00] - slow buildup to a + at about 2nd hr; held for a while - then drop off by 6-8. Feels promising.
- ± 75mg ATS 5/6/82 11:45PM=[0:00] reminded at [1:00] - threshold at best until about [4] when it was pretty much lost. Rediscovered notes - [1:30] still aware. [2:] to a +?
- 1.5+ 110mg AB 5/16/82 11:55AM=[0:00] - reports as 1.5+
- 1.5+ 150mg AB 8/8/82 - quiet build up to ~1-1/2+. at [3] - surprised it is so late - one KR done, only. [4:30] 1st drop [6] still noticeable. Much talk, and very well received.
- (++) 150mg ATS, AP 9/25/82 [1:00] AP++, ATS+, climbing quietly. [1:40] ATS (1-1/2+) sl.>+, some teeth awareness, no erotic. [2:00] ATS stable +1-1/2 AP >+ ≥ - compares with MDOH. Music doesn't really connect. Thoughts stray. [3:00] AP stable, ATS + at best. Unsure of effects having been really there. [4:00] AP now 1-1/2+ over original baseline (not a good baseline) - ATS uncertain of residual effects. [5:00] AP +1 or less ATS clear - chase [with] LSD q.v. Very fast onset. See p469.
- >+ 200mg ATS, AP, AB [+75 supplement] 11/4/82 11:30AM=[0:00] alert at :20 or :35, definitely developing at [:45] - a little teeth cl. [1:00] between + and ++ - no sensory, much like MDA or MDMA. [1:30] AP ~2.8+, ATS al. >+, AB >>+, had been sl. dizzy - walk clears up. all stable - leveled off [2:00] AP drop a trace? [2:10] supplement 75mg all. [2:40] feel reinforcement [3:50] dropping [4:20] down to +; ATS extreme teeth clench (> then [with] MDMA). chase [with] LSD q.v.

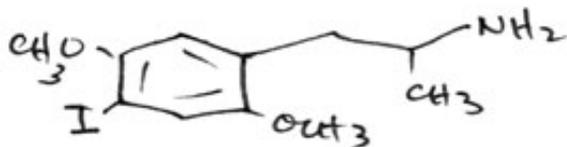
[to page 631](#)



- 16mg (8+8) 5/19/82 10:30AM (8mg)=0:00 ATS. [:45] slight dusty smell [1:00] +8mg [2:00] vaguest awareness? no. [3] nothing. -
- 1.5+ 24mg 5/21/82 AP 9:30PM=[0:00] - at 1.5+ for several hours, until ~[6] - not much visuals, sensory (yes); tapping; favorable, increase to 30mg. Must resynthesize. Quite encouraging. 1.5+.

Ex letter - TA - 8/1/84 - longer lived than 2CB; 1.5-2 hr latency - slight "metallic taste overtone". At larger doses, 30-50mg - slightly more intense, and longer duration. Up all night.

Ex DE At levels of 45-50mg orally brings in the visuals- less stimulating more sedating than 2C-B; at 20mg i.v. overwhelming - max at 5 min, starts dropping at 20 min on. 12/7/84



DOI

from 173
to 1048

+ 1.6mg [1.0 + 0.6] 5/28/82 1PM=[0:00] ATS, AP ≡, 1.0mg. [1] maybe slightly
 ++ aware, [1:30] ±? [2:20] maybe + at most [3] + at most - stuck - ATS mood
 neutral, AP slightly anti-emotional + 0.6mg. [4] still barely +, if that. [5]
 still +, but validly so. AP to ~++ - quite negative; mine neutral, weak. to [8]
 - I am substantially out, AP dropping, negative thought process - chase [with]
 LSD q.v. Overall + or ++ slow onset, relatively long lived. Active level maybe
 2.0mg, but watch emotional effect.

REPORT OF EXPERIMENT

Date: January 22, 1982

Place: Brandt residence, Lone Pine.

Participants: Fred

Start: 9:05 A.M., one tab.

I worked around the living room, straightening out papers and putting things away until in about 30 minutes, I completely lost interest in such activities. I sat down on the couch, and was quite content to be still. Music did not interest me. I lay down, and it felt good to stretch out and work inside. I began to feel enormously tired, and quite content to lay still.

My first preoccupation was my experience with my father, where I hoped he would become aware of the light and peace beyond death and be content to move on. I realized how little I actually knew about this, and how presumptuous it was of me to encourage this with so little direct knowledge. As I sought to discover what death was really like, I became my father, and experienced the intense loneliness of experiencing these around me wishing me to go on, of no one really wanting me to stay. The irony was that there was nothing that could be found beyond death that was any better than the marvelous feeling of the presence of those around me, that feeling that marvelous energy that flowed from another person was the greatest thing there was and there was no reason to leave it or believe there would be anything better beyond. This affected me keenly, and I realized how wonderful it is to die with loved ones around. I wondered about prayer, and how much good it did to pray for others. Whatever good it did, it seemed always better to take direct action, a la Sona and Regenia Wrenn. I felt terribly burdened down with other people's burdens, and I shared with Peggy that I wish I could let them carry their own, including her. But I regretted saying this to her, and a deep love for her swelled up so that I was very happy to carry her burdens. I had gotten up to share some of this with Peggy. I returned to the couch, and became aware of being totally burdened down with feelings toward Peggy. I thought about this a while, and lay down to explore some more. I wondered if you died did you see departed ones on the other side. I was repulsed by the thought of seeing my mother, and could feel only the most awful feelings toward her, and was enormously repulsed. Somewhere, I thought, there must have been a feeling of love, there must have been a peaceful feeling in the womb. I concentrated on this, and this began to make me feel much better. The work of trying to feel love for or from my mother was hard work, but very fruitful, and has made a big improvement in my feelings. I could begin to sense that underneath my hatred were keen feelings of love, and it felt good to contemplate this. I could also recognize the same feelings of love for Peggy.

At this point I moved into an excruciating painful area, aware of my deep hatred for my mother and my great fear of expressing it, also feeling the tender tendrils of love from her and being very frightened of losing it. I seemed to be suspended on the excruciating balance between fear of expressing anger and fear of losing love, a typical kind of bind that I seem to revel in. At this point a long distance call came from Tina. I was agonizing in this conflict, and did not wish to talk to her, yet felt very guilty that I couldn't muster the strength to do so. I was relieved when the call was over, but was deeply struck by the perfect timing of the call. I felt Tina's deep love, and it was wonderful. I also felt my deep love for Tina, and realized how I guarded it and was afraid to express it.

I continued in my search to understand death, and asked to experience it in spite of deep, powerful negative feelings that were dragging along. I moved into death and past it. It was very simple, like passing a barrier and nothing had changed. I was still the same me in a new set of circumstances, not much different than breakfast is now over, what do I do I was very aware of the continuity of myself and the eternity of existence. Yet I did not experience the wonderful bliss and euphoria of the rebirth experience I was hoping for, but was still aware of heavy negative feelings, in spite of the elation of discovering the simplicity of death. I continued to study death to see what it was. I saw that death is whatever we are most afraid of, the most reluctant to confront. I wondered what my own deepest fear was, having already run through quite a bit of fear. I found myself becoming my mother, about to give birth, and I was scared shitless. Not only was there the fear of facing the physical pain and agony, but I was aware of all of my deficiencies and shortcomings which would prevent this offspring from amounting to anything. The offspring was me. Yet despite all my fears and feeling of hopelessness in the situation, some power beyond took over and made it all proceed and work quite satisfactorily. It seemed that I picked up an enormous amount of fear from my mother in this incident. For years I have felt that my mother did something terrible to me in childbirth and always tried to make it up to me, but this is the first clue I've had as to what it might be.

It was new about 11:30 A.M., and I shared some of this with Peggy, and felt like sitting up a while. I put on music, Borodin's quartet, and looked out of the window. I asked to see beauty, and it began to develop all around me outside. I realized that beauty could appear only with love, and that you could not force it, which was a wonderful thing, otherwise we would destroy it, I looked out and saw the unseen worlds were sealed off by a mechanism that I had forged, but by my loving the walls opened and the beauty appeared. I was caught up in ecstatic beauty, the music was profoundly beautiful, and I felt the brilliant love of the celestial world. This was a fabulous experience which I enjoyed for about 15 minutes. Then my attention broke, and when I came back and tried to recreate it, I felt a great emptiness inside. I found this very disappointing, that I could not make it reappear, but knew somehow I had stopped loving, and needed to learn how to once more release love.

I decided to go outside. Although it was bright and sunny, it was quite cold, the ground still much covered with snow, and I dressed quite warm. It was wonderful outside, and the brilliant white and clearness of the snow was breathtaking. I felt lonely for our friends in the Bay Area and wondered about my motives in coming out here. I looked at the mountains, and wondered where the Presence was that I had come to find. I began to relax and open up, and the power and energy began to come over me. It was fabulously beautiful outside, and I began to learn of the kind of surrender that was necessary to be by the cosmic beauty. At times I could feel the central source of power within me, and it seemed necessary that I take that power, turn it on and consciously flow it to all around me. This would be enormously satisfying and fulfilling, and would flow away all the residuals of negative feeling I was experiencing inside. Yet if I kept at it too long, or tried too hard, I would begin to feel drained and empty. The secret was always genuine love, and it had to be genuine, not an imposed effort. I felt the wonder of love, and wondered how to develop it further. It seemed that one had to first desire it, then pray for it, and then surrender and let it happen. One dynamic that grew stronger and stronger during the day was shutting off the rational mind and intention and letting something deep inside take over. This felt more and more wonderful, and brought a great feeling of peace.

The rest of the day was spent quietly ruminating inside. The feeling of peace grew stronger and stronger, with more euphoria. The wonder of love became more apparent. Several times I became aware of the source and of power, energy and love inside and that it was up to me to focus and direct it. This always seemed satisfying, and built up an inner strength within me. It was enjoyable to just sit quietly and ponder things, which I saw with great clarity. I could see what a controlling person I am, and how much I intimidate Peggy. I could also see how easily I shut her out and really appreciate her input.

About 3 p.m., we drove to town, and I enjoyed ride very much. I was able to drink in the beauty of the surroundings and contemplate many things. I was aware of how tuned in I am to all my interior feelings, and how by simply giving these signals less attention and turning the attention to the outside, the outside will light up. Reading a note from Hassan Nova, I wondered again about prayer and healing. I felt some skepticism about the fact that God had healed Hassan, and wondered whether it was an accurate appraisal of reality or my personal reluctance to acknowledge something I personally didn't inaugurate. I asked deeply, and felt that the key to answered prayers is sincere love, that sincere love is the answer to everything.

My body felt starved, and dinner was delightful and satisfying. The rest of the evening was spent in quiet euphoria.

I wish to add the recall of one of the most impressive experiences of the day. This is the undergoing of "innocent" or "naked" experience. This happens when there is no anticipation, no expectation, and the analytical mind is perfectly still, so that experience happens in its completeness, fullness, undiluted. This is sheer ecstasy.

REPORT OF EXPERIMENT WITH MDMA

Date: March 29, 1982

Subjects: Peggy and Fred

Place: Lone Pine residence

9:56 A.M. Start with 120 m.g. each. I typed a report, Peggy worked at sewing machine for about 1/2 hour. When stopped our tasks, began to feel the rapid onset. We were soon quite intoxicated.

Peggy started by clearing up her feelings about a couple of incidents that had taken place between us. This led to an excellent talk between us which worked out very well, as most of the time we don't talk much during our experience. This cleared the air, and developed a rapid feeling of intimacy. It was very easy to talk about things that ordinarily had quite an emotional charge. Peggy reached a very high state of intoxication which stayed with her the rest of the day. I was also intoxicated, yet had excellent control of body functions. It was delightful to be together, and we enjoyed each others company very much, glad to be alone for this experience. It was too cold to go outside, as a major storm came up and a cold wind was blowing.

11:32 A.M. Took 40 m.g. Supplement each. We were in a great state, very much enjoying the day and just being together. We listened to music. At times I would be still and look at the surrounding countryside and enjoy the intense beauty, LSD like. It started snowing outside, horizontally, and kept up all afternoon to provide the second largest snowfall this year. we enjoyed the storm, and the softness and tenderness of each other. It felt marvelous to be together physically.

This turned out to be the best MDMA experience we have had together, bringing a marvelous feeling of closeness and mutual understanding. The next day we both felt marvelous, and full of energy for accomplishing projects. There were also a lot of insights generated about our relationship and life in general. It was a most valuable experience, and we felt eternal gratitude for the various factors and persons that make such an experience possible.

Proscaline

dose: 30mg

2/20/82

7:45pm
to 4:30am

Helen A.

When we took it at 7:45, it took about an hour (and then some) until I could really tell I was high. From there the ascent was really slow, I don't think I reached my plateau until about 12:00, maybe a bit longer. It was so gentle and mild, I really didn't feel like I was on much of anything. But I felt so good and open, this one is great for relaxing and opening up, talking, communicating. We could have talked all night I'm sure. But the sensual part of it is outstanding too.

Proscaline really dulls and senses of pain and makes the other senses really sharp. Everything felt soft, and I could feel every hair my hand was touching. With a bit higher dose I was sure I would be able to see slight traces when you move your hand, like on LSD or shrooms. My sense of sight was pretty normal besides the very slight tracers, my hearing was improved, my smelling senses were dull though, but that could be due to the cold.

I felt so relaxed and at ease, it was I think the best that we've had. Absolutely no bad feelings, everything was clear, no blurry thinking like on some others. I felt almost as if this is the way I should feel all the time. Like I could, if I learned how, turn it on whenever I needed or wanted. There was a lot of "inside work" I did, at times, and it really helped, but I wanted to work on more, but then I didn't because I was with Juan. I would love to be able to use this again for that reason, to be able to use it like others are being used by even professionals.

When a thought or problem came into mind it was easy to see and understand the answers. And the answers lasted, not just for the evening. It really helped me identify with myself and Juan too.

Unlike others, except for pot and MDA, I had quite an appetite after 5 hours.

At about 2:00-2:30 we smoked a joint and I must say that brought us right back to the plateau if not a bit higher. Pot seemed like a supplement almost, and it did add a very relaxing touch to it. It extended it for about an hour. Then it was easy to fall asleep.

It made quite a difference with Juan too. His shoulder wasn't bothering him, so he was really feeling good.

The next day I felt very, very good. My energy level was great and I didn't feel uptight or tired.

The only thing to add is I thank you Very much Sasha, I hope we can do this or something close to it soon. Love you!

Helen

[Editor's Note: Pages 596 and 597 have been merged with this page]

Pacific Graduate School of Psychology

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(415) 321-1895

From Aaron Gates, PhD.

On 30, 1982, AG in conjunction with an experimental group of nine other adults, ingested 24 mg. of AL.

The onset was extremely gradual and graceful, with the first alert that one could really sense at about 50 minutes and afterward succeeded by a slow gentle to the peak and plateau of one hour and fifteen minutes.

The experience itself left all of the sensory modalities functional: speech was cogent and rather fluid-in fact, there was an unusual ease of free associations. All throughout the session, the talk was high in spirit and somehow indicative of an inner excitement.

Affect was entirely pleasant, but not exalting nor conducive of insight or of problem-solving. There were no requirements for withdrawal into the self. The material seemed wholly social in nature. No Visual, auditory or olfactory sharpening was in evidence.

The plateau for this material seemed unusually long. Although FB was able to drive the car home around nine hours after ingestion, Still the three of us in the car noticed how intoxicated we were still. AG was unable to sleep for several hours after arriving home and took 25 mg. of Librium before sleep arrived; next day was a lethargic and slow one, with the inner feeling that the effects had not worn off until the middle of the day after ingestion.

On a scale of one to four with one being the least intoxication and four being the most, the experience would rate around two at its peak.

REPORT OF EXPERIMENT WITH AL

Date: May 23, 1982

Place: The Farm

Participants and dosage: Aaron Gates, 24 m.g.; Oldis Woolridge 24 m.g.; Ted Shulgin 25 m.g.; Alan Barrett 25 m.g.; Ann Shulgin 30 m.g.; Sasha Shulgin 30 m.g.; Fred Brandt 24 m.g.; Neil Tusa 22 m.g.; Peggy Brandt 22 m.g.; Clare Tusa 20 m.g.

Start: 11:40 A.M. I first became aware of something in about 10 minutes, a pleasant increase in energy. By 20 minutes it was getting pronounced and was a nice, smooth development. After an hour a negative, draggy feeling appeared, and from this point on both the positive and negative feelings developed simultaneously.

1:04 p.m.: Supplements taken as follows: Odis Wooldridge 5 m.g.; Ted Shulgin 4 mg.; Sasha and Ann Shulgin both 5 m.g.; Neil Tusa 4 m.g.; Alan Barrett 5 m.g. The rest had none.

It was stuffy inside and the smoke was uncomfortable, so moved outside. I had hoped the draggy feeling would go away, but it continued to grow. It wasn't bad, but I felt I couldn't think and express myself well enough to join the discussion with Aaron Gates, Sasha, and others. During this period enjoyed being with Odis Wooldridge and Ann

2:30 - 3:00 p.m. About this time I wanted to discuss with Ann her perception of Leary, but didn't feel up to it. Decided to make the effort. Clare also reported that taking some food moved her to +2. I had not been at all hungry, but decided to eat something. Between entering the discussion and eating, the negative feelings dropped away, and I felt free to join all of the others wherever they were at. I moved into the creative, free-flowing kind of repertoire which I dearly love in these sessions, and found everything enormously funny. Much of the laughter was so deep that I felt it working through deep repressions inside me and freeing me. From this point on the experience was most enjoyable. I felt great warmth for and from all the others, and immensely enjoyed the experience. The experience was characterized by clear-headedness and an abundance of energy which kept on throughout the day and evening. At one point I went out back and strolled alone toward the lab to worship. I had a profound sense of Presence and great love and gratitude for the place, the people, and the activities taking place.

The come-down from the experience was very gradual and smooth. Food tasted wonderful. It was hard to leave, but the drive home went smoothly and was very enjoyable. We had a nice visit with Aaron and Tina at their home, and later with our hostess upon arriving home. We went to bed quite late, and quite ready for bed, although the energy was still running. However, sleep was not long in coming. The increase in energy persisted for a couple of more days. I had a good business meeting the next morning with NN's new president. By afternoon I was feeling the many days of activity without a respite, and longed for some time to rest. We had another busy evening, and a most enjoyable drive back to Lone Pine on Tuesday.

REPORT OF EXPERIMENT WITH MDMA AND LSD

Date: May 29, 1982

Place: Brandt Lone Pine Residence

Participants: Vanessa and Ivan Brandt, Peggy and Fred

Background: Vanessa has had a chronic stomach pain for many years, for which doctors have found no help. She has recently undertaken a series of acupuncture treatments, which have increased the pain and made her more tired. The acupuncturists recommend continuing treatment, as they say it takes a long time to rebalance energy flows established for numbers of years. Vanessa was anxious to try LSD again, and this visit has been set up for several months. Her attitude and approach was honest and healthy, so that we were all eager to proceed.

9:44 A.M. All take 120 m.g. MDMA on empty stomach.

10:24. Everyone is into the experience and feeling it. The experience continues to grow in a very euphoric way. Ivan lights up, gets completely turned on, is bright, shiny, full of energy and wisdom. Though not as much as Ivan, Vanessa also lights up and is glowing. We all feel very euphoric, very much at peace with each other, very grateful for the experience and to be together. We feel very loving and-very communicative. The usual skin softening, rich voices, years falling away.

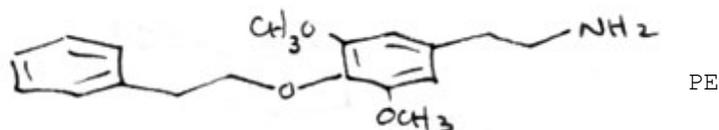
11:18 A.M. Vanessa and Peggy take 50 mcg. Sandoz LSD, Ivan 100 mcg. I take a 1/2 tab. By 11:30, I feel the LSD taking effect. 15 minutes later, Ivan reports some strange feelings.

12:13 p.m. Both Peggy and Vanessa report there is no difference in the experience they were having with MDMA, just a continuation. I feel quite a bit the same way, though somewhat different. To me it feels "thinner", and a tendency for negative feelings to come up. I could easily withdraw, but prefer to stay with the group as Vanessa had specifically stated the night before that she did not wish to withdraw into a private experience, but to stay in verbal communication. Ivan also felt a continuation of the MDMA experience, but more intense.

The experience continued into the afternoon very much like an MDMA experience, we all enjoyed it immensely, had very free communication about all kinds of family relationships and what was going on in our lives, and appreciated each other very much. Ivan had several urges to withdraw, but always came back as the pull of the group was strong and he didn't want to miss out on anything. Vanessa seemed to me to be wading through some very heavy stuff. For about an hour she turned quite pale and looked very uncomfortable. For a short while she got into some heavy spasms. Later she reported that the pain was like a rock in her stomach, and seemed to come undone in the experience. Most of the time she was free of discomfort, which is unusual for her. She never felt uncomfortable, but enjoyed her experience. Internally she experienced beautiful women, often crying with tears. She felt this was over the lot of women in the world. She also felt very close to God.

Several times we strolled outside, and enjoyed the beauty of the plants and the mountains. As the afternoon wore on, we began to feel somewhat tired, especially Vanessa. Food tasted wonderful. Refreshed from eating, we took a lovely walk Peggy had a little neck tension, and Ivan had some tensions he had experienced before in sessions. One thing in common is that we all had some things that we specifically wanted to look into under LSD, but the nature of the experience made them seem irrelevant and we all preferred to stay with the group and enjoy each other and our communication. I particularly wondered if we were missing out on an opportunity, as I was having; some undercurrents of negative feelings, and wondering whether it was wise to ignore them. However, I did, and we had a pleasant evening and went to bed early.

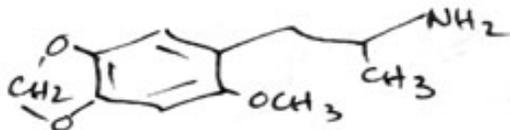
We all awoke enormously refreshed and renewed, and full of energy. We spent a delightful day together, drawn very much closer by the experience. Even though no one experienced any great answers, we all felt the experience was most valuable and appreciated the opportunity to more intimately share our beings.



- 1.5mg 10:00AM=[0:00] 6/18/82 ATS. Tired all day. n.e.
- 3mg 11:00AM=[0:00] 6/19/82 ATS [1:00] aware? no. n.e Following sleep [14-21] restless, continued re-enterting, repeating dreams, maybe no sleep at all? Watch.
- ± 5mg 9AM=[0:00] 6/22/82 ATS [:45] aware? [1:30] probably ± - maybe +? [3] maybe not, at most ± [4] nothing. Disbelieve everything.
- 10mg 10AM=[0:00] 6/24/82 ATS - vague awareness, probably nothing. (-)
- 24mg [16+8] 6/27/82 9:10AM=[0:00] +8mg@[2:00]. n.e
- 60mg [40+20] 6/30/82 12:45PM=[0:00] - aware? [1]; +20mg [1:45] - maybe aware PM?
- ± 150mg [100+50] 2/8/85 2:00PM=[0:00] reminded at [:15] - then nothing [:45] vague awareness. [1:20] substantially nothing; +50mg Σ 150. At most, bare threshold for the afternoon. Wine overly effective at [4:00]- no more until [7]- then normal. Call ± only.

p-t-butylthioanisole

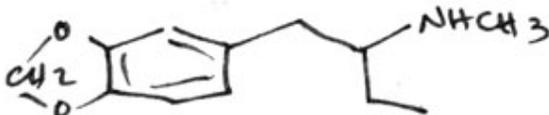
- 10mg 6/27/82 5PM. n.e.
- 25mg 7/1/82 2:45PM. n.e.
- 60mg 2/14/83 12:30PM. n.e. Urine analysis run. no visible ArSCH₃, sulfide or sulfur. See experimental. Abandon this approach.



MMDA-2 (from 287)

2-1/2+ 50mg 6/26/82 ATS, AP ≡ 6:20PM=[0:00] alert at [:30] - developing quickly at [:50], [1:] to 1-1/2+ [1:20] >+, quite some physical. TV Dr Lui [2:30-3:00] much visual - AP evolves from "high sierra path" to emotional involvement - although dropping from ~2-1/2+ at ~[6:] - no sleep until ~[11:00] - some teeth - feeling of wound-up. Reminiscent of MDA. The N-methyl a must.

+++ 50mg 12/27/85 ATS, AP ≡ 7:40PM=[0:00] to 1-1/2+@[1:00] quickly up to ~+++@[1:30] for AP, extraordinary visuals, but heart arrhythmia's throughout. Not much appetite. wired. Aware of drop at [4:] but no sleep, even with wine, until ~[8:00] - up in AM [13:] ATS without deficit, AP later - good AM mental state. As above, let's N-methylate.

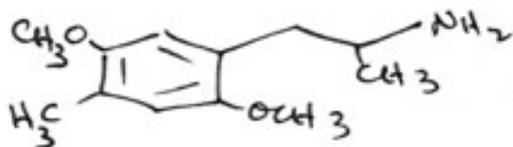


AEM
N-methyl J
MeJ
MDMB MBDB

- 20mg (10+10) 7/2/82 ATS 11:55AM=[0:00] +10mg@[1:00]. n.e.
 - 40mg 7/7/82. off baseline [1:] to [3:]? - nothing. call - but no doubling.
 - ± 70mg 7/11/82 11:00AM. [:30] aware? [1:00] ? [1:30] ±? [2:30] probably nothing.
 - ± 100mg 7/14/82 9:30AM=[0:00] ATS. [:50] something? Physical, not mental. [1] vague body pressure. [1:15] coolness in feet? [1:30] slight mastoidal pressure. BP? no pulse ↑. slight aware, ±. [3] ? [4] nothing.
 - ± 130mg 10/16/82 1:00[0:00] [1:] aware [1:30] maybe ±; none of the physical this time [3:] very dry throat, that's all [5:] nothing [6:] LSD push q.v. 469.
 - ++ 180mg 1/16/85 9:10AM=[0:00] [:20] reminded, that's all. [:35] start. slight light head - no body [:45] trouble concentrating - certainly not psychedelic [1:00] some teeth like MDMA - very little eye. Lots of yawns! [1:15] to ~++ - much like MDMA, but does it have the warmth? [2:30] still up there [3:] probably dropping [4:] down more - still teeth [5:] still vague awareness.
- EH + 2 grads Raven & Randy
180mg - very MDMA-like with effects from ~1: to ~5: next day still good empathy. Maybe sleep dis-ease? Excellent level.
- ++ 180mg 1/18/85 AP ≡ 5:05PM=[0:00] [:35] aware, at [1:00] slightly slower on than MDMA. [This is so close to MDMA, that it is easiest to record differences rather than similarities] Slightly slower on, and very quiet. No sensory changes. [1:30] full ++, but less teeth clench than earlier. Trivial eye disturbance. [2:] AP says superimposable [with] MDMA, except no "3rd dimension" I felt - less sympathomimetic - less body push. [3:] maybe some slipping ATS - none AP [5:] ATS down, AP sl.>+. to 2CB. q.v. Time went by unusually quickly.

to 943

EH call AM 1/19/85 N=9. 3 ♀ at 150, 2+30 1-1/4hr rest 180 and 1 (or 2)+30->210 at 1-1/4 hr. excellent @[5:] all drive home.



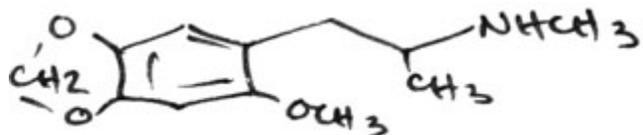
DOM
STP (from 212)

+++ 8.0mg AP≅ 7/9/82 4:05PM=[0:00] aware in [:30] - quiet development to + at [1:] [1:10] push ++, development seems to pick up speed. [1:30] +++ - a little physical, AP more. eyes closed, curly images, but not too lockable into music. [2:15] explosive org. - interact [with] music, thought, images, all [with] occasional pee breaks, to [7:] - still stoned. +++? some eating, much fluids - music catches off-beat fantasy, not directly knit, but occasionally even unenjoyable. no sleep (ATS) even to [12:] - paper like at + or even 1-1/2+. [16:] - < +, napping OK. [20:] - sleep easy, baseline. Overall +++! - a bit too much physical. Retreat to ~6mg for what may be our optimum balance. Looking forward to repeat.

+++ 7.0mg AP≅ 7/5/85 10:05AM=[0:00] - slight aware at [:30]; at [1:00] between + and ++, and climbing smoothly. Eyes-closed imagery to music at +++ at [2:00] - in and out of bed - talk - thorough intermixing on interests, actions, soup-making (AP some appetite - me very little, but extreme thirst). Little urine. At [12:] both back to ++ or less - [15:] AP sleeps. ATS very wired, still - write at IBM for an hour or so - some wine - then excellent sleep [16: to 22:] - awake in AM [with] good energy. Excellent +++.

+++ 7.0mg AP≅ 11/30/85 11:37AM=[0:00] aware [:30] - quietly develop [:40] to + at [1:00] to >++ [1:30] to +++ [1:45] - favorable, AP would heartily repeat. rest of notes lost.

+++ 10mg, AP≅ 6/27/86 4:15PM =[:00] - awares at [:40] ATS to [:50] AP. [1:] to a ± at most. I can see how there could have been doubling up of doses in SF at [1:] for those used to LSD! [1:15] pushing ++ [1:30] to ++, by [2:] full +++, even more by [2:30]. Weird (talking) IRS- up to computer writing at [6: to 8:] - still ~+++ , very tactile, love food tastes, very much at peace [with] body, spirit. Good conceptualization - writing easy - AP & Egypt books. Music strange and appreciated. In & out of bed to [13:-14:] when surprisingly easy sleep. The Dawn! ATS up at [17:] slightly sleepy & under slept - an enjoyable rich state for me. Higher, later, certainly OK. +++



N-methyl
MDA-2

- 7mg 3:40PM n.e. (earlier, 2:40PM 5mg may have been - N-methyl J. by error. Assume day's load at 7mg.
- 17mg 10AM 8/8/82 - vaguely aware [1-3]? no. n.e.
- 25mg 10AM 8/18/82 - n.e.
- 40mg 10AM 9/14/82 - possibly aware [1-3 hrs]. n.e. evening MDMA normal response.
- ± 70mg 10/16/82 AP ± dose LSD q.v. see p469

REPORT OF EXPERIMENT WITH MDMA

Date: July 7, 1981

Participants: Keira and Hudson Edson, Fred and Peggy

Place: Edson residence above Los Trancos Woods

Dosage: All start with 120 m.g.

Background: Hudson and Keira had their first experience with us in August, 1979. Since then, they have been unable to come to Lone Pine, and there were interferences in their home. Now with one daughter moved out and the other working, their home setting was available. Hudson has a managerial job at Memorex which produces a great deal of tension- His legs have been hurting him badly for some time and there seems to be no medical help. They are very good friends, and we relished this opportunity to get together. In his first experience, Hudson had been uncomfortable and elected not to take the supplement. For this experiment, both Keira and Hudson agreed to start with a larger amount (up from 100 m.g.).

11:20 A.M. All ingest 120 m.g. This experiment started off very smoothly, and very beautifully. Hudson experienced none of the discomfort of his first trial, and moved nicely into it. The setting is a very magnificent one, and we felt blessed by the beautiful view, all the flowers Keira had growing, the cool breeze whispering in the trees. Everyone became lighted up, with the usual skin softening, melodious voices, and great beauty and warmth. We enjoyed walking around and looking at everything, which came to life and in brilliant color.

1:00 p.m. All eagerly take 40 m.g. supplement. The day continues in its very beautiful way. We visit easily, move to different locations to stay in the shade, walk around to look at things. There is a great feeling of warmth and beauty. Hudson is free of pain all day, but begins to feel it again in the evening. Apart from that, it was a wonderful, full day, Spent with good friends in the best of circumstances.

REPORT OF EXPERIMENT JUNE 26, 1982

Participants: Quinn and Zabrina Brandt, Peggy and Fred

Place: Lone Pine residence

Background: While Quinn is an experienced traveler, Zabrina has had very little experience with psychedelics as she has avoided drugs during pregnancy and nursing her 2 year old son (still nursing at 27 months). Six weeks ago when we were in Santa Cruz she proclaimed herself ready for an LSD experience when they next came to Lone Pine. We elected to launch the experience with MDMA. (Last year when observing us undergo MDMA Zabrina joined in on the 40 M.G. supplement which turned into a full-blown experience for her.)

10:45 A.M. Start, Zabrina taking 100 m.g. MDMA, all others 120 m,g. We had a light breakfast starting at 7:30 A.M.

11:11. Quinn plays a tape to produce deep relaxation, flow away all your troubles. We all get deeply into the experience, but Zabrina's experience is so profound we all follow her.

11:45. Zabrina has had a remarkable breakthrough. She was sure that she was going to die, so decided to let herself die. She melted into the ground, and then appeared before a profound, brilliant light, the throne of God. She knew she was with God, and that she was God. She was in ecstasy, and began singing "God Loves Me" and other songs. She turned into a delightful little girl, utterly alive, bright, full of joy and wisdom. She was so beautiful, inside and out, that she was a joy to behold. She felt her channel was wide open directly to the Source (she has the gift of channeling, and groups meet with her and Quinn twice a week) and was extremely insightful about a number of things. While all of the rest of us were in a wonderful place and very much enjoying our own experience, we were thrilled with Zabrina's response and enjoyed communicating with her.

12:30. p.m. We all take 40 m.g. supplement of MDMA. While we had originally planned to take LSD at this point, Zabrina was having such a remarkable experience that we wished to continue it, so that when she opted for the supplement we all joined her. The experience continued in the same vein for the next 2 hours. Zabrina was utterly delightful, we were all enormously grateful for the great beauty we were experiencing, Quinn dropped a big load he had been carrying and felt remarkably free and delighted with Zabrina's response. Peggy and I were aware that we had been exhausted and carrying a heavy load, so that this experience was remarkably rejuvenation. We all exulted in the marvel of the experience.

2:37 p.m. Zabrina takes 3/4 tab, Quinn 1-1-/2 tab, and Peggy and I one tab of LSD. The experience moves very smoothly from the MDMA to the LSD. For Peggy, Zabrina and Quinn there was very little change in the character of the experience. After a while I experienced some heaviness and discomfort, but worked through it in reasonably short order. We were all very intoxicated. Zabrina felt completely out of her body, felt she was crazy but it was all right and very difficult to do any bodily functions, Peggy had a hard time functioning in her body. I had no trouble but was very aware of the intensity of the experience. we all began to feel somewhat languid, enjoying lying around listening to music, not at all anxious to go outside and wander around the landscape. Zabrina continued to be utterly alive and joyful, making up stories on demand. I spent a remarkable hour on the deck with little Xavier so Quinn and Zabrina could be together, and was utterly delighted with his clarity and aliveness.

As the afternoon progressed, we enjoyed food which tasted marvelous. It was marvelous being on the deck, sitting in the shade and feeling the breeze, feeling the great love among us. I became very quiet but enjoying it all immensely, with a marvelous sense of God-presence, marvelous mental clarity, and a deep euphoria much greater than I have ever experienced with LSD and more like the come-down of experiences with the group in the Bay Area. This went on into the evening as we sat on a bed we had prepared on the sunny side of the deck and watched the sunset, and later the moonlight, enormously enjoying each others company.

Zabrina began to experience a lot of body discomfort. She became very worried that everyone else seemed to be coming down and restoring normal functioning and she could not get back into her body. This became very painful when she felt that little Xavier needed her and she could not respond to his needs. Unfortunately we didn't realize the extent of her discomfort until she told us about it the next day, and I realized I had failed to give her enough indoctrination on the comedown, and assurance that we would take care of Xavier, as she is very tied to him. She slept fitfully, but was grateful to have had such a profound experience and realize her Oneness with God. Fortunately she had plenty of quiet time for the next few days to integrate her experience. The rest of us felt marvelous the next day, and we all went for a good hike up Whitney Portal, which seems to be an excellent way to dispel undesirable metabolites from the body, and get the body functioning well again, to say nothing of the appreciation of the enormous beauty. This was a most profound experience for all of us, and has left us all in a far better place.

Peggy's report - Friday Jan. 15th, 1982

An evening experience has not received much approval in this group but apparently the timing was just right, for everyone said "why not?" We started around 7:30 Friday night with not very much in the way of food all day.

The locale was Vanessa's gorgeous living room. She has decorated it to the nth degree - in excellent taste. Quite daring use of colors and patterns, and plenty of pieces of art from all the countries they have visited in so many years. And we are all feeling the energy of the strong family unit that we experienced in Roswell.

Our ascent is slow, quiet, relaxed. Mildly exhilarating and at the same time very relaxing. Feeling good, with cessation of cold symptoms. A little cough now and then - and absolutely no appetite when soup time came. We verbalized our feelings of events of recent weeks. All acknowledged how steadfast Fred and I were. I am overwhelmed at the acknowledgment. At the same time I feel it is really the only thing I could have done. Just to be there and help in whatever had to be done. And I did it for Fred. It's a small step, a very small part of dad's life. Aunt Betty did it for 25 years!

The descent was very gentle. we were so relaxed and enjoying each other so much, it was 2 a.m. before we drove home. Fred did the driving, and it was effortless. Also, there was not much traffic on the freeways. But Fred had to urinate so badly he pulled off the freeway at the usual offramp, and parked outside someone's home, went immediately to a bush, and proceeded to water it. I was musing to myself at that time that if a cop had stopped us to see what was going on, what would I say to him, but the honest truth. Fred has been experiencing urinary frequency with this material.

After the fact, I can attest that this material is not good for curing the common cold. My cold symptoms accelerated, and by the time I returned to Lone Pine, I had a full-blown flu attack. Complete with laryngitis bronchitis, etc. For three days I've been quite ill. However, in retrospect, it was worth it.

I'm now getting better, and it is blizzarding outdoors. So, it's a good time for me to get better, catch up on correspondence, cook up a storm.

Sure hope all goes well with you all. Hope we hear from you soon. Did Fred tell you we lost two-weeks worth of mail? THEY lost it. The post office.

REPORT OF EXPERIMENT WITH MDMA

Date: July 11, 1982

Place: Residence of Keira and Hudson Cheney, Portola Valley

Participants: Keira and Hudson, Peggy and Fred

10:05 A.M. All take 120 m.g. MDMA on empty stomach. We sit on bedroom deck under an oak tree. It is a beautiful day.

10:24 A.M. Peggy is feeling very good; so is Hudson; very smooth entry, working on freeing feelings of pain. Keira also making a very smooth entry, no trace of nausea that she has always experienced each time before. In another 5 minutes, most of Hudson's soreness is gone.

10:52. I have been slow taking off, but begin to feel intoxicated. Shortly we are all well in it, feeling glorious, experiencing the profound beauty, the closeness of each other. We all look relaxed and younger; Keira is very insightful.

11:44 A.M. All take 40 mg. supplement. We continue in the wonderful space we are in, thoroughly enjoying the space we are in. I bring up some personal problems which the group does not hesitate to help me with. The glow continues, and we all relax into a very peaceful, quiet afternoon. Keira has none of the neck tension she experienced last time. Hudson is very happy to be free of his pains. Everyone gets more quiet, enjoying the deep relaxation.

2:00 p.m. Has been a smooth, glorious experience for all. We walk around, enjoying the beautiful landscaping. We go back and rest peacefully on the deck. Our descent is very smooth. I feel the least body effects I have ever felt, and begin to feel energetic. I would have enjoyed taking a hike or a drive to the ocean, but everyone else prefers to relax quietly. Keira has become extremely quiet, and it appears that she badly needed a thorough rest. She feels her personal problems have been resolved, and there is nothing to work on, but just enjoy the peace.

3:17. Hudson's pains begin to come back. After a couple more hours, they seem worse than before, having enjoyed the freedom of no pain. He considers taking codeine. Peggy and I offer him a massage, which he not only enjoys very much, but the pains go away again, and stay away for the rest of the evening. We enjoy a light supper and a quiet, peaceful evening. We all feel much closer and grateful for the experience.

REPORT OF EXPERIMENT WITH MDMA

Dare: July 25, 1982

Place: Residence of Vanessa and Ivan Brandt, Los Angeles

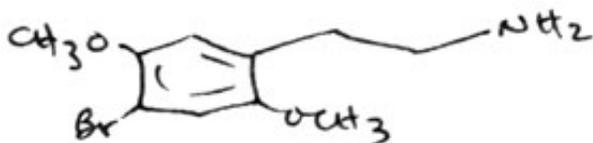
Participants: Vanessa, Ivan, Uma, Jacob, Peggy, and Fred

11:42 A.M. All take 120 m.g. MDMA. In about 20 minutes, everyone begins to feel it, and the experience grows very positively for everyone until everyone is well into it in another 20 to 30 minutes. It is a good group, and the experience is glorious for everyone. Everyone gets lighted up and is full of energy. The conversation focuses on our interrelationships, with Vanessa leading by clearing her mind of things that concern her and observations that she makes. We have some very candid discussions, and the group warmth grows stronger and stronger as we air various differences of perception and clear up and drop past resentments. Ivan is amazed at Vanessa's sensitivity to other people.

1:15 p.m. All take 40 m.g. supplement. The discussion has been going very strongly with no one caring to go outside as no one wants to leave the warmth of the group. There is a slight drop in the energy of expression as the first ingestion wears off, but picks up again as the supplement takes effect. It is a most enjoyable experience, with everyone very much enjoying each others company, and we are all learning from our mutual sharing. The weather is beautiful. Finally about 3:00 p.m., we go outside and enjoy the beautiful back yard, looking at trees, plants, and flowers. It is a lovely day. We all descend very smoothly. I find the least body load on descent of any experience, although I have a slight headache. Around 4:30 p.m., I go for a swim, and it feels marvelous and eliminates the headache. We then listen to music for a couple of hours. Ivan plays some favorite Rossini overtures, which are very stirring. We all enjoy the music very much. I find that it helps run off any remaining remnants of body load. Jacob reports being very much taken up by the music, and when it was over, he found himself perfectly normal and feeling great. The music completely cleared up any drug effects.

7:00 p.m. We all enjoy a light supper, still glowing from the experience and very much enjoying each other. After eating, I feel totally at peace, much more so than I have ever felt from this material.

After returning to Lone Pine, I felt less negative after-effects than I have ever felt from MDMA. It appears that I am learning. The experience was very rejuvenating, and eliminated a lot of body and joint stiffness I was beginning to accumulate before going to L.A.



2C-B

[from 581](#)
[to 647](#)

+++ MDMA -> 2C-B 8/3/82 ATS, AP ≡ 8:30PM 100mg MDMA; 9:00=[0:00] +20mg 2C-B. Aware [:15] [:25] AP on strong [:30] AP >+, ATS 1-1/2+ [:40] AP ~+++ ATS ++ climbing. Excellent, rapid, noisy onset, but then, disappointment when there. [1:30] - long discussion, not too deep, and no erotic - as if each robbed the other of its virtues, rather than adding to one-another. Supplement [with] 15mg 2C-B [Σ,35] [2:45] finally to +++ [with] 2C-B (as if the MDMA underneath was finally fading away). some erotic [4:30] MDMA gone - 2C-B effective. Overall, waste of two good chemicals. +++, but with the above limitations.

8/13/82????

~++1/2 (30+10) 8/19/82 ATS, AP ≡ 8:15PM=[0:00] supplement at [2:00]. AP to full +++
+++ ATS reserved, to ~++ or somewhat more. Very stressed & tired. ATS sleep easily at [6] (!) - AP unable to until quite a bit later. ATS, 2 beers at ~[-2]. Next day ATS normal, AP sleepy.

30mg 8/21/82 AP, ATS. Aachen The rich ancient city for Ann. Excellent experience.

30mg 8/27/82 AP, ATS ≡ Arrival, Paris, excellent.

++1/2 MDMA->2CB 9/14/82 150+60 ->34mg @[4:20] normal development - blind to R.S. outrageously erotic to ~[4] - sleep OK.

++1/2 30+10 10/1/82 9:45PM=[0:00] ATS, AP ≡. ATS slow development (through IRT) to +++ ~++, AP somewhat more. Suppl. @[2:00]. This was simply a pleasure escape for the both of us - the corrects sites were hit for both - easy sleep at ~[6] - up at [12] ATS to ~++ or a bit more, AP to +++.

++1/2 30mg (25mg AP, 5hr post MDMA + large supple. q.v.) 10/28/82. 12MM. - aware ~[:40] - rolling to ~+++ (ATS >+) to [3:00] - sleep at [4:00] - at [8:30] up again and full day of SF work without deficit.

++ MDMA -> 2CB 10/20/82 120mg to 30mg 10:30PM=[0:00] - slightly attenuated? AP & ATS ≡. notes lost. ~++? Note - out of sequence.

++ 25mg 12/2/82 ~12MM, AP ≡ (ATS [12] post 3-TSB) - some IRT - sleep ~[5] - not easily. AP slow development. This after ~7:30PM dinner at club - some wine!

++ 25mg 12/9/82 ~12MM AP ≡ (ATS [12] post Tres. ≡ to above (+5mg, ATS) ++.5

2C-B 3/30/82 Stacy
9:30AM 18.75mg - no taste
10:30 + 6.25 -> 25mg - some nausea
3:15 down.
Time distortion

April 7, 1982

Hi--

Here's my promised report:

First, relative to physical reaction, I was flat out for two days following the trip. I felt great when I left to drive home and felt totally capable of driving well and with full awareness. I had a headache and some nausea. That night my headache continued full blown and the nausea grew until I threw up around 4 a.m. The next day I could hardly move, gradually getting my energy back by about the third day. The truth is, I think I had the flu for, as you may recall, I had a touch of nausea before the trip. I tend to think the trip enlarged the symptoms of the flu just as it enlarged my reality psychologically. Peggy told me that she, too, had this reaction her first time with this material and that she had had symptoms going into it, too.

My bet is that in terms of physical reaction this stuff is the best for me. You asked me to mention my physical reactions to other stuff: Acid--basically ok physically except for headache, difficulty sleeping and feeling exhausted for about a week, felt fragile after acid; MDA--a real killer, totally physically depleted and can't move after, enormous headache, hard to sleep, body feels like it's done hard labor beyond the point of dropping; ADAM--this is my really impossible killer diller, jaw tightens to point of breaking, chewing; on a wet rag created huge blisters at corners of my mouth, physically feel like a Charlie Chaplin film strip on quadruple time, racing, terrible come down--felt like a homicidal maniac; mescaline--had a lot of physical pain during the trip, felt exhausted after but don't really recall a lot of physical problem.

The words that best describe the nature of this latest trip for me are symbolic reality. Scenes from my current reality flashed to mind and I could suddenly see underneath them to an archetypal level, could see what the reality symbolized for me on an unconscious emotional level. Then suddenly all the symbolized scenes came together in a climax in which I could see underneath the whole collage to a core of how I was holding life at an emotional level. I had very strong realizations of "this is how it is" and a lot of tears and emotional release. Then there was a lot of standing back, getting distance and seeing that it's not "how it is" necessarily but rather how I hold it emotionally. This part of the trip was incredible in that I could see how attached I was to that emotional binding belief and watched myself let go of it in degrees of distancing. This aspect of the trip has been ongoing.

Overall, I'd say the trip was a powerful experience and I've had a real sense of a healing haven taken place around the issue I went into the trip with--no meaning in life. Something very strong happened that is difficult to put words to --but the key was that it was experiential at an archetypal level and self healing through the process.

Based on this one trip (and probably another trip might suggest something totally different) taking this material while one is in the midst of battling or working through a particularly painful issue or in an area where a strong belief system has control can be beneficial and healing. It blows up the issue or belief system to larger than life size, using what's current in the person's life, then pierces through the unconscious to what's holding it in place so it can be released, then follows up with a reintegration process as an after effect. Or at least that's the way I explain it to myself--again based on the narrow range of experience-one trip.

I love seeing you and thank you for being you. Your presence is support, safety, love. Hope to see you again sooner than our usual.

*Love
Stacy*

I'm in a rather tough place right now--sort of a point of choice that can turn the course of my life. I can see the major themes of futility, hopelessness, meaninglessness and how they're maintained through a basic fear of failure--for me. I have inspirations and see a lot of light and a direction and then suddenly I fall back into futility and meaninglessness. What's different about this time in my life is that I see that's what's happening and I know that somehow I have the power of choice about it. Choosing to move through it and out of it involves sustained energy through the waves of futility.

One concrete illustration of this has to do with my body and right now I feel that the choices I make in this period for or against its health and energy are key to breaking through this pattern. I've been eating and drinking things that don't support my body or my energy, and in fact that I seem to be reactive to and that feed the futility stuff. I've been tough with my body a lot of times--tried to force it into submission to be thin or to feel good. At this point I'm aware that choices for my highest physical manifestation will come less out of force and more out of continued aware acceptance and expression of God.

All this sounds so esoteric and as if I'm not talking about me right here right now. But if the words don't sound concrete, what they represent to me is clear enough to me.

Physically I feel as if I've been beating myself; mentally I feel exhausted, as if all the thinking in the world is not going to get me anywhere; emotionally I feel rebellious and at the same time more in control of my emotional state than ever before; spiritually I feel strong, as if my core knows the truth and when I stop all the above chatter and just touch into that core I know it's strong.

Emmanuel A.
Emmanuel Allshouse

June 5, 1982

from other side

20mg 2C-B 10:45

Mylanta (antacid) at 11:10

1:45 3mg boost

+ more

Procrastination.
Lack of discipline.
Out of integrity.

These are the words that come to me here and now. How I wait to the last minute to start the job, going through such suffering in the meantime. And when I finally get started, now easy it is to do.

Really good results I get when I follow a discipline. And I do this so sporadically.

Out of integrity in my relationship with Poe. Unwillingness to choose.

* * * * *

In general, a discomfort about my life when I think about the discrepancy between how it is and "how it was supposed to be". Marital situation. Work situation. Economic and social situation. Living situation.

I prefer to be married.

The work situation with my partner is a strain.

My financial situation seems precarious.

Rather than an apartment, I would much prefer living in a house with some grass around it for sunning, a fireplace, a pool, a hot tub, a gardener and a housekeeper. (Why not?)

* * * * *

And, now the good news.

I am beginning to more and more have a sense of myself as Self . . . and the mystery and the wonder and the joy of that.

Typed by Poe from oral report by Emmanuel.

REPORT.....6/6/82
Emmanuel Allshouse

OBSERVATIONS. Dosage could have been higher

COMMENTS. Basically it was like a mini-acid trip
Inbetween a mini-acid trip
and an Adam thing.

MAIN EVENT. SEVERAL REMINDERS

- A. All the people in our lives are GIFTS that God has given us... People are the GIFT and the rivers of the gift when they give of themselves.
- B. Got in touch with how Tanya is such a beautiful being and does not appreciate this and I must tell her. Tell her what a bright light in my life she is, in spite of the fact she is a pain in the neck sometimes.
- C. Got how Poe and I in the Course in Miracles are a bridge... People can come to the Course and we see who they are and we love who they are, and this helps them see who they are, and when they do they can move on.
- D. Reminded again of how it is ALL a GIFT, and there is no need to come from need, because God knows what our needs are better than we do and He takes care of our needs.
- E. I got that Mark is a GIFT to me and I am a GIFT to him and all either of us really wants is to be friends.
- F. I was moved emotionally by the realization of how I feel about Tanya and how important it is to let her know how I feel. To let her know that I really appreciate her being in my life!
- G. None of us has to come from need because God takes care of our needs even when we don't know what they are...One of the ways is by GIFTING with the people in our lives.

I thought I was down and went out under the walnut tree.... Relaxing and lovely... Maybe I can get more mileage and look at other people in my life. I asked, "What about the things written on the paper before I had the trip"?..... "My life is not now like I thought it 'oughta be' and that not living in a house with grass around it and a fireplace, pool, and a gardener, and a housekeeper". Saw in a way I had had that life when I was married... then wondered why that was taken away. For the first time I saw it as "possibly God took it away"... and I tried to think why He would do that. I thought maybe it was because I didn't appreciate what I had, but I thought I did appreciate it.... so perhaps the problem was that I did not express my appreciation to Tanya, Gerdie, & God. I am not sure how much of this question and possible answering came from a heightened awareness and how much was just "yammie, yammie" from my ego.

REPORT...PAGE 2....Allshouse

Once I experienced my first insight, which was how the important people in my life are a GIFT from God, I was ready to go home.... I mean, that was POWERFUL and what else was there to learn!???!

What I felt I got was a heightened awareness of some realizations that have been dawning on me, but have not dawned fully. When I just think about that one insight....that the people in our lives are a GIFT to us.... They are a GIFT from God....that's pretty powerful!!

In the past I have been familiar with the notion that the people in our lives are there for the lessons we are to learn from them.... teacher-student relationships whether we liked it or not, but this was a much more loving kind of thing than that.

Before the trip there was no way I could see Mark being a loving GIFT from God. I suspected there was something to be learned, but not a loving GIFT. I could see I was a loving gift to him!

Music was like with a cookie or mild-acid, not the kind of heightened awareness I thought there might be.... I think I expected much more.

* * * * *

6/16/82. I'd like to try this again sometime with a higher dosage.
(I don't think I experienced a full trip.)
Pulse rate this morning: 78 per minute. (!)

EXPERIMENT WITH MDMA

Date: September 1, 1982

Place: Edson residence, Portola Valley

Participants: Keira and Hudson Edson, Fred and Peggy

Background: Keira and Hudson had an MDMA experience together on August 8, 1982. It was a magnificent experience for both. For Keira, it was a real "blockbuster," in which she broke through to the Kingdom of God. The experience was of a highly celestial nature, which is usually more typical with LSD, and seemed to be the culmination of 20 years of seeking. Hudson also had a very significant experience, encountering and dealing with some of his problem areas, also LSD-like. During our recent visit, on the eve of our planned departure date, communication opened up quite intensively, and we decided to stay over another day so we could take MDMA together.

11:17 A.M. All take 120 m.g. MDMA. The experience develops very nicely, all smoothly moving into a beautiful, euphoric state of peace and beauty.

11:46 A.M. Peggy feeling intensely; likes it better than 100. I feel the experience is more intense, deeper, more profound than previous experiment with 100 m.g. The experience develops well for all of us, and is most enjoyable. Hudson and I get into good communication, with joking, witty conversation which I dearly love as it comes with these experiences when I am not bogged down in negative feelings. We have a delightful time.

12:51 p.m. All take 40 m.g. supplement. The experience continues on its beautiful course. All of us notice that we are completely free of physical effects -- no jaw clenching, tensions. Keira usually experiences some nausea, which she is completely free of today. Peggy's lips look and feel much better.

The day progresses beautifully, with good feeling, good communication, everyone in a very peaceful space with no problems in sight. For me, it is the smoothest MDMA yet, with a nice descent, no tired feeling, no physical effects. At the end of the day I go for a run to work off the metabolites and help my urinary problem. Running is easy. The day ends beautifully with deep closeness all around.

The next day on the drive home I spend the whole day in the most exalted state I have ever been without using materials. It was a lovely, very meaningful drive. Peggy and I, who went through some hard places just before and in the early stages of our trip, are in a very good place with each other.

Returning home to a very busy life and quite out of shape and tired, without the support of our friends, a heaviness returns to me, part of which I associate with the aftermath of MDMA. I am working on this from several different angles.

EXPERIMENT WITH LOW DOSE MDMA AND LSD

Date: August 29, 1982

Place: Gates residence, Atherton

Participants: Clare and Neil Tusa, Tina and Aaron Gates, Mel Perimeter, Peggy and Fred Brandt

Background: Tina and Aaron have reported that they have found they can take much lower doses of MDMA and get the same experience with less body load, particularly when followed by a small amount of LSD. We decided to try this format, using LSD as a supplement because of the lack of time available because of our late start.

2:27 p.m. Start with MDMA as follows: 80 m.g. Tina
120 m.g. Neil
100 m.g. All others

The experience developed very nicely, with the usual grace and beauty and marvelous love of good friends. The grounds are particularly beautiful and offered much to appreciate. Everyone lighted up well and we very much enjoyed each other. Peggy has been suffering from severely blistered and possibly infected lips from overexposure to the sun. Much of the pain went away and they appeared to be healing much more rapidly. I felt the experience reach a very nice intensity, but not quite as profound as with the 120 m.g. I am used to. Stated another way, it wasn't quite enough to work through the residual load I usually carry.

4:08 p.m. All take approximately 1/8 tab of LSD. I felt the LSD start taking effect about 15 minutes later. It was an exceptionally smooth transition, with no loss of the euphoria of the MDMA. In the past I have noticed a kind of "thinning out" as the MDMA wore off and the LSD comes on. I reached a beautiful peak with the LSD, very much feeling God's presence and enjoying it everywhere. This fell off after about an hour. I would like for it to have lasted longer. I was still in a very beneficent state, and enjoyed all the people and our surroundings very much. We had a very lovely walk around the neighborhood, and I very much appreciated the beauty everywhere. The comedown was very smooth and pleasant, leaving me energized and feeling great, without the usual trace of tiredness I often feel with MDMA. The evening ended most pleasantly with good food and good visits. The next day I felt extremely well, with no trace of body load. There is no doubt that this procedure is ideal for a group get-together with no aftermath of body load. For myself, however, I believe I would reserve such experiences for more intense exploration and pay the necessary price in aftermath.

EXPERIMENT WITH MDMA AND LSD

Date: September 11, 1982

Place: Brandt residence, Lone Pine.

Participants: Uma, Jacob, Peggy, Fred

Background: Jacob had never had a chance to try the experiment of following MDMA with LSD. Also, since he has not had LSD in several years, he wished to try it again. This experiment was set up to fill both requirements.

9:37 A.M. All take 120 m.g. of MDMA, all but me on empty stomach. I had a light breakfast 2 hours earlier, not liking to spend such a long day on an empty stomach.

10:03 a.m. Peggy is getting lots of color enhancement. Although we are all progressing smoothly and pleasantly, Jacob and I are only feeling it mildly at this point. I am very much aware of the food that I ate, and felt that the experience would be more intense if I had fasted. After an hour, we are all well into it, and it is very beautiful. We all feel very close, much love, much beauty, and very grateful for the experience. It is not a hot day, as it started off cool and there is quite a bit of wind from the north, but crystal clear. Outside on the deck everything is amazingly beautiful.

11:09 a.m. We all take 1/2 tab of LSD.

11:39 a.m. Both Jacob and I feel the expansion from the LSD. It is a very smooth, nice transition. We move into the LSD with the same euphoria. As the LSD takes hold, everyone quiets down, becomes more speculative. We spend a lot of time in our own experience listening to music, everyone feeling quite free to do as he chooses. For everyone, the LSD was a very rich, meaningful, enjoyable experience. We all had a marvelous time together, felt very, very close, and were glad to be together. There was not much activity, as we were all content to just be together, enjoy the beauty, the music, and our experience.

To summarize, we at first thought that the dose of LSD was inadequate, and we would not produce much of an experience. But it kept growing and growing in intensity, until everyone had a full experience. Peggy felt quite zonked out most of the afternoon, and wished to move very little. Doing physical tasks like starting up the soup were done with difficulty. She preferred to be quiet and not move. At one point, she looked in the mirror and saw my face.

Uma had a beautiful day, and felt very solid inside, and very secure. She was very much at peace the whole day.

Jacob had a very enjoyable day. For the first time he had no pain with LSD, but everything was very beautiful, peaceful, and enjoyable.

I will elaborate on my own experience for my own record. While I did not have a negative experience, I was aware of inner tensions with the LSD, and it felt good to relax and let them go. I will relate some of my major perceptions. I was very much influenced by an old letter from Ann commenting on my experience at the farm, which I more or less accidentally ran across when looking for a report for Jacob the night before our experiment. She pointed out the need to be open to others, and I turned my awareness to Peggy. It hit me very hard that I needed to be gentle with her, and that ordinarily I was very ungentle, with her and others. I felt this through and it was wonderful, and I saw how to apply it in many situations, I was thrilled with how I could open my awareness to others, and continued to study

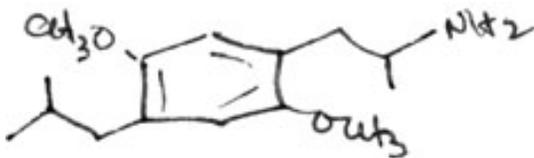
Peggy. I realized that a lot of the uncomfortable feelings I experience around others and try to get away from is often their feelings which I am unwilling to experience. As I allowed myself to feel it, I became aware of bitterness toward men. There appeared to be a problem with her father, and as I watched and became aware of this she cried. There also seemed to be resentment toward men who approached her only for sex. She requires extreme gentleness, rather than the haranguing we often get into.

I turned my awareness to Jacob, and had some realizations about him which made me feel better, but which I don't remember right now - along the lines of missing his family and country. Then listening to Verde's LA TRAVIATA, I saw Jacob smiling and full of joy and leading celebrations. Still not free of tension, I explored further. I noticed that as soon as I turned inward, the first thing I always experienced was fear. It is a very pronounced reaction. I have to accept and run off the fear, and then can proceed. Trust is so important. I decided to see if I could feel what it is like to be loved. I had an extremely difficult time remembering being loved, even though with my head I knew that there were many times I felt love. I saw that I had an enormous block against feeling loved. It felt good just to experience and assess the enormity of this block. It seemed that I could only remember feeling loved in proportion to my being loving, which seemed very rare. I experimented with creating love, something that always moves me into good places in past experiences. I could see that when you exert yourself to create something, automatically simultaneously create the opposite of it, which you must be prepared to accept, but from which we often hide. Trying to create built up a lot of tension. I found the best was to simply desire, hold the attention on it, and let the universe create the reality. A form of prayer. But even best was to surrender completely, and hold the mind absolutely still. In this stillness, the celestial level reveals itself. During all of this, the tensions finally dissolved away completely, leaving a most marvelous feeling of euphoria. I decided to see what it felt like to not have a body. In the process, my body began feeling very light, and I could see that in order to feel no body, the body must be completely healed. By attempting this, my body felt remarkably light and cleansed, although I never developed the feeling of being outside of my body. Loved my body.

5:00 p.m. By this time, Jacob feels that he is down from the experience, Peggy is still zonked, Uma feels marvelous, and I feel more intoxicated than ever. The music sounds better and better as we let go more to it. It feels great to sit outside in the shade on the deck and just look around at the marvelous landscape. I have a marvelous time just looking up at the blank blue sky: the very rich light of the Void a la Huxley. A wave of loneliness comes over me, and I see that following God is a lonely path, but rich in its own rewards.

We all go for a walk out to a big flat rock near the west edge of the property, surrounded by fairly luxurious growth. It is a marvelous place, and it is marvelous to be outside, to see the beauty, to enjoy each other. I feel very philosophical. Food as always tastes marvelous. We quietly enjoy more music, which gets better and better. We retire early for a marvelous night's sleep.

Some afterthoughts:(also remembrances): In the late afternoon and evening Jacob kept turning on again as it came in waves. A recall of a significant experience: Jacob described how the pain in the gut is the child in the womb not being filled with enough love, which leaves him crippled and for which he must make up. When I asked, "How?", he said you must start with the immediate family since they are closest. This made me look at my family and adjust to each one of them, after disposing of some deep anger toward my older brother. I felt the strong feeling within of my fear that everything will be taken away from me if I don't hold onto it very strongly.

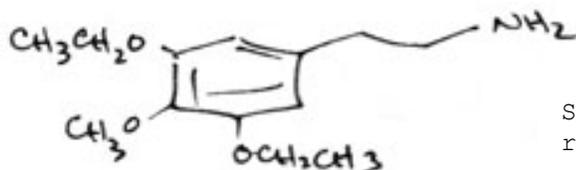


DoiBu

ex. EH

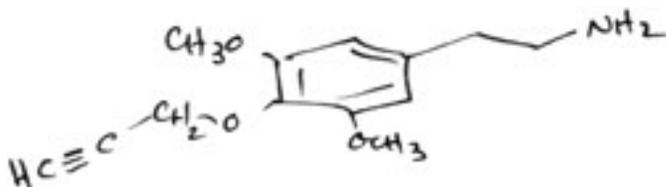
his phone call - 8-10mg ->
++ See p. 462

- 2mg 10/7/82 ATS. 8:45AM=[0:00] [1:15] was reminded [2:30] sl. aware? [4:]
nothing. Evening, perhaps disproportionately $\hat{}$ response to modest wine.



SB
ref 4:C-5

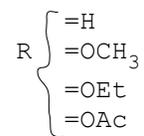
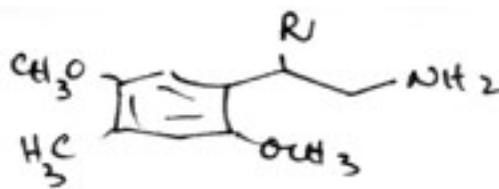
- 10mg 10/19/82 10:25AM=[0:00] ATS. n.e. God-awful taste - lingering in mouth.
- 20mg 10/23/82 10:30AM=[0:00] AP n.e.
- 40mg 10/27/82 12:25PM=[0:00] ATS n.e. (taken in Gel. capsule!)
- 120mg 11/23/82 ATS 11:45AM=[0:00] 80mg; +40mg@[1:25] - n.e. (taken in gel capsule). sleep that night strange? Up at 4AM - alert - mentally restless. Anger in later AM. Maybe related?
- ± 240mg 1/26/83 ATS 9:50AM=[0:00] reminded [with] slight chill @ ~[:30] - vague ± from (1:00 to 4:00) - then nothing more. It is now mandatory to assay the 200-250mg areas of mescaline. This would have been most interesting to have taken higher. Relate this to ME rather than to tris?!. ±



- 1.5mg 10/23/82 ATS 10:30AM=[0:00]. n.e.
 - 3mg 10/27/82 AP 12:25PM=[0:00]. n.e.
 - 10mg 10/26/82 ATS 10:30AM 6mg, @11:40 +4 -> Σ10mg. vague aware at best. -
 - ± 18mg 11/1/82 ATS 9:30AM=[0:00] [:45] aware? [1:15] aware? [2:] slightest vague awareness. [4:] nothing. Possibly ±.
 - ± 26mg 11/3/82 ATS 9:00AM=[0:00] - [1:] aware [2:] still ± [4:] out.
- I am completely are that somewhere around the 10th of Nov.
I took 40mg with a ± or +. I cannot find the notes.
- + 50mg 11/18/82 ATS 8:50=[0:00] [:30] subtle awareness. [1:15] a valid ± [2:15] pushing to a + (Bart, 24th, hospital [with] AB - TLC of RSM's) [3] a + or 1-1/2+, some feelings that others may note my oddness. [5] still + or 1-1/2+. A basically friendly state - some mental puddle? no erotic. [7] dissipating [9] gone.
- ± 40mg I have found my lost notes. 11/9/82 40mg [1:00] cold feet, +;
+ 55mg [2:00] ± [3:00] forgotten - overall ±. Again 11/11/82 55mg [1:00] cold feet, [1:30] physically fuzzy [2:00] strange + - can't identify - it is the body's equilibrium, not the mind's e. that may be a little off center.
- ++ 80mg 12/12/82 8:00PM=[0:00] ATS - in Reno - aware ~[:30] - from [1:30 to 5]- a benign, non visual ++ or so - kept feeling that CalNeva was on a rocking boat - no nausea in any way. Easy person-person interaction. [with] drop ([7] or so) light wine -> extreme exhaustion [with] considerable amnesia (breakfast, H-club) Re-explore in a familiar environment, at 80 again, definitely not more than 100.
- 1-1/2+ 80mg 6/26/83 10:30AM=[0:00] ATS, AP ≡ into a day with a flow of people. [:30] vaguely aware [:45] ATS ±, AP no. [1:00] a coherent + [1:30] to 1-1/2+ Tusa's here. [3] steady, comfortable +1-1/2. Ted here. Some awareness of body load. [6] alone again - erotic [with] effort; earlier would have been easier. Some wine into evening -> not much effect, but fuzzy recall. Sleep easy at [12:]. A.M. a bit sluggish. Up, OK, but [with] modest increase. Much talk.

Comments from Aguiniga on

See 462



SOME EFFECTS OF 4 methyl 2-5 Dimethoxy phenethylamine.

Some subjects developed a quiet, confident more assertive nature to replace a passive nature which after allowed them to be taken advantage of.

Mental-physical coordination was enhanced greatly in learning techniques or musical instruments, good guitarist learning 5 string banjo.

Improved communication on several levels between a couple whose marriage was about to fall apart. Three years later doing fine.

Steam Ship pitch + roll. One goes with motion instead of resisting. Sense of smell greatly enhanced while influenced by compound.

(15mg HC2salt α Acetoxy - 4 methyl-2,5-dimethoxy phenethylamine. orally)

Not much done on this compound - seems very much live above except sense of taste greatly enhanced- smell not so much.

(15mg HC2salt α Methoxy - 4 methyl 25 dimethoxy phenethylamine.

So far seems to be very useful in intimate inter personal relationships - seems to improve quality and quantity of sexual exchanged between partners. It may be getting close to being a true aphrodisiac and seems as though it could be useful to people such as Bartons and Georges who are doing work with sexual problems. Increases a males sexual capacity 2-3 times normal while influenced by compound. ~same for woman's desire.

The α Ethoxy analog has been made in very small quantity but no trials have been done with it.

REPORT OF EXPERIMENT WITH MDMA

Date: October 20, 1992

Place: Brandt residence, Lone Pine

Subjects: Benton Mcquiston, Jake Running Deer, Warren Foraker, Peggy, and Fred, Jacob Frazier.

Background: Jake Running Deer is a medicine man who worked very closely with Jacob in the indian way in Florida. In fact they are blood brothers. Jake is fortyish, white, goodlooking, quiet, and very sensitive. He has just spent some time living with Rolling Thunder, and is back to spend a little time with Mary and some of her people. Warren is from Munich, and came to America inspired by the Castenada books, looking for a peyote experience. He also spent some time with Rolling Thunder, having been impressed upon seeing him in Germany. This visit was disappointing, and he joined Jake in his search. He is an extremely nice person, with a degree in social work, although he has been driving a taxi and will continue with his schooling. He feels he has a heavy intellectual armament, and has never been able to experience anything in meditation. He is looking for something to push him through.

8:07 A.M. All take 120 m.g. of MDMA on empty stomach.

8:30 A.M. Everyone is beginning to feel. In another 15 minutes, we are all getting into it more intensely. Warren feels a kind of heaviness, but is peaceful. In another 5 minutes, he is very relaxed. At first he was a little nervous, but now he feels a deep, deep peace, and is grateful.

8:58 The heaviness from Warren's head is gone, and he feels clear. The rest of us are developing nicely, with wonderful smiles, a marvelous light in the eyes. Jake is very pleased. He says "I always go to the same place." He begins drumming and singing. He is a skilled, sensitive drummer, and carries us all with his rhythm and force. Jacob is responding beautifully, and is glad that he came. He fits in very well with the group, and they all find him compatible.

9:42 A.M. All take 120 m.g. supplement. Jacob wants to hear piano music. Jake and Warren go outside, after one final song.

10:33 A.M. Benton reports that he has discovered that his path is an inward one. He no longer needs outer symbols, which is why he gave his drum to Jake (he did this earlier in the experience). His mission is to silently radiate the internal being. He reports that he is getting clear, that he has worked through a lot of garbage. He is on the edge of blissful awareness.

10:18 A.M. (out of sequence). Warren comes in to report that he was able to look directly into the sun. He finds the outside environment quite fluid. He is very happy.

11:00 A.M. Peggy and I join Jake and Warren on a rock below so that he can sing us a song that he wished to sing us. He weaves an insightful and beautiful description of what we are all doing with these aids. He is in a very good place, and we have a good interchange. It is a beautiful day outside, and I appreciate getting out.

1:30 p.m. Back in the house, Benton reports that this experience seems to have taken off where the last one left off. It has been less verbal inside, and more intuitive and feeling. Also quite a bit of negative material has come up.

1:37 p.m. Benton takes a second supplement of 40 m.g. We have discussed the usual recommendations and my own aversion to additional body load, but he wishes to experiment. Warren reports that he feels a higher dose would have been helpful, like 160 m.g.

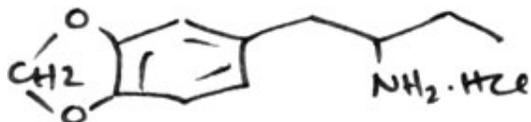
3:40 p.m. Benton is on edge of experience, as though the energy rose from his abdomen to upper chest, but not into his head. Later, he reported that in retrospect the main reason he took the second supplement was to get away from the negative images he was experiencing, and get back into a positive experience, which he succeeded in doing.

4:00 p.m. We go for a walk outdoors, which is delightful. We return to a delicious bowl of soup. Everyone is happy, pleased with the experience, and aware of a very strong bond that has been formed among all of us. We are particularly happy with Warren's breakthrough. He stated that he experienced feelings of love and joy that he has not known since childhood.

7:00 p.m. Benton returns to Bishop, I prepare for my class which goes quite well. The next day, we all go for a hike, which is a marvelous continuation of our experience and the closeness we have developed (less Jacob). The following day, Peggy and I drive to Los Angeles, and are aware of the enormous amount of wonderful energy released in this experience, and of the joy of working with good people.

Benton was not aware of any adverse affects from taking the second supplement.

Here is a note added by Peggy: Warren actually glowed. His eyes were brilliantly blue and he seemed happy. After the supplement, he had an interesting experience. He had been gone into the mountains the two days preceding with Jake on a "Vision Quest." His quest was to find his own song. Nothing came. After the supplement, he was laying face down on the floor. He began energetically to sing an Indian type song that was very beautiful and forceful. He said that this was his song. Later in the day he did not remember it, but the next morning it came back to him, which pleased him very much. He is such a quiet person that he did not say much during the day, but he did appear peaceful and content.



"J" [from page 588](#)

175-230mg - the group, farm. 11/7/82 1:55=[0:00] - Supplements at [1:50] as noted:
 CT. 175+50->225* onset slow, then pick-up - some value from supplement.
 NT. 175+50 more rapid - got to +++, supplement extends.
 GC. 200+50 at [:30] leap to ++, on up to ~2.8. fairly rapid drop ~[4:]
 AG. 200+50 never to ++ until ~[1:15] - never above ++. dropping @[4:]
 MP. 200+75 ++ just after [:30] - push +++ - still very much into it @[5:]
 AB. 230 - slow rise, slight light head. long lingering decline.
 AP. 230 - slow on slow off. still + at [8:00]!
 ATS 230 - slow on, never >++ gradual drop to ~[6:00] { chase [with] LSD q.v ->
 TAS 175+75 slow on - short value from supplement - largely down at [4:00]
 TG. 175+50 definitely to ++ by [1:00] - dropping by [4:00]

Overall very well received. Perhaps those [with] supplements bought add'l time, but perhaps dropped more quickly (?) Minor teeth clench reported - some minor, some none - none serious (ATS, almost none this time). Some eye nystagmus - minor. A bit 'stonier' than MDMA - more like MDA? - but chronology very much the same. A successful day - a promising cpd.

Primer Studies (from 469)

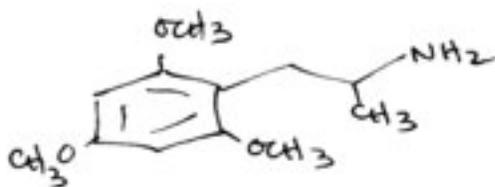
++ 11/7/82 J->LSD [8:00]->[0:00] ATS, AP; 150µg - not much apparent until :30 slow buildup to ++, not much more. excellent erotic - eat at [6:00] (some wine) sleep at [8:] for 3 hrs. up- a trace spacey (Tarcher, from LA).++ or so

+++ 11/20/82 MDMA->LSD [10:00]->[0:00] ATS, AP; 200µg. gentle, not too noisy, build up to ~+++ , easy erotic - first sleep ~[7:] - up at ~[12:] a bit plus one-ish - no deficit. A very comforting & supportive +++

pick up one or two primers, filed on [page 662](#)

+++! 4/22/83 MDMA->LSD [-5:00]=[0:00] 250µg AP & ATS - both with distinct residues apparent from the MDMA. aware (ATS) at [:20] build up from [:30] to ~[1:30] to spectacular +++. incredible IRT, out of body erotic. One would be hard put to exceed this experience in any way. This is last of this lot of LSD. no sleep to [6-7:] - then barest of catnaps. Up at [9:] to continuing ++ to so - still aware + or more [16:]. off to movies, Fantasia [with] Jeffery.

++ 6/19/83 MDMA->2C-B at[-4:30], 4-OCH₃-MIPT. 125mg MDMA, ATS, AP, GC - 2:30PM=[0:00] at [2:05] +20mg 2C-B - largely intensification and extension of the MDMA.



TMA-6
from p. 253

- ++ 25mg 11/13/82 AP, ATS ≡ 11:30=[0:00] - to Cal, W.State football - aware ~1:00 or less. Game completely nutty - so were we. With the crowd interaction impossible to separate drug from environment. Funny - still aware at ~[8:00] into dinner [with] Burt, Mona, Yans & Fran. Out by [12:00] certainly. Benign - let it ride as a ++.
- +++ 50mg 12/4/82 AP, ATS ≡ 12:05PM=[0:00] [:30] aware [:40] developing. [1:00] to what is probably a ++ - no visual, slight tremor, something like MDMA in that there is talk, easy thought, almost complete freedom from sensory distortion. [1:20] real ++ - call from S. Freeman - handled well. [2:00] probably pushing +++ [3:00] stable at +++ - why? good thought process - just way up there. No fantasy to music, just mush appreciation. Expl. ej! From 6:00 on, subtle decline. at [12:00] still aware - photo mount to ~[15] thence sleep. AM active, AP lethargic. Not sure of chron. of decline as I was never certain of characteristic patterns of this +++! Strange, benign, friendly state.
- +++ 50mg 2/5/83 12M=-[0:00] at Selby lane. In general, alerts from [:20] AG to [:40] - development to max @ ~[2:30] (via many transitions) - plateau maintained to ~[6: or 8:] with quiet drop (quiet = unnoticeable and uncertain) to [10: or 14:] or so. Tally individual:
- ATS 50mg - sound +++ [with] some visual; much joy, gaiety, restlessness at ~+ by [11:00]- drive home not difficult - sleep ~[15:00] but 8hrs adequate.
- AP 50mg - surprised by the extreme LSD-like visuals - feeling betrayed, as no warning from earlier tries. Guarded all day - anger & tears in late evening. Fair sleep, but delayed. (~[14:])
- AG 40mg - initially ⇄ MDMA- not so, later. Finally acknowledged a maybe +++ - loose, easy affect - felt that there might be loss of control at somewhat higher levels. Fast wit, easy grace - well accepted, but admits complexities.
- TG none - joined [with] MDMA & contact high in mid-stream.
- CT 35 - "quite sufficient" periods of being "displaced from herself" but overall acceptance. Considerable visual. Slightly withdrawn.
- NT 40 - initially equates to aleph's (negative), then no. Some lag. guarded journey in humor. He (as we all) with thermotropic uncertainties.
- FB 40 - soundly effective. Under the line for ~6hrs, then slow emergence at [19:] - breakthrough (after little sleep). Impressive.
- PB 35 - much intoxication - initially going negative - then decided not to. Humor, laughing almost painful. Great spirits.
- MP 45 - Profoundly humorous and hilarious. No negatives anywhere.

re:

Georges

November 7, 1982

AG and TG ingested 200mg and 175mg respectively at around 1PM. The day was cool (45°-55°) and sunny so that we could walk and talk outside if we wanted to do so. TG felt the first stirrings of the material at about 1:30PM. It seemed to her pleasant in affect and without any untoward body effects. Within the next half hour, her level of feelings rose to about +2 and leveled off there. She said she would have been quite reluctant to drive an automobile but probably could have had it been necessary. There were no visual distortions, giddiness nor introspective urges. She remained on the +2 plateau about half an hour and gradually came down from there for another two hours.

AG's experience was basically the same but at a milder pattern. His alert came in about an hour and fifteen minutes rising slowly to +1.5. The feelings with it were pleasant but in a subdued way. He felt some increased chattiness and gentle exhilaration. But in the course of the experience, no rise to a psychedelic intoxication of any significance. The decrease to baseline was gradual and graceful. Driving home at 7PM was easy but accompanied by unusual fatigue and languor.

REPORT OF EXPERIMENT WITH MDMA

Date: October 30, 1982

Place: Brandt residence, Lone Pine

Subjects: Keira and Hudson Edson, Uma and Jacob Frazier, Peggy and Fred

8:54 A.M. All take 120 m.g. on empty stomach.

9:21: A.M. People are beginning to feel. I am getting quite intoxicated. I am aware that this is very different than our last experience with our three followers of the Indian way. The atmosphere is much lighter, more supportive, and I feel a tremendous boost from the others.

9:48 A.M. There has been a great rush with much animation. I am conscious of hitting a wall, and am now breaking through again. Keira is now feeling. The experience continues to develop and we are all in a great place, feeling much love, closeness, gratitude, great inter-personal warmth. There is much humor and delightful conversation among us all. Jacob and Uma are great support and add greatly to the experience of ail of us. The usual dropping of lines, youthfulness, brightness and animation, softness of skin, mellowness of voices.

10:30 A.M. We all take 40 m.g. supplement. The experience continues beautifully. Hudson tells us about when he was a boy he formed the Eagle Club. He was president, his younger brother vice-president, boys of the neighborhood members. Hudson established all the rules, gave out points. We all immediately sign up for the Eagle Club and have a great time getting orders from Hudson and trying to earnm points.

11:00 A.M. Keira spends some time outside, followed by Peggy and I. She has a glorious experience outside she experiences a very high, mature level of God's love, above anything she has ever before experienced. Key words that come to her are: Privilege, and Humility with Dignity. She is very moved. Outside is wonderful and alive. We see much in the plants and rocks.

The experience continues the rest of the day most wonderfully. Everyone is relaxed, peaceful, full of joy. Communication is delightful. Keira is extremely sensitive and insightful. Much warmth comes from Uma and Jacob. Hudson is extremely relaxed, free of pain, and in marvelous good humor. We are all delighted to be with each other, and feel most privileged to spend a day like this. We slowly come down, with some languidness developing, but everyone still feeling marvelous. Hudson has felt that he was on the verge of a breakthrough, and walked around outside alone, but didn't make it through. Keira, Peggy and I enjoy a marvelous walk to my meditation rock.

4:39 p.m. I had cleared with the group at the start that I might take a more potent supplement, as I still felt quite loaded from the previous experiment. However, I got such a lift from this group that I decided to ride it through and see what happened. Hudson announces at this point that the Eagle Club had met and decided to continue with the most potent substance. So at this time we each took 1/2 tab of LSD. He later told us that he hoped this would allow him the breakthrough that had been eluding him. Shortly after this we all had some soup and toast, as we had been without food all day and were hungry. The refreshment tasted wonderful.

Very little effect was felt from this second supplement. Most people felt very deeply relaxed and very much at peace, as though it deepened their rest. Peggy, Keira, and Uma were not aware of any other effects. Hudson felt very little specific effects, but it apparently facilitated some introspection. He reported that he could see how real the Eagle Club was in his life, and how he functioned that way at work and with his family. This is the most personal insight he has verbally shared with us during experiments. Jacob felt nothing for about 2 hours, and then was aware of the presence of something happening. It was not intense, but increased his aliveness and joy and good feelings. Although I felt it very mildly compared to the usual action of this quantity, I did get a very nice boost from it which led me into one of the most satisfying experiences of my life. I got much visual enhancement watching the clouds over the mountains, a magnificent sense of Grace, a marvelous inner feeling of Peace and Love and total contentment with absolutely everything going on. I felt extremely free, and no body or drug effects. Keira reported that she had never seen me so free of the hangups of my usual personality. I also felt it to be quite cleansing, so that the next morning my body felt very free and I was very energetic. We all felt marvelous the next day, very happy for the experience, and quite content to lounge around the entire day and enjoy each others company.

Because of the weekend storm, Keira and Hudson debated quite a bit which route they would take home. They finally decided on the northern route, and were able to make it over Monitor Pass. Hudson kept remarking how beautiful everything was, and how happy he was that they had chosen that route. This is a character change for Hudson, as he usually doesn't notice the scenery until Keira first points it out.

REPORT OF EXPERIMENT WITH MDMA

Date: November 4, 1982

Place: Brandt residence, Lone Pine

Subjects: Benton Mcquiston, Warren Foraker, Quinn Brandt, Peggy and Fred. Zabrina was a non-participating bystander.

8:32 a.m. Start. Warren takes 140 m.g. MDMA, all others 120 (except Zabrina).

8:52 a.m. Peggy is starting to feel. A few minutes later Quinn is starting to feel it. He feels the cup of Earl Grey tea potentiated it. He feels his glands changing.

9:10 a.m. Benton reports that the material has reached his head. In a few more minutes, I feel it very strongly. Warren has been outside sitting on the deck. Inside, we are all enjoying the development, and are in good communication.

9:19 a.m. Warren cones in, reports that it has taken him 45 minutes to feel into this experience, whereas the last time took 30 minutes. It is good to have him with us, and we all develop into the beauty of the experience -- the warmth, love, closeness, gratitude, freedom of communication. We are all much more verbal than the previous experiences with Benton; communication is excellent, enjoyable. Quinn establishes a good rapport with Warren, works on his body with his massage techniques. Benton reports he has learned to stop thinking by visualizing light.

9:59 a.m. Benton, Peggy, and Fred take 40 m.g. supplement. Quinn and Warren do not yet feel ready for it.

10:16 a.m. Quinn and Warren take 40 m.g. supplement. Quinn's capsule has melted a bit from spilled tea. He licks up remains from the saucer. He said that touching it with his tongue gave him a great rush, as though going directly to the brain.

The experience continues delightfully. We are all enjoying very much, and are all getting along very well together. Quinn and Benton have some interesting exchanges, wherein Benton sensitively recognizes some competitiveness between them. Quinn is sensitive to criticism. Benton had been a little worried Quinn would try to control the session with some of his suggestions, but they were made as contributions. Warren enjoys Quinn's body work, goes into his Indian song which is very moving to us all. Teresa gets a contact high, very much feeling our energy. She is angelic, extremely insightful. Benton likes very much having someone present willing to look after things who has not taken the material. Warren cannot tell that the extra dosage is any different from before. He does not look quite as happy as previously; he reports that this one is more serious. He still feels the inner joy, and is content to accept what comes in his experience. We all enjoy the clarity of little Xavier, 2-1/2 years old and very alert and alive.

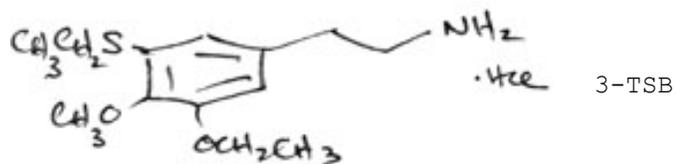
11:30 a.m. We enjoy listening to music. I sit between Peggy and Benton and go inside. It is a marvelous experience, very much feeling their good energy. Peggy and I are extremely close.

In the afternoon, Benton gets the return of his inner voices expressing negative feelings. I suggest looking directly at them to see what they mean. Zabrina confirms that it will be instructive, as Benton is very sensitive and tends to repress a lot. He is worried that this will intensify the negative experience and lead him in the wrong direction, which he felt he learned to overcome the previous time. I suggested he do it only for the duration of the Berlioz Symphony we were about to play.

Benton liked this suggestion very much. During the music, he was able to hold the negative images up to the light and dissipate them.

The experience continues beautifully, gradually trailing off during the afternoon. We go for a very enjoyable walk outside, and come back to a superb dinner that Warren had prepared the night before. After dinner, we are all feeling tired. We formed a meditation circle, after which Zabrina "channeled." She opened the channeling to questions, and answered them beautifully and with great insight. The meditation and channeling were reviving, so that I had no difficulty in conducting my class that evening. A good way to wrap up an experiment for those who are so inclined. Benton and Warren departed before the class, very happy with the day. Quinn and I had an excellent recap the next morning. I was so tired when I went to bed the night before I thought I would sleep in. However, we all got up quite early, and enjoyed recalling and discussing the experience. Quinn is learning a lot about his own functioning, and is working on what he now sees to be some of his problems. He very much appreciated the opportunity to share the experience with more mature people than he is used to in Santa Cruz.

Followup with Warren on 11/10: In spite of 'the higher' dose, Warren had less jaw clenching the second time. While he did not feel any different with the larger dose he did have some interesting visual experiences after the supplement. When he looked at someone, he would see two pictures, one the regular one although reduced in size, and the other would change. In Quinn, he saw about 8 different images, including a God-like one, a diabolic one, and black person. (Zabrina reported she has seen Quinn as a black person in experiences.) On Zabrina and in the mirror, he saw a triangle similar to the Peace symbol; he thinks it is a wing spirit. It is interesting that a small eagle flew by outside as he reported this. Outside looking at the mountains, he saw the world grow very small, but also saw it become very wide. He realized that how we see the world is created in our mind. He also saw the profile of a smiling face corresponding to God, which then changed to a diabolical face. It is hard for him to evaluate the effect of the two MDMA experiences because of other intense experiences going on simultaneously while in this area, but he feels that he made an important breakthrough that was very timely and unlikely to be achieved in another way. He is grateful for the experience of universal love and peace.



- 10mg 11/22/82 10:10AM=[0:00] n.e.
- 40mg 20@11:45AM=[0:00] 11/23/82 AP +20mg@[1:25] - bad taste. n.e.
- 100mg 60@12:10pm=[0:00] 12/2/82 ATS +40mg@[1:05]; [2] vague awareness? - n.e. chase @[12] [with] 2CB - normal response q.v. (-)
- 200mg 160@10:55AM=[0:00] 1/21/83 ATS +40 (all that remains, save some dust)@[1:20] - n.e. whatsoever.

as of now, into thioescaline
paper as <1 M.U.

On Wednesday November 17th 1982, we shared a lovely experience with the window. Benton Mcquiston, Fred and I started at 7:30 in the morning, after waiting for Fred to get ready (originally he said 7 a.m., but dilly-dallied around so it was 7:30 or so before we started). Benton was most patient about the delay saying that the time to begin was whenever we were ready, and that the agreement of 7 a.m. was made at a time when 7 a.m. seemed realistic. He is full of the Eastern philosophy of Si Baba.

Things began to happen around a half an hour later. My body began to tingle, and I remember sharing that it sang. It was most enjoyable being with Fred and Benton. We all felt a great affinity for each other. There was a lot of support. We drank very little sweet juices, as Benton had remembered the last experience when we did drink plenty of fruit juices. We had Miso soup several times, lots of water, but nothing sweet. Later in the day a glass of Cranberry juice tasted delicious. Although I was quite intoxicated, I could handle myself nicely. No stumbling or falling down. It felt good just to sit for a while, and listen to music, and listen to Fred and Benton talk.

Time ceased to exist, and although I knew I would have to leave around 5 p.m. (art class downtown at 6) I was not anxious about it. I did rather dislike breaking up the trio, but got into the car and had no problem driving at that time. Art class went very nicely, when I rendered a tree that did not look like a lollypop. Teacher was pleased. Came home around 9:30 when Fred's class was having its final meditation. Went to bed soon after that, and had a lovely, peaceful sleep, enjoying Fred's affection.

The afterglow continued all through the next day, but I began to feel a little edgy knowing that people would be coming for Fred's class at 7:30 that night, and I would have to have everything cleaned up, neat, and coffee ready by then. I accomplished all that I had to, and enjoyed the class very much. Another peaceful night's sleep.

The experiences are growing sweeter all the time. There has been very little body discomfort, that is, neck tension, jaw clenching. I've had none of them lately. Only once a few weeks ago did I have a headache, but took two aspirin and got rid of it quickly.

Peggy Brandt

REPORT OF EXPERIMENT WITH MDMA

Date: November 17, 1982

Place: Brandt Residence, Lone Pine

Participants: Benton Mcquiston, Peggy, and Fred. This is the 4th of a planned series of six experiments with Benton.

7:53 A.M. All take 120 m.g. of MDMA on empty stomach.

8:13 A.M. Benton notices he has heart palpitations on the mention of alcohol. He has been becoming aware lately of the enormous implications of his thoughts. He is also aware that the experience continues for about 3 days after the experiment.

8:31 A.M. I am getting quite intoxicated. I have just taken a phone call from my broker, and noticed that the call accelerated the process of intoxication. While I had been a little hesitant to take the call and kept it brief, I found that I was able to get into it so that I became more aware and responsive. It was a good feeling. Peggy is also getting intoxicated, Benton is developing more gradually.

8:37 A.M. Benton is beginning to feel more. Peggy's body is singing. My experience is developing dramatically to a high level in a very special way. This experience is much freer than the previous ones, and I can feel myself expanding, to a higher level. There is much beauty, much grace, overwhelming sense of the goodness of existence. Benton remarks that everything has its own song; there should be a special song with this material.

8:43 A.M. Benton reports that he feels resistance from the herbs in the pipe, that the "helper" is overcoming it. Reports Mary's blessing of his pipe: "Fly with the eagle; let this pipe bring you gently down to earth." (I had a pipe ceremony with Benton the night before, and found the smoke very disturbing to my body. Benton had had another private ceremony early this morning.) For the next 15 to 20 minutes, Benton is preoccupied with the tobacco problem. he sees that tobacco is a poison, and the helper is pushing it away. He feels this is slowing down the development of his experience, but that the helper is winning out. He sees nicotine as very tenacious, getting into the nerve sheathes and nerve covers in the brain. Benton once smoked for 11 years, age 11 to 22. He finally quit when 2 puffs would produce violent diarrhea. He is getting some additional insights. He sees his medicine as seeing the beauty in others and sharing what he sees. The Father has no power without Mother Earth. He feels the voice of God. These things are coming in waves.

9:17 A.M. Benton reports that worries and fear make things difficult; one must get them out of one's aura. He allowed some fear in regarding Veronika, a girl whom he recently met and got close to. He opened up part of himself for her, and now that she is gone he feels out of balance. They must free each other. He comments that taking the supplement must be made on recognition of need rather than time. We are all well developed now with much tenderness, beautiful close feelings, lyrical voices, appreciation of beauty, and gratitude for such a beautiful experience. We all go inside for a bit. I notice a tinge of fear as I start inside, and note that the fear blocks experience. As the fear is dissolved, the experience can develop. Benton comes back to the tobacco problem, and sees the tobacco as little black spirits, the chemical as knights in shining armour, slaying the black spirits like St. George slew the dragon. The Army of Light vs. the Army of Darkness.

9:31 A.M. All take 40 m.g. supplement. I am aware that my decision on the supplement is guided more by the clock than Benton's suggestion to be aware of the dynamic. I see that because of clock time and past experience, I sense a dropping off, and want to take the supplement before it goes too far. I see that in many things in life my awareness is turned on by facts, rather than a sensitivity to the event; but once I see this, I decide it is not too bad a way to operate, so long as something turns up my awareness.

9:38 A.M. Benton is beginning to have some clarity. States that tobacco is associated with black magic, not white magic. He suggests doing some Oming to clean the spirit body. We all join in. I find it raises the energy level and perception level. I have a very heightened sense of God's Presence as I look out at the mountains and beautiful clouds, and strongly feel all of those in past ages who have pronounced OM to center themselves on God, and the marvelous feeling of the Unity. Benton saw that we were creating, a center from which a bright light radiated forth toward the mountains. He felt the mountains were grateful and could see them smiling. He is beginning to see with his inner eye. He sees his little pipe woman as an instrument of the devil, which is fine as we need the dark forces to balance the light. He now feels much livelier, and wants to sing a happy song. He feels the 23rd Psalm is a happy song, and is his song. He feels he is now the purest channel he has ever been, and reads the 23rd Psalm aloud. He likes the Hebrew concept of God, and feels an opening when I talk.

9:50 A.M. I feel some sluggishness developing inside myself, and think it may be the supplement taking effect. A few minutes later I verbalize the feeling, and Benton is quick to report that the sluggishness is in him, and I am picking it up. He describes light cords connecting us. Benton expresses that his mind is holding on, afraid of being displaced, and is experiencing a jumble of thoughts. Peggy reports that there is so much more than we see, and we need to appreciate it. Benton now feels he is experiencing things from his past life. He and Veronika were lovers in a past life, and she was unfaithful to him because of her loving nature. He killed her and her lover, who was Warren. Now Veronika is back to raise his anger so he can learn to deal with it without killing. He is coming down a little now to a place of more peace, more balance. Felt he was too high, and unstable.

10:05 A.M. He feels Si Babba put his hand on his back and assure him that everything is all right. (Benton spent some time in India with Si Babba.) He quotes Si Babba: "Self is getting and forgetting, Love is giving and forgiving." Five minutes later a friend of Benton's comes to the house. I answer the door and dismiss him. Benton is angry that Tommy came: it makes him nauseous. He sees that anger is the worst thing, creating toxins, getting in the aura, and shutting one down. Sees that he must "solve some things with Iden. By contrast, nature is a dance of love. Flowers, all of nature give freely, ask nothing. He finds that keeping, his eyes open is the best. I continue the exalted state that I am in wondering at the marvel of prayer, the flow of grace, the wonder of good I feel that I am being, filled, strengthened, and see how to incorporate the energy within me to expand my being.

10:20 A.M. Benton is aware that one of his spirit guides, a teacher, is enormously happy to be able to express through Benton. In the past he had too many bad habits to be a conscious channel, and could receive only through trance and the pipe. This is a very personalized experience. A little later, He feels that he is coming down, and some dark stuff is coming. We decide to take a look around outside.

Outdoors is beautiful, the atmosphere charged with energy, the plants and mountains sharp and clear and bathed in grace. I feel an enormous sense of presence, and everything filled with love and beauty. It is marvelous to be out. It is fascinating to study individual plants and their myriad differences in structure. Benton I don't think is petting a lot of this. I ask him how he sees the plants, and he reports that he sees very little without his glasses, and is apparently not moved to put them on. I examine the Arizona cypress trees and am fascinated by the green balls that have formed. As I watch them, I am completely transported. I have never had such a profound visual experience with this material.

10:56 A.M. We are back in the house, Benton reports that he has felt the Oneness for about an hour, and is now beginning to separate. He is aware of becoming more tuned to the Spirit Eye which sees separately. He feels some sadness over the way the earth is treated. I read aloud my poem, Caretakers of the Earth, which he likes very much.

11:11 A.M. Benton is now down from the ecstatic place to normal awareness, yet he has brought something back, opened a channel. His little mind is in the process of ceasing to exist. I am still feeling the experience strongly, as is Peggy.

11:29 A.M. We are quietly settling down, enjoying talking with each other. Benton sees animal faces in the mountains. We become more quiet and reflective. After a while we move outside and sit on the deck, facing the mountains. It is a glorious time for me, pondering great realities, experiencing the beauty, in awe of the wonder of it all. I am aware that there is something that I do inside of me to help turn it all on, and it is the most wonderful thing to do. Gratitude and appreciation plays an extremely important part.

1:15 P.M. We go back inside and listen to music. After a while, Benton asks me to read from The Prophet on Love. He is very moved by this passage. We listen to more music, and quietly settle down, a very gentle descent. For the first time I feel the special euphoria that has formed inside on the descent which I have only experienced before with other materials and special groups. We enjoy food after a while, and spend more time outside, Benton doing some repairs on the sweat lodge. We feel marvelously close, a deep kinship. It has been a most rewarding experience for us all. Benton reports that this experience encompassed more, and that he went higher and wider than before. For me, it is the very best comedown from MDMA, free of the tired and languid feeling. I find that doing things, like gathering wood, energizes me. My group that night (which Benton is in) felt unusually good, and I functioned unusually well during the meeting, feeling quite energized afterward. Peggy also felt that this was the best descent she has experienced, extremely smooth. She went to her art class that night and functioned very well.

Benton's inner voice tells him that he should wait a month before the next experiment.



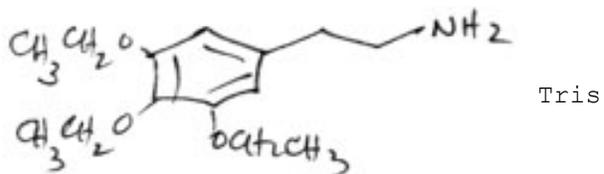
TE
4-thioescaline.

from p 464

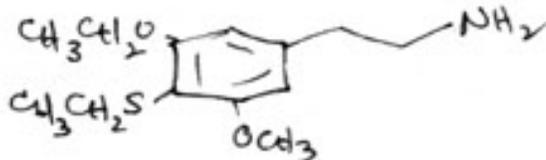
++1/2 25mg AP, ATS \equiv 11/27/82 6:15PM=[0:00] [:30] alert [:40] ATS develops quietly AP aware. [1:45] to ++1/2 maybe still $\hat{=}$? [3:15] from bed, to pee - much eroticism, talk, many topics, good rich, music, thought, fantasy, happy alone or ensemble!, onto [5:00], still [8:00] - finally at [10:00] some sleep allowed. [16:00] up for paper - ATS enough; AP, not so. A good (once the first 2 hrs are past) experience should be O.K. for the group. Overall ++1/2 Definitely worth exploring on.

++1/2 20mg AP, FB, PB all \equiv 10:43=[0:00] 12/7/82 alerts: [:30] PB, FB slight nausea. [1:00] PB gut awareness, much intoxication. FB into underline, AP ++ and ascending. [2:00] AP much body awareness (good) FB - lie down - near end of under-the-line. AP ~2.5+. 3 hrs! all +2.5->3.0 MS abruptly into very positive state. [5:00] all +2.5 or 3. good, positive [7:00] ++ to ++.5 all. [10] some drop - gross crab & contact high. [12] still + [14] baseline?. overall ++.5. Dosage level to be published, (16-22mg). M.U. = 20.

++1/2 22mg AP, ATS \equiv ; 16mg CT; 18mg NT. 12/31/82 7:05PM=[0:00] - at farm. new years, Escher's j.saw puzzle. NT aware [:15] all develop [with] some body awareness to [2:00] when most physical smooths out, but CT rekindle. All at ++ to +++ NT much visual. By [8:00] first sign of drop - to bed by [9]. NT, CT sleep OK. AP, ATS still some jangly - sleep at [11:00]- all world repeat, willingly, at some dosage. 16-22 looks OK.

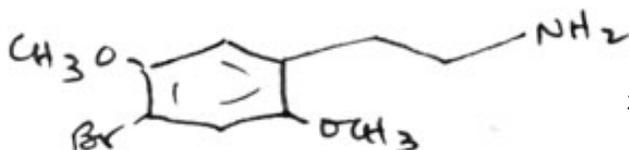


- (-) 20mg 12/9/82 ATS 10mg 11AM=[0:00] [1:] n.e. +10mg. n.e. -
- 80mg 12/11/82 AP 40mg 2:25PM=[0:00] - lingering foul taste. n.e. [1:10] +40mg in capsule. n.e.
- 240mg [130+110] ATS 1/11/83 10:25=[0:00] [with] 130mg. n.e. +110mg@[1:10] - reminded at [1:30] - that is all. n.e. (-) in paper as <1 M.U.



4-TASB

- 8mg 4+4 12/14/82 ATS 11:13AM=[0:00] 4mg - absolutely no taste. at [1:30] n.e. + second 4mg. n.e.
- 18mg 12+6 12/18/82 ATS 9:30AM=[0:00] [:45] dusty threshold? - probably n.e. - record as (-).
- ± 26mg 12/20/82 ATS 9:20AM=[0:00] [1:30] distinct threshold - on through [4]. [6] still something subtle? [7] clear.
- 1-1/2+ 60mg 40+20 12/24/82 10:08AM=[0:00] ATS, 40mg - a petroleum-refinery taste. [:45] something real [1:00] still ± [1:30] still ± [1:40] +20mg [2:30] still ± or a bit more? [2:30] call a + [3:00] real nice +, some looseness of bowels. Another of these "what is it?" Better - what isn't it! no visual, no music extraordinary [4] some erotic? possibly pushing ++ [5] much erotic fantasy, quite obsessed [with] erotic thoughts [7] dropped to + [8] 1st wine [with] caution [12] largely down - overall 1-1/2+.
- ++(+) 100mg 1/27/83 ATS, AP ≡ 8:25PM=[0:00] aware [:30] - a very odd development to a + at [1:00] - AP quite negative, ATS ill-defined. Trivial physical. [1:15] yet more development, possible time slowing [1:30] >+ AP still negative (pity)- ATS able to translate music from score to personal reality. Very personal experience. [2:30] up for flood news [5:30] done [with] Jason TV. explosive ej. Neurologically wired through [10:] - wine deadens, allows sleep, AP not until ~[12:00]- bizarre fantasy's, not all nice, related to lack-of-sleep situation [18:00] AP still trying sleep!. Overall intense, >>+, extreme activation and (neurologic) irritability. No higher, and probably not again, soon. at >>+ at 100mg, M.U. = 4. Let this one incubate for a while. Impressive experience. AP still not completely grounded at [48]



2C-B

[from 614](#)
to 740

- ++1/2 25mg (AP≡) (+5) 12/18/82 11:30PM=[0:00] post some wine - some food Jacky & E. Curry. ++2-1/2 to 3 to ~5AM[~6] some IRT - good music some visual - little residue ATS - considerable AP.
- ++ 30mg (AP≡) 1/22/83 10:30PM=[0:00] KM front room. aware [:35] ATS to only ++, AP ~+++ by [1:15] - easy sleep ~[5:] - next day ATS busy, good; AP slow. ++
- ++ 30mg (AP≡) 4/10/83 assay new polymorph "L" 9:15PM=[0:00] slow, gradual development to ++ only - not too much visual. Very comfortable but not earthshaking.
- ++1/2 30mg (AP≡) 4/28/83 after HZ -> plum tree, IRT - extraordinary. - 1st sleep@ ~[6] - next day no depletion. Extremely friendly, trivial physical. ++1/2 - this was after B-Club, [with] a little wine, & food at ~[3:00].
- +++(<) 30mg (AP≡) 5/6/83 9:42PM=[0:00] [:40-~1:30] sl.shakes & tremor - extraordinary development via IRT to +++ - 1st sleep ~[6 or 7:] AM. up (ATS) [12:00] no deficit. AP later.
- 2mg i.n. 5/7/83 (14 hrs post above!) but ~baseline. (-)
- >++ 30mg (AP≡) 5/11/83 10:15PM. excellent >++. Sleep at [5:] - AM - no depletion - much talk as well.
- >++ 30mg (AP≡) 5/17/83 10:00PM [:30] aware [:40] rapid. sleep OK @ ~[5:00]. excellent >++
- ± 5mg i.n. 5/30/83 11:34AM=[0:00] [:05] uncomfortable residual burning pain in nose - this to ~[:30] [:10] aware? [:20] slight effect. tremors. [2:00] nothing left. maybe ±
- >++ 30mg (AP≡) 6/10/83 10:15PM. [:40] aware - quiet - easy sleep ~3AM. >++
- ++1/2 30mg (AP≡) 6/21/83 9:10PM. [:30] aware - slow onset - easy sleep at [6:00] 2-1/2+
- ++1/2 30mg (AP≡) 6/30/83 11:30PM (after light dinner at club!) slower onset, but up to 2-1/2 fine - trouble sleeping - cat naps [5-8] - next day OK, but sleep deficit required early bed next evening.

Letters from Povich (Mass), re "595" that -> strong action [with] ~5mg intra-nasally, immediate onset, full intensity for 45 to 60 min, effects over at 4hrs. Not active orally. Is reasonably pure 2C-B. May 1983



- 10mg [5+5] 1/3/83 ATS 8:40AM=[0:00] 5mg n.e. [1:05] +5mg. reminded of trial at [2:25]- that's all. -
- + 18mg 1/5/83 ATS 9:00AM=[0:00] [1:] true ± [2:] out of Bart at 24th, very cold, at ± or more [2:30] into warm hospital, a +. A very nice, hard to define + willing to have it develop more; and if not, willing to go higher with the dosage [4:] lunch, Donner S. talk on DOB legal. [6:] consult [with] Leeza on Awes test. [7:] back to ± [8:] D.S. again [9:] below ±? [12] certainly out. Good, new record, from synthesis (1/2/82) to + (1/5/83) in 3 days! SARs live!
- +++ 27mg 1/8/83 ATS, AP ≡ 7:38PM=[0:00] trivial alerts at [:30 or :40]. Leslie movie to [1:20]- subtle development to ~++ [2:00] to +++ (AP full - much eyes closed imagery - fits to music, ATS a little less than smashing +++). AP- continuing body load even into next day, ATS less). +++ to ~[7:00] - slow, obscure drop. AP no sleep allowed until ~[11:00] - cont. neurological guard, ATS a wee bit better. Next day ([15:]) some residues still there. Overall very good talk, erotic, visual - AP says high enough, perhaps a bit less, ATS again = but at most 3mg more. Active range 20-27? (at least this would be the range offered to the group; ♡ 16-22 for TE) and typical dose ~25mg> - call 16 M.U. for now - and give +++ from synth -> +++ in 1 week! Wow!

REPORT OF EXPERIMENT WITH TE

Date: Decanter 7, 1982

Place: Shulgin residence

Participants: Peggy, Fred, Ann, Sasha

10:42 A.M. Start, Ann, Peggy, and Fred each taking 20 m.g. of TE, Sasha 80 m.g. of B. on empty stomach.

In about 15 minutes, I begin to feel it developing, a nice warm, energizing feeling.

11:13. Peggy and Ann report a first alert. It am feeling it more intensely now.

11:27 Sasha reports a first alert. It has been growing steadily with me, first a positive warm feeling, then with a tinge of negative feeling. As it develops, I hope the negative feeling will be outgrown. However, it grows in strength along with the positive feelings. We are having an animated discussion, and I find that I have to concentrate hard to follow it, although I do successfully. I am very much aware of a pattern I have developed inside of myself to be self-absorbed and not very tuned into other people. It feels like a crust I have to break through. I spent much of the day breaking through this crust, which was very rewarding. The material seemed to burn inside with a very clean, driving energy.

12:20 p.m. Peggy reports that she feels it in her ovaries. It is very sensuous. It feels like total energy, and she is aware of her membranes. There is a slight jitteriness. Shortly after this, I get too uncomfortable to follow the conversation, and go and lay down for a while. I am very much aware of my repressed resentments. Just before lying down, we inspect the Shulgin's new music system. I am enormously impressed by the Chopin cassette that was played. I tried one of ours by contrast, and found it to be quavery, full of noise, and most unsatisfactory. I was chagrined that the cassettes I had made and intended to make were not up to the standards of their new system. They assured me our Grand Canyon Suite sounded fine, and I was aware of my selective perception focusing on defects, yet still amazed that a commercial cassette sounded so good.

After about 1/2 hour of stewing and not getting anywhere, I welcomed a walk with Sasha. Talking about resentments and what to do with anger was very helpful, and shortly after this I began to feel much better. From this point on the experience turned very positive, and the rest of the day was delightfully enjoyable and rewarding.

The predominant characteristics of the rest of the day was the feeling of clean burning, pure energy, the long-lasting, marvelous thrust of the material, the very clear-headedness and clarity of thought, and the ease of talking and sharing. I did not have a strong Sense of Presence, but more a wonderful feeling of converting energy into action. I felt that I was continually breaking through old habit patterns and freeing myself I could almost feel old coats of armor break off. An extremely worthwhile conversation rose from my sharing that my initial look inward was always accompanied by fear. Sasha reported that he experienced excitement, and wondered if they were not the same thing. While I could not be sure that they they were the same thing, it was clear to me that they arose at the same point, on the fringe of the unknown, represented a basic difference in attitude.

Mine was a return to the past, and was defensive, being afraid to experience past pain. Sasha's is the excitement for the new, and is based upon trust. I could see how this shift in attitude made all the difference in how one experienced. This realization has been most helpful to me since we had this discussion, and has helped me develop an openness, interest in, and trust in new experience, and a turn away from the past.

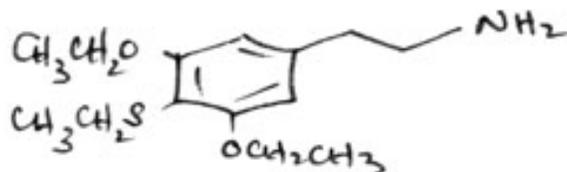
Asked about repeating the experiment, I stated I would try the same dose. I realize a lighter dose might lighten the negative initial part, but I am curious, if through learning I could lighten the negative part, and am somewhat reluctant to give up any part of the marvelous cleansing experience.

Peggy stated that she has had a marvelous experience, very beautiful, joyous, and sensuous. Yet she felt the dose was a little high for her, as there was too much body tingling.

The rest of the day was most delightful and companionable. It was a deep privilege to all be together and relate to each other. The discussions were most enjoyable and thought-provoking, and the feel of the other people deeply rewarding. It would have been great to continue all night. Yet joining Clare and Neil did not distract from the experience, but their energy joined in and lifted the experience still further. It continued marvelously until midnight, at which time the experience was still going strong. A most satisfying and fruitful day.

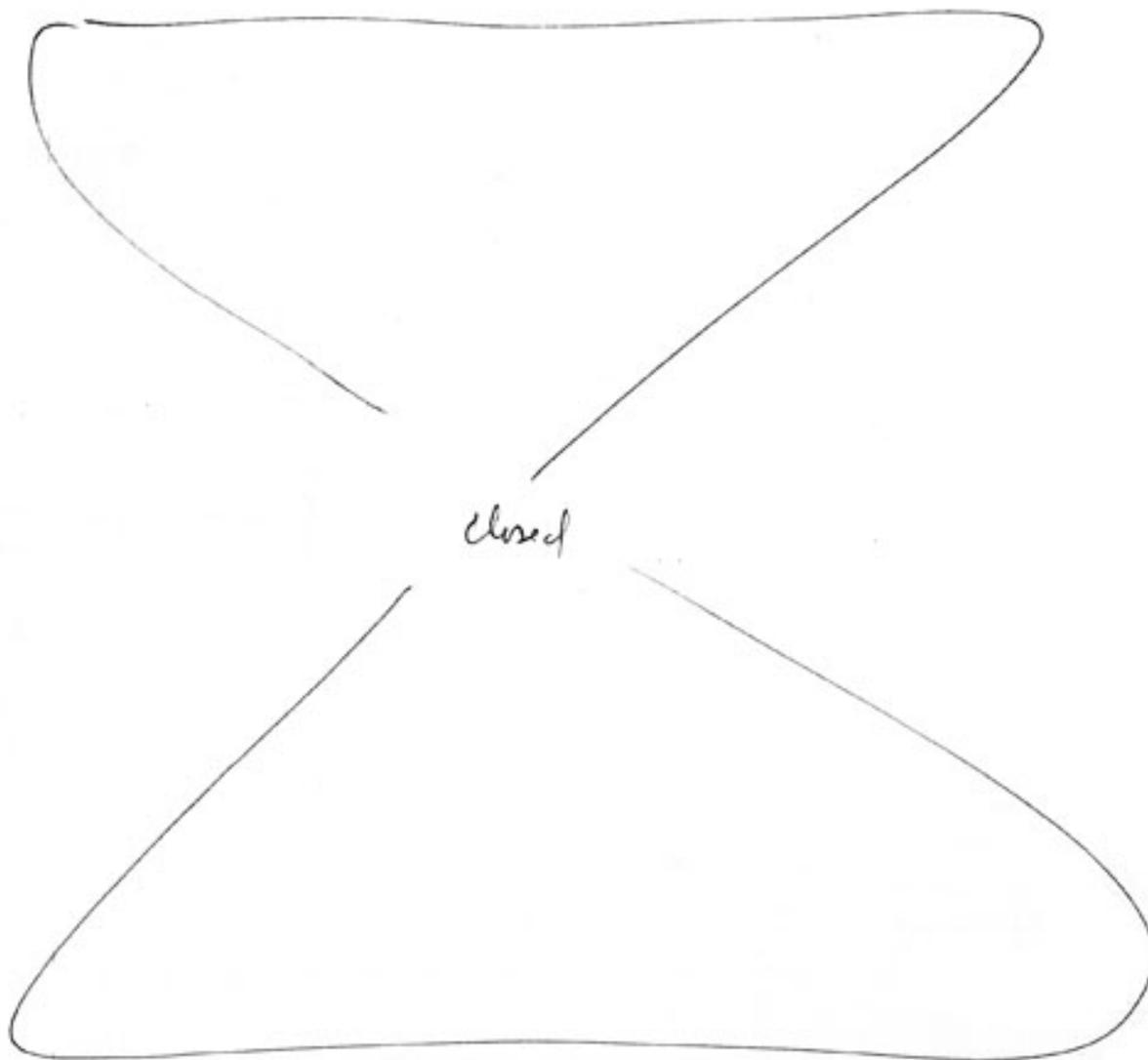
The aftermath of this experience was the most profound of any that I have had in a long time. For the following week, I found myself operating on a new level of functioning, very energetic and very much in the flow of life, free of mental distractions. I felt that I had learned a great deal, had dropped a lot of self-involvement, and was much more responsive to life. I also perceived and thought with great clarity.

This experiment also made me a great deal more aware of the traps of meditation, and how you can build up walls around yourself and certain concepts if you are not careful.



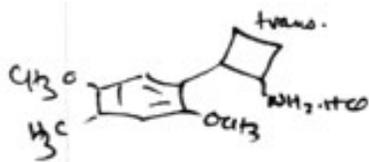
4T-Tris
4-D:2

- 10mg [5+5] 10:30AM=[0:00] 1/10/83 5 - at [1:00] +5. n.e.
- 40mg [20+20] 10:25AM[0:00] 1/11/83 AP. 2nd 20@[1:10] - n.e.
- 120 [80+40] 9:45AM=[0:00] 2/18/83 ATS 80mg n.e. +40mg [1:05] [2:30] slightest trace awareness - I am reminded. Next 2-3 hrs - slight tingling (numbing) of hand, fingers - slight gas (lunch?) overall \pm on physical, but a negative on mental. Up a bit slowly due to physical. (-)
- 200 [160+40] 11:45AM=[0:00] ATS 5/2/83. 160mg - n.e.@[1:00] +40mg. slightest awareness@[3]. otherwise, n.e. mental or physical. (-)



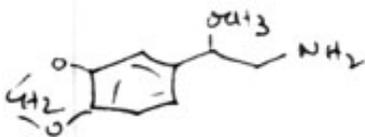
stray information from here and there
cont. from: p 462, on to 794

ex EH (phone, 1/11/83) inactive to 25mg.

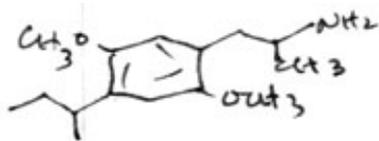


N⁵propyl-nor-LSD

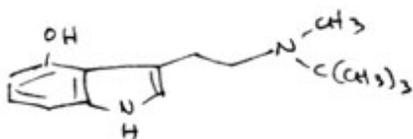
ex EH (maybe 1/3, maybe 2/3 potency of LSD)
(will make N-Et, N-allyl)



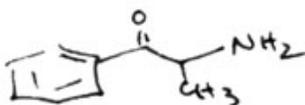
ex Aquinga active 20-40mg. Letter 3/3/83.
nice mood enhancement. See 462 for 2C-D-analog.



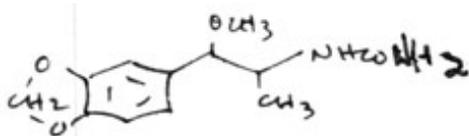
EH 20mg nothing - next day washed out
25mg nothing - at [9:] awake! intox.
something real
(phone) ~3/15/83 - Letter of 3/11/83 -
funny things at 25-35mg.



ex GW n.e. at 15mg. (4/17/83)

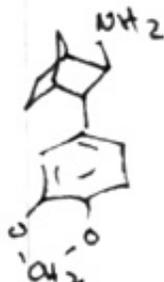


ex GW 10mg stimulant on at [:25] out by [:90]
100mg still about the same. (4/17/83)

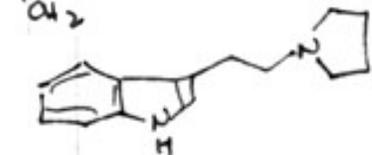


ex N. Aquinga. 2(-)
letter 5/1/83 10 ±
30 + clear, no sleep to [6-10]

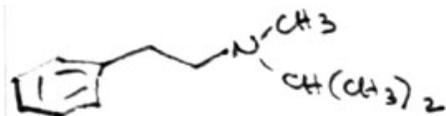
O Me	NHCONHCH ₃	} ready to go
O Et	NHCONH ₂	



not active. TA 6/83



TA? almost inactive by smoking
maybe something at ~50mg - unpleasant,
Salivation, muscle & joint pains - certainly
less potent than DMT or DET



10mg 10-30min, orally GW

on to 794,5,6.

REPORT OF EXPERIMENT WITH MDMA

Date: December 14, 1982

Place: Edson residence, Portola Valley

Participants: Keira and Hudson Edson, Peggy and Fred

8:23 a.m. All take 120 m.g. of MDMA on empty stomach.

8:47 a.m. Peggy reports first alert. In six more minutes, I am feeling strongly, Keira has a dry mouth.

9:02 a.m. Keira reports floating, I am quite intoxicated, Peggy well on the way. Hudson feels only a little. He feels some nauseousness; had it upon arising before we started. He feels he should get on his diet. (Hudson stopped smoking about 3 - 4 months ago, and stopped drinking brandy at night since his last visit to us in Lone Pine in late October, substituting wine. He has been putting on weight and his body pains have been getting worse.) Everyone is beginning to show the usual symptoms of softening skin, brightening up, melodic voices. Keira is more relaxed than ever.

9:19 a.m. Hudson still feels a little nausea and some pain. Hudson describes the dilemma he is in. He has programmed himself to sell the house and stop working. However, the house has not sold, and he has lost interest in work. He hates going to work, yet he must as long as the house isn't sold. He is afraid his lack of interest will be recognized and that he will be among the first to be laid off. We ask if it is possible for him to change his attitude about work. We all move into the wonderful, euphoric state characteristic of MDMA. I feel quite a bit of heaviness this time which I attribute to my concern for Hudson. I am very much afraid of losing the remarkable clarity I gained from the TE experiment.

9:53 a.m. We all take 40 m.g. supplement. We had originally planned to take an LSD supplement, but we were all in such a marvelous place that we wanted to continue it. In 12 minutes I feel the supplement come on. Keira feels some jaw clenching.

10:15 a.m. Keira reports that her sinuses are clear for the first time since their Lone Pine visit. We continue to enjoy the marvelous experience, with easy conversation and Hudson and I joking with each other.

10:39 a.m. We all take 1/2 tab of LSD. Hudson's pain is all gone except for a little in one of the worst places on his arm. I am still quite exhilarated from the supplement.

10:53 a.m. I begin to feel the LSD. In five more minutes, Peggy reports the LSD taking over. Hudson reports some eye darting. Everyone feels a smooth transition from the MDMA to the LSD. However, as the LSD takes hold we all get very quiet and more introspective. We enjoy simply sitting together and watching the fire, and afterwards some music. The rest of the day goes very quietly. I feel that my mind is considerably freed, and can look very clearly at things. Also, I speak very easily and clearly. I enjoy repartee with Hudson from time to time, as we kid ourselves about our problems and who has built the most effective wall to hide behind to screen out feelings. But most of the time, Hudson is pretty quiet. As the day goes on, I experience a deeper and deeper feeling of euphoria, and it feels better and better to just be together and not do anything. For me, this was entirely different than the TE experiment. It was much more introspective, and I found that this very strongly built up the feeling of Presence.

We were all very relaxed, with little need to talk. Late in the afternoon, a walk outside was very dramatic and mystical as is characteristic of LSD. We had a quiet enjoyable supper. Hendrick came home after supper (Kat's husband; Kat is the Edson's youngest daughter), and we had a nice visit together. Keira reported that when the LSD came on, she lost the marvelous feeling of peace and God-centeredness, and the experience became much more intellectual. She could perceive very clearly, and saw a lot of things about herself which should be worked on. Hudson did not share very much, except that he was glad that the LSD prolonged the experience, which gave him more time to think about things. Keira got a fairly severe headache, and went to bed early. Kat came home about 9:30 and we had an excellent talk with her. Keira and Hudson want to open the door to having Kat and Hendrick join us in an experiment. Hendrick is all for it, but Kat is resistant, having seen too many of her friends in school "bomb away their mind." Kat was amazingly open with us, and I shared a great deal of insight about her personality.

We missed Hudson the next morning before he went to work, but he has since reported that work is going better for him. Keira was still pondering things when we left the next morning, and seemed to have quite a bit to think about. Peggy and I had a marvelous drive back to Lone Pine, our perceptions so wide open that it was like having another experience. I felt in a very cosmic space, and pondered a great deal over the two experiments of the previous week. They were quite different and produced quite different results. The first I felt oriented much more directly for action, and the second for contemplation. I saw no need to choose between them, as I feel they are both very much part of my nature and compliment each other. However, it is much more clear how improper meditation can fall into traps, and needs always to be properly directed.

REPORT OF EXPERIMENT WITH MDMA

Date: December 18, 1982

Place: Brandt residence, Lone Pine

Participants: Benton Mcquiston, Delta Amento, another student of the Indian way and friend of Jacob, Peggy and Fred

8:01 a.m. All take 120 m.g. of MDMA. As we await the onset, Benton describes a very dramatic experience he had recently with marijuana, which he has shared occasionally with Delta. He took a hit, followed by two more 1/2 hour later, and went into a very intense experience involving ascending, crucifixion, and a birth experience. It lasted 3 to 4 hours, and involved a lot of laughter.

8:20 a.m. I am starting to feel; it is a good takeoff for me. Ten minutes later Peggy reports a first alert, fluttering in the stomach, and lightness. Delta reports the same. I am feeling it much stronger. Benton verbalizes a fear of disclosing himself.

8:47 a.m. We are all getting well into it. Delta is responding beautifully, feels much love, says yes, yes, yes. Peggy puts on a serape she purchased in Mexico. It has very bright colors, and we are all struck by it. Benton suggests I drop all of my projects and write a book anonymously to keep the ego out of it.

9:10 am. Delta feels very much in love, wishes to live every moment as it comes, in love. She feels this scares Benton. The experience grows in intensity and we are all intoxicated with love. It is beautiful, and everyone brightens up, is very alive, and looks beautiful. We feel very close.

9:29 a.m. Peggy and I take 40 m.g. supplement. Delta and Benton decide to wait. Delta takes the 40 mg. supplement 9 minutes later. It turns out that Benton is having some uncomfortable feelings, but doesn't wish to talk about them. Delta has been holding my hand, and finds that it feels very good to do so. She gets her guitar and sings with much joy. She finds it delightful to spontaneously pick her way, composing a song. She has a soft, gentle voice.

I discovered a very reprehensible part of myself in thinking about my cousin Nadine in Roswell, who was recently diagnosed as having terminal cancer of the lungs and liver. I found a reluctance to pray for her whole-heartedly because of her charismatic beliefs. It is clear that God accepts prayers in whatever form they come.

11:16 a.m. Benton takes 40 m.g. supplement. For the rest of us, the experience has continued very smoothly and enjoyably. It is apparent that Benton has been seriously pre-occupied from time to time. We listen to Mahler's First Symphony.

12:40 p.m. Benton reports that for the first time this morning he feels balanced, where the other experiences left us. He has had a lot of negative feelings this morning, feeling some distrust of me and uncomfortable because he could not control his feelings. From this point on, the experience was more enjoyable for him, and we had good communication the rest of the day. The remainder of the day went very pleasantly. We took a walk around, and returned later in the afternoon for a very enjoyable bowl of soup. We enjoyed the good feeling of each others company until early evening, when Benton and Delta left. Peggy and I found ourselves quite tired from the day, and retired early.

Peggy and I felt wonderful the next day, and had a very beautiful hike in the Inyos. Benton reported later that this experience was quite different from the earlier ones, opening up to a lot of negative feelings from early childhood, with strong Oedipal components. He had been afraid to talk about his negative feelings for fear of upsetting our experience and from fear of being judged. His childhood pattern was one of being encouraged to report how he felt, and then this data was used against him by his parents. He felt that Delta's presence also changed the dynamics. He felt it was a very valuable experience in which he learned a lot about his defense mechanisms, and he had a valuable exchange with Delta afterwards. He was not uncomfortable anymore once he had returned to baseline.

Delta called to report that it had been a very beautiful and satisfying experience for her. She explained why it had felt so good to hold my hand. She often visualizes God, walking with her and holding her hand, and in her experience it felt like she really was holding God's hand. Delta also reported a couple of other things which had very much impressed her. when she was singing and improvising on the guitar, for the first time she felt no nervousness or self-consciousness. Later in the afternoon, when climbing down some rocks, for the first time she felt no fear.

REPORT OF EXPERIMENT WITH MDMA AND LSD

Date: December 25, 1982

Place: Brandt residence, Lone Pine

Participants: Uma, Jacob, Peggy, and Fred

Background; For the last month Uma and Jacob have been working through some intense areas in their relationship. It has been a time of particularly intense inner examination and growth for Jacob. Uma, having visited the Edson's last week and finding out how meaningful their last experience had been to them, requested if they could not follow the same procedure.

10:15 A.M. All take 120 m.g. of MDMA on empty stomach.

10:32 a.m. I feel it beginning to come on. Jacob's mouth is dry, which is the first time this has happened with him.

10:45 a.m. We are now all getting into it well. Jacob reports that he has a "love by-pass." In Another 15 minutes, Peggy is very high. We carry on a very animated conversation, Uma telling us some of the high points of her visit to the Bay Area. We are all feeling marvelous, the experience developing beautifully with good feelings, animation, melodic voices, beautiful expressions. We all enjoy each other enormously, and are very insightful about the people we discuss.

11:19 a.m. Jacob reported that he went through some tensions in the early part of the experience, the first time he has experienced tensions with MDMA. Now he is the most intoxicated he has ever been.

11:49 a.m. All take 50 micrograms of LSD. (We are re-calibrating ourselves with Sandoz material.) After about 20 minutes, we are beginning to quiet down, and put on DAPHNE AND CHLOE. As I get into the LSD, I begin to take a dive, and begin to feel cruddy feelings. I go inside and let go to them. I feel very comfortable and accepted with my family, and make no judgments about my feelings, other than being disappointed, and continue my experience. Jacob later reported that he also went downhill with the LSD, but recovered fairly soon. Peggy and Uma retained the same beautiful state they were in with MDMA.

12:37 p.m. I am now feeling the LSD quite strongly. The negative feelings are tenacious. I decide to share what seems to be bothering me the most, as in the past talking has been helpful. This involves the loaded feeling I often get sleeping with Peggy. Talking about it helped a little, but not much. Jacob was now getting into quite a clear space, and was very insightful. From where he was sitting, there was no need for me to create the discomfort I was feeling. I examined the need to punish myself, without coming up with anything new. Letting go deeply, I seemed to relive some element of birth experience, with much tension and pain, but not necessarily revealing. I was aware that I was not very appreciative of my mother. After a while the negative feelings dissipated, and I was able to turn my attention to more positive things.

I thought about Jacob, and felt he would like to hear Dvorak's New World Symphony, which had been very meaningful to him years before. Everyone responded well to the music.

Uma enjoyed and appreciated it very much. Peggy got the most from it, being entirely taken over by it. It was as though she had not heard it before. Each note danced inside and outside of her, and she became the notes. Jacob was very deeply into his mind, so that he was not paying particular attention to the music. For me the music is a wonderful carrier to flow me through the experience, and it was very beautiful.

2 p.m. Uma and Jacob go off to themselves. I wonder what Peggy would like to hear, and decide on a piece that was very meaningful to me that Peggy had given me early in our courtship. I had recorded it on the blank space after a Norman Tabernacle choir recording. I played the last number of the Choir, All is Well, and Peggy and I were both tremendously moved by the glory of the chorus and the meaning of the number. She heard it as God is Here. Then when Close to Me started, we both broke down in each others arms, and a tremendous love flowed between us.

3 p.m. Uma and come back to join us. Jacob is in a totally new space, a brand new person as we have never seen him. We afterwards learned that they had come together to seal their union, after all the difficulties they had been through, and for Jacob, it mobilized energy and shot him into a new Space. He was totally aware, amazingly insightful, and was enormously confident. He reported that he was experiencing enormous joy, and this was his very best experience. We began to talk, and had a wonderful interchange. The night before I had mentioned a girl who had taken the Transcendental Meditation course on Levitation, and claimed that hopping around the room was levitation. Jacob was very exasperated that people should fool around with ideas like this when they have enormous power to develop themselves, improve their relationships, and be creative. He asked Peggy for a cup of tea, Peggy rose to get it and Jacob said "see, I levitated Peggy. There are lots of things we can levitate." Jacob was totally aware of the enormous power we have within us, and all we have to do is apply it correctly. with the re-enforcement of his positive approach, I looked out the window, and watched the light over the mountains which was the trail of the setting sun. This light grew and grew into an enormous power, and I too saw the enormity of the central power of the universe, and how it could flow out in love. All remaining traces of negative feelings evaporated, and the rest of the day was blissful.

We replayed the music for them that Peggy and I had enjoyed, and All is Well was totally blissful with us all present. with Close to Me, Peggy and I again broke down in each others arms, and it was even richer and fuller in sharing with Jacob and Uma. I was tremendously aware of the love flowing between Peggy and I, and realized that what was important to make me feel good is my love flowing out to her, and I should be totally unconcerned as to whether or not she responded.

We continued to have very enlightening discussions, on what kind of planet each of us would create if we had the choice, freedom, what makes us grow old (withdrawing of attention), what is time. Jacob was such a perfect expression of being totally centered that I rewound the choir tape to a number I knew was on it, A Son is Born from the Messiah. It had enormous impact on all of us, especially Jacob to whom it was directly speaking. The rest of the day was the most fascinating that we have spent together, enjoying Jacob's clarity of vision and wisdom. After eating we were somewhat tired, but totally re-stimulated by our animated discussion. Jacob got a totally new picture of our country and what it meant to have a nation in the world dedicated to the freedom of the individual, and what this has brought about in the world.

This experience had an enormous impact on all of us, and particularly Jacob. I have never seen anyone hold on to the new space as well as he, and the effect is to encourage us all to shift into a new consciousness, and not drift back into our old ways.

The day after the experience, Jacob returned to the hospital in Bishop to work for two days, before returning to Lone Pine for the balance of the week. He reported that work flowed beautifully and insightfully, and he sees so many ways in which the inner power can be expressed in life. An example: while in the hospital, he got a feeling; he should go to the Emergency Room. There a doctor and two nurses were trying to insert an IV into an elderly diabetic. She was so dehydrated they couldn't find a vein, and had punctured her all over her body without success. Jacob suggested to one of the nurses that she insert the needle where two veins came together so she could strike the fork. The nurse laughed, knowing Jacob as a fresh, inexperienced intern, while she had done this thousands of times. The other doctor asked Jacob to try. On the first try, he inserted it successfully. The woman was enormously grateful. Jacob felt he had been called to help her. During a hike on December 3 Jacob was able to describe more completely to me his experience. At the height of his experience, he found within himself a glowing ball of sheer power and love, with a white light. This was the source of life. He could see the same glowing ball in others. On New Year's Day evening, Jacob was once more expressing his appreciation of our country and what true meaning is, and how glad he was to be a part of it. (A feeling of deserting his own country and family was one of his problems) I put on the stereo a Fred Waring rendition of "Give Me Your Tired, Your Poor ...", and we all broke down as though still in the experience. It was clear to all of us the real meaning of our nation, and how we all lost sight of it by getting involved in many of the piddly affairs of everyday life, and losing track of important principles.

For me, I have realized a great deal more how important it is to focus your thinking and attention, which directs your power. Things thereby flow easily and readily. A way out of my pain that I do not use enough is focus the energy into meaningful activities. An interesting example on January 3: I was at last getting around to painting 3 doors which had been high on my priority list for at least 3 months. Having gotten together all of the materials, I felt very tired. I lay down, and immediately became aware of how intensely I hated painting-- the preparation, the gathering of materials, the fumes, the clean-up. I accepted my hatred and let it drain off, then as in the course I teach I visualized doing it successfully and enjoying it. When I finally felt some enthusiasm for it, I got up and was amazed to discover how much energy I had and how easily it went. I found myself even enjoying the painting.

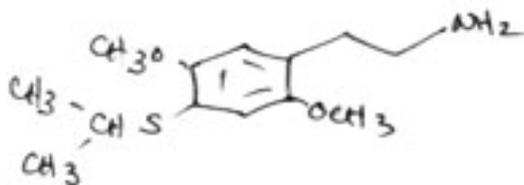
For Peggy, it was like more. She was already quite intoxicated with the MDMA, and became more so with the LSD. She became the music, as already reported. For me, there was loss of the marvelous glow and euphoria, a kind of "thinning out", and a dive into the cruddy feelings that were transcended with the MDMA.

All in all, this was the most powerful experience that we four have had together, and for Jacob was a very special breakthrough that I believe will have great meaning in his life, with a lot of spillover to the rest of us.

The general consensus was that the 50 mcg. of LSD was more potent than the 1/2 we have used in the past.

On January 2, I got more feedback from the participants on the transition from MDMA to LSD: For Uma, at the height of the MDMA experience, She felt herself as being everything. With the LSD, she began to bring everything back inside herself, finding a strong core forming inside herself like a strong rod. Her thoughts became more profound, and she could see more clearly as she thought about her work and her relationships.

For Jacob, it was almost the same, except that the body became more light and expanded. Vision became more clear, more profound, and with more details.



2C-T-4 to 984

1-1/2+ 6mg (3+3) 1/13/83 ATS 10:15AM=[0:00] - at [1:10] n.e., +3mg. [1:50] reminded, that is all. [3:00] more than ± [4:00] to + - at lecture #2 at CIIS - manic through [7] - maybe even 1-1/2+ to club - absolutely no booze! Phil H. show [11] still ~+, dropping. [14] maybe nearly baseline?- try sleeping. Overall very favorable feeling. call 1-1/2+ - willing to try 10mg but I suspect that it will push +++!

1-1/2+ 8mg 1/18/83 ATS 4:35PM=[0:00] - Attempt to interlock [with] AP, GC - on MDMA at ~[2:30]. [1:00] vague awareness. [2:00] maybe more aware - still only ± [at 2:45, AP, GC 130mg MDMA, +50mg in their 1:30, to ++ only, excellent next day] [3:00] to + maybe. [4:00] real 1-1/2+ [5] really real - no visual - clear thinking - here-on very vocal [6] stable at 1-1/2+ [7] some drop [9] still something - no sleep possible until [11]. Basically a delayed stimulant - talked continuously - no apparent sensory change, but still a very real 1-1/2. Much like the 3+3 day above.

to 984

LSD from 508, to 803

- +++ 225µg 1/15/83 ATS, AP ≡ 7:13PM=[0:00] [:22] starts [:30] ++ or more - development too fast for IRS - extremely comfortable dosage - sleep easy at ~[7-8].
- +++ 150µg 3/9/83 @[13:] post 120mg 5-TASB AP≡. Excellent entry to excellent +++ more visual (ATS) than usual, and longer lasting (to ~8:). Afterglow to [18:] at [6-8] strong tinnitus, somehow felt to be related to 5-TASB physical.
- ++ 150µg 3/19-20/83@[6:30] post MDMA. AP, ATS. quite attenuated - ++ at most.
- + (60+40µg) 4/4/83 - Assay of Missouri material, Santa Rose case 60µg at 5:15PM (SFGH) - vaguest awareness at [:40] - at [1:00] to honest ± [1:30] +40µg [2:10] aware of supplement. Maybe to +, no more. Gone in ~[4:]. Possibly diluted with inactives, maybe compromised by yesterday's w.w. Chicago lab says 68% pure! (HPLC?). Batch MO

----- new

- +++! 200µg 1/7/84 Batch ML wt ⚡ freebase
AP≡ ATS 0.67ml Batch ML 7:10PM=[0:00]
aware ~[:15] [:20] to + or ++ [:30]
already +++ [:40], minute by minute
to ~[1:10] much too fast to process.
Vital signs OK but extraordinary assent.
Probably about ≡ to the 300µg 6/16/82 p508 - [1:20] stable at extreme visual (sparkle, color, dancing this and that). looking at pictures impossible (too much action, criss-cross of lines, color [4: to 6:] explore outdoors (fog, noise illusions) probably sl. drop no sleep til ~[10:] - then fitful but satisfactory. All data on the freebase lot must be corrected 3->2 or even 4->2. It had clearly been ~1/3 to 1/2 decomposed (iso?). This is proper reference level.

see p795-796

	Sample	M-LAD	ML
mw	1.409mg	/	3.52 ml
430 tart	400µg		1 ml
(4/3) ↓	267µg		.67 ml
-> 323 base	200µg		.67 ml <-

EH-59 MethyLAD
mw 430 P.662
net 1.409mg

7^{5/8} (: 48) . >>>>> +++++~

- +++ 150µg 1/28/84 Batch ML at ⚡ freebase AP≡ATS 0.50 batch 6:23PM=[0:00] [:13] AP alert, ATS@[0:18]; by [:30] both to ++, and developing fast. A noisy, but this time manageable assault to +++ by ~[1:00] - usual dark aspects of LSD - up at [1:30] for break, [3:30] still +++. A good controllable level - sleepable at 9th hr. This probably ≡ to 225 or 250 of earlier sample.

REPORT OF EXPERIMENT WITH MDMA

Date: January 12, 1983

Place: Brandt residence, Lone Pine

Participants: Delta Amento, Benton Mcquiston, Peggy and Fred

Background: This is the last of the six experiments we planned with Benton. Benton and Delta came over the evening before, which gave us a chance to review many aspects of these experiments. From our discussion, and what he had learned the time previously, Benton felt free to share negative feelings should he experience them, and feel free of being judged.

8:10 A.M. All take 120 m.g. of MDMA on empty stomach.

8:42 A.M. Delta getting very deeply into it. We all respond very positively, and before long are feeling deep feelings of love. By 9:00 a.m., we are all deeply in it. Benton reports that it is the best experience ever for him. We are very close, feel much joy and exuberance, and are delighted to be together. We sing, have animated discussions, and appreciate the closeness and beauty.

9:25 A.M. Benton reports that he feels very normal, as though there is no drug effect. Yet he is enormously clear-headed. His appearance is very much alive, happy, and he expressed himself very clearly and very well. He is also quick to verbalize any negative feeling, as jealousy, feeling left out when the attention turns away from him, etc. It feels good and freeing for him to do this.

9:44 A.M. All take 40 m.g. supplement of MDMA. The experience continues beautifully. Benton and Delta spend a lot of time talking to each other, clarifying aspects of their growing relationship. It is a most valuable experience for them, providing an opportunity to clarify their feelings for each other, and fuel a deep love for each other. Benton was able to let in a great deal more love than he had previously. Peggy I also felt a very deep closeness, and the blessedness of this experience. It was outstanding in many ways.

We continued to share the beauty of the day, and the new, heightened sense of feeling and understanding that made it remarkable. Benton and Delta continued the clarification and development of their relationship. We enjoyed the outdoors, being blessed with an unusually warm, sunny day, and afterwards food and music. For me it was the best descent ever with MDMA (I usually feel foggy and tired). An inner strength continued to grow even after the chemical wore off, leaving me with that rich, filled feeling I am more accustomed to with other materials. We all felt that we had been considerably strengthened, and carried a new warmth and light with us. Music was beautiful and very stirring. At times Delta would develop some anxiety, afraid that we would desert her. That night she developed some tensions, and some fairly deep fears. This continued the next day, and the following evening, in Benton's company, she relived a lot of past fear and terror, remembering when her mother wanted to kill her, life in the orphanage, and beatings from her husband. Despite her difficult background, she is a remarkably loving person, and helped very much to bring us all into a loving state.

This was one of the very best experiences we have had with MDMA, and we all continued to glow with it during the following days.

Wednesday, January 12, 1983

At 8 a.m. we are ready for the day. We all ingest the elixir and in around 20 minutes or so we begin to feel high. We have tea, coffee and miso soup, as desired. The elation is exquisite for me, and I feel the love turning on. Benton and Delta talk about the love they feel for each other and the four of us are enjoying the "love-in" immensely.

We share early childhood experiences and Delta had had some pretty harrowing experiences. However, things went right along in a positive in the day and it wasn't until later in the day and we gave her reassurances.

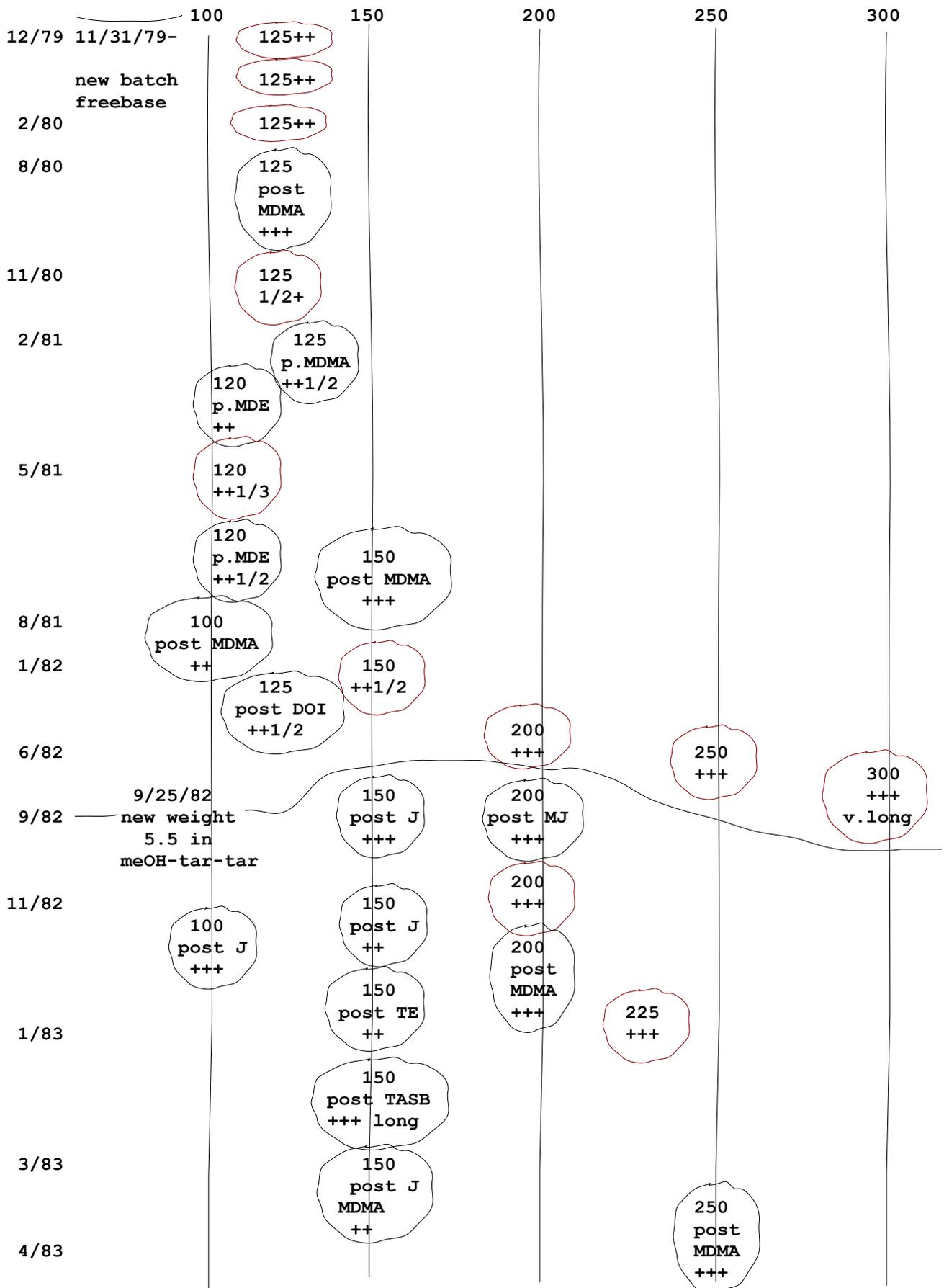
We enjoyed a walk outside in the sunshine. We had a little bit of soup with toast later on in the day, and listened to music. We were still quite high 12 hours later. The energy level remained high for me, and I felt a tiredness as I sometimes do.

We retired quite early, had an affectionate encounter with Fred, and slept peacefully. Woke up feeling fantastic. Benton and Delta stayed overnight again, and we all had a great breakfast and sat and talked at the table for hours.

Fred and I went on a quick hike in the afternoon, feeling great, and communicating beautifully. I had a haircut at 4 and then we went to the "Tin Roof" for dinner. It overlooks Lake Diaz and the setting is lovely. The architecture is early 1940 beach shack, but quaint.

The afterglow of this experience has been the longest so far. In spite of the rainy football games on the television which seem to permeate our lives, things are going quite well. Our communication is better than ever. This is being written four days later.

Peggy Brandt



30mg Proscaline

Juan

Birthday trial run 30 Proscaline

Since you noticed my behavior and observed before you and Ann went to bed I'll mostly deal with after experiences. It purveyed a warm tingly sensation with any contact and I found myself very open to discussion. Though chills were present they did not become uncomfortable. I found a remarkable clarity of thought and an enjoyable audio alteration. Pain threshold was greatly reduced and sensational sexual control came easily.

Once you and Ann went to bed both Helen and I blasted off to a sensual plane of consciousness that I have never felt before. I know Helen will agree with me saying that through further explorations of this substance we would benefit in finding a pathway further the loving aspect of our relationship. Though I would like to say that after our first experience with "pro-line" (catchy huh!) We could retain the ability to return to said sensual plane. Unfortunately the doors are not that easy to open, (at least for me). I feel an urgent need to unlock these doors for Helen's and my use. We would like be part of continued research on this subject.

I would like to reassure of my fervent belief in caution, discretion and beneficial use only. Helen and I discussed at great length the result of this application of the substance, Helen mentioned that we had a little trouble focusing and single thought but I had an overall expanded view of life, love and lust and after watching T.V. for about 10 or 15 we found that it was hilarious and much easier to look at the artistic information of Sat. Night Live I adapt skit-"The Bizzaro World." But as usual we turned off the tube in favor of more nefarious activities.

I did have a short surge of confused running thoughts about childhood escapades. Helen and I conferred on this and the feeling passed. We found that our pain thresholds were depressed along with almost all our inhibitions. We lay down side by side and lovingly explored each others faces - this has to be one of the more erotic things we have ever done together. By the time we were stirring for earlier delights both Helen and I were electrically aware of the signals that pervaded our sensual beings. Helen who by the way sometimes worried herself during fore play about her sometimes scarcity of lubrication. I love her any way possible so it is of minor deference to me, but sometimes it inhibits her if she feels that she should be damper. Always temporary mental and physical dysfunction disappear when she becomes encompassed by our love making. Last night she was so single minded in her perseverance in pleasure that before I had stroked her nether regions once, she was bedewed with love elixir. (steamy stuff eh! not)

As for myself I was able to put a handle on limitless control of my body as well as my sex organs, The heavenly feeling of the light reflected off the cloud ceiling, filled the room with a soft outwardly glow and all life, with the exception of my love and I, ceased to exist. Orgasm was entirely reachable to both of us but there was an easy going lack or urgency that marked the ultimate feeling that the loving was more important than the orgasms themselves. A visual softening and a distinct electric purple glow after we had culminated round one exotically.

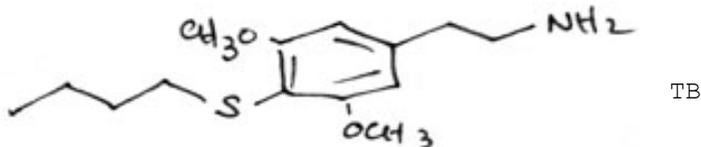
We wandered down from our state of bliss and realized a definite slackening of the effect of the compound. We both agreed that our state of awareness increased as soon as ya'll left us. I think that we both were on a definite +1.85678999⁹ and would like to reach for a slightly more intense phase. The night air was sultry and seldom was evacuating my bladder such a sensory encompassing experience.

The night outdoors whispered beseechingly to my soul, amplifying the ache in my heart to go out and live a simple reactionary way of life. We returned inside after making the decision to spark a dubart' to see if we could bring back some of the elusively escaping magic. It had the desired amplifying and supplementing effect as I have found it unfailingly does. We leisurely engaged in conversation on returning to our delight and love for this newest spell that Sasha has created.

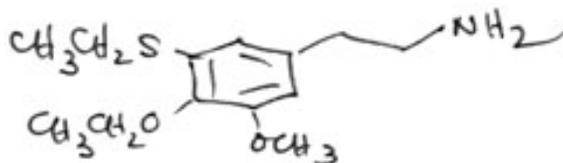
We agree in that we feel remarkably lucky to be involved. We wondered through another bout of love. Again later when we had eaten. We both are very anxious to embark on further Pro-line experiences.

Thank you
for the birthday
celebration

Love
Juan

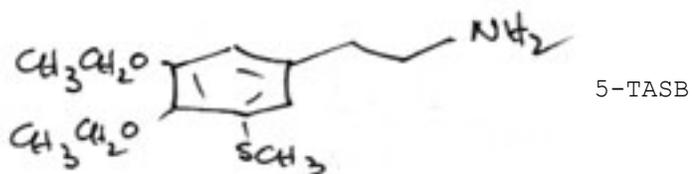


- 10mg (5+5) 1/24/83 5mg 4:50PM (3-1/2 hrs post food)=[0:00] (ATS) [1:20] +5mg-
vague awareness [2]? no. n.e. (-)
- 24mg (16+8) 1/29/83 16mg 11:20AM[0:00]; at [1:15] +8mg. n.e. - however, this
is ~36hrs post 4-TASB, and AP still aware - ∴ maybe compromised.
- ± ! 34mg 2/1/83 10:05AM=[0:00] [1:] aware [1:30] ± and a benign, beautiful + or ±
euphoria held onto gently to ~[5:] - [with] light dropping. An unprecedented
effort to rekindle this state [with] an additional 20mg. Too little, too
late. No additional effects. See comments: 678. May I hope that AP will assay
34! Soon.
- ± 40mg. 2/7/83 9:45AM=[0:00] - aware on bart. at SFGH ± at [2:00] - very benign
and subtle ±, possibly +. At [6:] only a memory - overall ± is fair.
- ±or- 60mg 2/8/83 ATS (24hrs. post 40mg!) and AP ≡. 3:30PM[0:00]. [1:00] little if
anything [2] AP aware (bad cold) ATS little if any [3] nil [5] wine [with]
care. ATS (-) AP ±
- + 80mg 2/12/83 ATS 9:35AM=[0:00] ATS. [1:] vaguely aware - no more than [2:]
eat - a bit uncomfortable [2:30] explosive ej. [4:] now a real + [5:] still
+ - some dark edges? The body discomfort may reflect sardines for lunch but
all still not quite right - considerable neurological sensitively [6:] shower
removes the neurological - off the +, I think [8] - reasonably clear.
- ++ 120mg 4/30/83 ATS 4:10PM=[0:00] [1:00] aware, and maybe + [1:30] still
developing 1-1/2+? [2:30] believable ++ [3] very fair, nice, slightly randy
++ [4] steady at ++ [5] still [6] dropping? [7] first food for the entire day
- light wine - no unusual effects. An uneventful ++ - let it rest!!

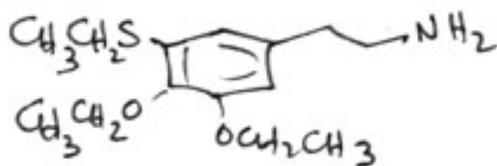


3-TASB

- ± 20mg 2/22/83 ATS 3PM=[0:00] reminded at :30! aware? [1:00] maybe still aware? decline doubling up. [3:] certainly nothing.
- + 80mg (40+40) 2/26/83 ATS 9:25AM=[0:00] at [1:10] n.e., +40mg. aware at [2:20]? [1:10 of new] [3:] ± [4] maybe +, very talkative, easy humor. [6:] still real ±, maybe + [9:] certainly out; wine [with] little effect. Sunday lab day.
- + 120mg 3/12/83 (excellent baseline) 10:22AM=[0:00] ATS [1:00] threshold at most [2:00] stay at ± - gut instinct - don't adjust. [2:30] pushing +? [3:00] at ± or + - can't tell - but is real [5:00] baseline mentally, still physical residual.
- ++.5 160mg 6/8/83 9:30AM=[0:00] completely foul taste - but gone in a minute! [:45] aware - developing. [1:00] real + - a continuously ongoing fight against nausea. [2:00] to ++ Bart - to coffee place - [3:00] SFGH. ++1/2 rolling. faces marvelous, time slowing, try eating disaster, invite to **moscone** - excellent. [:00] range in **moscone** - 2-1/2+ hit P.E, Bachmain, Furgeson (organic chemicals) [8:00] back to SFGH. mental +, physical ++. home at ~[12:] - no sleep to [18:] then up and spaced from [21:-27:] - finally food and time quiets. Extreme activity, anorexia, alertness, excitement. Adrenergic ↑↑↑. Clearly 2MU or so - Next evening (~[36:]) finally drop tension - probably honest and easy sleep- A potent stimulant! The last of the escaline gents. (extensive diarrhea - even into next day.)

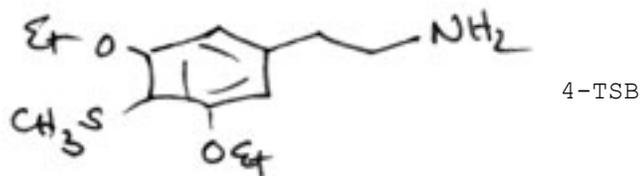


- 40mg (20+20) 1/30/83 20mg@1:05PM. n.e. then +20@[1:20]. n.e. (-)
- + 120mg (80+40) 3/9/83 9:30AM=[0:00] [1:] n.e., add 40mg. [2:] ± [3:] ± [4:] maybe to + [5:] + or ± - talking [with] Anna at SFGH [6:] still ± [9:] baseline [with] a little physical? [See LSD chase](#). overall almost +
- + 160mg 6/1/83 12M=[0:00] at SFGH [:10] warm at extremities! [:35] nice, subtle awareness, not ± yet. [1:00] real ± [1:30] to a +, generally favorable [2:30] diarrhea, small bouts of light headedness - more physical + rather than mental - not entirely nice [3:00] slightly hyper-reflexive - now content I stayed at 160mg [4:] residual warm feet - physical memory - probably mental baseline. [8:00] still trace physical.



3-T-tris

- 45mg (20+25) 2/28/83 ATS 9:30AM=[0:00] [with] 20mg n.e. ∴ 25@[1:10] n.e. (-)
- 110mg (70+40) 4/13/83 ATS 9:40AM=[0:00] [with] 70mg n.e. +40@[1:00] n.e. (-)
- 160mg 4/18/83 ATS 12:10PM=[0:00] - n.e. - but at ~[9-10:] aware of some neurological irritability. Definitely (-) - but no higher. Closed but will in good conscious stretch a few % and say <1M.U.



- 20mg 2/15/83 10:00AM=[0:00] - vague aware [1-2] - nothing. -
- + 80mg 2/16/83 9:45AM=[0:00] 40mg - n.e. +40mg [1:00] [1:40] aware - still at [2:] [2:30] real - maybe + - talk [with] Verne [3] maybe less [4] trace still - but dropping. overall ± or +. Real - friendly.
- ± 160mg 3/4/83 (110+50mg) 10:35AM=[0:00] grim taste [:25] vague awarewss [:45] holding ±, interesting possibilities [1:00] still only vague add 50mg@[1:35] new [:15] twinge - than a disappointing rest-of-the-day. Maybe body? Certainly no more than ±. 200 would not worry me.
- 240mg 4/6/83 (200+40mg) 5:20PM[0:00] (4hrs post-pran.)- n.e. so at [1:05] +40mg. n.e., or weak ± st most. End of trial.

On Tuesday, January 25 , 1983, Fred and I began our experience around 9:45 a.m.

The energy began to take its effect in around 20 minutes. And it increased gradually, very easily. In around two hours we were both slightly intoxicated but able to get around and walk if necessary. I was busy in the kitchen and it felt extremely natural to be there. I was fixing some soup for our meal later. We walked outside for a bit and then came back into the house when Fred wanted to lie down. He stretched out on the floor, listening to the music of Zen Meditation. I was beginning to breathe heavily and noticed that my lungs hurt. I felt as though I had the biggest boosom in the world at that point. After the first side of the Zen Meditation music was over, I got out the tape of the Gurdjieff music. I slumped to the floor, next to Fred, and began to feel the music, to travel to the Orient, to experience the music along with the art of that country blending in with each other. I mentioned to Fred that it was rather like those pictures of the Chinese having sexual intercourse, with a third party assisting. I chuckled at the idea. How unromantic.

The music was absolutely fantastic,, and divinely played. There was a lot of feeling, of power, of majesty. I was so impressed by the amount of music coming from a little cassette.

I felt all powerful myself. I noticed that it felt good to be by myself, do my own thing, feel good. I wondered if this is why the Adam group have two hours of music first, with their eyes closed. We had read the prayer of Fenelon, which says that God knows what we want and we leave it into his hands. I did just that, and knew I was god and that I was love and didn't even have to work at it.

My breathing became easier but still felt heavy around the lungs. Fred opened the window to get in some fresh air, and I was overjoyed that he noticed the staleness of the air in the living room. We have a fire in the wood stove going most of the time especially when the sun does not warm up the house. And lately we have had several days of no sunshine. "Welcome the world of fresh air". when it cooled off slightly, I got the granny shawl that Aunt Kia had knit and placed it over my shoulders and those of Fred. When I did this I could remember Kia clearly, as well as all the people we know in Roswell, New Mexico. Then my thoughts went out to everyone I know and love and I became one with everyone. It was a marvelous feeling. Later we sat on the sofa and I told Fred that I knew I was loved and that I was God and that I all I had to do was be like Tinker Bell and whoosh, there I was. And there God is. Later we talked about my universe. In my universe, God is ever loving and ever forgiving. And understanding. Fred told me about his universe where God is demanding, etc. We opened up a lot and discussed the differences and I realized it was becoming a game and didn't want to play anymore. I was serious about my universe but when I realized we all play our own games, I didn't want to play anymore. We talked about the games for a while. Fred admitted this was probably the first intelligent conversation we had ever had together.

The amount of energy was astounding for me. I felt absolutely no tiredness and tackled any chore that came along, including changing the cassette, or fixing the soup and serving soup in Lafayette/Berkeley and the fantastic drive along the Skyline and I said "Let's take a drive along the Skyline and watch the twinkling lights of the area" but we didn't go anyplace as'. we were happy to be in cur living room. We reminisced about the crab dinner we had at the Tusa's and I said we could have crab salad here. So I opened a can of crab and fixed a salad, and served it after the soup. It was delectable. The wheat thins which we ate with the soup were never more delicious.

All during the day the senses were heightened. Sound, touch, breathing, taste, etc. Colors were brilliant everywhere.

As we began to come back to earth we decided to take the dogs for a walk early, which we did. It was magical outside. We retired quite early, and my body began to find aches and pains everywhere. I was rather uncomfortable for a while and found it difficult to relax and sleep, but after some cuddling with Fred, we both relaxed and fell asleep. I had some fitfulness but woke up early and once I was out of bed and in the shower, the aches and pains were just memories.

I know we covered a lot of ground during this 2CT2 experience and it was a remarkable one for both of us. Mainly, I feel good about myself and have plenty of energy to accomplish all that has to be done for us to get away in three days, for a 12 day trip. Usually it's panicsville when we go away, but I have decided not to panic, to get done what I have the time to get done, and not to worry if the house isn't just perfect when we leave. Hell, it's lived in and looks it, and it's o.k. I love my home here. And it's my mess too.

REPORT OF EXPERIMENT WITH 2C-T2

Date: January 25, 1983

Place: Brandt residence, Lone Pine

Participants: Peggy and Fred

9:48 a.m. Both take 12 m.g. of 2C-T2, Peggy perhaps 1/2 to 1 m.g. less.

10:00 a.m. Peggy feels a first flutter. It begins to develop in both of us, Peggy very pleasantly and with lots of energy. I feel good inside, but am aware of some heaviness. We have a pleasant time talking. Peggy goes to the bathroom and feels very cleansed.

10:32 a.m. Peggy is feeling jittery, and I find nauseousness beginning to develop. This continues to grow. We walk outside, which is very nice, but as it comes on strongly, I desire to return inside. About 20 minutes later, I look up to the mountains, and turn the nauseous feeling into love. A whole new approach seems possible, instead of wallowing or withdrawing, simply allow the energy to expand my being and light on everything around me! This works beautifully and I feel great.

11:09 a.m. Peggy has been feeling jangly, doesn't know what to do with the energy. Now she has a "Neal Tusa shudder" I feel a powerful wave of intoxication, very MDMA like except for the awareness of some draggy feeling. Soon I am compelled to abandon my new found way of lighting up everything around me, as the pull to go inside is so strong. For the next two hours we lie on the floor listening to music, abandoning ourselves to the experience. We first read aloud Fenelon's prayer, as used by Leo, which set the tone for our experience. This turned out to be one of the most enlightening, instructive, ecstatic, and rewarding experiences ever. It is though at last we are really learning to use these materials. This is what it is all about -- completely letting go and letting the Inner Guide take over. It is impossible at this time to recall all that happened, but I will set down some key items. For me, the experience followed the same pattern over and over. I would first enter some painful or uncomfortable feelings. I would simply accept them and move on. In time they would dissipate and I would feel a powerful euphoria growing inside of me. As time went on this became a more and more powerful source of light and energy. As I held steadily to the euphoria, and learned to hold my mind perfectly still, I became aware of a vast and profound ecstasy. This is the place that all of the mystics are striving for. In this utter stillness, God reveals Himself, and it is totally indescribable, yet worth my price. I caught only glimpses of it, and could not stay there at will, yet experienced enough to be completely overjoyed.

Here are some of the outstanding things I experienced:

1. The loneliness of God, He waits patiently for man to turn to him, and will in no way violate the free will whereby so many dilly dally life away with an awareness of their deep self. I felt this pain deeply, and how marvelous it felt when we moved toward each other.

2. I arrived at a point where I felt it was extremely important to make a profound decision. I could not get a clear-cut look at what this decision was or what it entailed, but only that deciding was extremely important. I pondered such things that if the course I was following in this experience was correct, one only had to let go to God, who would take care of everything. Yet this didn't seem right

I saw the extreme value of free will, and how in love we grant freedom. I also saw how with this freedom we could blow up the world. It seemed extremely important to vote for love, yet I could not see any of the mechanisms by which we do this or the results. Though puzzling, it was not terribly frustrating not to resolve this issue, as I felt something important had been accomplished simply by airing it. Perhaps more will occur to me later.

3. I dealt an awfully lot with pain, again without feeling any major resolution. The major thing seemed to be to simply accept it and ride it through. Coming out the other end was always euphoric, and when one was completely through it was ecstatic and worth any price. I thought a lot about Evelyn Underhill's chapter on The Dark Night of the Soul which I am currently reading, and seem to be influenced by in a negative way. It seems at times the great mystics created pain to prove their worth and obtain the prized goal, yet this certainly seems to me to be unnecessary. There is plenty of pain without creating any. Yet I did not get much insight into how I create my own pain. Simply accepting it and willing to be at home with it seemed the best. In this manner, I reached that wonderful place described by Gibran seeing that joy and pain are parts of the same life process, and when united with the whole all is joyful. when Peggy lay down beside my, I was filled with heavy, oppressive feelings. I turned and took her in my arms, and she felt clear and euphoric. The oppressive feelings returned, and as before, I rode them through. It was much more difficult this time and took much longer, but I finally broke through to the indescribable ecstasy of experiencing her Essence of Femininity. It was then marvelous to lie close together, and the music was breathtaking. (First Iren playing DeBussey, Music for Zen Meditation, Gurdjieff. The latter, soundtrack from the movie Meetings with Remarkable Men, was outstanding, and brought all kinds of deep realizations -- man's hunger for God, prayers are answered, etc.)

2 p.m. We are both feeling great, and sit on the couch together and continue to listen to music. Just before this, lying together on the floor, as I more and more appreciate the euphoria of Peggy's presence, I encounter a very deep fear. Again, I cannot identify it, but as I face it it dissipates and Peggy feels closer than ever. I then experience a very ecstatic pain, feeling the joy of being close to Peggy, yet saying over and over again inside, "Why does it have to hurt so? No answer. It seems to be just the way things are, and the joy is worth it. Food for further thought. Now, sitting on the sofa, I become aware of a very intense, deep anger. I am aware of my extreme competitiveness with men. Thinking about Gurdjieff started this. I realize I am extremely competitive, very much want to win, yet am afraid to express this openly and sneak around pretending to be nice. This is a source of a lot of my pain. I run through a fantasy of a duel over a fair lady, finally give up because I feel too old and tired to carry on, a great insult to the lady. I share this with Peggy. At this moment, She is feeling powerfully that she is God, and is totally filled with love and peace. It is here, like Tinker Bell; just snap your fingers and it is here.

3 p.m. starting to come down, but feel very much alive, a very strong, from the material. We walk outside, have a snack which tastes wonderful, and then enter a delightful conversation. We describe our universes. In Peggy's God is totally loving and accepting and forgiving, I ask if there is any pain or wrongdoing. For the first time we have a long, protracted conversation with out mind's really working, and it is delightful. It is the best communication we have ever had.

Toward the end of the afternoon I am surprised to find that I feel very tired and foggy. I take a run, which was difficult but rewarding as weather has prevented for the last few days. We listen to music again lying together, which is delightful. I shower and we eat supper. At first I am full of energy, then get tired and lie down, finding it very hard to get up. More music, beautiful moonlight. I have become quite pensive and introspective in the later part of the afternoon and evening because of the pressing problems at Multi-Media, which may require some drastic, unpleasant actions. (I forgot to mention that on going into the experience, I first became aware of the shell that I had built which shields out other events and people, and that I had to break through the shell to become open again. Multi-Media was one of the areas of great concern which I feel I had seriously neglected.) We retired early, pleasantly tired. Sleep was a little difficult, as this material provides a high charge of energy which drives you on.

I awoke the next morning very refreshed, alert, alive, euphoric, and full of energy. I felt absolutely marvelous. It was wonderful to discover that the ecstatic peaks reached during the experience, which were obliterated in subsequent waves of feelings, shone through beautifully the next day when the experience was all over. This was a marvelous renewing experience, and a great step forward in Peggy's and my relationship.

See TB, page 668
February 1, 1983

Notes for the eventual book - writing essay - pensees

I am just now possibly beginning to tomsoate - a bizarre word, a hopeless word, that may some day carry the message that relates it back to the concept of euphoria, the blessed state of well-being the contentment of inner-peace.

But to "tomso" as a verb requires that one get the three general directions of drug-induced "altered states of consc." into their three points of compass. The psychedelic (LSD, Mescaline, Psiletc, DOB, very-much CPM and MAL, DOM (and DOet regardless of Hewitt!)) which goes the visual route, with the sensory in close pursuit with visual (eyes-open things with edges, retinal games, occipital syntheses) or the eyes-closed imagery (the doors to the mosque, the grain of the wood, the specks of gray that fall amongst the reds and the blues of the impressionist's representations) or the eyes-closed fantasy (in which you are indeed going out along the edges of your body, into someone others space, and eventually imposing to that degree that you- must "awake" and apologize.).

Then, there is the stimulant, again dose-dependent, in which the nerved are wired up, there is no sleep because there is no hiding from images and meanings and the body lies there unwilling to yield guard since the heart is very personal and pumping, the interpretive psyche is very much there and demanding recognition the wind-up of the attentive that primes the active pump for action, and which becomes productive but remains emotionally sessile for as many hours as the chemical chooses.

Both of these directions are target goals, and sometimes no one and sometimes the other commands the definition of a drug experience.

But the third is the euphoria, the continuous "threshold" that makes you aware, that fluffs the senses, but which seems not, at any level, to "take-over" or to "command" the ship. This was first seen with TOMSO, hence the term tomso-effect. This originally reflected the interaction between Tomso and alcohol, giving disinhibition at any level of interaction (any \pm with tomso, and modest booze). If one argues that alcohol opens that system to the drug, then the drug is causative. Not so. The drug catalyzes the body (mind, maybe psyche) into (let's call it, euphoria) and then alcohol lets it wash sans responsibilities in this (third direction) altered state. In this area several materials that I can call the "perpetual" thresholds. Never- to be expressed as psychedelics or as stimulants. Always to be the precious catalysts of true openness.

So, the most recent, TB, as an ephemeral catalyst of euphoria, without substance, without body, and sadly never to be pinned in the butterfly collection.

An interesting, and somehow unresolved, day.

S.

Subject: AG

Feb. 5, 1983

Brain Augmentation Material: 6 3M 40mg

This experiment was begun at noon of a cool rainy day. Almost all of the day had to spent indoors, without benefit of sunshine. This was worth mentioning because there was, for the first eight hours of the experiment, a decided feeling of inner chill which might not have occurred so strongly had it been a warm day. Most, if not all, of the other eight subjects also reported the same chill.

Twenty minutes after ingestion AG felt the first signed of change. it was exciting and exalting somewhat in the manner of MDMA. But within an hour the feelings became less elevated, although still decidedly pleasant for the rest of the session. There was also some visual sparkle which persisted throughout. At the two hour point, a minor but persistent stomach queasiness came on, preceded by a diarrhea-like bowel movement.

The psychological state of pleasurable excitement and ready laughter lasted on a plateau till about eight at night. There was no impairment of speech but there was halting qualtiy to continued thought process. It was easy to talk about personal matters but not a significant insightful increase. Appetite for food was less but not altogether gone. Sleep was decidedly difficult after the effects of the material seemed otherwise gone.

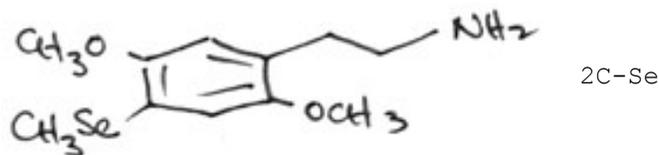
2 plus level of physical competence.



& PSOP

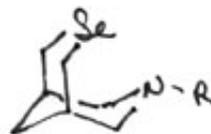
from page 292

+++ ~1350mg dried Ps.spp. 2/18/83 ex Floyd Naab; AP \equiv 10:55PM [with] 4-T-Tris @ [-13:] [:25] aware [:40] to [1:00] - extreme time slowing - rapid, deep development eyes closed illusions compelling. Feeling of body poisoning - feel cold, and anxious for the development:transition to be complete at ~[1:50]-clearing up, at ~[2:00] - evolve into rich visual, erotic, talking, easy communication interaction. Musical & actual death and transfiguration. Somewhat dehydrated - sleep and rest ~[6:00] to [11:00] - adequate. AP [with] extraordinary visuals- more than me. my syntheses were eyes-closed - a strong, bit frightening +++ . Possibly baeocystin? will never know.



- 50µg 2/27/83 ATS 12:45PM=[0:00] - n.e.
- 0.3mg 3/2/83 ATS (.1 + .2) 9:30AM=[0:00], 0.2@[1:20]. n.e.
- 1.0mg 3/3/83 ATS (.55 + .45) - tongue feels as if I had eaten hot food. 10:00AM=[0:00] 1:00 + 0.45mg. n.e. evening wine normal.
- 4mg 3/12/83 AP (2+2) n.e.
- 7mg 3/13/83 ATS probably n.e. tongue-taste again. Vague awareness [1:]
- 24mg (14+10) 4/9/83 ATS. odd smell! - n.e. [with] 14mg@11:42=[0:00] +10@[1:30]. n.e.
- 36mg 4/15/83 ATS terrible smell. 2:25PM=[0:00] - n.e. But- one beer at ~[3:] gave an erotic strangeness. a Tomso effect? - still (-) but be cautious now.
- + 50mg 3/10/83 ATS 12:45PM=[0:00] [0:45] aware - at Oak. Museum - Graves exhibit [3:00] leave - overall +. benign - no visual and minor enhancement of the rather incredible paintings - but completely at peace - this [18:00] after 2CD. I feel a valid experiment, none the less +. Happily on up higher. Foul taste. No tongue this time.
- 1-1/2+ 70mg 3/29/84 noon=[0:00] - water solu. has unspeakable smell. But no lasting taste, thank heaven [:45] aware - a light easy threshold [1:00] benign + [2:00] Lonny here - let him drive Ted's van to Pearson, OK [4:00] along here, maybe 1-1/2+, very non-threatening. [6:00] way off. [8:00] -

A selenium analog of a sulfur containing Antiarrhythmic is reported J Med Chem. 30 780 (1987)



Experiment with 6 MMM on Saturday, February 5th, 1933 at the Gates residence.

I ingested 35 mg. of a new material for me. The taste was mild and not unpleasant. In approximately 20 minutes I feel a first alert. The "excitement" as I call it continued and grew in intensity for the next several hours. I gave Fred several hugs as it felt good to do that, and I mentioned that it probably would produce erotic feelings if the situation were suitable. He was not "in the mood" and went into what seemed to me a down spiral. I was elated and energized a lot. Conversation with people was animated at all times for me. Thinking was a little difficult, as I was quite intoxicated most of the day (all of the day, now that I think that over).

My body was tingling all over, and there were times when walking was slightly unsteady. Accomplishing anything, such as toasting the toast in the toaster, was difficult. And things were so funny most of the time. A very jovial atmosphere was prevalent and I was enjoying the group interaction somehow trying to keep up with the quick wit of Sasha and Aaron, mostly. I thoroughly enjoyed how Mel reacted. He was priceless.

Setting the table for supper, six hours later, proved to be hilarious. I like to think of the day as a mixture of the mad hatter's tea party, and a trip to the moon. We were all still intoxicated at bedtime whatever time that was. Had a difficult time sleeping and was very honest with Fred about how I felt about him. Much opening up.

Next morning I felt fine, not tired or worn out. This experience left me very calm and rather quiet, as though I am still working.

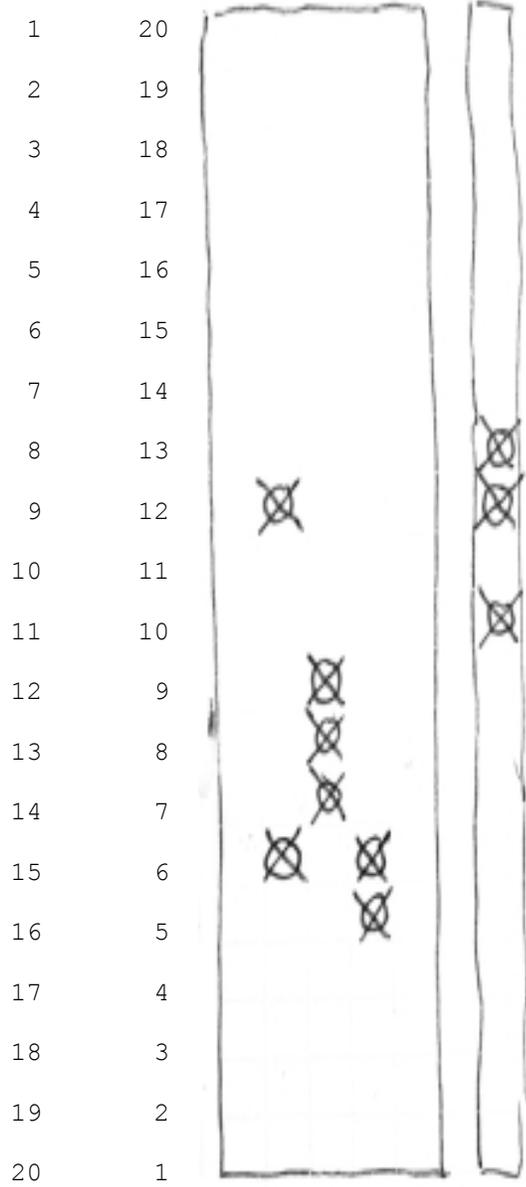
If I were to repeat, would go lighter, in dosage, I feel. The material has promise for energy, but my degree of accuracy would be questionable.

Peggy Brandt

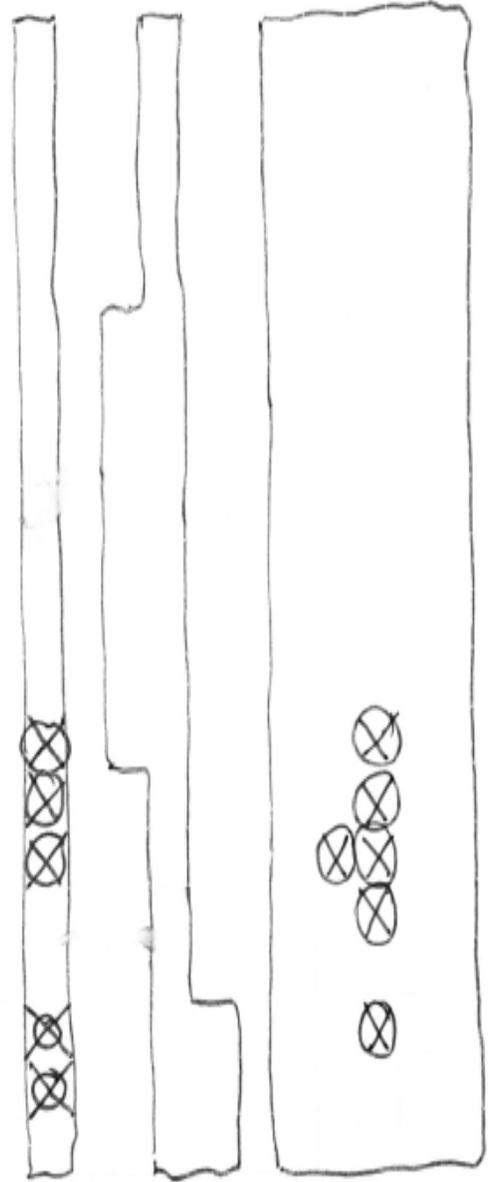
HAVE I INDEXED IT?

X indexed in volume 4
O vial in its home
D dummy vial (lost)?

(1) (2,3,4)



1

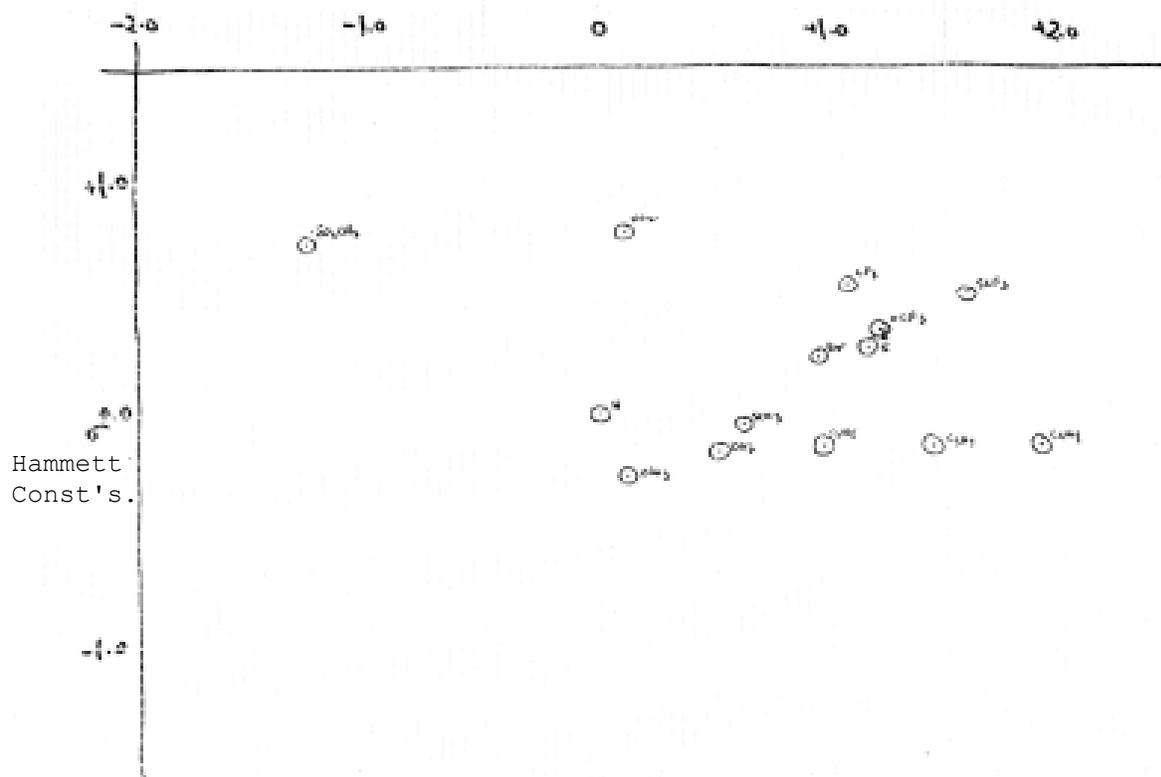


2

3

4

(Solubility, partition)



#5 TP 562-682

